

## CALL FOR PARTICIPANTS



### What holds us together

Youth exchange for teenagers

From 8 to 22 august 2026



Erasmus+

**Where:** in the association of Fabrique du monde rural, MRJC,  
located in Combofontaine, 30km from Vesoul

**Participants:** 20 people from Lithuania, Italy, Estonia, France

- each group will consist of 4 participants + 1 leader
- age: 14 to 17

**Participation fees:** This project is co-financed by the Erasmus+ program,  
with no charge requested by the hosting organization.

**No prerequisites, just motivation and a taste for sharing!**

## CENTRE DE BEAUMOTTE

What makes the Centre truly special is its diversity. There are young people, adults, volunteers from different countries, and team members who ensure everything runs smoothly. Everyone learns from each other, and together, we believe we can make a difference.

We also organize international projects to give young people the chance to have intercultural experiences and discover new horizons. This is how the human rights project was born, which will take place at the Fabrique du Monde Rural.

## LA FABRIQUE DU MONDE RURAL

La Fabrique du Monde Rural – MRJC Combeaufontaine is a place for young people aged 11 to 30, where you can meet others, create projects, and get involved.

With a café, shared garden, communal kitchen, and a dedicated youth space, it's a place where you can take initiatives, share ideas, and participate in projects that really matter.

If you want to have a unique experience, meet new people, and work together on meaningful projects, La Fabrique is waiting for you!






## PROJECT

### Become an active citizen in Europe !

Are you from France, Estonia, Italy, or Lithuania? Want to discover how your rights can make a difference in your life and for others ? Join us for a unique experience focused on citizenship and youth issues !

#### Discover, experiment, act

During this project, you will:

-  Explore what you can defend and what you can question as a European citizen
-  Take part in actions for your community and the planet
-  Share your ideas with young people from other countries and create solutions together

#### Why join ?

This is more than just learning. It's about acting, creating, and making your voice heard ! In a natural setting at La Fabrique du Monde Rural, you'll take part in workshops, cooperative games, and creative projects to experience citizenship in a hands-on way.

#### A space to share and build together

You'll debate, propose ideas, and transform them into a collective project that the whole group can present. It's a chance to meet other young people like you and leave your mark on the project!

Ready to explore your rights, express yourself, and take part in a unique European project ? Join us !

## POPULAR EDUCATION AND PARTICIPATION

### A collective and participative adventure!

For two weeks, **you won't just be a spectator, but a player in the experience** ! Here, everything is done together: **cooking, washing up, cleaning common areas, sharing meals, organizing and proposing activities...** Every moment of daily life is an opportunity to exchange, discover other cultures and create bonds.

### **A project based on popular education**

No lectures here! We learn by doing, by experimenting, by living together. The important thing is to “do things together”, because that's how you create real encounters and build a rich, unique intercultural experience.

### **No need to be an expert, just motivated !**

No special skills are required: all that counts is your motivation for the theme and for life in a group! It doesn't matter what your background is, as long as you want to get involved and live an alternative experience.

### **20 young people, 4 countries, 1 shared adventure**

You'll be part of a group of 20 participants from France, Italie, Estonia and Lithuania. A great opportunity to meet inspiring people and learn together !



## PRACTICAL INFORMATION

### 🏠 Welcome to La Fabrique du Monde Rural! 🏠

During your stay, you'll be at a rural site dedicated entirely to youth exchange activities. It's an **open and lively space**, so you might meet neighbors or other groups during events. But don't worry, the team will make sure it stays safe and calm after 10 p.m.

#### 👥 A team to guide you

A group of facilitators will be on site to run the activities, and each country will have a leader to help both the young participants and the on-site team. You'll always have support if you need it !

#### 🏕️ Sleeping outdoors in tents

You'll stay in **mixed tents** with 3 to 4 people per tent. Don't forget your **sleeping bag and pillow** ! If the weather is bad, a backup indoor space will be available.

#### 🚿 Daily life and comfort

- ✓ Two **solar showers** and indoor toilets + dry toilets outside
- ✓ **Camping-style meals** prepared in a friendly, participatory way. Mostly vegetarian, balanced, and seasonal, with meat only twice a week. So you'll also get to learn about sustainable eating 🌱
- ✓ A **common room** is available for games, cultural evenings, and meetings
- ✓ **Wi-Fi** is limited and sometimes unreliable. Perfect to fully enjoy the surroundings !
- ✓ **Minibuses** will be used for planned outdoor activities (booked in advance)
- ✗ No washing machine on site, so plan accordingly or be prepared to do your laundry by hand !

#### 👉 A space for everyone

La Fabrique is all about sharing, cooperation, and intercultural exchange. The local residents play a key role in the project, and you'll often interact with them during activities, workshops, and daily life. It's a chance to learn from each other, work together, and fully experience life in a rural community while having fun and making connections.



## FINANCIAL ASPECTS

Travel costs will be partially reimbursed in accordance with the Erasmus + pricing policy:

- **28€** for the distances from 10 to 99 km  
(56€ in case of green travel)
- **211€** for the distances from 100 to 499 km  
(285€ in case of green travel)
- **309€** for the distances from 500 to 1999km  
(417€ in case of green travel)
- **395€** for the distances from 2000 to 2999km  
(535€ in case of green travel)
- **580€** for the distances from 3000 to 3999km

After the project, you can get reimbursed for your travel costs. To do this, make sure to **keep all your tickets** (for the journey to and from the project). You will need to **hand them to your group leader**, who will send them to the organizing association.

The association will then reimburse your travel and postage costs in a single bank transfer, usually within 3 months after the project ends. Reimbursement will only happen once your travel tickets and the travel diary have been completed and submitted.



## CONTACTS

Do you have questions? Please contact your sending organization