

IPDJ Workcamp Programme 2025

PORTUGAL



IPDJ – Instituto Português do Desporto e Juventude

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Who are we? What is our mission?

IPDJ or Instituto Português do Desporto e Juventude is a governmental organization that has the task to implement in the whole national territory and at international level the youth policy. The PORTUGUESE SPORTS AND YOUTH INSTITUTE (IPDJ), results of the fusion in 2012, and succeeds in all the powers and obligations, of public bodies in the area of sport and youth, in particular the Portuguese Sport Institute, the Portuguese Youth Institute, the Foundation for the Dissemination of Information Technologies and Movijovem (Youth Hostels and Youth Card). IPDJ is widespread in the whole continental territory, with presence in the 5 regions (North, Center, Lisbon, Alentejo and Algarve) and their 18 district capitals

We have 8 areas of intervention as we develop several national programs about it – support youth organizations, citizenship and participation; health and healthy lifestyles, studies on youth; Non-formal education, social inclusion and gender quality and innovation and entrepreneurship and employment. At International level we have several youth actions. We are a member of CCIYS and we have been an active partner on International Workcamps (especially through SCI) more than 30 years till now.

The IPDJ 2025 workcamp programme includes 22 camps for 347 volunteers as the board bellow:

JULY CAMPS - 16										
Nº	PT Code	SCI/Plato Code	Camp Name	Areas	Local Host	Local	start	end	days	places
1	PT-PO-02-25	PT-IPJ 9.1	Stage on the street:all included	cultural, social	Aventura Marão Clube	Porto	01/07/2025	12/07/2025	12	17
2	PT-CB-07-25	PT-IPJ 5.1	Hands on	social	Associação Belmonte em movimento	Castelo Branco	01/07/2025	12/07/2025	12	17
3	PT-SA-16-25	PT-IPJ 10.8	Deam Clean	environment	Associação Grupo de Dança Dream Dancing	Santarém	01/07/2025	12/07/2025	12	17
4	PT-VR-20-25	PT-IPJ 5.2	CLOSER - Art & Solidarity	social, cultural	WAVEMOMENT - Associação Juvenil	Vila Real	01/07/2025	12/07/2025	12	17
5	PT-EV-06-25	PT-IPJ 11.4	For Climate 5.0	environment	Marca - Associação de Desenvolvimento Local	Évora	07/07/2025	18/07/2025	12	17
6	PT-GU-15-25	PT-IPJ 11.5	Take care of your village	social	Associação Desportiva Cultural e Social de Aldeia de S. Sebastião	Guarda	08/07/2025	19/07/2025	12	17
7	PT-BR-12-25	PT-IPJ 11.3	EcoFestival Terra Mãe	environment	Youth Union of People with Initiative	Braga	12/07/2025	23/07/2025	12	17
8	PT-VR-21-25	PT-IPJ 5.3	CULTURE & SOLIDARITY	social, cultural	Associação Ger Emergente	Vila Real	13/07/2025	24/07/2025	12	17

9	PT-GU-09-25	PT-IPJ 10.5	Control and management of invasive species 2.0	environment	Associação de Promoção Social, Recreativa, Desportiva e Humanitária de Maceira	Guarda	14/07/2025	25/07/2025	12	17
10	PT-PO-11-25	PT-IPJ 12.2	Get to work Create and Play	cultural, social	Associação Sójovem das Saibreiras	Porto	14/07/2025	25/07/2025	12	12
11	PT-AV-04-25	PT-IPJ 10.1	EcoAction QEM	environment	Associação BioLiving	Aveiro	15/07/2025	26/07/2025	12	17
12	PT-VI-17-25	PT-IPJ 10.9	Give Nature a hand 3.0	environment	MONTIS, ACN	Viseu	15/07/2025	24/07/2025	10	12
13	PT-AV-05-25	PT-IPJ-12.1	AVANCA 2025	festival	Cine-Clube de Avanca	Aveiro	18/07/2025	29/07/2025	12	17
14	PT-VI-23-25	PT-IPJ 12.3	Active Granja	environment	Grupo Desportivo e Recreativo da Granja	Viseu	19/07/2025	28/07/2025	10	12
15	PT-BG-18-25	PT-IPJ 11.1	United by Donkeys III	environment	CAB - Centro de Acolhimento do Burro	Bragança	21/07/2025	01/08/2025	12	17
16	PT-BR-03-25	PT-IPJ 10.4	Guardians of Nature	environment	CAISA	Braga	21/07/2025	31/07/2025	11	12

AUGUST CAMPS - 2										
Nº	PT Code	SCI/Plato Code	Camp Name	Areas	Local Host	Local	start	end	days	places
17	PT-BR-10-25	PT-IPJ 11.2	Live Nature Live Together 25	environment	Syaj - Associação Juvenil Synergia	Braga	02/08/2025	13/08/2025	12	17
18	PT-BG-19-25	PT-IPJ 10.3	Nature Embassadors III	environment	Associartecine Associação de Dinamização dos Audiovisuais	Bragança	18/08/2025	29/08/2025	12	17

SEPTEMBER CAMPS - 4										
Nº	PT Code	SCI/Plato Code	Camp Name	Areas	Local Host	Local	start	end	days	places
19	PT-FA-13-25	PT-IPJ 10.6	A Forest of Gratitude	environment	RWSW-Rewilding Sudoeste	Faro	01/09/2025	12/09/2025	12	15
20	PT-AV-08-25	PT-IPJ 10.2	EcoFrossos	environment	Associação Charcos&Companhia	Aveiro	02/09/2025	13/09/2025	12	17
21	PT-SA-14-25	PT-IPJ 10.7	Renewed Roots	environment	Associação Youth Cluster - Um Mundo de Oportunidades	Santarém	18/09/2025	28/09/2025	11	12
22	PT-PO-01-25	PT-IPJ 11.6	Another World is Possible	environment	Equação, Cooperativa de Comércio Justo, Crl	Porto	19/09/2025	30/09/2025	12	17

All our camps are only for volunteers of 18 to 30 years old

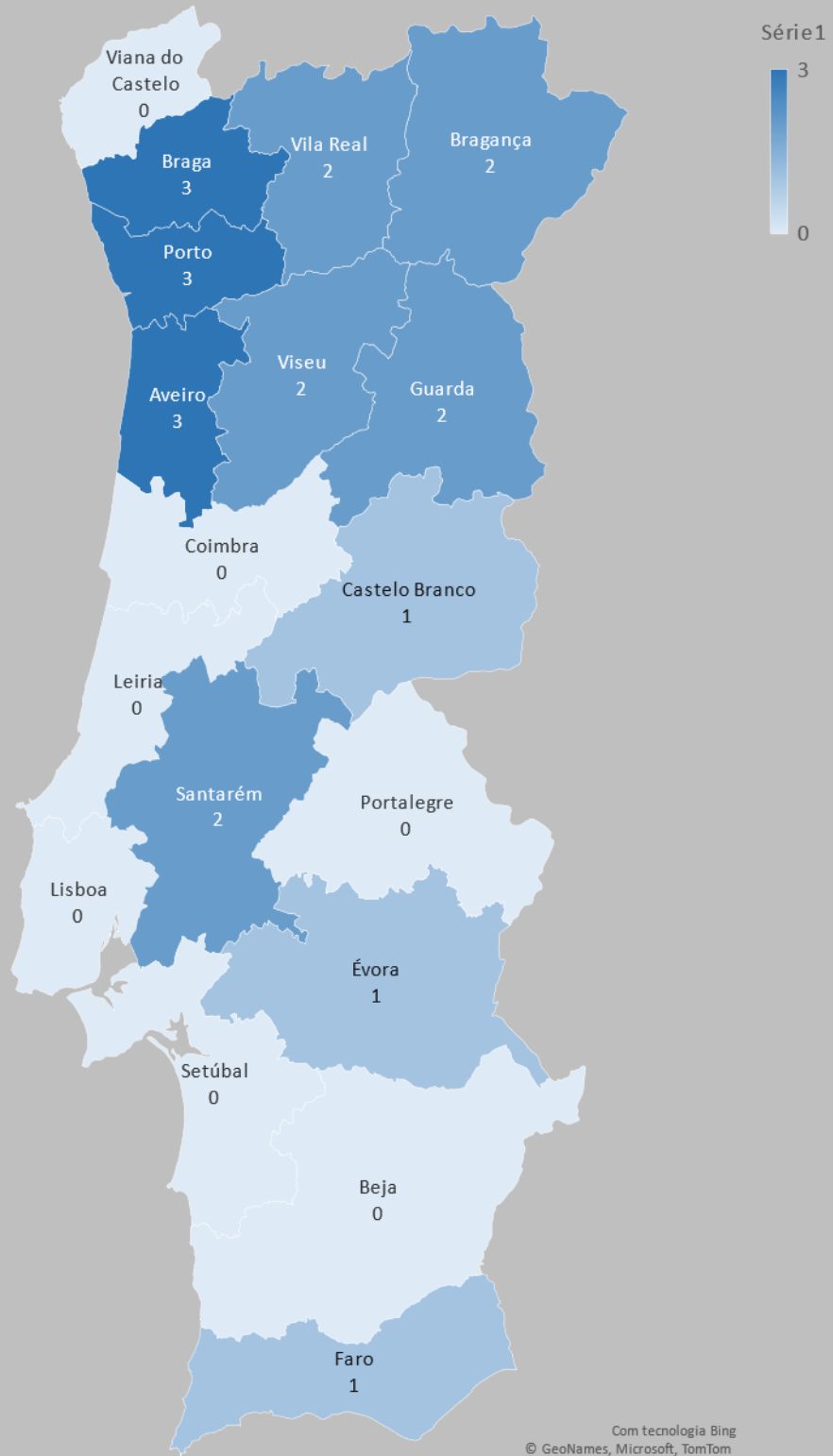
There are no fees in our camps.

We have insurance in all camps have during the stay - a personal accident insurance contract, which includes, as a minimum, coverages in cases of death, permanent disability, treatment costs, funeral and repatriation.

We are not allowed to participate in the ESC (European Voluntary Corps) because we can't receive funds from Erasmus program.

You can see all the 22 camps in the map of Portugal bellow:

N.º OF CAMPS PER DISTRICT



WORKCAMP CODE	PT-AV-04-25	
CAMP NAME	EcoAction QEM	
DATES	15/07/2025	26 / 07 / 2025

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



Associação BioLiving is an award-winning non-profit NGO which motto is "Nature and Education for All". Our objectives are, among others, to Promote sustainability; Encourage environmental citizenship and public participation in the defence of natural values; Boosting the social economy; Promote inclusion, peace and solidarity, using education, natural resources and the protection of nature as their trigger; Provide monitoring and scientific consultancy in the fields of forest, biodiversity and environmental education; but essentially to demonstrate that nature belongs to everyone and to all.

Our team includes biologists, forest engineers, land planners, ecotourism and sports professionals, designers and marketers, historians and professional environmental educators/science communicators. We work together for over 18 years, aiming at bringing nature and biodiversity to all. In the last 5years we have planted over 10000 trees, restored over 20ha of degraded habitat, financed 4 scholarships, and promoted over 5000 collective actions of community/environmental volunteering. Know our work at www.biolving.pt

WORKCAMP DESCRIPTION

Camp Description and Aims

General objectives:

- Improvement of the visiting and safety conditions at Quinta Ecológica da Moita (<https://www.quintaecologicadamoita.org/version-un>), a 14 hectares oak forest that has been abandoned for about 6 years;
- Valorisation and promotion of natural and cultural heritage (namely, walking trails and green areas);
- Promotion of sustainability, environmental awareness, and biodiversity protection;
- Promotion of intercultural relationships, good environmental practices, and citizenship;
- Promotion of specific skills in the field of cultural and natural heritage protection.

Specific objectives:

- Maintenance and clearance of walking trails;
- Removal of invasive species and prevention of forest fires by controlling shrubs and invasive vegetation;
- Maintenance and recovery of a wildlife pond;
- Installation of shelters for wildlife;
- Recovery of traditional walls and fountains;
- Improvement and protection of biodiversity and ecosystem services;
- Valorisation of natural and cultural heritage through participation in leisure activities and workshops.

Voluntary Work and Tasks of the Camp

- Restoration and clearance work of some degraded trails and natural heritage;
- Vegetation trimming and removal;
- Improvement of local fauna, flora, and landscape, including fire prevention actions;
- Building nest-boxes for birds, insects and bats;
- Cleaning a pond for wildlife;
- Control invasive species;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning.

What the volunteers can Learn in this Camp? (study part)

- Participants will perform field tasks but also learn about nature conservation and engage in conservation-training activities, while getting to know the Portuguese fauna and flora;
- Participants will interact with biology students that are doing their studies in the nature areas where we are going to work;
- Participants will also learn why nature conservation is important and how small environmental projects such as these workcamps can be crucial to preserve an entire habitat;
- Encouragement of international exchange and exchange of experience;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning;
- Get to know local culture and traditions.

Free Time, Leisure Time and Visits preview

- The amazing city of Aveiro, and its traditional 'moliceiro' boats, [salt pans](#), and [colourful houses](#), and modern [university](#).
- The Ilhavo Maritime Museum (<https://museumaritimo.cm-ilhavo.pt/>)
- Sketch'n Fun, art crafts, music, environmental movies night, traditional games, quiz night, talks, cultural and environmental tours.
- Several workshops and biodiversity-related activities.
- Beach time.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The camp will take place at the Quinta Ecológica da Moita (QEM), a 14 hectares forest that locates at the village of Oliveirinha, in a rural setting near the city of Aveiro, here: <https://maps.app.goo.gl/FP1VUruHVgReL2Fm9> QEM used to be a very active educational forest but it has been abandoned for a few years and needs restoration and maintenance work to become visitable and a pedagogical forest again.



Accommodation/Food

Participants will sleep in a house that supports QEM's activities, on mattresses and with their sleeping bags. There will be 2 shared rooms (separated by gender). There are hot water showers also separated by gender.

Participants have to bring their own towels and hygiene products, sleeping bag or sheets+blanket, and pillow. The organization will provide breakfasts, lunches and dinners. Lunches and dinners are prepared/cooked served at a canteen from Santa Casa da Misericórdia's social complex, but some lunches will be served in the field (sandwiches, fruits, etc.), as well as mid-morning and mid-afternoon snacks. There will be a vegetarian option.

CONDITIONS OF PARTICIPATION

Internal rules of the Camp

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese, Spanish).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community and elderly people.
- Respect hygiene and safety measures.

Special remarks or requirements of the Camp -

INSURANCE (kind of covers)

Death and permanent disability, work accidents, treatments, funeral.

WHAT VOLUNTEERS HAVE TO BRING

Music and food from your region, working clothes and shoes, sunscreen, hat, a presentation on the nature of your region, towels and all needed hygiene products, sleeping bag.

MEETING TIME AND MEETING POINT

Arrival date:	15/07/2025
Timetable or period:	11h00
Place Name:	Aveiro train station (https://maps.app.goo.gl/yLfYyR8aKhW7yLp5A)
Place Address:	Rua Artur de Almeida Eça, Aveiro
Emergency contact:	Associação BioLiving - +351 935 293 911 / +351 935 722 313

HOW TO GET TO THE MEETING POINT/CAMP?

Closest Airport:	Porto Airport (Aeroporto Francisco Sá Carneiro)
Closest Train Station:	Aveiro

Travelling from Porto by bus or train

There are direct buses from the Porto (Oporto) airport to Aveiro. If you can't find a direct bus: just outside the airport take the metro (subway <http://en.metroporto.pt/>) to Porto – Campanhã main station (30min). At Campanhã, take a train or bus to Aveiro. Local trains are cheaper, but you need to buy the ticket at the counter. Faster trains (InterCidades or Alfa Pendular) are more expensive but can be booked online (www.cp.pt).

Travelling from Lisbon Airport by bus or train

Just outside the airport take the metro (subway <http://www.metrolisboa.pt/eng/>) to Oriente main station (10 min). At Oriente, there are trains and buses to Aveiro. There are Express Buses directly to Aveiro (about 3h; check Rede Expressos or FlixBus). Alternative: at Oriente main station take a train to Aveiro (fast trains are 2h). From Lisbon we recommend faster trains (InterCidades or Alfa Pendular) that can be booked online (www.cp.pt).

Special recommendations:

Book bus in advance at <https://rede-expressos.pt/pt/horarios-bilhetes>

Book intercities or fast trains at www.cp.pt

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Rua do Outeiro, Frossos; 3850-635 Albergaria-a-Velha; Portugal
Local Host organization phone:	+351 935 293 911 / +351 935 722 313
Local Host organization email:	info@bioliving.pt
Local Host contact person:	Daniela Simões
Camp Leader Name:	Milene Matos
Camp Leader mobile phone:	(+351) 964712455
IPDJ Regional address:	IPDJ Aveiro - Rua das Pombas - Edifício IPDJ; 3810-150 Aveiro, Portugal
IPDJ Regional phone number:	(+351) 234 482 233

WORKCAMP CODE	PT-AV-05-25	
CAMP NAME*	AVANCA 2025	
DATES	18 to	29 July 2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

The Cine-Clube de Avanca (CCA) is a non-profit association dedicated to the promotion and production of culture through audiovisual media, with headquarters in Avanca and regular and uninterrupted activity since its foundation.

The Cine-Clube de Avanca has been dedicated to the production of films by young filmmakers, to itinerant cinema sessions and cinema in schools, to formative intervention with schools in the region.

Since 1997, CCA has been organizing the “International Film, Television, Video and Multimedia Meetings - AVANCA”. This being the tutelary event for all CCA activity in recent years, past activity is marked by many exhibitions, cycles and extensions of recognized value.

Website: www.avanca.com

Email address: avancafilmfestival@gmail.com

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

Volunteers in this work camp are involved in various levels of the organization, providing a determinant support for the success of this International Meeting.

Being **AVANCA** an idea sharing favored space, creative fusion and cultural interchange between, professionals, students and cinema and multimedia lovers, IWC volunteers will naturally participate and dive in this international, culture and creative atmosphere.

To moments dedicated to cultural animation and discovering of surroundings, Cine-Clube de Avanca offers a set of activities, which will give an insight of the social realities, cultural and gastronomical, between others, from the village of Avanca and the region that extends the cities of Aveiro and Porto.



Voluntary Work and Tasks of the Camp

During preparation and setting phase

- Signposting setting for the different spaces in AVANCA 2025;
- Poster and pending poster distribution;
- Adaptation of the Egas Moniz school classrooms for workshops attainment;
- Workshop related Video-Informatics equipment installation and testing;
- Cleaning and preparation of the Auditorium of Avanca for competitive sessions of Cinema and Video;
- Organization of the Egas Moniz School’s polyvalent;
- Airport reception and welcoming of the AVANCA 2025 international guests – directors, actors, producers, technicians, etc...
- Cleaning and maintenance of spaces and sanitary installations used by the IWC.

During the Festival:

- Check-in support for the AVANCA 2025 participants and guests;
- Maintenance of the Workshop rooms;
- Cantina support;
- Support during competitive sessions;
- Cleaning and maintenance of the AVANCA 2025 common areas;

After AVANCA 2025 ending:

- Collecting and verifying workshops’ equipment;
- Line-up and cleaning of the used spaces on their initial configuration;
- Collecting the material of the exhibitions and wrapping the works/material;

What the volunteers can Learn in this Camp? (study part)

"Volunteers are active participants and play an integral role in the festival's development. They provide crucial support to the organization at all levels, directly contributing to the successful execution of the festival and its multifaceted requirements. The festival stands as an exceptional platform for communication, creative convergence, and cultural interchange among professionals, students, and enthusiasts of the cinematic arts.

