

# ROOTS AND

# ROUTES

## YOUTH EXCHANGE

CALL FOR  
PARTICIPANTS

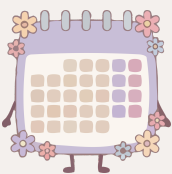


ENVIRONMENT, SUSTAINABLE  
DEVELOPMENT, PREVENTION OF OVER-  
CONSUMPTION...

# ROOTS AND ROUTES



*Come and take part in a one-week project on the theme of environment and sustainable development, in Aveyron, with young Europeans!*



*7 days (+ 2 travel days)*

***From August 10 to 17***

*(Arrival on the evening of the 10th and departure on the morning of the 17th)*

*Espalion - Aveyron - Occitanie - France*

*English*

*20 participants in total*

*(4 participants + 1 leader per country)*



# ABOUT

## CONCORDIA

Concordia is an organisation that has existed for more than 70 years. We help people meet and work together, in France and in other countries. Originally, young Europeans created Concordia after the Second World War. They wanted to build peace and tolerance. With Concordia, you can:

- Work with volunteers from around the world on workcamps;
- Go abroad for several months through the European Solidarity Corps;
- Do a Civic Service in France;
- Take part in training courses or projects in many countries;
- Participate in a project in France with young people from around the world.

There are projects all year round, for everyone. Together, Elsewhere, Differently.



# YOUTH EXCHANGE

## WHAT IS IT?



A Youth Exchange is a short project. Young people come from different countries. They come together for a few days. During the exchange, young people:

- Meet and live together;
- Discover important topics for society;
- Take part in workshops, role plays and outdoor activities;
- Participate in debates and exercises.

It is not a school. It is a different kind of learning, based on experience. At the end, each participant receives a Youthpass certificate to recognise what he or she has learned.

# BACKGROUND OF THE PROJECT

*The Sustainable Development Goals (SDGs) are global objectives. They were created by the United Nations in 2015. Their purpose is simple:*

- *End poverty*
- *Protect the planet*
- *Enable everyone to live in peace and well-being by 2030*

*We believe that every major change begins with small everyday actions. To change things sustainably, we must first change mindsets.*



*This project is about environment and sustainable development. We will reflect together on two big questions:*

- *Why do we consume too much?*
- *How can we consume better, by buying local?*



*We want you to think about how to improve things in your countries. You will thus become active citizens. After working on these topics, you will create your own tools to raise awareness among the people around you. You will then be able to act within your communities, encourage others to change their habits and have a real impact on society.*



# PROJECT' GOALS

- *Understand why it is important that everyone takes action to protect the planet*
- *Learn and share the values of equality, respect for the environment and everyone's rights*
- *Meet and exchange with young people from other countries*
- *Discover what non-formal education is, meaning learning in ways other than at school*
- *Organise workshops open to the public to share what we have learned*



# METHODOLOGY

*Presentation games, group cohesion games, debates, workshops, group discussions, visits to local associations active in the field of gender equality, leisure activities and visits in the Occitanie region.*



*The Youth Exchange programme will be based on non-formal learning. This means learning differently from school, taking into account everyone's needs, working together as equals and learning by doing.*

*We believe that this way of learning is the best way to allow all participants to get actively involved and express themselves freely. This method will help you discover your talents, acquire new skills and develop personally and socially.*

# PROFILE

## OF PARTICIPANTS



*We are looking for motivated individuals, aged 14 to 17, interested in the themes of sustainable development and the environment. Experience in this field (activism, research work, etc.) is appreciated but not required!*

*The most important thing for us is personal motivation. However, a basic level of English is required for this Youth Exchange, in order to facilitate communication between participants.*

Why participate?

- *Make friends from other countries and spend a week discovering their cultures*
- *Deepen your knowledge of the environment and sustainable development*
- *Develop new ideas and tools to take action in your country*
- *Discover a beautiful French region: Occitanie*

# INFORMATION

## & CONTACTS

*Travel costs, accommodation, food and local visits are fully covered for each participant thanks to the Erasmus+ grant.*

*The reimbursement of travel costs will be based on the actual cost of tickets and will be subject to certain limits, in accordance with Erasmus+ rules.*

***Selected participants will receive an info-pack with more information.***



***For more information, contact :***

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