



## ABOUT YE

### This youth exchange:

- offers a space for peer exploration of relevant topics connected to ethics,
   communication, volunteering and online/digital tools;
- brings forward the **question** of sustainability, personal responsibility and community when using social media platforms;
- provides an opportunity to practice social media sustainability (i.e. the responsible use of social media platforms to promote sustainable practices) for disseminating information;
- encourages the practice and sharing of methods that support 'grounding', staying present and digital detox;
- is a chance for re-connection, co-creation and giving back to local communities.

# ABOUT PROGRAMME

The seven days of this youth exchange consist of:

- getting to know your peer group (team work activities);
- exploring the natural local environment of Litija;
- cooperating with locals by gathering and creating content for promotion of an annual local event ('Strawberry and Asparagus Day')
- co-creation and collaboration (photos, short videos, articles, impressions, open space, ...);
- exploration of the topic(s) of ethical communication;
- addressing the usage of social media in the current global environment;
- exploration and practice of re-connection to self and nature throught various mediums.

# THS IS FOR YOU, IF YOU...

- are between 23 and 30 years old
- have a sufficient knowledge of English
- are willing and committed to cooperation with people from various backgrounds
- are able to collaborate with a group of people and create content for social media platforms
- are interested in the topics of ethical communication, ethical usage of social media and sustainability
- are willing and able to adjust and adapt based on given information
- are committed to fully participate throughout the whole YE, consisting of 7 days



## WHEN APPLYING KEEP IN MIND

This youth exchange will be held in the countryside and activities within the programme are planed accordingly.

#### In practice this means that:

- As a group we will be adapting to the agreements of the space and surrounding neighbours/ households (including level of noise, silent hours, etc.).;
- The venue hosts animals and we will be sharing the space with a few wandering animal friends.;
- Parts of the programme might need to be adapted in case of changing weather conditions.;
- There are NO lively 'city activities' in the area of the venue (such as clubs, bars, etc.) so don't expect to find them on location during the YE.
- The 7 days we will be spending together is a chance for the group to explore the main topics of the YE and their relationships with them while also enjoying the beautiful nature Litija offers.

# APPLICATIONS ARE OPEN

### APPLICATION FORM

If you have any additional questions feel free to contact koordinacija@zavod-voluntariat.si and/or placement@zavod-voluntariat.si







## ABOUT SLOVENA



### Slovenia's calling!

Imagine vibrant cities
nestled among
breathtaking
mountains, crystal-clear
rivers, and a buzzing
cultural scene. This is
Slovenia in a nutshell small but mighty,
packed with unique
experiences that'll leave
you wanting more.

Come discover a small part of your next favorite place!



We will be staying in Litija (Slovenia) at Domačija Paternoster Address of venue: Tenetiše 1, 1270 Litija, Slovenia

The municipality of Litija is located in the western part of the Posavje Mountains and at the same time in the centre of Slovenia, as the geometric centre of Slovenia is located on its territory. The town is held by river Sava, that took on the shape resembeling a horseshoe. Litija is located 40 km away from the capital (Ljubljana) and is connected to it both by road and rail-road.

According to historical sources, Litija and its surroundings are an ancient settlement, as it is believed to have been inhabited in prehistoric times.

Nowadays this town offers various hiking paths and culinary experiences at local touristic farms.





We strongly encourage choosing green travel options (train, bus, carpool).

All participants are responsible for their own travel insurance and health insurance for the duration of their stay in Slovenia.

#### **TRAVEL DAYS:**

- 22<sup>nd</sup> of May = ARRIVAL DAY
- 30<sup>th</sup> of May = DEPARTURE DAY

Before booking your travel journey, contact Zavod Voluntariat for confirmation.

Travel will be reimbursed up to a certain amount within the EU funding regulations (changes based on the country). If you need any additional support to organise your journey to the venue, feel free to reach out to us.

If you have any additional questions feel free to contact placement@zavod-voluntariat.si and/or koordinacija@zavod-voluntariat.si



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