The primary aim is to afford volunteers opportunities for personal and cultural enrichment, fostering the acquisition of fresh

knowledge within the realm of Cinema and Audiovisuals. Their involvement spans various stages, encompassing the festival's preparation. This involvement equips these young individuals with essential organizational and social skills, serving as valuable tools for their future endeavors.

Free Time, Leisure Time and Visits preview

- Visit the Bioria, Natural Heritage of Estarreja, a natural ecosystem known for its richness and biodiversity and the Salinas de Aveiro;
- Trip to Espinho beach;
- Guided visit to the Egas Moniz Museum house, to discover the life of this Nobel Prize winner with such strong links to Avanca;
- Ride along the Ria de Aveiro in typical boats where you can taste the famous "Ovos Moles" of Aveiro;

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

Avanca is a Portuguese parish in the municipality of Estarreja, with an area of 21.07 km² and 6 189 inhabitants. Avanca belongs to the municipality of Estarreja, District of Aveiro. It is limited by the municipalities of Murto, Ovar and Oliveira de Azeméis. It is served by Estrada Nacional 109, by A29, as well as by the North railway line.

The center of the workcamp takes place at the heart of the festival, at Escola Básica Prof Dr Egas Moniz, where the workshops will also take place and where the secretariat and conference are located. The school is located in the center of the small village, from where the volunteers will find it easy to move between places, like supermarket, laundry, drugstore, among other services. In this same place there is a canteen with free access to volunteers.

Address:

Escola Básica Prof Dr Egas Moniz

Rua do Morgado 110 / 3860-136 Avanca

40.81097555267849, -.577419603894413

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Volunteers will be accommodated in the school's classrooms. They will have access to mattresses.

The school has bathrooms and changing rooms with hot water, open 24 hours/day.

Regarding food, breakfast will be prepared in the school canteen, where volunteers will have at their disposal the most varied items for its preparation.

Lunches and dinners will be either in the school canteen or in local restaurants, always accompanied by the monitors.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Volunteers can only leave the workcamp with the proper knowledge and authorization of the monitors.

Special remarks or requirements of the Camp

Smoking is not allowed inside the rooms.

The camp has night-time surveillance.

INSURANCE *(kind of covers)*

All volunteers are covered by a personal accident insurance

WHAT VOLUNTEERS HAVE TO BRING

Sleeping camping bag, pillow, items of personal hygiene, working clothes for some tasks and other goods that are deemed necessary.

MEETING TIME AND MEETING POINT

Arrival date: 18 July

Timetable or period: 14:30

Place Name: Avanca Train Station

Place Address: Avanca Train Station

Emergency contact: +966190163

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport: International Airport of Oporto www.ana.pt

Closest Train Station: Urban Train North railway - Porto - São Bento / Avanca or Porto - Campanhã / Avanca - www.cp.pt

Travelling from the Airport to (bus or train)

Getting to Avanca from the International Airport of Lisbon www.ana.pt

- Bus, Taxi, Uber/Bolt or Subway to the train station of **Lisboa-Santa Apolónia**.

Getting to Avanca from the International Airport of Oporto www.ana.pt

- Taxi, Uber/Bolt or Subway transfer to the train station of **Porto- São Bento** or **Porto – Campanhã**.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From Lisbon – Bus Lisbon / Aveiro - <https://rede-expressos.pt/pt> and then Urban Train North railway - Aveiro to Avanca. www.cp.pt

From Porto - Bus Porto / Aveiro - <https://rede-expressos.pt/pt> and then Urban Train North railway - Aveiro to Avanca. www.cp.pt

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From Porto - Urban Train North railway - Porto - São Bento / Avanca or Porto - Campanhã / Avanca - www.cp.pt

From Lisbon - Intercity Train “Lisboa–Santa Apolónia” – Aveiro or ALFA service train “Lisboa-Santa Apolónia / Aveiro - www.cp.pt


– From Aveiro - Urban Train North railway - Aveiro to Avanca - www.cp.pt

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro €
Weather expected during the camp:	Normally, warm weather with temperatures around 28/29 Celsius degrees during the day.
Local Host organization address:	Rua Dr. Egas Moniz, nº159 3860-078 Avanca
Local Host organization phone:	+351966190163
Local Host organization email:	avancafilmfestival@gmail.com
Local Host contact person:	António Valente
Camp Leader Name:	Hamilton Trindade
Camp Leader mobile phone:	+351966190163
IPDJ Regional address:	Edifício IPDJ, R. das Pombas, 3810-150 Aveiro
IPDJ Regional phone number:	+351 234 403 100

WORKCAMP CODE	PT-AV-08-25	
CAMP NAME	EcoFrossos	
DATES	02/09/2025	13/09/2025

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words	
	<p>Charcos & Companhia is an NGO dedicated to nature conservation, to the protection of the natural and built heritage in the Aveiro region and to the engagement and connection of people to the natural world.</p> <p>The camp will be organized in close collaboration with the Municipality of Albergaria-a-Velha and Associação BioLiving, an award-winning environmental NGO which motto is "Nature and Education for All".</p> <p>These three entities have been working together in the Ria de Aveiro region, and in the 'Pateira de Frossos' wetland to protect this extremely important and rare agroecosystem and the habitats and biodiversity existent in this coastal system.</p>

WORKCAMP DESCRIPTION

Camp Description and Aims

- General objectives:**
- Valorisation and promotion of natural and cultural heritage (namely, of the village and the Pateira of Frossos);
 - Promotion of sustainability, environmental awareness, and biodiversity protection;
 - Promotion of intercultural relationships, good environmental practices, and citizenship;
 - Promotion of specific skills in the field of cultural and natural heritage protection.
- Specific objectives:**
- Maintenance of walking trails;
 - Removal of invasive species and prevention of forest fires by controlling shrubs and invasive vegetation.
 - Installation of shelters for wildlife;
 - Improvement and protection of biodiversity and ecosystem services;
 - Valorisation of natural and cultural heritage through participation in leisure activities and workshops.

Voluntary Work and Tasks of the Camp

- Restoration work of some degraded pathways and natural heritage;
- Small reparations or maintenance work in the village of Frossos and Centro Interpretativo da Pateira de Frossos;
- Maintenance of sensorial trail and vegetables garden;
- Vegetation trimming and removal;
- Improvement of walking trails;
- Improvement of local fauna, flora, and landscape, including fire prevention actions;
- Building nest-boxes for birds, insects and bats;
- Control invasive species;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning.

What the volunteers can Learn in this Camp? (study part)

- Participants will perform field tasks but also learn about nature conservation and engage in conservation-training activities, while getting to know the Portuguese fauna and flora;
- Participants will interact with biology students that are doing their studies in the nature areas where we are going to work, and the elderly community of Frossos;
- Participants will also learn why nature conservation is important and how small environmental projects such as these workcamps can be crucial to preserve an entire ecosystem;
- Encouragement of international exchange and exchange of experience;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning;
- Get to know local culture and traditions.

Free Time, Leisure Time and Visits preview

- The amazing city of Aveiro, and its traditional 'moliceiro' boats, [salt pans](#), and [colourful houses](#), and modern [university](#).
- The village of Frossos and the Environmental Education Center of Pateira de Frossos.
- [Baixo Vouga Lagunar](#) and the 'Pateira de Frossos' Natura 2000 areas.
- Sketch'n Fun, art crafts, music, environmental movies night, traditional games, quiz night, talks, cultural and environmental tours.
- Several workshops, handcrafts, and biodiversity-related activities.
- Beach time and lots of fun!

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

The camp will take place in the Frossos rural and protected areas of Albergaria-a-Velha, a municipality rich in water, water mills and green areas. Video on Pateira de Frossos: <https://www.youtube.com/watch?v=BanuW7XlyPc&t=47s>



Accommodation/Food

Participants will sleep in an old school complex in Frossos, Albergaria-a-Velha, in shared rooms (separated by gender) with beds. There will be locker rooms with hot water showers are also separated by gender. Participants have to bring their own towels and hygiene products, sleeping bag or sheets+blanket, and pillow. The organization will provide breakfasts, lunches and dinners. Lunches and dinners are prepared/cooked by the municipality's staff and served at a canteen, but some lunches will be served in the field (sandwiches, fruits, etc.). There's a vegetarian option.

CONDITIONS OF PARTICIPATION

Internal rules of the Camp

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese, Spanish).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community.
- Respect hygiene and safety measures.

Special remarks or requirements of the Camp -

INSURANCE (kind of covers)

Death and permanent disability, work accidents, treatments, funeral.

WHAT VOLUNTEERS HAVE TO BRING

Music and food from your region, working clothes and shoes, sun screen, hat, a presentation on the nature of your region, towels and all needed hygiene products, sleeping bag.

MEETING TIME AND MEETING POINT

Arrival date:	02/09/2025
Timetable or period:	11h30
Place Name:	Train station of Cacia
Place Address:	https://maps.app.goo.gl/MdeDBKixczv7MuHH7
Emergency contact:	+351 935 293 911 / +351 935 722 313

HOW TO GET TO THE MEETING POINT/CAMP?

Closest Airport:	Porto Airport (Aeroporto Francisco Sá Carneiro)
Closest Train Station:	Main station of Aveiro

Travelling from Porto Airport by bus or train

There are some Express Bus from the airport to Aveiro (Rede Expressos or FlixBus). If you can't find a direct bus to Aveiro: just outside the airport

take the metro (subway <http://en.metrodoporto.pt/>) to Porto – Campanhã main station (30min ride). At Campanhã, take a train directly to Cacia (local train), or a faster train to Aveiro, and from Aveiro a local train to Cacia.

Travelling from Lisbon Airport by bus or train

Just outside the airport take the metro (subway <http://www.metrolisboa.pt/eng/>) to Oriente main station (10 min ride). At Oriente, there are trains and buses to Aveiro (Rede Expressos or FlixBus). From Aveiro, take a local train to Cacia.

In Aveiro, the train main station and the bus main station are about 100m apart. Local trains take about 5 minutes from Aveiro to Cacia and cost 1.60€. Tickets for local trains must be purchased at the station (counter or automatic machine) – no online sale available for local trains (just for faster trains). Schedules for all trains in Portugal: <https://www.cp.pt/passageiros/en>

Special recommendations:

Book bus in advance at <https://rede-expressos.pt/pt/horarios-bilhetes> or flixbus

Book intercities or fast trains at <https://www.cp.pt/passageiros/en>

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Calvão, Vagos; Portugal
Local Host organization phone:	+351 935 293 911 / +351 935 722 313
Local Host organization email:	charcoscompanhia@gmail.com
Local Host contact person:	Daniela Simões +351 935293911
Camp Leader Name:	Milene Matos
Camp Leader mobile phone:	(+351)964712455
IPDJ Regional address:	IPDJ Aveiro - Rua das Pombas - Edifício IPDJ; 3810-150 Aveiro, Portugal
IPDJ Regional phone number:	(+351) 234 482 233

WORKCAMP CODE	PT-BG-18-25	
CAMP NAME*	United by Donkeys III	
DATES	21/07/2025	01/08/2025

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

CAB – Centro de Acolhimento do Burro (Donkey Shelter Center) is a non-profit organization, founded in 2011, whose main goals are to guarantee the welfare and veterinary care of sick/old donkeys and mules, that were abandoned or mistreated, or whose owners were unable to take care of for financial or health reasons. The Center intends to be a welfare shelter, where we provide a peaceful, safe and dignified end of life.

The Donkey Shelter Center is supported by the British non-profit organization The Donkey Sanctuary. Besides that, our work is also supported and coordinated by AEPGA (Association for the Study and Protection of Donkeys).

Phone number: +351 925790394(0)

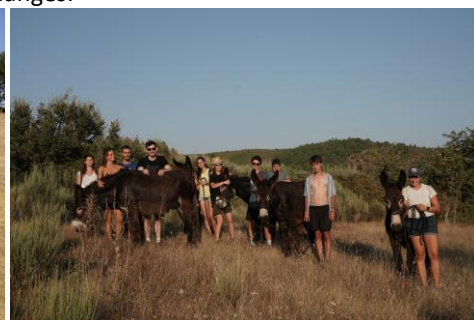
E-mail: centroacolhimentoburro@gmail.com

Website: <http://www.centroacolhimentoburro.pt/>

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

The main goals of this workcamp are the recovery of rural heritage, enhancing the biodiversity of our Center, and promoting the animal welfare of donkeys and their quality of life. We want to enable the discovery of the Miranda Plateau, a unique rural region, rich in natural beauty, biodiversity, culture and traditions. With so aging population in these villages, one of the goals is bringing together the young participants and the local community, therefore promoting intercultural (urban/rural, international/national) and intergenerational (youngsters/ elderly) encounters and exchanges.



Voluntary Work and Tasks of the Camp

- Promote the animal welfare of donkeys - feed the animals and help with their basic care tasks
- Maintenance and improvement of the infrastructure of the donkey shelter
- Dry stone wall rebuilding
- Support autochthonous biodiversity
- Building and placing nest boxes for birds
- Activities to support local community
- Construction of fence
- Creation of materials for the environmental enrichment of spaces designated for donkeys

What the volunteers can Learn in this Camp? (non-formal learning)

Our work team is multidisciplinary, so this workcamp is an opportunity to learn ancient techniques of dry stone wall rebuilding shared by local people, basic care of donkey maintenance with veterinarians, biodiversity conservation with biologists.

Free Time, Leisure Time and Visits preview

For leisure time, there are several activities planned for the participants to get the opportunity to know the beautiful local landscapes, the rich cultural traditions and the local community as: trekking with donkeys, trips through villages, visits to local interpretation center (like visit the Donkey Shelter, the Interpretive Center of Traditional Dovecotes, Miranda donkey improvement center), nationality day - intercultural sharing, birdwatching, cinema nights and traditional games.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

The accommodation is located in Palancar village, geographically included in the Natura 2000 network and Douro Internacional Natural Park, about 6 kms from Miranda do Douro city. Located in a rural area in the northeast of Portugal, very close to the border with Spain, it's a village that suffers aging population problems, which makes these experiences very important for the rural development of this region.

Accommodation/Food (*describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc*)

Basic housing with electricity – with one large room equipped with bunk beds, one living room, WC, and showers with hot water. There is no bar in the village neither a supermarket, but if something is needed, we can easily support the volunteers to get it. Volunteers who want extra privacy can bring camping tents. There's good wifi in the proximity of the accommodation, more precisely at the CAB office, which is in the village.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

The Workcamp will take place in a rural village included in the Natura 2000 Network with less than 10 inhabitants, and most of them are elderly, so it is important that participants have respectful behaviour towards the community and nature. Being a more fragile and isolated population, it is important to assume social behaviour that do not compromise the health and well-being of the community.

Special remarks or requirements of the Camp

INSURANCE *(kind of covers)*

Each workcamp volunteer has a personal accident injury insurance, that includes: Coverage Base (Death; Permanent Disability; Death or Permanent Disability) and Complementary Coverages (Treatment and Repatriation Expenses; Funeral expenses; Absolute Temporary Disability; Temporary Disability due to Hospitalization)

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag; towels; comfortable work clothing (for cold and hot weather); waterproof hiking boots (or similar); sunscreen; waterproof coat.

MEETING TIME AND MEETING POINT

Arrival date:	21/07/2025
Timetable or period:	18:00h to 19:30h
Place Name:	Miranda do Douro Bus Station
Place Address:	Estrada Nacional 218
Emergency contact:	+351 925790394

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Oporto Airport
Closest Train Station:	It's not possible to get a train to the meeting point.

Travelling from the Airport to (bus or train) station

As you go out of the airport, follow the signs for the Subway and take it direction 'Estádio do Dragão' station (purple line, letter E). Then, go down in the stop 'Campanhã'. Go out of the metro station follow the sign to the bus station (TIC – Terminal Intermodal de Campanhã).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From: Porto (Campanhã)
To: Miranda do Douro
Departure and Arrival: 14:15h - 18:30h | 15:00h - 19:25h

Ticket price: 16.00€
Company: Rede expressos
Address: Travessa Passos Manuel, Porto
Phone number: +351 222 005 637
Website: <https://www.rede-expressos.pt/en>

Travelling by Bus from Lisbon to the Meeting point

From: Lisbon (Oriente Bus Station)
To: Miranda do Douro
Departure and Arrival: 11:00h - 18:30h
Ticket price: 23.00€
Company: Rede expressos
Address: Gare do Oriente, R/C Armazém 1, Sala 2
Phone number: +351 218 956 850
Website: <https://www.rede-expressos.pt/en>

Our team is responsible for driving the volunteers from Miranda do Douro to Pena Branca and back (both at arrival/departure and during the workcamp, whenever needed).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

It's not possible to go by train to the meeting point.

Special recommendations

No specific rules of participation will be applicable. It is preferable that one of the 3 indicated languages is spoken.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	€ (Euro)
Weather expected during the camp:	In August, it is very likely to have warm/hot/dry weather; temperatures can get to 35°C during the day, but they generally drop at night to around 10°C.
Local Host organization address:	Antiga Escola Primária de Pena Branca, 5210-172 Pena Branca (Miranda do Douro)
Local Host organization phone:	+351 925790394
Local Host organization email:	geral@centroacolhimentoburro.pt
Local Host contact person:	Emanuel Catarino
Camp Leader Name:	Roberta Colomba Di Fraia
Camp Leader mobile phone:	+351961808709
IPDJ Regional address:	R. Oróbio de Castro, 5300-252 Bragança
IPDJ Regional phone number:	+351 273310600

WORKCAMP CODE	PT-BG-19-25	
CAMP NAME*	Nature Ambassadors III	
DATES	18-08-2025 a 29-08-2025	

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Associartecine is an NGO based in the North East of Portugal, founded in 2003. Associartecine's mission is to support European cinema, as well as young, unestablished directors.

The association discloses and promotes the use of audiovisual channels, organizes workshops, encounters and festivals.

Associartecine believes that cultural activities contribute to the promotion of Nordeste Transmontano region and its people, traditions and valuable culture.

Website: <https://www.associartecine.pt/>

FB page: <https://www.facebook.com/Associartecine/>



WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

Nature Ambassador Workcamp's main goals consist in the promotion of non-formal education among participants and respect for different cultures in an intergenerational environment. We expect this immersive experience to shape participant's beliefs and to improve their tolerance, respect and appreciation for different cultures.

This Workcamp also aims to have a positive impact in the local communities, which will benefit with the close contact with young participants.

The last goal is to promote Parque Natural de Montesinho and its natural heritage, by improving orientation signs in 3 walking routes and by applying techniques which improve coexistence between rural activities and Park's wildlife.

Voluntary Work and Tasks of the Camp

Voluntary work is divided in 3 categories:

- Montesinho Natural Park nature routes improvement – installing and placing orientation and information signs along 3 routes, in order to promote sustainable ecotourism; Realization of Tables and information boards in brown wood
- Coexistence between rural activities and wildlife – installation of electric fences to protect beehives from bear and badger damages, and to protect chestnut orchards from wild boars, red and roe deer damages.
- Community work – local community will make a list of their necessities which the workcamp will contribute to.

What the volunteers can Learn in this Camp? (study part)

Volunteers will have the opportunity to learn multiple skills, namely:

- Tolerance, respect and appreciation for different cultures;
- New languages;
- How to deploy orientation signs on a homologated nature route;
- How to identify flora and animals species;
- Ecosystems functions and services;
- Techniques that allow coexistence between rural activities and wildlife.

