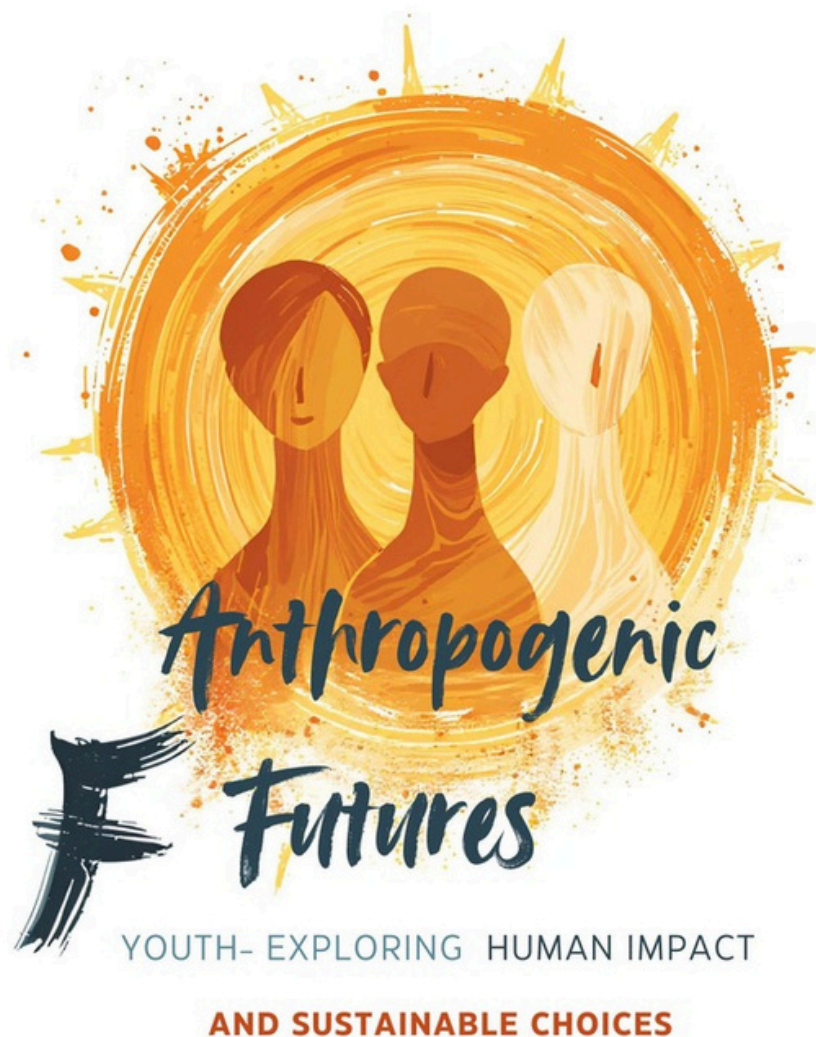




**A.C.T.O.R.**  
Asociația Culturală  
pt. Teatru și Origami  
din România



Climate, Creativity & Green Citizenship

**16–25 July 2026**

**Breaza, Romania**

21 participants (15–18 years old)

Erasmus+ Youth Exchange

***What kind of future are we shaping through our daily actions?***

**Anthropogenic Futures** is a 9-day intercultural Youth Exchange that explores how human activity influences the planet and



**how young people can actively contribute to a more sustainable future.**

Through **non-formal education, artistic expression, outdoor learning, and intercultural dialogue**, participants will engage with topics such as **climate change, sustainability, and green citizenship.**



The project encourages participants to connect mind, body, and emotions with environmental issues and **transform awareness into creativity and action.**



# Programme Overview

<b>Day</b>	<b>Theme</b>	<b>Activities</b>	<b>Focus</b>
16 July	Welcome & Connection	Arrival, accommodation, ice-breakers, project introduction, Youthpass, group agreement	Getting to know each other
Days 1-2	Climate Awareness & Green Citizenship	Climate change basics, human impact, simulations, debates, community interaction, creative reflection	Awareness & critical thinking
Day 3	Nature, Body & Emotion	Outdoor learning, educational hike, sensory exploration, eco-art workshops	Connection with nature & emotions
Day 4	SDGs in Action	Introduction to SDGs, educational visits, group discussions, preparation of creative projects	Understanding sustainability frameworks
Day 5	Green Mobility & Urban Exploration	Travel to Braşov, urban exploration, circular economy activities, teamwork	Real-life sustainability



# Programme Overview

<b>Day</b>	<b>Theme</b>	<b>Activities</b>	<b>Focus</b>
Day 6	Creation & Expression	Development of creative outputs (film, theatre, art), group work	Creativity & collaboration
Day 7	Community Sharing	Presentation of results, performances, interaction with audience	Confidence & impact
Day 8	Reflection & Youthpass	Reflection sessions, evaluation, Youthpass completion, closing	Learning awareness
25 July	Departure	Departure of participants	



## **Methodology**

This Youth Exchange is based on non-formal education, which means learning through experience, participation, and reflection.

Methods used during the project include:

- Simulation games and experiential learning
- Artistic expression (theatre, music, visual arts)
- Outdoor and nature-based activities
- Community interaction
- Intercultural dialogue
- Teamwork and peer learning



## **Participants Profile**

- Young people aged 15–18 years old
- Interested in climate change, environment, and sustainability
- Open to intercultural learning and group living
- Motivated to express ideas creatively
- Able to communicate in basic English

No prior experience is required - curiosity and openness are enough.

