





## ABOUT US

We are a group of people with different interests, points of view and ways of life. But there is one thing we have in common - being active. Every day we are trying to convince people, young and old, that after work or school, there is a lot of interesting things to do. Our motto is: The active are living more attractive!

We run several programmes like Regional Voluntary Service, Sektor 3 - NGO Support Centre, Big Brothers Big Sisters. We are active on international level since 2007 as a sending, hosting and coordinating EVS/ ESC organization and hosting for students and professionals from countries of Eastern Europe to Poland.

## ABOUT THE PROJECT

Our long term ESC project is concentrated on developing 8 key competences while doing various volunteer activities - working with kids, supporting the work of Regional Volunteer Centre and local nongovernmental organizations. The aim of the project is, for you, to gain and strengthen mentioned competences and to promote voluntary service as an interesting way of spending free time.

During this time you will be presenting your culture, country, ideas and creative approach in organizing activities for kids, youth and local community. You will have a chance to participate in many workshops that will help you develop the skills in working with kids, will show you the basics of management, Social Media, idea of being a volunteer. Those workshops will prepare you to work in the chosen area, which could be kindergarten, NGO office – depending on the specific project.



# VOLUNTEERING POSSIBILITIES

## Kindergarten

17 volunteers in 4 kindergartens support the staff in taking care of the kids/ teaching basic skills, teaches basics of the native language, organizes and leads activities designed to promote physical, mental, and social development by games, arts, crafts, music, storytelling, events.

## Office

4 volunteers support Regional Volunteering Centre and its programmes Big Brother Big Sister and Emergency Teaching, administrate our Social Media, prepare posters/ flyers, promote the idea of ESC, write reports, organize courses of native language/ workshops, cultural events, cooperate with local schools.



Funded by  
the European Union



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SOLIDARITY  
CORPS





## MORE on KINDERGARDEN work

We are working with 4 different kindergartens - 3 in Szczecin and 1 in Stargard, which is approx. a 30 min, one way, train trip from your accommodation place. Kindergarten work looks very similar in every place. If you are chosen for kindergarten in Stargard we will provide you with a train ticket as well so you can travel there freely.

**A volunteer can take part in only one longterm Solidarity Corps volunteering activity. Volunteers who have taken part in an Erasmus+ volunteering activity or a European Voluntary Service are not eligible.**

## WILL I GET ANY FINANCIAL SUPPORT FOR MY STAY IN POLAND? WHERE WILL I LIVE DURING MY STAY?

Every volunteer who is taking part in the long term ESC in Szczecin is supported with pocket and food allowance money (approx 310 Euro/month). It means that for your stay you will receive the money for your expenses that you can use to buy the food for yourself, travel around, buy new clothes or visit an art gallery. You will be accommodated in a rented flat with access to kitchen and bathroom. All the kitchen appliances like forks, spoons, plates, pots etc. will be there also. Bills are mainly paid by POLITES Association.



## HOW WILL I MOVE AROUND THE CITY? HOW WILL I GET TO MY WORKPLACE?

As your Coordinating Organization we will buy a local transportation ticket for the time of your stay so you can reach your working place without any problems.






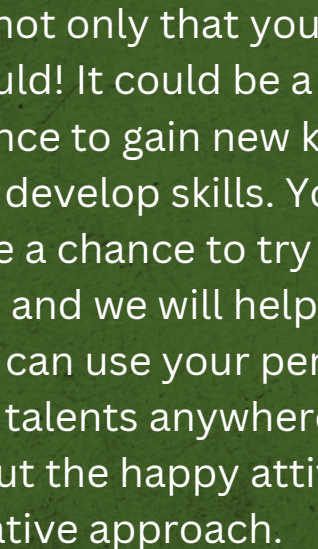

## WILL I HAVE ANY HOLIDAY DURING MY ESC?



Sure – you cannot work all the time. Being on ESC also means a chance of visiting many places or travelling around. Each month there are 2 days for you to use as days off. You can use them in the beginning of the month or in the end – your choice. For a longer break you can use the holiday time that you receive for the whole project. Planning your days off or holiday goes hand in hand with the working schedule of your hosting organization.



## SHOULD I APPLY IF MY EDUCATION IS DIFFERENT THAN PROJECT SUBJECT?



It's not only that you can – you should! It could be a great chance to gain new knowledge and develop skills. You will have a chance to try something new and we will help with that. You can use your personal skills and talents anywhere—it is all about the happy attitude and creative approach.



## HOW WILL MY WORKING DAY LOOK LIKE?

It all depends on where you will be a volunteer. Places in kindergarten are much more rigid than our office. All the volunteers work the max of 38 hrs per week. A normal working day of a volunteer is full of many all-the-time changing activities (mainly in the kindergarden). You will help the kids or youth in their everyday actions, you can organize your own activities with them, do some sport things, build LEGO or help in doing homework. In the office you will have a chance to visit our partners, organize an event or prepare some information for our followers. Working day during ESC is dynamic.



## CAN I DO SOMETHING MORE DURING MY PROJECT?

The whole project is focus on creative approach so if you want to do something more - we are here to help. Music classes, languages, art, outdoor activities - all possibilities are worth discussing. Plus, we will involve you in additional workshops, events, meetings and mini projects.



## HOW THE TRIP TO POLAND SHOULD BE ARRANGED? HOW MUCH DOES IT COST?

Do not fear! There are few ways of how it can be done. First of all, you already know that the city of your project is Szczecin, Poland. You can start arranging the trip by yourself. If you face difficulties – we are here for you! You can send us a message and we will do our best to find the best travel option. Also, do not forget about your Sending Organization. Who knows, maybe they know a cheap transport company that goes directly from your home city? The cost depends on the available possibilities and your own choice. The exact amount of money that will be reimbursed is correlated with Distance Calculator and project budget.

**IF YOU ARE AN EU CITIZEN ELIGIBLE FOR THE EHIC CARD YOU MUST HAVE IT WITH YOU DURING YOUR VOLUNTARY WORK**

## WHAT SHOULD I TAKE WITH ME IF I AM SELECTED FOR THIS PROJECT?

First of all, take all kinds of positive emotions! Your new journey will start soon. There are few material things that you will need, though. Bring: all the personal hygiene essentials, towels, bedsheets, 2 pictures (size of your ID/passport), documents, clothes and shoes for every season, comfortable clothes for sporty activities.

## WHAT WILL I GET FROM ESC?

Besides a chance of meeting new people, living in a new place, doing some new things in your life - everything you need to become a team player and be more self- confident. ESC is not only about the voluntary tasks. It is also about spending some time abroad to get to know yourself better. After the ESC is finished you will receive the official paper on your ESC - the YOUTHPASS Certificate that will confirm your personal development and your stay in Poland. But what you will learn here - stays forever!

**PRIORITY**

**IMPORTANT**

**APPROVED**



# active EUROPE

## HOW TO APPLY

FILL IN THE APPLICATION FORM  
THAT YOU CAN FIND HERE  
(CLICK)

COORDINATING/ LEAD  
ORGANIZATION

POLITES Association  
Szczecin, Poland  
[www.esc.polites.org.pl](http://www.esc.polites.org.pl)  
[esc@polites.org.pl](mailto:esc@polites.org.pl)



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