Free Time, Leisure Time and Visits preview

Free time will be spent in different places:

- Rivers: Montesinho Natural Park has well preserved rivers, surrounded by lush vegetation. Part of the leisure time will be spent in these places, since August is a very hot month;
- City: Since the workcamp is quite near to Bragança city, some leisure time will take place in the city. The foreseen activities are a tour around the castle and historic centre and visit to the 3 museums: Sefarad, Abade de Baçal and Contemporary Art Graça Morais;
- Nature guided tours: the nature conservation officers will offer the workcamp 2 guided tours around Espinhosela village
- Cinema: a selection of independent directors will be made, according to participant's countries of origin. Movies display will be outdoors and will be open to the participation of local community.

- Board games and music jam sessions will be optional but promoted by Workcamp monitors.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location *(if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)*

The Workcamp will be based in Espinhosela, a village located in the heart of Montesinho natural park, Bragança district, in the Northeastern part of Portugal, near the border with Spain ([41.896854, -6.842691](https://www.google.com/maps/place/Espinhosela,+Portugal/@41.896854,-6.842691,15z)). Montesinho Natural Park is one of the best protected areas of Portugal, where it is possible to find red deer, roe deer, wild boar and healthy population of wolves. Its landscape consists of patches of oak tree forests, with forests and orchards of chestnut trees, which constitute one of the main economic incomes of the local community.

Even though Espinhosela is very rural, it is only 17 km away from Bragança city centre. Most of the population is quite aged, but due to the 4 nature routes that cross the village, there is an influx of tourists in the village. The village has a souvenir shop with local products.

Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

The accommodation will be in a renovated children school, which no longer serves its purpose. It has bathrooms, hot water, an equipped kitchen. There is minimum mobile internet connection.

Meals will be prepared by all the volunteers, taking turns, yet always accompanied by a cook. Breakfast, lunch, afternoon snacks, dinner, and night snacks will be provided.

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

It is a locality with few inhabitants and most of them are elderly, so it is important that participants have respectful behaviours towards the community and nature. Being a more fragile and isolated population, it is important to assume social behaviours that do not compromise the well-being of the community and minimize the risk of contagion by covid-19.

Special remarks or requirements of the Camp

INSURANCE *(kind of covers)*

Each workcamp volunteer has a personal accident injury insurance, that includes: Coverage Base (Death; Permanent Disability; Death or Permanent Disability) and Complementary Coverages (Treatment and Repatriation Expenses; Funeral expenses; Absolute Temporary Disability; Temporary Disability due to Hospitalization).

WHAT VOLUNTEERS HAVE TO BRING

Volunteers have to bring:

- Clothes adapted to a very hot climate and sweatshirt
- Sunscreen
- Working/hiking boots
- Bathing suits
- Towels
- Sleeping bag
- Hat
- Water bottle
- Backpack
- Flipflop

Volunteers may want to bring:

- Board games
- Musical instruments
- Binoculars
- Camera

MEETING TIME AND MEETING POINT

Arrival date: 18 August 2025

Timetable or period: 18h30

Place Name: Central de Camionagem de Bragança

Place Address: Av. João da Cruz, 5300-178 Bragança

Emergency contact: 00351964695442

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)	
Closest Airport:	Aeroporto Sá Carneiro (Oporto city) - https://www.aeroportoporto.pt/pt/opo/home
Closest Train Station:	There is no train service to Bragança
Travelling from the Airport to (bus or train)	
<p>Bus: you can pick up the bus directly from the airport to the meeting point (Bragança). This will be a 3:15 trip. You can check Flixbus (www.flixbus).</p> <p>Metro: there is only one line at the airport, which is “Linha E – Violeta – Aeroporto – Estádio do Dragão – Aeroporto”. You stop at “Campanhã”, where you will find the bus station “Terminal Intermodal da Campanhã”.</p> <p>Bus: the best bus option is to catch a shuttle, which will take you directly from the airport to the bus station “Terminal Intermodal da Campanhã”. You can check schedules here https://www.getbus.eu/pt/</p> <p>Associartecine’s monitors will pick up volunteers from “Central de Camionagem de Bragança” to the workcamp location.</p>	
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	
<p>Porto: from “Terminal Intermodal da Campanhã” you can take two companies: Rede Expressos (https://rede-expressos.pt/en) or Flixbus (www.flixbus). It will be a 3:15 hour trip.</p> <p>Lisbon: from Lisboa: from “Estação do Oriente” you can take two companies: Rede Expressos (https://rede-expressos.pt/en) or Flixbus (www.flixbus). It will be in minimum a 6:30 hour trip</p> <p>Associartecine’s monitors will pick up volunteers from “Central de Camionagem de Bragança” to the workcamp location.</p>	
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	
There is no train service in Bragança.	
Special recommendations	
Have a charged cell phone with you in case there’s a delay and you need to contact us.	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	Portuguese, Italian, English
Country currency:	Euro €
Weather expected during the camp:	Very hot and dry during the day (expect temperatures to go above 30°C, nights may be colder (best to bring a warm layer)
Local Host organization address:	Antiga Escola Primária de Caçarelhos, 5230-090 Caçarelhos
Local Host organization phone:	00351964695442
Local Host organization email:	associartecine@gmail.com
Local Host contact person:	Laurent Vilaça
Camp Leader Name:	Roberta Colomba Di Fraia
Camp Leader mobile phone:	+351961808709
IPDJ Regional address:	Rua Orobio de Castro, 5300-220
IPDJ Regional phone number:	00351273310600

WORKCAMP CODE	PT-BR-03-25	
CAMP NAME*	Guardians of Nature	
DATES	21/07/2025 to	31/07/2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



CAISA – Cooperativa de Artes, Intervenção Social e Animação, C.R.L.

CAISA is a non-profit organization in northern Portugal, working in education, culture, social, health, and environmental areas, reaching diverse populations of all ages and backgrounds. Its departments include:

- **Education:** TOCA - Performing Arts Academy (6–65 years), Curriculum Enrichment Activities (400 students), and Teófilo Braga Senior University.
- **Culture:** CLAV - Artistic Lab, hosting national music projects, and festivals like Eco Fest and Peles International Drum Fest.
- **Social:** Support for 200+ seniors, a caregiver support office, and social monitoring services.
- **National/International Projects:** Volunteer initiatives with IPDJ, ESC, and Erasmus+.
- **Health:** Home care services, nursing, psychological support, and CECA - a center for neurological disorders.

CAISA promotes inclusion through arts, education, and community engagement.

Visit us at: www.caisa.pt

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Increase environmental awareness among participants, Clean and restore the natural areas of the territory, Promote interculturality and cooperation among young people, Empower young people to become agents of environmental change and Leave a positive and measurable impact on the area.

Voluntary Work and Tasks of the Camp

Participate in awareness sessions on biodiversity and environmental preservation, and in guided tours to explore the region's natural heritage. Remove solid waste from the banks of the Pele River and adjacent areas. Participate in clearing waterways and controlling invasive species. Share cultural practices and traditions from participants' countries of origin. Create a commemorative mural to mark the international camp. Engage in group dynamics and intercultural activities to foster teamwork. Engage in practical workshops on recycling, composting, and the circular economy. Collect 12 kg of waste and identify areas for future interventions.

What the volunteers can Learn in this Camp? (study part)

Volunteers will gain valuable knowledge and skills in environmental conservation, including biodiversity preservation, waste management, and controlling invasive species. Through workshops, they will learn practical techniques such as recycling, composting, and circular economy practices. Guided tours and awareness sessions will deepen their understanding of the local natural heritage and ecosystems.

Additionally, volunteers will enhance their intercultural communication and teamwork skills through group dynamics and cultural exchange activities.

Free Time, Leisure Time and Visits preview

Volunteers will have opportunities to relax and socialize through various leisure activities, such as sports, outdoor games, and cultural evenings featuring music, dance, and traditional gastronomy. Planned visits include:

- **Exploration of Local Heritage:** Guided tours of the Serra da Curviã and key landmarks, showcasing the region's natural beauty and cultural history.
- **Visit to the CLAV - Centro e Laboratório Artístico de Vermil:** A creative space for artistic exploration and interaction with local artists.
- **Day Trip to Nearby Attractions:** Exploring iconic locations in Guimarães.

These moments will provide volunteers with cultural enrichment, relaxation, and opportunities for building strong connections within the group.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Location and Setting: The camp is located in the parish of Vermil, in the municipality of Guimarães, a predominantly rural area in northern Portugal. Surrounded by natural landscapes such as green hills and agricultural fields, the site provides a serene and welcoming environment, ideal for activities connected to nature.

Accessibility: Vermil is situated approximately 8 km from the historic center of Guimarães, a UNESCO World Heritage Site. The area is easily accessible by road, with Guimarães train station just a 15-minute drive away. The nearest airport, Francisco Sá Carneiro Airport in Porto, is about 50 km away.

Population and Surroundings: The parish of Vermil is home to around 1,200 inhabitants who live in a peaceful, rural environment. The local community is known for its hospitality and strong ties to traditional and agricultural activities. The region is also close to cultural and historical landmarks, such as the Guimarães Castle and Penha.

Geo-Referencing and Coordinates: The camp is located approximately at **41.4357° N, 8.3123° W**, offering scenic views of the Minho region's rural landscape while maintaining proximity to urban areas and historical sites.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The accommodation is located in a former primary school, beautifully transformed into a space dedicated to artistic residencies and hosting young volunteers. The facility includes **five bedrooms**, with a mix of double and triple rooms, divided by gender, ensuring privacy and comfort. Additionally, it features multiple bathrooms, a cozy living room, a fully equipped kitchen for meal preparation, and reliable internet access. The property also offers an outdoor area for leisure and group activities.

The accommodation is equipped with several bathrooms to cater to the needs of all participants, ensuring hygiene and convenience.

Participants will enjoy **four meals daily**: breakfast, lunch, an afternoon snack, and dinner. Meals are prepared collaboratively by the youth and a cook from the hosting institution, fostering teamwork and a shared culinary experience.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- 1. Respect for Others:** Treat all participants, staff, and local community members with respect and kindness. Bullying, discrimination, or any form of harassment will not be tolerated.
- 2. Participation:** All participants are expected to engage actively in scheduled activities and contribute to group tasks, including meal preparation and cleaning. Attendance at group meetings and activities is mandatory unless otherwise agreed upon with the organizers.
- 3. Curfew and Quiet Hours:** Quiet hours are from **23:30 PM to 7:30 AM**, ensuring adequate rest for everyone. Participants must remain within the camp premises after curfew unless authorized by camp staff.
- 4. Hygiene and Cleanliness:** Keep personal and shared spaces clean and tidy. Follow the scheduled cleaning rota for common areas, including the kitchen and bathrooms.
- 5. Meal Preparation and Dining:** Meals are prepared collaboratively, and all participants are expected to take part in cooking and cleaning duties. Waste should be disposed of responsibly, following recycling guidelines.
- 6. Use of Facilities:** Handle all equipment and facilities with care. Any damages should be reported immediately to camp staff. Internet access is available but should be used responsibly.
- 7. Alcohol, Smoking, and Substances:** Consumption of alcohol and use of illicit substances are strictly prohibited on camp premises. Smoking is allowed only in designated outdoor areas.
- 8. Safety and Security:** Participants must inform staff if they leave the premises for any reason. Follow all safety instructions during activities and report any concerns promptly.
- 9. Personal Belongings:** Each participant is responsible for their personal items. The camp is not liable for lost or stolen belongings.
- 10. Conflict Resolution:** Any disputes should be addressed respectfully and brought to the attention of camp organizers if necessary.

Special remarks or requirements of the Camp

- 1. Health and Safety:** Participants must inform the organizers of any medical conditions, allergies, or dietary restrictions prior to arrival. A first aid kit is available on-site, and staff are trained to respond to basic medical needs.
- 2. Clothing and Equipment:** Bring comfortable and weather-appropriate clothing, including sturdy shoes for outdoor activities. A personal water bottle, sunscreen, and insect repellent are highly recommended.
- 3. Contribution to Activities:** Participants are expected to actively contribute to group tasks, including meal preparation, cleaning, and scheduled activities. Enthusiasm, teamwork, and a positive attitude are key to a successful camp experience.
- 4. Cultural Sensitivity:** The camp is located in a rural area with a welcoming but traditional community. Respect for local customs and traditions is essential.
- 5. Eco-Friendly Practices:** The camp encourages sustainable practices, such as minimizing waste, recycling, and conserving water and energy. Participants are encouraged to adhere to these principles.
- 6. Communication and Internet:** While internet access is available, participants are encouraged to prioritize personal interaction and engagement over screen time.
- 7. Arrival and Departure:** Participants must confirm their arrival and departure times in advance.
- 8. Open Mindset:** Above all, participants should arrive with an open mind, ready to learn, share, and grow through collaboration and cultural exchange.

INSURANCE (kind of covers)

Death; Permanent Disability; Medical Expenses; Funeral Expenses; Civil Liability; Prosthetics and Orthotics; Travel Assistance.

WHAT VOLUNTEERS HAVE TO BRING

It's hot in Portugal in July so make sure you wear fresh clothes and shoes. If you want to go to the river or swimming pool, don't forget your swimwear. Your medicines if necessary. Your documents: *Passport or ID card *European Health Insurance Card (or

travel insurance). Sleeping bag, bath and face towels, personal hygiene products. The widest smile you have and good mood.

MEETING TIME AND MEETING POINT

Arrival date:	21/07/2025
Timetable or period:	From 2 to 7pm
Place Name:	CLAV
Place Address:	Rua das Almas, nº 99, 4805-549 Vermil, Guimarães
Emergency contact:	+351919621623

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Francisco Sá Carneiro, Oporto Airport
Closest Train Station:	Guimarães or Famalicão

Travelling from the Airport to (bus or train)

By Bus: From **Francisco Sá Carneiro Airport (Porto)**, take a bus to Guimarães. Several companies operate this route, with travel times of approximately **1 hour**. Once in Guimarães, local transportation (bus or taxi) can take you to Vermil.

By Train: From the airport, take the **metro (Line E)** to **Campanhã Station** in Porto (approximately 30 minutes). At Campanhã, board a train to **Guimarães**. The train journey takes about **1 hour and 15 minutes**. From Guimarães train station, local buses or taxis can reach Vermil in around 15 minutes.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From Lisbon: Take a bus from **Lisbon (Sete Rios or Oriente station)** to **Guimarães**. The journey takes approximately **4.5 to 5 hours**, depending on the service. Once in Guimarães, you can reach the meeting point in Vermil by local bus or taxi (around 15 minutes).

From Porto: From Porto, buses to **Guimarães** depart from **Airport** or from **Campo 24 de Agosto station**. The trip takes about **1 hour**. After arriving in Guimarães, continue to the meeting point in Vermil via local transport or taxi.

From Faro: Buses from **Faro** to Guimarães require a connection in Lisbon. First, take a bus from Faro to Lisbon (approximately **3 hours**).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From Lisbon to Vermil: Take a train from **Lisbon's Gare do Oriente** or **Lisbon's Santa Apolónia** station to **Famalicão**. The most common route is through the Alfa Pendular or Intercidades services. **Connection:** From Famalicão, you will need to take a local bus or taxi to Vermil, as there is no direct train service to Vermil. *Train Duration:* Approximately 3-4 hours (Lisbon to Famalicão). *Bus/Taxis:* The ride from Famalicão to Vermil takes about 20-30 minutes.

From Porto to Vermil: Take a train from **Porto's São Bento Station** or **Porto Campanhã Station** to **Famalicão**. **Connection:** Similar to Lisbon, you will need to take a bus or taxi from Famalicão to Vermil. *Train Duration:* Around 1 hour.

From Faro to Vermil: First, take a train from **Faro** to **Lisbon** (either from **Faro Station** or **Olhão**). **Connection:** Then follow the Lisbon to Famalicão route. *Train Duration:* Approximately 5-6 hours (Faro to Famalicão).

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny, 25 to 35º degrees.
Local Host organization address:	Rua das Almas, nº 99, 4805-549 Vermil, Guimarães
Local Host organization phone:	+351 927549187
Local Host organization email:	geral@caisa.pt
Local Host contact person:	Sílvia Oliveira
Camp Leader Name:	Sílvia Oliveira
Camp Leader mobile phone:	+351 919621623
IPDJ Regional address:	Antiga Estação de Comboios Av. D. João IV Urgeses 4810 - 534 Guimarães
IPDJ Regional phone number:	+351 253 527 227

WORKCAMP CODE	PT-BR-10-25	
CAMP NAME*	Live Nature Live Together 2025	
DATES	2/8/2025	13/8/2025

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

SYAJ – Associação Juvenil SYnergia is a dynamic and proactive association, with a strong will to work and grow. We are a multidisciplinary team, with the aim to promote events and develop projects for young people in Braga, maintaining a close relationship with the whole community but always open to European awareness. We try to valorize every day young people, through sport and social culture activities, challenging everyone to join us. We are involved in several projects, with the support of numerous volunteers, who bring us the best of what they do. We tried to work on several fronts, assuming primary responsibility for the integration of all young people, with special attention to those who typically have more difficulty in accessing activities. We have several projects focusing on various areas: Urban

Design Arts, Web TV, Web Radio, Office Project Support, Psychological Support Office, European Projects, Academy Synergia, Synergia Space and TOCA (Associative and Cultural Office for Associations). www.synergia.pt

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

CTI Live Nature Live Together 25 is an initiative focused on promoting the 2030 Sustainable Development Goals, with a special focus on environmental preservation and social inclusion. The project aims to involve the Braga district community in various actions that address both ecological and social issues, with a strong volunteer component.

Among the main objectives of the district network, the following stand out:

- Promotion and development of social inclusion activities;
- Environmental awareness and combating climate change;
- Distribution of ecological material and gadgets;
- Increased awareness about the impact of single-use plastic on the forest and marine environment;
- Creation of an international and district network of young people to guarantee impact and sustainability of the proposed challenge

Voluntary Work and Tasks of the Camp

The environmental awareness actions proposed by CTI Live Nature Live Together 25 are diverse and encompass a wide range of activities with the aim of raising awareness, involving and educating the population of the district of Braga about the importance of environmental sustainability and social inclusion. The initiatives target both environmental and social issues, creating opportunities for dialogue and active participation of communities, especially young people, including minority groups

- Public Campaigns;
- Actions to combat the use and contamination through plastic, through cleaning of forest areas, beaches and forests around them;
- Creation of leaflets and videos on the theme for dissemination of the environmental message;
- Organization of inclusive Cultural and Sporting Events;
- Actions to encourage the reduction of emissions and toxic waste, with the realization of group tours in the communities of Braga district and in some communities of the network created online;
- Organization of creative and recreational activities in public transport;
- Creation and distribution of environmentally friendly ashtrays;
- Meeting with groups of minority youth through existing SYnergia projects and partner institutions;
- Involvement of minority youth through traditional games, theater and music activities, sports tournaments, etc.;
- Creation of Laboratories for Planning of awareness-raising campaigns and community interventions;
- Realization of Leisure activities and Visits, namely Bom Jesus, Sameiro, Guimarães Castle, canoeing in the Póvoa de Lanhoso, Visit to the Penha in Guimarães;

What the volunteers can Learn in this Camp? (study part)

- Young people will have a greater awareness of the impact of plastic use on the environment
- They will participate in actions to combat the use and contamination by plastic, through the cleaning of forest areas, beaches and surrounding woods they;
- They will learn to create and distribute environmentally friendly ashtrays;
- They will participate in awareness-raising actions where they themselves can convey their ideas

Free Time, Leisure Time and Visits preview

Realization of Leisure activities and Visits, namely Bom Jesus, Sameiro, Guimarães Castle, canoeing in the Póvoa de Lanhoso, Visit to the Penha in Guimarães;

- Realization of Intercultural Nights with gastronomy, dance, cinema, etc.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

Accommodation Adress: Camping Braga, Portugal, N101 12, Braga

The Braga municipal camping and caravanning park is located in the south of Braga's urban park, Parque da Ponte, in a leisure area within a sports complex, with the same name and adjacent to the Picoto urban park. It offers spaces with excellent shade and is, due to its location, a privileged place to explore the surrounding city with all its architectural and historical splendor. Characteristics: This place, which provides us with tranquility, practically in the city center, with its surroundings of sports and leisure areas, where you can enjoy the magnificent panoramic view over the city of Braga from the Picoto urban park



Project Adress

Centro de Artes e Desporto Inclusivo

Praça Dr. Francisco Araújo Malheiro, 4715-029 Braga



Accommodation/Food *(describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)*

Accommodation: Braga Camping - Individual Camping Tent and shared bathrooms

Food: 5 meals (breakfast, lunch and dinner and coffe breaks)

CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Young people between 18 and 30 years, who speak English and want to work.