## **Location & Accommodation**

The project will take place in Breaza and Braşov, Romania.

- Breaza offers a peaceful natural environment, ideal for outdoor learning and reflection
- Braşov provides an urban setting for exploration and sustainability-focused activities

Accommodation and meals are provided according to Erasmus+ Youth Exchange standards. Participants will stay in shared rooms.



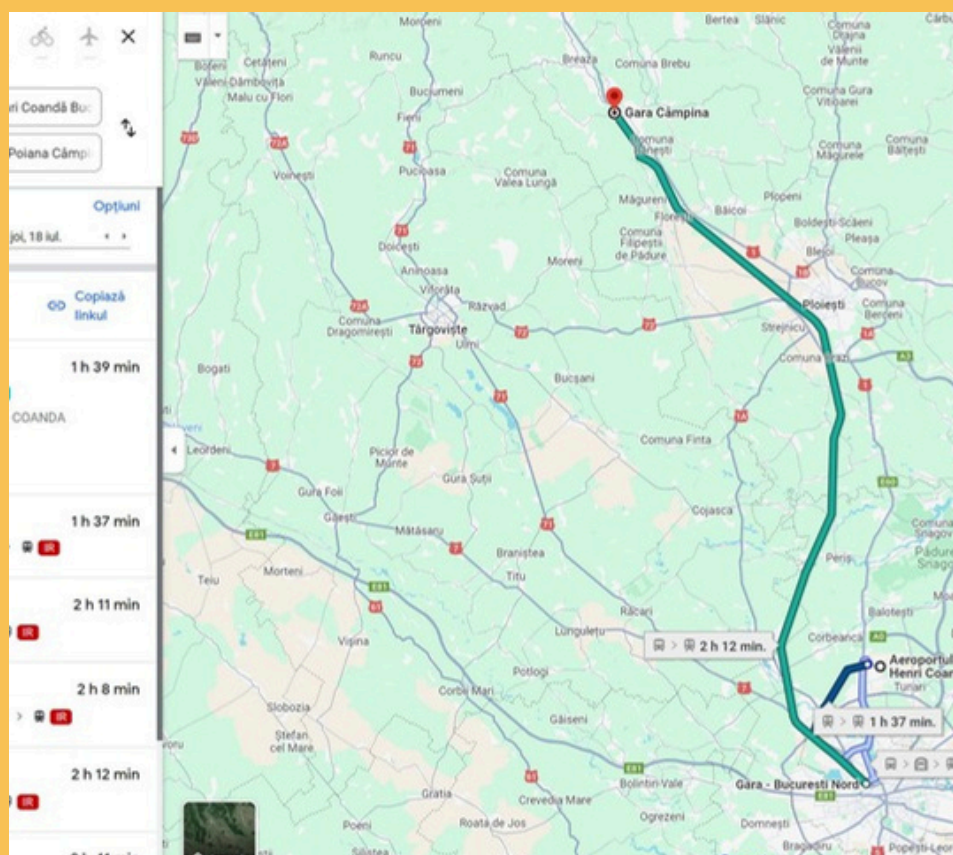
## Location & Accommodation

### You landed in Bucharest!

Upon your arrival to the Henri Coanda Airport (OTP) if you follow the signs to the railway station, you will reach the train that can take you to the main station of Bucharest - [click here to buy tickets online](#) for this train ride, don't worry, you will also have access to busses or taxi/Uber. The train leaves every 40 minutes.

### You are at the București Nord railway station!

From here you can get on the train from Bucuresti Nord to Campina - [click here to buy tickets online](#) for this ride



## **Location & Accommodation**

### **Almost there!**

Tickets on the date of your arrival won't be available until one month prior, but the pricing will remain the same. Try to get tickets for trains marked with the IR serial number, because they stop at fewer stations on the way

Please let us know at which time you will arrive to Câmpina so we can pick you up! After about 15 to 20 minutes we will reach the accommodation!



## **Costs & Travel**

- Accommodation, food, and activities are fully covered by the Erasmus+ programme
- Travel costs are reimbursed based on Erasmus+ distance bands
- Reimbursement is made after submitting all travel documents
- Participants are encouraged to choose green travel options whenever possible

## **What to Bring**

Please make sure to bring:

- Comfortable summer clothes
- Warm clothes for evenings
- Suitable shoes for hiking and outdoor activities
- Personal hygiene items
- Any medication you may need
- Sunscreen & mosquito repellent.

## **Rules & Expectations**

Participants are expected to:

- Respect each other and cultural differences
- Actively participate in all activities
- Be punctual and responsible
- Contribute to a safe and inclusive environment
- Follow the guidelines agreed upon by the group

## **Health & Safety**

- Insurance: All participants must carry **a valid European Health Insurance Card (EHIC) or a private travel insurance policy.**
- Safety Briefing: A mandatory safety session will be held on Day 1 to explain group rules and emergency protocols.
- Supervision: Our team provides 24/7 support. We maintain a strict **zero-alcohol and zero-drug policy for the entire duration of the project.**

## **Application & Contact**

Application form:

<https://forms.gle/W3tp6zPWGMDth2fv8>

For questions:

actor\_romania@yahoo.com

actorromania@gmail.com