



Funded by  
the European Union

# BUILDING TOGETHER MEANINGFUL YOUTH EXCHANGES

**ERASMUS +Training Course**  
**Marche en Famenne, Belgium**  
**12th - 17th May '26**



# BACKGROUND

For several years, CBB develops youth exchanges in partnership with youth organizations and youth clubs from all over Europe. The youth exchange format encourages a bottom-up approach in order to ensure the young people to be at the heart of the action. In parallel, collaborative methods must be deployed in order to foster an equal participation of all partners in the project.

If this is easy to say, it is not that easy to implement...

- How to facilitate the emergence of ideas and positive energy among the young people to design an activity that will correspond to their expectations?
- How to install a participatory process with the partners, their group leaders and participants?
- How to sustain the involvement of all stakeholders (partners, group leaders, accompanying persons, participants...) along the project process (preparation, implementation, evaluation)?

These questions are at the basis of our training course proposal.



# OBJECTIVES

Along 4 working days, with the use of non-formal education methods, we wish to equip participants with clear references and useful tools for the preparation and facilitation of ERASMUS+ Youth Exchanges.

Our training will focus on the following elements:

- Shaping and organizing a “driving” group; thus ensuring that young people are embarked since the initiation of the project, nurturing it with their ideas, wishes, and expectations.
- Shaping and coordinating a team of group leaders in the context of multilateral youth exchanges; ensuring that each group leaders feels consulted and involved all along the process; are clear with their roles and tasks.
- Developing together a meaningful agenda, coherent with the topic of the exchange, with the age and the profile of the participants.
- Addressing the organisation of a shared collective "life" and framework that brings together participants from various countries, cultures and backgrounds into a common dynamic.
- Conceiving and delivering a workshop as facilitator, creating the brave and safe space for the participants to share their perspectives, create something together and learn.
- Evaluating a youth exchange at the level of the participants' and group leaders' participation and contribution.



# DATES & PLACE



Funded by  
the European Union

**May 12<sup>th</sup> – 17<sup>th</sup> 2026 (travel days included)**

**La Campagnette – Marche-en-Famenne – Belgium**

The participants will stay in "La Campagnette", CBB's activity center in Marche-en-Famenne.

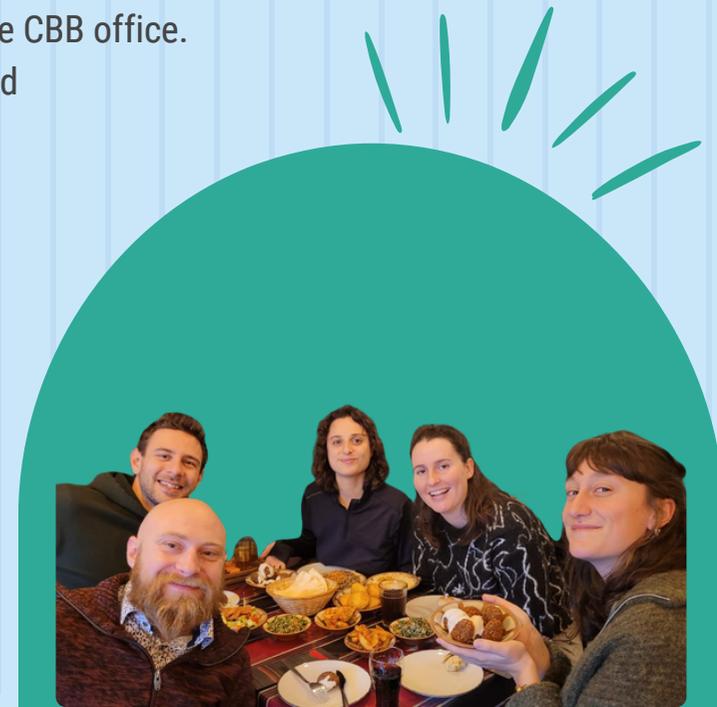
Four dormitories with bunk beds, a large room for relaxing and eating, a smaller room for activities, a kitchen and an outdoor space will be available to the participants. The accommodation is accessible to wheelchair.

A cooking team will prepare the meals with seasonal and local products.

Marche-en-Famenne is a small town in the countryside located in the south of the country.

You can find everything there: schools, shops, industries, services... and of course CBB office.