People that are interested in the environmental protection and in social inclusion as well as helping to bring awareness to this problematic.

Special remarks or requirements of the Camp

Youngsters full of energy and willing to do crafty and handy work and to step out of their comfort zone.

INSURANCE *(kind of covers)*

personal accident insurance policy that includes coverage in case of death, permanent disability, treatment expenses, funeral expenses and repatriation

WHAT VOLUNTEERS HAVE TO BRING

Camping blanket, comfortable clothing, shoes, boots, work clothes, pyjama, beach towels, bathing suit, shower slippers, bath towel, sporting equipment, informative material about their country (maps, flags or leaflets etc..) and traditional food and drinks

MEETING TIME AND MEETING POINT

Arrival date:	2/8/2025
Timetable or period:	Day 2/8/2025 until 2pm
Place Name:	Braga Camping Park
Place Address:	Portugal, N101 12, Braga
Emergency contact:	+351918067944

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Porto Airport
Closest Train Station:	Estação Ferroviária de Braga

Travelling from the Airport to (bus or train)

Participants must take a plane to Sá Carneiro airport, in Porto, and then come by bus from the airport to Braga. Available bus companies: Getbus - ticket price is €10 (<http://getbus.eu/>); Flixbus - ticket price is €5 (<https://www.flixbus.pt/>) This is the cheapest and easiest way, as there are buses right outside the airport
If you wish to travel by train, you must: Take the metro to Campanhã station and then take the train to Braga (<https://www.metroporto.pt/>; <https://www.cp.pt/passageiros/pt>)

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

When traveling by bus, you should get off at the last stop, Braga Bus Station. The meeting point will be there.
Braga Bus Station 2th of August 2025 at 2pm

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Braga Bus Station 2th of August 2025 at 2pm

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Hot weather (24º to 27º)
Local Host organization address:	Centro de Artes e Desporto Inclusivo, Praça Dr. Francisco Araújo, Malheiro, 4715-029 Braga
Local Host organization phone:	+351918067944
Local Host organization email:	presidente@synergia.pt
Local Host contact person:	Ricardo Sousa
Camp Leader Name:	Ademar Correia
Camp Leader mobile phone:	965736683
IPDJ Regional address:	R. de Santa Margarida n. 6, 4710-306 Braga
IPDJ Regional phone number:	+351 253 204 250

WORKCAMP CODE	PT-BR-12-25
CAMP NAME*	Ecofestival Mother Earth
DATES	12/07/2025 to 23/07/2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

YUPI, Association for Social and Community Development works with young people since 2007 on youth mobility, entrepreneurship, volunteerism and international cooperation. Activities are geared according to the values of democracy, active participation, cooperation and equal opportunities. The objectives of our work with young people between 14 and 30 years are to promote youth mobility and consciousness of belonging to Europe, encouraging personal and social development of young people, a logic of social inclusion, provide information and training for young people to increase their levels of assets, the company aware and committed to promoting their empowerment and autonomy, support initiatives and projects of cooperation, solidarity and youth entrepreneurship. Thus, YUPI performs and participates in international exchanges, sending young people to training courses on various topics of personal and professional development and promotes an exchange of youth volunteering - Time4U - for young people to develop projects of social, organizational and personal. www.yupi.pt

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

It is extremely important to hold events that involve families in raising awareness of environmental and climate issues, teaching them, through a family and playful environment, practices that can be applied on a daily basis to make life more respectful of the environment and the planet's integral health, and more sustainable.

In this regard, a group of local associations in Fornelos (municipality of Fafe) has been organizing the Terra Mãe Ecofestival for a number of years in order to invite families to take part in leisure, knowledge and social activities around environmental issues and personal development, under the slogan "Three days to change the world, three days to change your life". This festival takes place only with the mobilization of volunteers who set up all the structures, spaces, recovering spaces in nature for sustainable use, preparing workshops, concerts and other workshops for children and adults, in a festival aimed at the whole family. During the festival, participants will have the chance to meet different people, prepare workshops but also engage in other workshops from dances, meditation, arts, communication, education, gardening and many other subjects related to ecology and personal development, but also take part in the concerts and dj sets that happen during the evening and night, discovering world, folklore and indie music from different regions of the world. The Ecofestival <https://www.facebook.com/terramaeecofestival> plays an important role in community life and local development in what concerns awareness raising on ecology and sustainability and it is nominated in 2025 for Best Small Festival, Best Cultural Programme, Contribution to Sustainability and Best Venue (Quinta do Minhoto) pelos Iberian Festival Awards 2025.



Voluntary Work and Tasks of the Camp

The tasks are as described: to maintain and increase an organic, educational and community garden; to implement the aromatic garden and create spaces and dynamics to support activities and workshops with children and families as part of the Terra Mãe Ecofestival; to build composters for organic recycling (for the Ecofestival and for awareness-raising workshops); to recover 6 dry toilets for use at the Festival; to recover spaces for leisure and socializing among families at Quinta do Minhoto; to support the workshops and concerts happening at the Ecofestival, ensuring security of the spaces, hosting artists and other tasks related to the festival.

What the volunteers can Learn in this Camp? (study part)

Volunteers can learn about event organization, social skills and specific knowledge on bricolage, ecology, permaculture, DIY techniques, organic recycling, natural cosmetics, different learning opportunities depending on the workshops on ecology and personal development chosen, local/rural culture in Portugal.

Free Time, Leisure Time and Visits preview

It is planned a visit to Guimarães (20minutes distance) to discover its wonderful historic and cultural heritage as a foundation city of Portugal and a visit to the Laboratory of the Landscape to understand their projects on biodiversity and ecology in this region. We offer different visits to the river and the dam of Queimadela, which are beautiful natural places that embrace biodiversity and invite for relaxation and fun. We also plan workshops on natural cosmetics where participants will prepare their own soaps, tooth paste and lip balm to use only-natural products (non-toxic) during the workcamp; we will prepare a temascal experience (sauna in nature) next to the river which is a very impactful activity and different intercultural activities and presentations of gastronomy, dance and other forms of tradition will be asked from participants and also shared by the organization.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)



It is a very natural place by the river, but with all conditions for camping, hygiene (dry toilets and showers). It is located in Fornelos at the Quinta do Minhoto (<http://quintadominhoto.com/>), in a rural place in the north of Portugal (Fafe city, 20 minutes from Guimarães city centre and 50 minutes from Guimarães to Porto airport). From the camp location, participants can easily reach small shops to get personal items, a cafe and a church. It is also possible to reach on foot the city centre of Fafe (25 minutes walking), where more services can be found.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be living in tents (for individuals or two people) in a part of the Farm with available hot and cold showers and dry toilets. A kitchen complex is an indoor building where participants will have breakfast, lunch and dinner. Snacks in the morning and in the afternoon will be displayed for those who want in the outdoor space of the kitchen. The kitchen complex has an “electrical corner” to plug devices for charging, but we highly recommend participants to go offline or reduce the use of digital devices to take as much from the experience as possible. There is no internet in the place as we are in the middle of the nature.

Meals for mostly vegetarian and in some meals, we can offer fish (if having meat is very important for you, please be aware to choose another workcamp).

Participants can wash their clothes the manual way and dry it to the sun (we will provide natural soap and conditions for it).

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Young people have to participate in activities concerning the functioning of the Camp, meet schedules, follow the guidance of tutors, assist in cleaning of spaces used, participate in the planned activities, meet colleagues and work in team for the completion of the tasks assigned, participate in leisure activities. The absence of the workcamp for any reason must be requested and authorized by those responsible.

In the season of the workcamp, no fire can be set up, exception to prepared and authorized locations. There will be designated places for smoking and/or for leaving the cigarette ends. If drinking alcohol at own expenses, we invite for a conscient behaviour (in respect of own limits, in respect of others and the environment).

Special remarks or requirements of the Camp

Sleeping in tents for 10 days can be a tough experience, come with open mind for a natural, simple and enriching experience (you will be surprised if you are willing to make that challenge and also be more distant from mobiles or computers).

INSURANCE (kind of covers)

Insurance covers personal accidents due to the workcamp activities (but also under leisure and free time). Participants need to follow instructions and be aware when using instruments that might harm them and others, keeping safety rules and distances. The participants are also insured with Third Party Liability, which means that in case any participant breaks any material with the correct utilization or harms another person (by accident and with respect of rules of safety), the costs will be covered by the insurance.

WHAT VOLUNTEERS HAVE TO BRING

In this season of the year, weather in PT usually is hot and dry. Average temperatures are around 24-30 °C. But for evenings and nights, please be aware that we are next to the river and it gets very humid and cold feeling so please bring extra warm clothes.

Bring personal hygiene Kit considering natural products (if you don't have, we will produce it during the workcamp), beach and bath towel, swimsuit, sleeping bag, individual flashlight, boots and casual footwear, slippers, work clothes, warm clothing, waterproof, hat, sunscreen, personal documents (European health card, identification card or passport), drink and food for the night intercultural, traditional music and traditional instruments, personal medication. Please, also make sure you have enough of any medication you may need e.g. asthma inhaler and that you have, inform us of any health problems, allergies and special needs. All food and accommodation during the camp is covered, however, you may wish to bring along some extra money for your free time and souvenirs.

MEETING TIME AND MEETING POINT

Arrival date: 12th July 2025

Timetable or period: 16h

Place Name: Bus station in Guimarães

Place Address: Alameda Dr. Mariano Felgueiras, Central rodoviária de Guimarães

Emergency contact: +351965413471

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport: Porto airport (Francisco Sá Carneiro)

Closest Train Station: Guimarães train station

Travelling from the Airport to (bus or train)

From the airport of Porto, participants can travel with the transfer bus that goes directly to Guimarães bus station (in 50minutes). The company name is getbus and tickets and schedule can be checked at getbus.eu. The ticket costs 9€ for one way or 16€ for both ways. From the bus station in Guimarães, all participants will be picked up.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From bus, participants can check for different companies (<https://rede-expressos.pt/pt>, <https://www.flixbus.pt/>) and there are several buses to Guimarães bus station from Lisbon, Porto or Faro. Prices vary depending on the travel, but please check the websites.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

From train, participants can easily reach Guimarães train station and check in the website www.cp.pt. for schedule and prices. If booked with 3 weeks in advance (or more), tickets can be under promotion (for intercity trains but not the fast “alpha” trains). From the train station, it takes 10minutes walking to the bus station of Guimarães, where we will pick up all participants.

Special recommendations

Bring any personal medication, your European health card and please inform us of any medical or special need (if we are informed of any physical or mental health challenge, we can better prepare ourselves and support you in case of need)

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English, Portuguese
Country currency:	Euro
Weather expected during the camp:	In this season, weather in PT usually is hot and dry. Average temperatures are around 24-30 °C, but please be aware that nights especially cold/humid by the river (bring warm clothes for the night). It can rain.
Local Host organization address:	Rua de Paçô 90, 4820-428 Fernelos, Fafe
Local Host organization phone:	+351 965 413 471
Local Host organization email:	geral@yupi.pt
Local Host contact person:	Mariana Marques
Camp Leader Name:	Mariana Marques
Camp Leader mobile phone:	+351965413471
IPDJ Regional address:	R. de Santa Margarida 6, 4710-306 Braga
IPDJ Regional phone number:	+351 253 148 682

WORKCAMP CODE	PT-CB-07-25	
CAMP NAME*	Hands On	
DATES	01/July/2025	12/July/2025

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Associação Belmonte em Movimento is a youth association with social activities. Founded in 2007, Associação Belmonte em Movimento is located in the municipality of Belmonte, district of Castelo Branco. Dedicated to social, cultural and recreational activities. Currently, it runs a social store to distribute food, clothing and furniture to needy families. The association also offers an office for psychological support. In the cultural area, it promotes popular festivals in Belmonte.



WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

HANDS ON is a camp where young people acquire social skills, learn and practice Social Thinking in a supportive environment. All campers participate daily in a social group dedicated to organizing and distributing clothing and essential goods to families in need and also supporting children in spending their vacation time, which focuses on the social learning of concepts necessary for everyday life. Campers work hard to achieve camp goals but also to identify their own social goals and to try new strategies as they navigate the week at camp. HANDS ON focuses on teaching campers how to think and solve problems in social situations rather than relying on cues or changes in the external environment around the camper. This allows the camper to gain more confidence and true understanding of concepts. Our counsellors have been with us for over 4 years and come from different careers including general education, special education, social work, licensed professional counselling, and even finance.



Voluntary Work and Tasks of the Camp

Counsellors support campers in the practice of social learning during camp activities, including participation in social volunteering actions. Specifically, volunteers will have to carry out two types of tasks in rotating groups. Under the supervision of the leaders, volunteers are expected to support summer activities (water holidays) for children aged between 4 and 10 years old. Under the supervision of the monitors, volunteers are expected to select, organize and distribute clothes, footwear and toys from the social store to the disadvantaged people. Additionally, we have prepared a diary of cultural and sporting activities to make the experience unforgettable.

What the volunteers can Learn in this Camp? (study part)

We offer a practical learning experience. Experiential learning in the field is fundamental to young people's personal formation, and education in the field is the signature pedagogy of social work. Hands on offers the opportunity for young people to experience supporting those most in need.

We believe that participation in this field can be a valuable means for young people and a contribution to personal and professional growth.

The volunteers will learn about Portugal, and our region, social work and the principles of solidarity

Free Time, Leisure Time and Visits preview

In the free time the volunteers will be able to perform sport activities, outdoor walks, travel de region and take part in social volunteer work. Hiking, visit to Serra da Estrela and the region, concerts of traditional music, workshop on products and local culture.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The camp is placed in Belmonte Village. Belmonte is located in a rural area close to the cities of Covilhã and Guarda, the population of Belmonte is 3000 inhabitants.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The accommodation will be provided in an local housing or similar, equipped with bathroom, and daily meals will be provided with Mediterranean food, and diet food will be also available. Internet available.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Internal rules of the Camp

- 1º “Hands on” Camps have a zero tolerance policy on any drug, tobacco, alcohol, or vaping use.
- 2º “Hands on” Camps and its staff will not tolerate any bullying, hazing or like behaviour that endangers the health and well being of another camper.
- 3º Be on time to all camp activities.

Special remarks or requirements of the Camp

INSURANCE (kind of covers)

Personal accident insurance-DEATH OR PERMANENT DISABILITY TREATMENT AND REPATRIATION EXPENSES FUNERAL EXPENSES; TEMPORARY ABSOLUTE INC. (DAILY)

WHAT VOLUNTEERS HAVE TO BRING

Personal use equipment: Comfortable clothes and shoes. Sun hat. Beach slippers. Swim suit. Beach towel. Sunglasses. Sunscreen cream.

MEETING TIME AND MEETING POINT

Arrival date:	01/07/2025
Timetable or period:	All day
Place Name:	Associação Belmonte em Movimento
Place Address:	Rua Pedro Alvares Cabral, 2 6250-085 Belmonte
Emergency contact:	351964520760

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Lisbon airport
Closest Train Station:	Oriente Station

Travelling from the Airport to (bus or train)

Lisbon Airport (LIS) to Oriente station

The closest train station of Lisbon Airport is Oriente Station (Gare do Oriente), which is also the main train station of Lisbon and the busiest of Portugal. It is located at roughly 4 kilometres from Lisbon Airport. From Oriente Station you may get to other Portuguese cities.

There are a several options that may help you getting to Oriente Station: Metro The fastest and most convenient mean to Oriente Station, simply and clear. Take the metro at Terminal 1 and take off at Oriente metro station. Total trip time is 10 minutes. Taxi Even it is the most expensive mean of transport to Oriente Station, it is the suitable choice. Trip time is about 10 minutes. Cost: € 5.84. Bus By bus will take you longer to reach Oriente Station compared to the other options showed above. Bus lines 208, 705 and 744 stop at Oriente Station.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

The journey time between Oriente station and Belmonte is around 4h 36m and covers a distance of around 355 km. This includes an average layover time of around 1h. Operated by Expresso (BUS), the Lisbon Airport (LIS) to Belmonte service departs from Lisboa- Oriente and arrives in Ginjal. Typically three services run diary, although weekend and holiday schedules can vary so check

in

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

The journey time between Oriente Station (LIS) and Belmonte is around 3h 36m and covers a distance of around 355 km. This includes an average layover time of around 1h. Operated by CP- Comboios de Portugal (train), the Lisbon Airport (LIS) to Belmonte service departs from Lisboa- Oriente and arrives in Ginjal. Typically three services run daily, although weekend and holiday schedules can vary so check in advance. The ticket costs approximately 10 euros by bus. (Price for young people)

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	euro
Weather expected during the camp:	Summer time
Local Host organization address:	Associação Belmonte em Movimento
Local Host organization phone:	351275082260 - 351964520760
Local Host organization email:	abelmontemovimento@gmail.com
Local Host contact person:	António Luís Nave D´Elvas
Camp Leader Name:	António Luís Nave D´Elvas
Camp Leader mobile phone:	351964520760
IPDJ Regional address:	Rua Dr. Francisco José Palmeiro - 6000 Castelo Branco
IPDJ Regional phone number:	(+351) 272 348 000 mailcbranco@ipdj.pt

WORKCAMP CODE	PT-EV-06-25	
CAMP NAME*	For Climate 5.0	
DATES	7 July 2025	18 July 2025

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Marca-ADL is a non-profit association, with headquarters in Montemor-o-Novo, district of Évora. It aims to promote qualified development of Montemor-o-Novo municipality in particular to support actions in the social & cultural sphere, environmental preservation and enhancement of natural and human heritage, entrepreneurship and support for business creation and quality services. Environmental and heritage concerns were at the root of the creation of the MARCA ADL, that currently has the legal status equivalent to Environmental Non-Governmental Organization ENGO.

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

Following the work that Marca ADL has been developing over the past years on the themes of Climate Change, Sustainability, and Green Economy, this year we intend to work on these themes together, building a perspective on the issue of water resources management and biodiversity as a solution.

- 1) Raise awareness about the importance of youth mobilization and participation in solving local and global problems;
- 2) Promoting youth participation and involvement in environmental and social issues, in particular in the management of water resources and biodiversity;
- 3) Reflect on the causes and consequences of climate change and ways to act as citizens, particularly in terms of managing water resources and biodiversity;
- 4) Reflect on the importance of autochthonous flora species for biodiversity and management of water resources
- 5) To support Marca in setting up and maintaining a nursery of Mediterranean flora species
- 6) Promote reflection on sustainable behaviours, tools that help these behaviours, namely in terms of consumption and their impacts on the management of water resources and biodiversity.

Voluntary Work and Tasks of the Camp

- 1) Collection and sorting of native plant seeds, which will be used to create micro-reserves;
- 2) Cleaning up watercourses, controlling reeds and other necessary biophysical engineering interventions.
- 3) Nursery maintenance work - In order to ensure the normal functioning of our nursery, the participants will carry out a variety of tasks, including weeding the plants in production, transplanting plants into pots with a larger capacity, watering the mother plants, sowing seeds, reorganizing the space and other tasks that are relevant to the normal functioning of the nursery, thus guaranteeing the survival of the plants in production.
- 4) Practical workshop on sustainability and changing behavior.
- 5) Practical workshop on water management.
- 6) Walking Tour - Montemor-o-Novo;
- 7) Intercultural and Games Night - Sharing cultures and traditions;
- 8) Debates/Conversations on different themes: Climate Change;
- 9) Support in the logistical work of preparing and relocating our nursery.
- 10) Zero Waste Cleaning Activity in urban areas. In this activity participants will clean urban areas without producing more waste, like plastic bags.



What the volunteers can Learn in this Camp? (study part)

Participants will acquire theoretical and practical knowledge on:

- Climate Action: how to deal with climate change impacts in a natural and rural environment on the Mediterranean area;
- Nature conservation & green business's: how can we use nature, benefiting both local communities and natural environment;
- Water resources management: how water is managed in our community, under the Mediterranean context and that as suffered impacts from severe droughts and flash floods events;
- Autochthones flora species: the importance for biodiversity and water management in rural and urban areas
- Citizen role and participation: how can we contribute to a more sustainable communities capable of tackling climate change impacts - our role and behaviour as consumers.
- More about cultural heritage in Alentejo region, traditions and handicrafts.

Free Time, Leisure Time and Visits preview

- Visit to Évora - World Heritage Site;
- Walking Tour - Montemor-o-Novo | To know the castle and the city
- Cultural night - Sharing cultures and traditions;
- Arts and crafts workshop with natural materials

- Construction of rafts with plastic bottles - Team games – Barragem dos Minutos (Montemor-o-Novo)
- Going to the municipal swimming pools and Arrabida beach;
- Local gastronomy workshop - Enhancement of local products and the territory.
- Visit to a sustainable business.

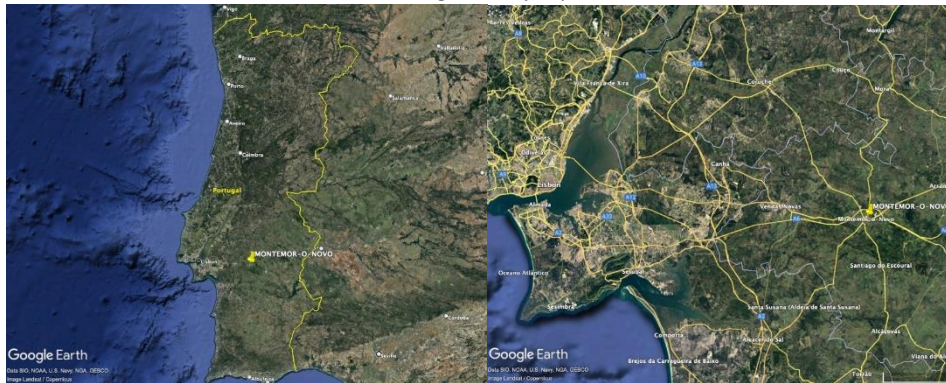


LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

This camp takes place in a rural territory, close to a small city, **Montemor-o-Novo** in Alentejo region, Portugal. The camp will be at a 7 minutes distance by car from Montemor-o-Novo, transport for the activities will be assured.

It is located at approximately at a 100 km distance from Lisbon, the Portuguese city capital and 35km from Évora.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The participants will be accommodated in individual tents which is located 5 km from Montemor-o-Novo.

There the participants will cook breakfast and snacks; Lunch and dinner will be provided, exception for weekends where participants have to cook lunch and dinner. Participants are responsible for cleaning the common kitchen and dishes.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Respect for each other;
- Respect for the environment;
- Motivation to participate in environmental activities;
- Motivation for “hands on” activities;
- Participate in joint activities,
- No smoking indoors;
- No drinking of alcoholic beverages while working.

Special remarks or requirements of the Camp

- You have to clean the space after cook and eat;
- You have to clean the WC's;
- Respect the hours of sleeping;
- Clean the food boxes every day;
- Do not leave trash on the floor.

INSURANCE (kind of covers)

Personal accident insurance

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag; Towels and toiletries (personal hygiene items); Clothes and shoes appropriate for high temperatures and for work in the field; Warm clothes for the night (minimum temperature 12°C); Torch for night use; Insect repellent; Bathing suit, sun cream and towel (we have pool and we are going to the beach; Necessary documents; Motivation and positive energy to work as a team!

MEETING TIME AND MEETING POINT

Arrival date:	7 July 2025
Timetable or period:	7 h – 12 h
Place Name:	Bus Station (Montemor-o-Novo)
Place Address:	R. de São Francisco 19, 7050-173 Montemor-o-Novo
Emergency contact:	Contact Person: Rui Rebocho Tel: +351 961 528 711

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)	
Closest Airport:	Lisbon
Closest Train Station:	Vendas Novas or Évora
Travelling from the Airport to (bus or train)	
By plane, you can get to Lisbon or Oporto with fairly reasonable fares proposed by low-cost companies (e.g. Ryanair or easyjet). From there on the best way to reach Montemor-o-Novo will be by bus, with rates ranging from 5€ to 20€ (one way). Before arrival, we can provide you useful information on schedules, departure and arrival hours of main transports to Montemor-o-Novo. From Lisbon Airport:	
<ol style="list-style-type: none"> 1. take the metro (red line) at the airport - it's the only metro line; 2. You have to change lines, at the end of the red line – in S. Sebastião - To the blue line towards the <i>Jardim Zoológico</i> (Zoo); 3. It's only 2 stops, when you get to the <i>Jardim Zoológico</i> (Zoo) stop, you leave and follow the signs to the bus station. 	
Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point	
From Lisbon, in the bus station take the bus to Montemor-o-Novo and enjoy the trip of about 1 hour. You can buy the tickets on bus station or online at https://rede-expressos.pt .	
Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point	
If you travel by train you will need to take a bus that drops you off at the Montemor-o-Novo Bus Station. Pay attention that in Évora the bus station is 36 minutes far from the train station, by walking. In Vendas Novas it is 8 minuts far, but you do not have so many bus schedules.	
Special recommendations	
If arriving by car, you will be able to park just by the facilities where you will be lodged. Casais da Adua – Viveiro Marca ADL – Estrada nacional between Montemor-o-novo and Arraiolos	

PRACTICAL INFORMATION AND CONTACTS	
Nº of volunteers:	17
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Sunny and hot weather
Local Host organization address:	Rua Luís de Camões nº 16, 7050-260 Montemor-o-Novo
Local Host organization phone:	+351 266 891 222
Local Host organization email:	social@marca-adl.pt
Local Host contact person:	Contact Person: Rui Rebocho Tel: +351 961 528 711
Camp Leader Name:	Rosa Coelho
Camp Leader mobile phone:	Tel: +351 964 069 892
IPDJ Regional address:	
IPDJ Regional phone number:	

WORKCAMP CODE	PT-FA-13-25	
CAMP NAME*	A Forest of Gratitude: Volunteer in Nature Conservation in Portugal	
DATES	From 1st to	12th September 2025

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

RWSW Rewilding Sudoeste - Associação de desenvolvimento da natureza e ambiente' is a non-profit organisation.

The Association's primary objectives are to stimulate reflection and conduct its intervention with the aim of contributing to a set of sustainability goals, where the concept of rewilding is the fundamental motivating aspect of action. Rewilding is harnessing the natural potential of the flora and fauna that typically exists on each site and restoring it to its natural state.

The main objective is to promote native forests and forestry close to nature through various publicity activities, especially field trips, forest mapping and environmental education activities.

<https://rsw.pt/>

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

Forests and natural parks provide essential ecosystem functions, such as climate regulation, soil erosion control, water filtration, carbon sequestration, and air purification. Our Forest Conservation program focuses on developing and implementing actions that promote the ecological recovery of degraded areas through the restoration of native forests and species.

What to Expect:

- **Ecosystem Restoration:** Participate in projects aimed at enhancing natural heritage, reducing environmental damage, and promoting biodiversity.
- **Community Engagement:** Work alongside local volunteers, coordinators, and community members to create a visible impact and raise awareness about forest conservation.
- **Seasonal Activities:** Learn about different areas and forests, and take various actions depending on the time of year, such as planting, maintenance, and invasive species control.

Voluntary Work and Tasks of the Camp

Invasive Species Control: Apply techniques to manage invasive alien species threatening natural areas.

Biodiversity Protection: Protect biodiversity niches and manage pedestrian trails.

Conservation Efforts: Assist with the conservation efforts in the private protected area Vale das Amoreiras as well as in the south-west of Portugal (Aljezur, Rogil, etc.) and other natural ecosystems.

What the volunteers can Learn in this Camp? (study part)

Volunteers will contribute to the restoration of native forests and the preservation of natural ecosystems.

They will develop skills in forest conservation, fieldwork and community involvement.

They will experience Portuguese culture while exploring the country's natural environment.

Not only that, but they will contribute to a practical outdoor experience project centered on the regeneration of Portugal's native forest.

Learn about the 2250 habitat and its conservation measures.

To know what kind of invasive species exist in the area and what the control measures are for them.

By observing the images captured by the cameras that are scattered around the APP and the pine forest, the volunteers will also be able to learn monitoring techniques as well as the knowledge needed to identify the local fauna.

Free Time, Leisure Time and Visits preview

Learn Portuguese and improve your communication skills;

Discover the Portuguese coast and its wonders.

Meet other like-minded volunteers from all over the world;

We will visit the various beaches in the region, as well as the town of Aljezur, Rogil and Odeceixe. Temperatures permitting, we'll also go hiking along local trails.

We'll have a moment of sharing with other local associations.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The Vale das Amoreiras Private Protected Area (APPVA) in Aljezur is part of the national network of protected areas. The Private Protected Area covers 10.8 hectares and is almost entirely an oak grove of deciduous species and a cork oak forest. In addition to the APPVA, we will also be working in the Vale dos Homens pine forest, where a LIFE project aims to improve the conservation status of the Juniper trees (*Juniperus* spp.) in Portugal's coastal dunes.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The volunteers will stay overnight in an old school that has been transformed and equipped to receive volunteers from all over the world. It is equipped with full bathrooms.

Three meals a day (breakfast, lunch and dinner) will be provided by RWSW, with the possibility of choosing vegetarian menus.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Respect the ethical principles of the activity, namely respect for the private lives of the people they support;
Act diligently, impartially and with solidarity;
Respect the rules of the organization for which they volunteer, collaborating with its professionals and following its technical guidelines;
Make good use of material resources and the goods, equipment and utensils they use;
Ensure the regularity of voluntary work;
Inform the organization as far in advance as possible if they wish to interrupt or cease their voluntary work;

Special remarks or requirements of the Camp

You must respect other volunteers, not discriminating against races, religions, genders...
No restrictions. Helping hands from all over the world are welcome. Leave no trace behind. Always strive to minimize your impact on the environment.
Respect wildlife by observing them from a safe distance and avoid feeding them. Do not disturb their habitats, nests, or burrows. Remember that you are a visitor in their home, so be mindful and treat nature with reverence.

INSURANCE (kind of covers)

Personal accident insurance includes cover in the event of death, permanent invalidity, treatment costs, funeral expenses and repatriation.

WHAT VOLUNTEERS HAVE TO BRING

Sunscreens, caps, sunglasses, water bottles, sleeping bags, hygiene articles, towels, camping mats (optional).

MEETING TIME AND MEETING POINT

Arrival date:	2025/09/01
Timetable or period:	Morning
Place Name:	Private Protected Area Vale das Amoreiras
Place Address:	Aljezur
Emergency contact:	Nuno Carvalho +351 916 110 330

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Faro (https://www.faroairport.pt/en/fao/home)
Closest Train Station:	Lagos

Travelling from the Airport to Aljezur by Bus

At Faro airport, buses number 14 and 16 of the "Próximo" urban network stop outside the arrivals terminal once or twice an hour, depending on the time of day. The 16 is more frequent, but both have their final destination at the bus terminal in the city center. There you can take the direct bus to Aljezur, via various operators (Eva Transportes, Vamus - Transportes do Algarve; Rede Nacional de Expressos e Fixbus).

On the day you arrive in Aljezur, an RWSW member will be waiting to welcome you.

<https://www.faroairport.pt/en/fao/home>
<https://rede-expressos.pt/en/timetables>

Traveling by train from Faro to Aljezur

From Faro airport, you can take a taxi/uber to Faro train station and then take the train to Lagos. In Lagos, the railway line ends and the rest of the journey to Aljezur will have to be made by bus. At Lagos station you will need to take a taxi/uber again to the Lagos bus station and then take the direct bus to Aljezur, which is available from various operators.

On the day you arrive in Aljezur, an RWSW member will be waiting to welcome you.

[CP - Comboios de Portugal](#)

Special recommendations

Due to the heat, we advise you to bring hats and sun cream. Volunteers should keep hydrated throughout the day.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	15
Working language:	English, Portuguese, Spanish
Country currency:	Euro
Weather expected during the camp:	Summer. Hot weather
Local Host organization address:	Rua das Pedras Pretas 21 A, 8670-440 Rogil
Local Host organization phone:	+351 916 110 330
Local Host organization email:	Floresta.aljezur@gmail.com
Local Host contact person:	Nuno Carvalho
Camp Leader Name:	Fernando Neves
Camp Leader mobile phone:	+351 914 601 705
IPDJ Regional address:	Rua da Policia da Segurança Pública 1, 8000- 544 Faro
IPDJ Regional phone number:	+351 289 891 820

WORKCAMP CODE	PT-GU-09-25	
CAMP NAME*	Control and management of invasive species 2.0	
DATES	14/07/2025 –	25/07/2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



Since 1976, the Associação de Promoção Social, Recreativa, Desportiva e Humanitária de Maceira has as its main intervention area the improvement of the population's well-being and quality of life through initiatives and projects aimed at supporting children, youth and the third age, promoting the social integration of the most disadvantaged groups and the integrated development of the local territory.

From the activities developed in working with young people, we highlight the Summer Camps, Workcamps and Youth Exchanges within the framework of the Erasmus + Program.

Facebook address - www.facebook.com/associacaopsrdh.maceira

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Control and management of invasive species 2.0 aims to promote environmental education and reflect/raise awareness about the importance of preserving the environment, the impact of invasive species on ecosystems, the importance of controlling and managing invasive species and sustainable growth, through initiative to control and manage 5 invasive species in the municipality of Fornos de Algodres.

As for leisure activities, we will have visits (to the museum, library, river beach, social solidarity institutions), intercultural evenings, sports activities, traditional games, parties, swimming pool, cultural activities, ect.

In Workcamp, the days will be organized in this way: during the morning and beginning the afternoon the participants do their volunteering work, during second half of the afternoon and night the participants will have the leisure activities.

Voluntary Work and Tasks of the Camp

During the Workcamp participants will perform the following tasks:

- Learn 6 methods/techniques to control invasive species (Strike/Herbicide injection, pulling, peeling, mowing, mowing + application of herbicides and natural control);
- Apply the most appropriate control techniques to the 4 species selected in the municipality of Fornos de Algodres;
- Prepare publicity/awareness-raising materials about the advantages/importance of controlling and managing invasive species with a view to environmental sustainability;
- Raise awareness among the population of the importance of environmental sustainability;
- Remove rubbish improperly deposited in intervention spaces.



What the volunteers can Learn in this Camp? (study part)

It is intended that volunteers acquire knowledge in terms of environmental education and reflect/raise awareness about the importance of environmental issues, mainly the importance of controlling and managing invasive species, namely:

- understand the problem of invasive species;
- understand and subsequently raise awareness among the population of the importance of controlling and managing invasive species;
- obtain knowledge about practical actions to control 5 invasive species;
- acquire knowledge to promote a campaign on the advantages/importance of controlling and managing invasive species aiming for environmental sustainability.

Free Time, Leisure Time and Visits preview

As for leisure activities, we will have visits (to the museum, library, river beach, social solidarity institutions), intercultural evenings, sports activities, traditional games, parties, swimming pool, cultural activities, ect.

In Workcamp, the days will be organized in this way: during the morning and beginning the afternoon the participants do their volunteering work, during second half of the afternoon and night the participants will have the leisure activities.



LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

Control and management of invasive species 2.0 will take place at Maceira.

Maceira is a rural portuguese parish in the municipality of Fornos de Algodres, in the province of Beira Alta, in the Center region and sub-region of Serra da Estrela, with an area of 8.06 km² and 229 inhabitants.

The address is: Rua do Vale da Vinha, 1, 6370-341 Maceira - Fornos de Algodres, Portugal.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

ACCOMODATION: The participants will stay at Hostel EntryFik. The Hostel is working since 2016 and the building was completely reformulated. The participants will sleep in dormitories divided per gender. In the Hostel, we will have a team that clean the accommodation and cook the meals. For more information about hostel, the participants can check Hostel Website: www.hostelentryfik.com .

MEALS: Meals will be served at the hostel. All special food requirements will be respected if there's prior information sent to the participants. We will have 5 meals a day (breakfast, lunch, snack, dinner and supper).

INTERNET: The hostel provides free Wi-Fi.



CONDITIONS OF PARTICIPATION *(if there is any specific information that is important volunteers to know about the camp)*

Internal rules of the Camp

Have a proper conduct in performing the tasks during the Camp. In order for the whole group to function properly, the stipulated timetables must be fulfilled.

Special remarks or requirements of the Camp

No Fees

INSURANCE *(kind of covers)*

All volunteers will have a personal accident insurance that in case of an accident will have the following coverages: death, permanent disability, treatment expenses, funeral expenses and repatriation.

WHAT VOLUNTEERS HAVE TO BRING

Participants should bring: the usual and necessary items for the duration of the Camp; practical and / or sporting clothing; comfortable shoes (and socks); sunscreen, cap / hat; towels.

MEETING TIME AND MEETING POINT

Arrival date:	14/07/2025
Timetable or period:	during all day until dinner time (7.30 pm).
Place Name:	Hostel EntryFik
Place Address:	Rua do Vale da Vinha, 1, 6370-341 Maceira - Fornos de Algodres, Portugal
Emergency contact:	(+351) 917395954

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Lisbon, Porto
Closest Train Station:	Fornos de Algodres

Travelling from the Airport to (bus or train)

Arriving at Porto airport or Lisbon airport, the participants can take subway until bus or train station. One time in this stations (bus/train), the participants should take one this public transportation until Fornos de Algodres.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Buses to Fornos de Algodres: <https://rede-expressos.pt/en>

The connection of Fornos de Algodres to the Hostel will be ensured by the Workcamp Organization.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Trains to Fornos de Algodres: <http://www.cp.pt/passageiros/en/>

The connection of Fornos de Algodres to the Hostel will be ensured by the Workcamp Organization.