The town is surrounded by several industrial estates, but also by woods, fields and small villages where the pace of life remains rural.



# PARTICIPANT PROFILE



Funded by  
the European Union

**Number of participants:** 16

**Age:** 18+ years old.

**Profile:** youth exchanges coordinators, group leaders and/or accompanying person.

Participants with fewer opportunities are encouraged to apply. The accommodation is accessible to wheelchair.

**Language:** good English level in order to participate actively in the discussions, workshops and activities.

**Specific conditions:** participants must come from an ERASMUS+ program country and be supported by a sending organization registered in the country and invited by CBB to send participants.





# TECHNICAL & FINANCIAL CONDITIONS

- All lodging expenses during the event will be covered by the CBB grant
- Reimbursement of travel costs is done by CBB to the member organization supporting the participant; the level of reimbursement is calculated according to ERASMUS+ distance range and rates.
- All travel tickets and invoices should be sent to CBB up to one month after the seminar, so that the reimbursement of costs is done at one time to everybody, no later than 30<sup>th</sup> June.

**Please do not book any tickets until your participation in the training course has been confirmed!**



# FACILITATORS



Funded by  
the European Union

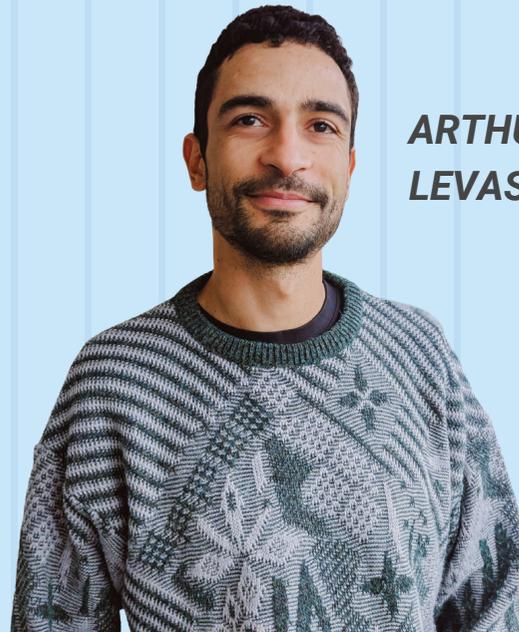
**Rob van Leeuwen** has been involved in non-formal education for the past 20 years as a volunteer, coordinator and trainer. As an intercultural learning junkie, he is always excited to bring in some theatre in his projects. Rob is an out-of-the-box facilitator, whom also loves cats.

**Arthur Levassor** has been active in youth work, especially in the fields of intercultural dialogue and international mobility, since 2021, as a volunteer, employee and freelancer. After working in the office helping coordinate volunteering activities such as workcamps, ESC volunteering teams and youth exchange, he decided to focus on facilitating volunteering and meetings and training courses, in order to reconnect with the people and enjoy the give and go of never repeating human interactions.

Based in Freiburg, Germany, **Chiara Di Croce Müller** works at the intersection of education and facilitation. After graduating in Adult and Continuing Education, she started facilitating in a range of settings from seminars for FSJ participants (Germany's Voluntary Social Year programme) to workshops in schools and with teachers. Her topics include self-efficacy, values, and strengthening young people's agency. As a yoga teacher, she brings a grounded, mindful perspective into her work. Chiara enjoys participatory learning and is happiest when a group co-creates the journey instead of simply following a plan.



**ROB VAN  
LEEUVEN**



**ARTHUR  
LEVASSOR**



**CHIARA DI CROCE  
MÜLLER**

# HOW TO APPLY



Funded by  
the European Union

Please fill in the online application form following [this link](#) by 11<sup>th</sup> March.

## CONTACT PERSON

In case you need extra information or if you have questions:

Michele: [animation@compagnonsbattisseurs.be](mailto:animation@compagnonsbattisseurs.be)

THIS PROJECT HAS BEEN FUNDED WITH SUPPORT FROM THE EUROPEAN COMMISSION.  
THIS PUBLICATION (COMMUNICATION) REFLECTS THE VIEWS ONLY OF ITS AUTHOR  
AND THE COMMISSION IS NOT RESPONSIBLE FOR ANY USE WHICH MAY BE MADE OF  
THE INFORMATION CONTAINED THEREIN.