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Good weather (sun and hot weather)
Local Host organization address:	Lugar do Serrado, 1, 6370-341 Maceira - Fornos de Algodres, Portugal
Local Host organization phone:	(+351) 271 789 817
Local Host organization email:	geral@hostelentryfik.com
Local Host contact person:	António Oliveira
Camp Leader Name:	António Oliveira
Camp Leader mobile phone:	(+351) 917 395 954 - available on whatsapp
IPDJ Regional address:	Av. Alexandre Herculano, 6300-659 GUARDA
IPDJ Regional phone number:	(+351) 271 232 100


WORKCAMP CODE	PT-GU-15-25	
CAMP NAME*	Take care of your Village	
DATES	From 8 th July 2024	To 19 th July 2024

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Associação Desportiva, Cultural e Social de Aldeia de S. Sebastião
 Based in a small village, near the border between Portugal and Spain, this association brings together several different projects within the youth programs, such as national and international youth exchanges, summer camps and international work camps. We organize events at a social, cultural and sportive level and community social work.

Site: <https://www.adcsaldeia.com>
 Facebook: <www.facebook.com/adcsaldeia>
 Wathsapp: +351 965017105



WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims
 Make our local reality known, which will serve as a basis for exchanging experiences between participants;
 Show participants the interior of the country through interaction with the local community;
 Provide moments of culture through visits to historical and symbolic places in our region (museums, monuments, points of interest);
 Promote activities that allow participants to exchange experiences and knowledge of new sociocultural realities.

Voluntary Work and Tasks of the Camp
 Volunteers have to interact with the community and local youth people to:
 -Survey of points of interest in the Parish of Castelo Bom + Aldeia de S. Sebastião
 -Photographic record of the main points of interest identified by their selfs and nominated by residents
 -Search the parish council archive about the history of the historic village
 -Preparation of an explanatory document in several languages about the identified locations
 -Presentation of the document prepared at the Parish Assembly and final evaluation of the project
 At the end, volunteers will learn more about a historic village located in the interior of Portugal, close to the border with Spain.

What the volunteers can Learn in this Camp? (study part)
 Learn about the history of Castelo Bom and Aldeia de S. Sebastião through interaction with the local community and research into documents already in the archive.

Free Time, Leisure Time and Visits preview
 Visit to local heritage and museums (Almeida, Vilar Formoso, Castelo Bom).
 Practice of sport's activities (canoeing, slide, climbing) and swimming pool at the association.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)
 Aldeia de S. Sebastião is a small village, with 80 inhabitants near the border between Portugal and Spain. The village has no shopping, restaurants or cafes, but in summer the Association bar is open to the public.
 Castelo Bom is a small and historic village with great view of Côa River located in the interior of Portugal, surrounded by other historic villages. The closest city is Guarda, which is the district capital (40km).
 The work camp is located in a historic and rural area, quiet and far from big cities, providing moments of leisure and rest for volunteers.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)
 Accommodation at Bungalows with 5 or 6 volunteers – with internet and bed/bath linen, Kitchenette;
 The food is prepared by the volunteers, who will have everything available in their bungalows.
 Take a look at the bungalows in our website - <https://www.adcsaldeia.com>
Local accommodation with registration nº 92162/AL

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp
 All participants must respect each other, workers and the association. Working tools supplied by the association must be handled with proper care.

Special remarks or requirements of the Camp
 Participants have a swimming pool and green spaces at their disposal to enjoy in their free time.

INSURANCE (kind of covers)

All participants will have an insurance (personal accidents and civil responsibility) valid during the workcamp period. Please bring the European Youth Card and your medical assurance, if you got one.

WHAT VOLUNTEERS HAVE TO BRING

Sportswear, workwear, swimwear (swimming pool), personal hygiene products, country flag, gastronomic products typical of each country. All working tools will be supplied by the association.

MEETING TIME AND MEETING POINT

Arrival date:	8th July 2024
Timetable or period:	From 15:00 pm to 18:00 pm
Place Name:	ADCS Aldeia de S. Sebastião
Place Address:	Largo da Igreja Nº 6, 6355-041 Aldeia de S. Sebastião
Emergency contact:	+351 271511064

HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Oporto
Closest Train Station:	Aldeia de S. Sebastião/Vilar Formoso

Travelling from the Airport to (bus or train)

When arrived in the airport you should go by subway or taxi or citybus to a main station (Oporto – Campanhã / Lisbon – Gare do Oriente or Santa Apolónia) and then you take a bus or train from the main station in Oporto/Lisbon/Faro direction to Guarda/Vilar Formoso/Aldeia de S. Sebastião

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Volunteers have to take the bus in the main stations (Oporto – Campanhã / Lisbon – Gare do Oriente or Santa Apolónia) towards the city of Guarda, and then to Vilar Formoso/Aldeia de S. Sebastião

www.flixbus.pt

www.rede-expressos.pt

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Volunteers have to take the train in the main stations (Oporto – Campanhã / Lisbon – Gare do Oriente or Santa Apolónia) towards the city of Guarda, and then to Vilar Formoso, you can hop off in Aldeia de S. Sebastião, and in 200m you are arrived at the association.

www.cp.pt

Special recommendations

Vilar Formoso is the Portuguese town in the border with Spain (5km to Aldeia de S. Sebastião), call us when you get there and we'll pick you up. (+351 965017105 WhatsApp)

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro €
Weather expected during the camp:	Sun and good weather
Local Host organization address:	Largo da Igreja Nº 6, 6355-041 Aldeia de S. Sebastião
Local Host organization phone:	+351 271511064
Local Host organization email:	adcsaldeia@gmail.com
Local Host contact person:	David Pires Fernandes
Camp Leader Name:	David Pires Fernandes
Camp Leader mobile phone:	+351 965017105
IPDJ Regional address:	IPDJ Direção Regional do Centro – Av. Alexandre Herculano 6300-659 Guarda
IPDJ Regional phone number:	+351 271232100

WORKCAMP CODE	PT-PO-01-25	
CAMP NAME*	Um outro mundo é possível! (Another World Is Possible!)	
DATES	19/09/25 –	30/09/25

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words

Name: Equação, Cooperativa de Comércio Justo, Crl

Aim: To promote organic farming, fair trade and healthy lifestyles among the population (especially Youth).

Activities: Organization of international work camps; organization of summer camps; organization of youth exchanges and youth initiatives; organization of sport activities (canoeing, mountain bikes); Fair Trade awareness (shops, school activities, fairs, etc.); coordination of Casa da Juventude de Amarante, a Youth Centre, in partnership with the City Hall.

Web-page: <http://equacao.org/>

E-mail: jmrppinto@gmail.com



WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

Aims: Support to local/regional organic farmers to raise awareness among the participants and the population on organic farms, organic food and fair trade; to develop skills related to agriculture work in organic farms and environment preservation; to run activities in order to increase the level of commitment at local level (Amarante) for organic and Fair-Trade products.

Voluntary Work and Tasks of the Camp

Volunteers will be involved in the following work/tasks:

- Agriculture in different local/organic farms;
- Gardening at the local Urban Garden (Horta Urbana de Amarante);
- Cleaning the river sides;
- Organize climate actions/challenges;
- Promoting local, organic and fair trade products.



What the volunteers can Learn in this Camp? (study part)

Volunteers will acquire different competences and skills such as:

- Development/practice of foreign language;
- Group dynamics (NFE);
- ICT tools for media and visibility;
- Cultural awareness and expression;
- Organic farming techniques (main task) and Fair-Trade principles;
- Self-confidence;
- Soft skills (working in groups, communication in public, problem solving, etc.).

Free Time, Leisure Time and Visits preview

Volunteers will be able to participate in many different experiences (thematic movie, intercultural night, fair trade workshop, awareness session about UNESCO creative city, Yoga workshop) and visits to some of the main cities and spots in the North of Portugal (Guimarães, Porto, Alto Douro Vinhateiro and Parque Natural do Alvão).

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)



Amarante is a small town in the North of Portugal, part of Porto district (60km far from Porto to the interior) with 12 thousand inhabitants (in the city center). It is a quite famous city for tourism, culture, and wine production. Indeed, is quite near (18km) the Oporto wine region. Is crossed by Tâmega River (one of the rivers ending at Douro River that crosses Porto till the Atlantic Ocean)

and it is on the valley of one of the most important Portuguese mountains, Marão (1450m). Amarante is well located (nearby passes highway A4 connecting to Oporto and highway A11 connecting to Guimarães) and has a good public transport system (bus station). The city is 40 min way from the nearest airport (Oporto) by car.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be accommodated in shared rooms (4 participants each) of Casa da Juventude de Amarante. Casa da Juventude de Amarante is in the city center of Amarante (just 10m walking distance from the bus station) and has its own kitchen, WC and showers. In terms of food, our youth centre has a bar\restaurant proposal for the volunteers (breakfast, lunch, and dinner) always taking into consideration our aims (healthy food with organic and vegetarian ingredients). Laundry available (self-service). This youth centre has free wireless.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Inside the building of Casa da Juventude de Amarante is not allowed to smoke or drink alcohol (except in the bar or terrace);
- Garbage should be separated: glass, plastic, paper, organic;
- We all have different time perceptions and so we should respect others and prepare in time our participation in daily activities;
- Every day we meet at 21h00 in a circle to evaluate our day, share whatever with the group and read our mail box;
- Each day a different room is responsible for daily house work: food preparation support, garbage, dinner cleanings, etc..

Special remarks or requirements of the Camp

No.

INSURANCE (kind of covers)

Our insurance covers personal accidents and civil responsibility. Members from EU, Norway, Iceland and Liechtenstein should bring their European Wealth Card.

WHAT VOLUNTEERS HAVE TO BRING

- Hygiene products and sun protector;
- Swimming suits;
- Working and sports clothes and shoes.

MEETING TIME AND MEETING POINT

Arrival date: 19/09/25

Timetable or period: Morning from 11h to 13h

Place Name: Casa da Juventude de Amarante

Place Address: Avenida General Silveira, 193, 4600-0127 Amarante, Portugal

Emergency contact: (+351) 913051999

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport: Porto (OPO)

Closest Train Station: Porto/Estação Campanhã

From Porto Airport (Francisco Sá Carneiro):

1. By Car:

- o Amarante is approximately 60 km (1 hour) from Porto Airport.
- o Take the A4 highway directly to Amarante.

2. By Public Transport:

- o Take the Metro (Line E) from Porto Airport to **Campanhã Station** (approx. 30 minutes).
- o From **Campanhã Station**, take a train or bus to Amarante (approx. 1 hour).
- o Check schedules of local bus operators (e.g., Rodonorte, Flixbus).

From Lisbon Airport (Humberto Delgado):

1. By Car:

- o Amarante is about 350 km (3.5 hours) from Lisbon Airport.
- o Take the A1 highway north to Porto, then the A4 highway to Amarante.

2. By Public Transport:

- o Take the Metro or a taxi to **Lisbon's Oriente Station**.
- o From Oriente, take a train to Porto **Campanhã Station** (approx. 3 hours).
- o At **Campanhã**, transfer to a bus to Amarante (approx. 1 hour).
- o bus operators (e.g., Rodonorte, Flixbus).

Special recommendations

No.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers: 17

Working language: English

Country currency:	Euro
Weather expected during the camp:	Sunny
Local Host organization address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Local Host organization phone:	(+351) 913 051 999
Local Host organization email:	jmrppinto@gmail.com
Local Host contact person:	Miguel Pinto
Camp Leader Name:	Alfredo Carvalho
Camp Leader mobile phone:	(+351) 913 051 999
IPDJ Regional address:	IPDJ – Norte , Rua Rodrigues Lobo, 98, 4150-638 Porto, ipdj.porto@ipdj.pt
IPDJ Regional phone number:	(+351) 226 085 700

WORKCAMP CODE	PT-PO-02-25	
CAMP NAME*	Stage on the street: all included!	
DATES	01/07/25	– 12/07/25

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

<p>Name: Aventura Marão Clube</p> <p>Aim: Aventura Marão Clube is dedicated to promoting sustainability, fairness, and dialogue through its initiatives:</p> <ul style="list-style-type: none"> • Sustainability: Committed to local sourcing and environmental awareness, the organization built Amarante's first biodynamic garden in 2015 and hosts a weekly Bio & Fair market. It integrates sustainable practices across financial, ecological, and social dimensions. • Fairness: Advocates for Fair Trade as a tool for social justice, promoting fairness locally and globally. It was the pioneer of Portugal's first Fair Trade shop in 1999 and aims to make Amarante the first Fair Trade Certified Town in the country. • Dialogue: Fosters global connections through mobility programs, volunteer projects, youth exchanges, and cultural events to bring diverse perspectives to Amarante. <p>Activities: The organization coordinates a variety of projects, including international work camps, youth initiatives, summer camps, sports activities (canoeing, mountain biking), and Fair Trade awareness campaigns. It also manages the Casa da Juventude de Amarante youth center in partnership with the City Hall.</p> <p>Website: http://cj-amarante.org/</p> <p>Email: cj.amarante@gmail.com</p>
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WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

<p>Camp Description and Aims</p> <ul style="list-style-type: none"> - To support the local community, namely the Cooperative Cercimarante, an institution linked to young people with disabilities, in the preparation of the Street Theatre; - Developing the autonomy and self-esteem of young people with disabilities; - Stimulating the contact of young people with fewer opportunities with other young people from different cultures; - Fostering the personal and social development of young volunteers through non-formal education activities; - Providing young volunteers with knowledge of a new social and cultural reality enabling them to combat any kind of prejudice and stereotypes; - To promote the preservation and protection of cultural heritage at international and local level through direct contact and inclusion of the participants with the community of Amarante and with the heritage of the region, organising public actions/events such as the Intercultural Night and presentation of the different countries and cultures; - Promoting human rights and values of tolerance and respect.
<p>Voluntary Work and Tasks of the Camp</p> <p>Activities: group dynamics; presentation to the city and region; discussion on the workcamp theme (objectives, tasks division); visit to the most important places of the city; training on theatre performance and workshop on how to deal with the difference; direct contact and work with local NGO (Cercimarante) responsible for activities with local handicapped young people; organize an event (theatre performance) involving both groups (workcamp participants and local handicapped young people) to be presented to the local community (street performance – expected more than 500 persons to attend);</p>
<p>What the volunteers can Learn in this Camp? (study part)</p> <p>Volunteers will acquire different competences and skills such as:</p> <ul style="list-style-type: none"> - Development/practice of foreign language; - Group dynamics (NFE); - ICT tools for media and visibility; - Cultural awareness and expression; - Drama expression (main working method) and self-confidence; - Soft skills (working in groups, communication in public, problem solving, etc.).
<p>Free Time, Leisure Time and Visits preview</p> <p>Volunteers will be able to participate in many different experiences (thematic movie, intercultural night, fair trade workshop, awareness session about UNESCO creative city, Yoga and Drums workshops) and visits to some of the main cities and spots in the North of Portugal (Guimarães, Porto, Alto Douro Vinhateiro and Parque Natural do Alvão).</p>

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)



Amarante is a small town in the North of Portugal, part of Porto district (60km far from Porto to the interior) with 12 thousand inhabitants (in the city center). It is a quite famous city for tourism, culture, and wine production. Indeed, is quite near (18km) the Oporto wine region. Is crossed by Tâmega River (one of the rivers ending at Douro River that crosses Porto till the Atlantic Ocean) and it is on the valley of one of the most important Portuguese mountains, Marão (1450m). Amarante is well located (nearby passes highway A4 connecting to Oporto and highway A11 connecting to Guimarães) and has a good public transport system (bus station). The city is 40 min way from the nearest airport (Oporto) by car.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Participants will be accommodated in shared rooms (4 participants each) of Casa da Juventude de Amarante. Casa da Juventude de Amarante has its own kitchen, WC, and showers. In terms of food, our youth centre has a bar\restaurant proposal for the volunteers (breakfast, lunch, and dinner) always taking into consideration our aims (healthy food with organic and vegetarian ingredients). Laundry available (self-service). Our youth centre has free wireless.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Inside the building of Casa da Juventude de Amarante is not allowed to smoke or drink alcohol (except in the bar or terrace);
- Garbage should be separated: glass, plastic, paper, organic;
- We all have different time perceptions and so we should respect others and prepare in time our participation in daily activities;
- Every day we meet at 21h00 in a circle to evaluate our day, share whatever with the group and read our mail box;
- Each day a different room is responsible for daily house work: food preparation support, garbage, dinner cleanings, etc..

Special remarks or requirements of the Camp

No.

INSURANCE (kind of covers)

Our insurance covers personal accidents and civil responsibility. Members from EU, Norway, Iceland, and Liechtenstein should bring their European Wealth Card.

WHAT VOLUNTEERS HAVE TO BRING

- Hygiene products and sun protector;
- Swimming suits;
- Working and sports clothes and shoes;
- One black t-shirt and one black trousers.

MEETING TIME AND MEETING POINT

Arrival date:	01/07/25
Timetable or period:	Morning from 11h-13h
Place Name:	Casa da Juventude de Amarante
Place Address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Emergency contact:	(+351) 913051999

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto (OPO)
Closest Train Station:	Porto/Estação Campanhã

From Porto Airport (Francisco Sá Carneiro):

3. **By Car:**
 - o Amarante is approximately 60 km (1 hour) from Porto Airport.
 - o Take the A4 highway directly to Amarante.
4. **By Public Transport:**
 - o Take the Metro (Line E) from Porto Airport to **Campanhã Station** (approx. 30 minutes).
 - o From **Campanhã Station**, take a train or bus to Amarante (approx. 1 hour).
 - o Check schedules of local bus operators (e.g., Rodonorte, Flixbus).

From Lisbon Airport (Humberto Delgado):

3. **By Car:**

- Amarante is about 350 km (3.5 hours) from Lisbon Airport.
- Take the A1 highway north to Porto, then the A4 highway to Amarante.

4. **By Public Transport:**

- Take the Metro or a taxi to **Lisbon's Oriente Station**.
- From Oriente, take a train to Porto **Campanhã Station** (approx. 3 hours).
- At **Campanhã**, transfer to a bus to Amarante (approx. 1 hour).
- bus operators (e.g., Rodonorte, Flixbus).

Special recommendations

No.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny
Local Host organization address:	Avenida General Silveira, 193, 4600-0127 Amarante, Portugal
Local Host organization phone:	(+351) 255 420 234
Local Host organization email:	cj.amarante@gmail.com
Local Host contact person:	Miguel Pinto
Camp Leader Name:	Alfredo Carvalho
Camp Leader mobile phone:	(+351) 913 051 999
IPDJ Regional address:	IPDJ – Norte , Rua Rodrigues Lobo, 98, 4150-638 Porto, ipdj.porto@ipdj.pt
IPDJ Regional phone number:	(+351) 226 085 700

WORKCAMP CODE	PT-PO-11-25	
CAMP NAME*	Get to Work: Create to Play	
DATES	14/07/2025	25/07/2025

**Deve ser escolhido um título em inglês, pequeno e apelativo*

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words



Associação SóJovem is a youth-focused NGO founded in 1997 in Ermesinde, Portugal. Its mission is to promote healthy lifestyles through cultural, educational, and sports activities for children and young people, fostering inclusion and personal development. SóJovem actively engages in Erasmus+ and European Solidarity Corps programs, prioritizing young people with fewer opportunities. The organization provides safe and enriching environments for learning and fun while promoting sustainability and intercultural exchange. Internet Adress: <https://sojovem.org>

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

The "Get to Work: Create to Play" workcamp will bring together 12 volunteers in Ermesinde to create large-scale board games, toys, and educational materials using recycled materials. The project focuses on sustainability, cultural exchange, and providing resources for local children supported by SóJovem. Volunteers will work in teams to design and construct the materials while interacting with the children and community members.

Voluntary Work and Tasks of the Camp

Design and build toys, board games, and interactive educational resources using recycled materials.
Paint and decorate the materials collaboratively with children from the community.
Organize and lead activities where the created resources will be tested with children.
Participate in sustainability awareness initiatives and cultural exchange activities.

What the volunteers can Learn in this Camp? (study part)

Volunteers will gain practical skills in crafting and upcycling, develop teamwork and leadership abilities, and enhance their understanding of sustainability and its practical applications. They will also engage in meaningful cultural exchanges with locals and other volunteers.

Free Time, Leisure Time and Visits preview

In their free time, volunteers can explore Ermesinde and nearby Porto, visit cultural and historical landmarks, and enjoy group activities such as games, cultural sharing, and sightseeing. Excursions to local attractions will be organized.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)

Ermesinde is an urban area near Porto, known for its community spirit and proximity to cultural landmarks. The location is accessible and offers various facilities, ensuring a comfortable and engaging experience for volunteers.

Accommodation/Food (*describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc*)

Volunteers will stay in shared accommodations provided by Associação SóJovem das Saibreiras, equipped with hygiene facilities, sleeping areas, and common spaces. Three meals per day will be provided, including local and vegetarian options. Internet and laundry facilities will be available.

CONDITIONS OF PARTICIPATION (*if there is any specific information that is important volunteers to know about the camp*)

Internal rules of the Camp

Respect for cultural differences and teamwork is essential.

Active participation in scheduled activities is required.
Alcohol and drug use are prohibited during work activities.

Special remarks or requirements of the Camp

Volunteers should be prepared for physical activities such as crafting and painting. No specific skills are required, but creativity and motivation are encouraged.

INSURANCE (kind of covers)

Basic accident insurance is provided. Volunteers are advised to have personal travel and health insurance.

WHAT VOLUNTEERS HAVE TO BRING

Comfortable clothing suitable for crafting and outdoor activities.
Personal hygiene items, towels, and reusable water bottles.
Cultural items for sharing traditions (optional).

MEETING TIME AND MEETING POINT

Arrival date:	14/07/2025
Timetable or period:	09:00 – 18:00
Place Name:	Associação SóJovem das Saibreiras
Place Address:	R. Rodrigues de Freitas N.º 1202, 4445-636 Ermesinde
Emergency contact:	+351 22 973 0108

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Francisco Sá Carneiro Airport (Porto)
Closest Train Station:	Ermesinde Train Station

Travelling from the Airport to (bus or train)

To travel from Airport to Associação SóJovem das Saibreiras using metro and train follow these steps:

<https://maps.app.goo.gl/4WZoCtacCkkjQck69>

Metro from the Airport to Campanhã Station: Take the Metro Line E (Purple Line) from the airport (in front of the airport) to Campanhã Station – Approx. 33min – The metro runs every 20min (max. 30 min). You need to buy Z4 ticket, costing around 2.00€. Tickets can be purchased at the metro station. After this, take the train from Campanhã to Ermesinde Station: At Campanhã station, transfer to CP urban train heading towards Braga/Guimarães/Marco de Canaveses and leave the train in Ermesinde Station. The journey takes about 15min. Trains depart approx. every 15min from Campanhã station. Single tickets costs around 2.00€ and can be purchased at the station or online. Once you arrive in Ermesinde, walk from the station to Associação SóJovem, located at Rua Rodrigues de Freitas, N.º1202, it will take approx. 5min.

Additional Information:

[Metro Map](#) and [Schedules](#): Visit the official Metro do Porto website for detailed maps and schedules.

[Train Schedules](#): Check the CP - Comboios de Portugal website for up-to-date train times.

To travel from the airport to Associação SóJovem das Saibreiras using public buses, follow these steps:

Bus from airport to Hospital São João: Take the [STCP bus line 601 \(bus stop AEPT1\)](#) from the airport to Hospital São João – approx. 45min – The bus runs every 25min and the ticket costs around 2.00€ (you can purchase on the bus). After that, from Hospital São João, transfer to STCP [bus line 707 \(bus stop HSJ1\)](#) towards Ermesinde (Estação) – approx. 38min – and the bus runs every 90min. Price ticket: around 2.00€. When you arrive, walk from the station to Associação SóJovem, located at Rua Rodrigues de Freitas, N.º1202, it will take approx. 5min.

Additional Information:

You also have the [bus line 604 \(bus stop AEPT1\)](#) from the airport to Hospital São João (takes approx. 45min and runs every 30min).

When you arrive in Hospital São João you can also take the [bus line 706 \(bus stop HSJ1\)](#) towards Ermesinde (Estação) that takes approx 38min and comes every 75min on weekdays.

STCP Bus Schedules: For detailed schedules and maps, visit the official STCP website.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Lisbon: 3-4 hours by bus to Ermesinde (approx. 10-20€)

Faro: 6-7 hours by bus to Ermesinde (approx. 40-50€)

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

Lisbon: 3-4 hours by train to Ermesinde (approx. 30-40€)

Faro: 6-7 hours by train to Ermesinde (approx. 50-60€)

Special recommendations

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Warm and sunny (25º-30ºC), occasional rain
Local Host organization address:	R. Rodrigues de Freitas N.º 1202, 4445-636 Ermesinde
Local Host organization phone:	+351 22 973 0108
Local Host organization email:	sojovem@sojovem.org
Local Host contact person:	Luís Ramalho
Camp Leader Name:	Luís Ramalho
Camp Leader mobile phone:	+351 926 656 678
IPDJ Regional address:	R. Rodrigues Lobo 98 4050, Porto
IPDJ Regional phone number:	+351 22 608 5700

WORKCAMP CODE	PT-SA-14-25	
CAMP NAME*	Renewed Roots: Revitalizing the Garden and Biodiversity	
DATES	18/09/2025	28/09/2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



Associação Youth Cluster - Um Mundo de Oportunidades:

The *Youth Cluster* is a youth organisation created by a group of young people who took part in multiple programmes abroad. Our organisation started by being a platform of opportunities with the aim to promote national and European financed activities. Currently our team actively implements Erasmus+ projects, including Youth Exchanges, Training Courses and Youth Participation Activities and national activities focused on promoting our platform of opportunities, activism and youth participation in the local and European communities.

Contacts:

Instagram: @youthcluster

Facebook: facebook.com/youthclusterpt

Website: youthcluster.org

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims

The primary goal of this project is to revitalize the Aromatic and Medicinal Plants Garden in the Environmental Park of Santa Margarida, restoring its ecological richness and functionality. Over time, the garden has faced degradation, and this project seeks to transform it into a key site for biodiversity, environmental education, and leisure.

Volunteers will play an essential role in the physical transformation of the garden, engaging in meaningful interventions that foster awareness of sustainability and environmental conservation. Beyond enhancing the park, the project promotes skill development, teamwork, and creativity among participants, helping them grow both personally and professionally.

Through practical activities and community involvement, the project aims to create ecological infrastructures such as bird nesting boxes and an insect hotel while strengthening ties between youth and the local community. These initiatives will leave a lasting legacy, inspiring continued appreciation and protection of Constância's natural and cultural heritage.

Voluntary Work and Tasks of the Camp

Volunteers will actively contribute to achieving the project's goals through practical and formative activities, such as:

- **Garden Revitalization:** Cleaning and preparing the terrain, removing invasive plants, and enriching the soil for planting aromatic and medicinal species. They will assist in redesigning flower beds, creating pathways, and restoring shrubs to improve the garden's aesthetic and functional appeal.
- **Ecological Infrastructure Development:** Under the guidance of skilled monitors, volunteers will build and install bird nesting boxes and an insect hotel to support local biodiversity and establish safe habitats for various species.
- **Species Cataloging:** Using the iNaturalist app, volunteers will identify and document plant species in the park, creating a digital inventory that supports conservation efforts and enhances participants' technological and scientific skills.
- **Educational Sessions:** Volunteers will attend workshops on biodiversity, gardening, and conservation practices to supplement their hands-on experience with valuable environmental knowledge.

All tasks will be carried out with the support of experts and in a collaborative environment that ensures both the success of the project and the safety of all participants.

What the volunteers can Learn in this Camp? (study part)

Through their participation, volunteers will gain:

- **Technical Skills:** Hands-on experience in gardening techniques, ecological construction, and the use of tools for sustainable development.
- **Environmental Awareness:** Insights into biodiversity, species monitoring, and conservation practices through practical work and the use of citizen science technology.
- **Personal Growth:** Opportunities to develop teamwork, problem-solving, and creativity in a supportive and dynamic setting.
- **Community Connection:** A deeper understanding of the cultural and natural heritage of Constância, fostering a sense of belonging and commitment to preserving the environment.

This camp offers a unique blend of environmental stewardship, skill-building, and community engagement, ensuring that volunteers leave with meaningful memories and lifelong knowledge.

Free Time, Leisure Time and Visits preview

During the free time, the volunteers will have the chance to relax in the camping park where you can find green spaces, tables and also a court to play ball games like futebol and volleyball. It is also possible to visit the fluvial beach in Constância and other venues in the city, many of which we will get to know about during the first days, including the butterfly museum, the science centre,

coffee places, among others. There will also be a free afternoon during the programme and there will be the possibility to do canyoning or visit another city in Portugal. The official plans are still to be confirmed, since we would like to know about the volunteers' preferences.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

We will be camping in Parque de Campismo de Constância, located in a small village in the countryside of Portugal (approximately 1h away from Lisbon) with an estimated population of 7000 people. Details and photos of the the camping facilities can be found on their facebook:

<https://www.facebook.com/almadozeze/>



Contingencies in Case of Unfavourable Weather Conditions: Recognising the unpredictability of weather conditions, in the event of adverse weather preventing outdoor camping, we will provide secure and suitable indoor facilities. This indoor camping space will be equipped with sanitary facilities, showers, and all necessary amenities, ensuring the comfort and well-being of participants.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The camping park is equipped with multiple hygiene facilities, including toilets, hot showers and a tank for washing clothes by hand - bring washing soap/ detergent if you wish to wash clothes, or you can buy it in the supermarket nearby. Multiple power sockets are also available to charge electronics. On their facebook you can get more information and see photos of the venue. If you have questions, you can also ask our team!

The organisation will provide 3 meals a day - breakfast, lunch, and dinner. The food will be cooked by a local and will be mostly typical portuguese food. Vegetarian options will also be available. In the proximity of the venue it is also possible to find stores, cafes and restaurants.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

It is not allowed the consumption of alcohol and other substances in the camping park. The participants are responsible to take part in all activities and, if they are prevented from participating for health or other reasons, this information should be communicated to the monitors of the workcamp. Participants can be expelled from the activities if these rules are not followed.

Special remarks or requirements of the Camp

To apply, please send a short motivation letter!

INSURANCE (kind of covers)

We advise every participant to bring their European Health Insurance Card (if resident in an EU country), so we can easily and with no costs visit the hospital or health centre, in case of sickness or accidents. We also recommend acquiring travel insurance in case of flight delays or lost luggage. The Youth Cluster hired an insurance company that will cover expenses in case of accidents during the workcamp.

WHAT VOLUNTEERS HAVE TO BRING

If possible bring some camping items, including tent, mat and sleeping bag. In case you do not own these materials we will lend them to you. Everyone should bring clothes according to the weather, personal hygiene items and medicines (if applicable), a bag/backpack for daily use, a torch, a reusable water bottle and some comfortable clothes and shoes for work in the park.

MEETING TIME AND MEETING POINT

Arrival date:	18 of September 2025
Timetable or period:	Arrival till 3h a-m-
Place Name:	Santa Margarida - Train Station
Place Address:	Estação de Santa Margarida, 2250-000, Santa Margarida
Emergency contact:	+351 926 673 296

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Lisbon airport
Closest Train Station:	Santa Margarida - train station where we'll meet

Travelling from the Airport to (bus or train)

International volunteers arriving at Lisbon Airport should go to Oriente Train Station, located in Lisbon and easily accessible via the metro system - the red metro line connects "Airport" to "Oriente". From the metro stop multiple signs indicate the direction to the train station - walking distance.

Oriente Station serves as the starting point for the train journey to Entroncamento. From here volunteers can enjoy a train journey to Santa Margarida with several train options available throughout the day, flexibility is guaranteed to accommodate different

arrival times. The organisers of the international camp will be present at Santa Margarida Train Station to welcome the international volunteers. Using a bus from the municipality, we will provide transport from Santa Margarida to the camping Environmental Park of Santa Margarida.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

If you land in another airport or start your journey from another city within Portugal, you can find a route by train that will take you to Santa Margarida train station. We advise you to check the travel option in the official train website: <https://www.cp.pt/en>

Special recommendations

Our team will provide assistance when you plan your trip no matter which airport you land in or city you depart from.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro (€)
Weather expected during the camp:	Expected warm temperatures and sunny days (18°C - 27°C)
Local Host organization address:	Rua do Cabeço N1 Malpique 2250-326 Santa Margarida da Coutada, Constância
Local Host organization phone:	+351918433459 / +351 926 673 296
Local Host organization email:	helloyouthcluster@gmail.com
Local Host contact person:	Margarida Freitas
Camp Leader Name:	Ana Matos
Camp Leader mobile phone:	+351 926 673 296
IPDJ Regional address:	Av. Grupo de Forcados Amadores de Santarém, 2000-201 Santarém
IPDJ Regional phone number:	920 205 837

WORKCAMP CODE	PT-SA-15-25	
CAMP NAME*	Dream Clean	
DATES	01-07-2025	12-07-2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (organization name, aims, main activities, internet address, you can add a small logo of your organization) – Maximum - 130 words



Associação Grupo de Dança Dream Dancing
www.associacaodreamdancing.com

DREAM DANCING
GRUPO DE DANÇA

The Dream Dancing Association is a youth-oriented organization dedicated to promoting cultural and sporting exchange, community development and environmental management. Through workshops, events and volunteering initiatives, the association empowers young people to take an active role in preserving heritage and promoting sustainability. The Dream Dancing Association strives to create meaningful opportunities for international cooperation and local engagement, leaving a positive impact on both individuals and communities.

WORKCAMP DESCRIPTION (After WorkCamp description you can add 1 or 2 photos from previous camps, if the same)

Camp Description and Aims



The Dream Dancing Association is the host organization of the "Dream Clean" WorkCamp. Focused on promoting cultural exchange, social inclusion and community development, the association organizes initiatives that combine environmental sustainability, artistic expression and civic engagement. With a strong commitment to international cooperation, Dream Dancing connects young people from diverse backgrounds to promote learning, collaboration and a shared sense of responsibility.

Voluntary Work and Tasks of the Camp

The main tasks to be carried out by volunteers include:

- Cleaning Public Spaces:** Collection and removal of litter from streets, squares, parks, and gardens; Washing and cleaning public monuments and walls; Removing graffiti and unwanted markings from public and historical spaces.
- Restoration of Historical Buildings:** Cleaning facades of historical buildings; Painting walls, fences, and other exterior elements of historical structures; Performing minor repairs to preserve and restore the architectural integrity of historical landmarks.
- Improvement of Recreational Areas:** Repairing and repainting urban furniture, such as benches, tables, and playground equipment; Installing or replacing small fixtures, such as trash bins and signage; Beautifying parks and playgrounds, ensuring they are functional and inviting.
- Pruning and Maintenance of Vegetation:** Pruning trees, shrubs, and hedges in public green areas; Removing invasive plants and weeds to maintain ecological balance.
- Planting Native Vegetation:** Planting native trees, flowers, and shrubs to enhance the biodiversity and aesthetics of the area; Creating small garden spaces or replanting areas that need vegetation restoration.
- Recycling and Sustainable Practices:** Sorting waste and setting up recycling bins in key public areas; Educating locals on the importance of recycling and waste reduction.
- Community Engagement:** Organizing workshops and events for the local community to promote environmental awareness; Collaborating with local residents in planting activities and clean-up efforts; Participating in artistic projects, such as mural painting or creating community art, to enhance public spaces.

What the volunteers can Learn in this Camp? (study part)

Volunteers will gain both practical and personal skills during the "DREAM CLEAN" project. Key learning outcomes include:

- **Technical Skills:** Practical knowledge in cleaning, conservation, and restoration techniques; Sustainable practices, including waste management, recycling, and eco-friendly gardening; Basic skills in heritage preservation and building restoration.
- **Cultural and Social Skills:** Enhanced communication skills by interacting with people from different cultural backgrounds; Greater awareness and understanding of cultural diversity and global citizenship; Teamwork and leadership skills through collaborative tasks and project coordination.
- **Personal Development:** Increased sense of civic responsibility and environmental stewardship; Boosted confidence and adaptability in new environments; Opportunities for self-reflection and personal growth through immersive experiences.

By the end of the camp, participants will have a richer understanding of sustainable living and community engagement, as well as practical tools to apply these values in their daily lives.

Free Time, Leisure Time and Visits preview

During their free time, volunteers will have the opportunity to explore the charming surroundings of Salvaterra de Magos and engage in various leisure activities. Highlights include:

Local Excursions:

Exploring the Tagus River banks for scenic walks and picnics.

Guided tours of local museums and cultural landmarks.

Recreational Activities:

Canoeing on the Tagus River.

Enjoying the local swimming pools and trampolines.

Participating in group sports and games organized by local associations.

Cultural Experiences:

Attending local festivals or markets to experience traditional Portuguese culture.
Interacting with the community through shared meals and storytelling sessions.
Evening events, such as movie nights or cultural exchange gatherings.
These activities will provide participants with a well-rounded experience, balancing meaningful voluntary work with relaxation, exploration, and cultural immersion.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The camp is located in Salvaterra de Magos, a picturesque town in central Portugal. This area is predominantly rural, surrounded by lush landscapes, agricultural fields, and the scenic Tagus River. Despite its tranquil setting, the town is well-connected to larger urban centers, offering a blend of natural beauty and accessibility. Geo-referencing coordinates: 39.0273° N, 8.7942° W.

The location provides a peaceful environment ideal for outdoor activities and cultural exploration. Nearby amenities include small shops, cafes, and local attractions, ensuring participants have everything they need for a comfortable stay.

Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Accommodation:

Volunteers will be housed in a local community center or hostel, offering shared dormitory-style rooms. The facility is clean, safe, and equipped with essential amenities.

Hygiene Facilities:

Shared bathrooms with hot water showers and toilets will be available. Separate facilities will be designated for male and female participants.

Meals:

Participants will receive three meals per day (breakfast, lunch, and dinner), prepared with fresh, local ingredients. The menu will include a variety of Portuguese and international dishes, with vegetarian and dietary options available upon request.

Other Services:

Laundry: Self-service laundry facilities are available on-site.

Kitchen: A small kitchen area will be accessible for light cooking or preparing snacks.

Internet: Free Wi-Fi is available in the accommodation and common areas.

These arrangements ensure a comfortable and supportive living environment, allowing volunteers to focus on their tasks and enjoy their cultural exchange experience.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Respect for fellow participants, camp leaders, and local community members is mandatory.

Participants must adhere to the daily schedule and actively engage in all activities.

Alcohol and illegal substances are strictly prohibited on camp premises.

Safety guidelines must be followed during all work and recreational activities.

Any damage to camp property or facilities must be reported immediately.

Special remarks or requirements of the Camp

Basic knowledge of English is necessary to facilitate communication and participation in activities.

A positive attitude and willingness to participate in team activities are essential for a successful experience.

Participants must be prepared to work in groups and actively contribute to the camp dynamics.

Respect for coexistence standards and common space is essential to guarantee a good environment among everyone.

Punctuality for activities and meals is important for the smooth running of the camp.

Participants must be interested in learning new skills and adapting to different situations and challenges.

Health and safety are priorities; Any specific medical condition must be reported prior to camp participation.

Being flexible and adaptable to changes in plan or unforeseen events during camp will be an advantage.

INSURANCE (kind of covers)

Includes insurance for participants in accordance with program regulations.

WHAT VOLUNTEERS HAVE TO BRING

Participants must come prepared with the following items:

Clothing and Footwear: Comfortable clothing suitable for outdoor activities; Work gloves and sturdy shoes/boots for manual tasks; Rain gear (jacket, waterproof boots) for unexpected weather

Personal items: Mattress, Sleeping Bag, Pillow; Reusable water bottle; Sunscreen and insect repellent; Toiletries and a towel; Any necessary medications (with prescriptions if applicable).

Optional items: Camera or smartphone to capture memories; Small backpack for day trips; Notebook and pen for journaling or taking notes; Bringing these items will ensure that participants are well equipped for work and leisure activities, improving their overall camp experience.

MEETING TIME AND MEETING POINT

Arrival date: 01/07/2025

Timetable or period: from 2pm to 6pm

Place Name: Pavilhão Municipal de Salvaterra

Place Address: Rua dos Bombeiros Voluntários, Zona Desportiva, 2120-072 Salvaterra de Magos

Emergency contact:	+351 912 431 911
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HOW TO GET TO THE MEETING POINT/CAMP? *(Please add addresses, timetables, itinerary trip, ticket prices and internet address)*

Closest Airport:	Lisbon
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Closest Train Station:	Vila Franca de Xira
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Travelling from the Airport to (bus or train)
 Go to Lisbon Train Station (Oriente)
 On foot or metro: From Lisbon Airport, you can take the Metro (Red Line) directly at the Airport station and continue to Oriente Station (only 1 stop).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point
 Go to the Municipal Sports Pavilion
 From Lisbon: Go to Estação do Oriente. Take a bus to Vila Franca de Xira or Salvaterra de Magos. Check available times at the station. If you prefer, you can choose a taxi or private transport (Uber), which takes around 30 to 40 minutes to reach the Pavilhão Desportivo Municipal de Salvaterra de Magos.
 From Porto: Go to the main station (Campo 24 de Agosto or Casa da Música). Take a direct bus to Lisbon (Estação do Oriente) and follow the instructions mentioned above. Alternatively, check the possibility of a direct connection to Vila Franca de Xira.
 From Faro: Go to Faro Bus Station. Take a bus to Lisbon (Estação Oriente). Once you arrive in Lisbon, follow the instructions mentioned to get to Salvaterra de Magos.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point
 Catch the Train at Oriente Station
 At Oriente Station, take a CP - Comboios de Portugal train on the line that goes to Vila Franca de Xira. The train journey between Estação Oriente and Vila Franca de Xira takes around 20 to 30 minutes.
 Arrival at Vila Franca de Xira Station
 When you arrive at Vila Franca de Xira Station, you will need to take the last part of the route to the Salvaterra de Magos Municipal Sports Pavilion.

- Special recommendations**
1. Travel Light: Bring only essential items to facilitate your journey, especially if using public transport.
 2. Plan Ahead: Check train and bus schedules in advance to avoid delays, particularly during weekends or holidays.
 3. Mobile Apps: Use apps like CP (Comboios de Portugal) and Uber for real-time travel updates and booking.
 4. Cheapest Transport Option:
 - From Lisbon: The cheapest option is the train from Oriente Station to Vila Franca de Xira, followed by a bus to Salvaterra de Magos.
 - From Porto and Faro: Take a Rede Expressos bus to Lisbon (Oriente), then switch to a train or bus for Vila Franca de Xira.
 5. Comfortable Footwear: Be prepared for short walks between transport connections.
 6. Arrival Time: Aim to arrive at Vila Franca de Xira station between 2 p.m. and 6 p.m. for easier access to Salvaterra de Magos.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	12 days
Local Host organization address:	Rua dos Bombeiros Voluntários, Zona Desportiva, 2120-072 Salvaterra de Magos
Local Host organization phone:	+351 912 431 911
Local Host organization email:	dreamdancing@live.com.pt
Local Host contact person:	Francisca Vieira
Camp Leader Name:	Bárbara Vieira
Camp Leader mobile phone:	+351 918 749 338
IPDJ Regional address:	Avenida dos Forcados Amadores de Santarém, 2000-201 Santarém
IPDJ Regional phone number:	+351 243 350 410

WORKCAMP CODE	PT-VI-17-25	
CAMP NAME*	Giving nature a hand 3.0	
DATES	Start: 15 July 2025	End: 24 July 2025

*Deve ser escolhido um título em inglês, pequeno e apelativo

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

MONTIS is a nature conservation NGO founded in Portugal in 2014. Its main goal is to manage abandoned marginal land, with little or no economic value, using an ecosystem restoration approach to recover functionality and increase biodiversity. This is achieved through a nature-based approach, focusing on natural processes like soil quality, water management and habitat enhancement.

To acquire land, MONTIS uses crowdfunding and establishes management agreements with landowners. Restoration activities are mostly carried out by volunteers, supported by a strong volunteering program, which serves as a tool for awareness-raising and engaging people in nature conservation.



MONTIS
conservação da natureza

Website: <https://montisacn.com/>

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

The work camp aims to unite young people from diverse nationalities, cultures, and backgrounds to enhance biodiversity, restore degraded ecosystems, and improve landscape fire resilience. Activities will take place in an ecologically degraded and sensitive area managed by MONTIS in Carvalhais, São Pedro do Sul, Portugal. More details about the area are available at <https://montisacn.com/en/managed-properties/baldio-de-carvalhais/>.

Participants, guided by monitors and specialists, will gain skills in nature conservation and ecosystem restoration through a "learn by doing" approach. Tasks include individual and group activities, fauna workshops, and leisure events to foster intercultural interaction and linguistic learning.

Expected nature outputs include improved vegetation growth, habitat conditions, fire resilience, soil quality, and water infiltration, as well as fauna and flora identification recorded on iNaturalist (<https://www.inaturalist.org/projects/montis>). The ecological restoration techniques applied are replicable across Europe, promoting skill-sharing and adding significant European value.



Voluntary Work and Tasks of the Camp

The volunteering tasks focus on ecosystem restoration and include a variety of activities: pruning young trees and managing pine and other native species to accelerate their growth; creating and maintaining access paths for volunteers and visitors; restoring riparian vegetation; building water runoff barriers with local materials to improve soil and water infiltration; and controlling invasive plants like *Acacia dealbata*, which degrades local ecosystems. Control methods involve pulling small trees and ring barking larger ones.

Volunteers will also help with camera trapping, setting up and retrieving cameras to capture wildlife photos and videos, with results shared afterward via email. Additionally, participants will identify and record fauna and flora using the iNaturalist app, guided by monitors. All collected data is made publicly available on the iNaturalist platform (<https://www.inaturalist.org/projects/montis>).

What the volunteers can Learn in this Camp? (study part)

Ecosystem restoration techniques and approaches. Techniques to restore riparian vegetation; improve soil quality and reduce water runoff; accelerate the growth of native trees; control invasive plant species. Learn about the effects and use of prescribed fire for ecosystem restoration. Volunteers will learn to work with camera trapping, and with tools to identify and register fauna and flora. Volunteers will learn about animal species and invasive plant species in workshops dedicated to these themes.

Free Time, Leisure Time and Visits preview

Free and leisure time will be spent in the surroundings of Bioparque de Carvalhais (<https://bioparque.org>). Activities like nature walking trails, slides, observation of nature, swimming pool and outdoor activities are available for the volunteer's free time. MONTIS will organise several workshops regarding wildlife, invasive species, natural engineering and visits to the local natural and cultural highlights of the area (watermills, prehistoric settlement, streams and oaklands).

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if it's urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)
The location of the Workcamp is in a remote rural area. Volunteers will camp in Bioparque de Carvalhais (<https://bioparque.org>). The closest village is 2 km from the camp. MONTIS will have a van available to support the needed transportation. The intervention area distances from the campsite are about 20 minutes walking. The van will be used to transport volunteers when needed, but walking is the main transportation. MONTIS will transport all tools, water and food needed for the volunteering period to the volunteering site. Camping site coordinates: 40°47'51.4"N 8°07'43.8"W. Working site coordinates: 40°48'17.0"N 8°07'46.5"W.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

Volunteers will be camping. There is a central facility with showers, and WC for women and man, with all basic hygiene facilities. There is another central facility for socializing, with board and card games, and a small bar/shop. The camping site has internet available, as well as outdoor barbecue and eating tables. There is no kitchen or laundry.

MONTIS will provide regular meals, with the possibility of vegetarian by request. These include breakfast, lunch, afternoon snack and dinner. Lunch will be served on the field as a packed lunch. If volunteers have dietary restrictions of any kind, these restrictions must be communicated to MONTIS for proper preparations.

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

There are no specific rules for the Camp. Participants shall commit to the working schedules and be on time for the activities. MONTIS will make a daily briefing at the end of each day to prepare the following day. Volunteers should always respect other campers.

Special remarks or requirements of the Camp

Volunteers should be comfortable with walking and physical activity, as there will be at least a total of 45 minutes of walking during each day and 5 hours of physical volunteering work. Motivation is important as the work is physical and includes camping all night..

INSURANCE (kind of covers)

The insurance covers death by accident, permanent invalidity by accident, treatment expenses by accident, simultaneous death of the person insured and husband or spouse, funeral expenses and expenses with rescue, search and transport of the injured person.

WHAT VOLUNTEERS HAVE TO BRING

Volunteers should bring their own sleeping bags, comfortable clothes and footwear suitable for mountain and nature working, several changes of clothes (there is no laundry), personal hygiene items, flip flops for bathing, reusable water bottle, towel, sunscreen and working hat (sun and heat are expected), leisure items (bathing suit, towel, book, games, etc.) and a traditional food or drink from their original country to share.

MEETING TIME AND MEETING POINT

Arrival date:	15 of July 2025
Timetable or period:	From 15:00 to 17:00
Place Name:	São Pedro do Sul – Terminal da Rede Expressos
Place Address:	R. Correia de Oliveira, nº 6, 3660-000 São Pedro do Sul
Emergency contact:	(+351) 969 100 150

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto
Closest Train Station:	There is no train station available close to the location

Travelling from the Airport to (bus or train)

From the Airport to Metro and Metro to Bus: At Porto Airport, head to the metro station located on Level 0, just outside the arrival's terminal. Board Line E (Violet) towards Estádio do Dragão and disembark at Campanhã station. Metro services depart every

30 minutes, and the journey takes approximately 33 minutes.

First Trip: 07:20 (Arrival at 07:53); Last Trip: 00:42 (Arrival at 01:15).

Fare: €2.25 plus €0.60 for the Andante Card; load the card with a Z4 ticket to cover the full trip to Campanhã. For more details, visit the [Metro do Porto website](#).

Upon arrival at Campanhã station, follow the signs to the bus interface exit, just a 3-minute walk within the complex. The Campanhã Intermodal Terminal is in an elevated area, accessible via escalators or elevators.

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

From Porto to São Pedro do Sul: At the Campanhã Intermodal Terminal ([41.15286](#), [-8.58259](#)), board a Rede Expressos bus to the São Pedro do Sul Intermodal Transport Centre ([40.75977](#), [-8.06064](#)). The journey takes approximately between 2h and 2h55min.

Schedule: 08:30 – 11:25 or 13:00 – 15:00;

Ticket Price: €8.20.

It is recommended to purchase tickets in advance. For booking and further information, visit the [Rede Expressos website](#).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

There is no train option to travel to the meeting point.

Special recommendations

None. For further information or help please email us to montisacn@gmail.com.

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro €
Weather expected during the camp:	Sunny days and hot temperatures
Local Host organization address:	Avenida Sidónio Pais, Central de Camionagem, R/C, 3670-249, Vouzela, Viseu
Local Host organization phone:	(+351) 232 774 040 (+351) 925 840 014
Local Host organization email:	montisacn@gmail.com
Local Host contact person:	Inês Pacheco
Camp Leader Name:	Inês Pacheco
Camp Leader mobile phone:	(+351) 969 100 150
IPDJ Regional address:	Rua Dr. Aristides Sousa Mendes, 3500-151 Viseu
IPDJ Regional phone number:	232 483 410

WORKCAMP CODE	PT-VI-23-25	
CAMP NAME*	Active Granja	
DATES	19 th of July 2025	28 th of July 2025

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Grupo Desportivo e Recreativo da Granja is located in a small Portuguese rural village, called Granja. It develops cultural and sports activities aimed at the village community. It also hosts adult education and volunteering projects, through which it has won a national prize for its good practices. It has been successful for its athletics activities, specially mountain running. It includes a federated team (Trutas do Mau), which competes at national and international level. Therefore, it is involved in the organization of some local and national athletics events. It also includes a Folklore group. Its email address is gdrgranja84@gmail.com. The email address of the workcamp leader is martampontes@gmail.com. Her phone number is +351 938494599. More information about GDR Granja is available here: <https://www.facebook.com/gdrdagranja>

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims

Active Granja workcamp is about social and environmental sustainability. It aims at fighting Granja’s geographic and social isolation. We want to make the village more alive, more active and more aligned with young people’s interests. We also want to provide its inhabitants with a joyful, intergenerational coexistence, with new experiences, knowledge and worldview. Therefore, we are eager to activate Granja with the help and the companionship of some nice young people from abroad who want to joins us and help us with the organization and the development of traditional practices and other activities in our community, daily tasks and entertainment, with promoting our culture, with attracting young people to the village, with making our village more charming, greener and smarter, while learning about our community, history, culture and environment.

Voluntary Work and Tasks of the Camp

The volunteers are asked to do the following work and tasks:

- help at promoting and developing cultural and traditional events for Grupo Desportivo e Recreativo da Granja association, together with the local community, doing hands-on work and logistical tasks at the association headquarters and across the village, while hanging out and having some fun with the community at entertainment times.
- interact with the village community through storytelling activities and by patronizing elderly people (helping them at doing some tasks, keeping company, entertaining, chatting, etc.).
- help at promoting our natural resources, by creating figures with our local and traditional black clay, by experiencing our thermal and healing waters in Carvalhal hot springs, while sightseeing in the local heritage and landscapes.
- help at making our village a neater place and a biodiversity campus for knowledge and research while participating in the “Let’s go green” Bootcamp, through a mountain bike tour and a site cleaning walking tour, with a swimming and barbecue break.
- paint a wall on a local iconic place.
- help at preparing, organizing, developing and taking part in an Intercultural Youth Meeting, aimed at bringing young people from our municipality together in our village and to promote arts and talents, while having fun at a DJ night party.
- help at bringing young people in our parish together, by organizing and promoting leisure activities in an afternoon event called “Youth Rise Up”.

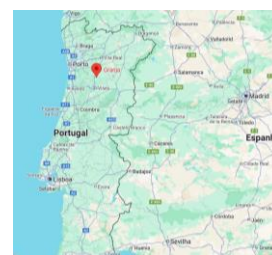
Everyday volunteers are required to prepare and cook their meals, with the help of local cooks. They are responsible for organizing, cleaning and tidying up the sleeping, hygiene, accomodation, kitchen and dining spaces. They are also asked to add value to our cultural environment with their arts and talents and with informal teaching of their languages and cultures.

What the volunteers can Learn in this Camp? (study part)

The volunteers can learn about the local biodiversity, nature, tradition, culture and heritage, about the village people and their way of life. They can learn about sustainability, identity, cultural diversity, the sense of belonging and the importance of community. They will also learn about human values and skills, human rights, environmental rights and the meaning of intercultural dialogue, understanding, empathy, solidarity, mutual help, sharing and friendship without age and without borders.

Free Time, Leisure Time and Visits preview

Volunteers can hang out with each other, together and with the local people, they can take part in community events and entertainment, they can have fun with local people, dance in a DJ party and in popular community parties, they can bike ride in the local mountains, swim in the river, they can relax at Termas do Carvalhal hot spring spas, they can create craftworks with Ribolhos black clay and they can sightsee in Castro Daire, the capital town of the municipality.



LOGISTICAL ARRANGEMENTS

Description of the Camp Location (if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location)

The camp is placed in the inner centre of Portugal, in a small rural village, called Granja, which is inhabited by approximately 130 people. It's 3,5 hours away from Lisbon and 1,5 hours away from Oporto by car. The closest city to Granja is Viseu, where you can go by car, taxi or bus. The closest airport is Oporto Francisco Sá Carneiro Airport. The accommodation place of the workcamp is Granja Sports Hall, which is located around 700 walkable metres away from the centre of the village, where there are beautiful mountains, rivers and sunny slopes and where the people are nice and friendly.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

The lodgement of the camp is Granja Sports Hall, a very large indoor sports hall, with internet. It will be divided into a dormitory area and a large multipurpose area. The dormitory will be adapted with camp beds, and it will be separated for boys and girls with movable dividers. There's an adjoining bathhouse with ladies bathroom and gentlemen bathroom. The multipurpose area will be used for meals and other activities. There is a kitchen with a stove, a fridge and cockery. There's a bar where drinks and snacks can be purchased. There isn't any laundry service, but the GDRG association is making efforts to provide a washing machine. GDR Granja association provides the volunteers with dinner on the 19th of July, breakfast, lunch, a small snack in the afternoon and dinner until the 27th of July. On the 28th of July, they will have breakfast before departure. On a daily basis, there will be goods available on a table for breakfast and for a snack. The menu for lunch and dinner will be Portuguese regional or national dishes. The volunteers will be provided with transport from the meeting point (Viseu Bus Station) to Granja on the arrival day (19th of July 2025), also during campwork activities, and from Granja to Viseu Bus Station on the departure day (28th of July 2025).

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

Daily shared tasks (helping at cooking, preparing meals, washing the dishes, tidying up, organizing, cleaning and keeping the facilities in order, etc.) will be accomplished by volunteers. They should not waste or spoil and should be environmentally friendly. They must comply with prescribed schedules and tasks, respect each other and the local people and follow the rules of the camp.

Special remarks or requirements of the Camp

INSURANCE (kind of covers)

- . Death or permanent disability due to accident;
- . Medical transport and repatriation due to accident;
- . Accident funeral expenses.

WHAT VOLUNTEERS HAVE TO BRING

Sportswear and comfortable footwear. Mountain shoes. Coat for cold nights. A cap or hat. Sleeping bag and pillow. Bath and changing room equipment (towels, bathing suit, swimming suit, cap, slippers...). Backpack. Toiletries. Own medicines. Sunscreen. Insect repellent. Musical instruments and/ or other tools for arts they play are welcome. Technological gadgets- laptop/ phone... Chargers compatible with Portuguese sockets. Be prepared for a pitch presentation about their country and region.

MEETING TIME AND MEETING POINT

Arrival date:	19 th of July
Timetable or period:	Until 18h00
Place Name:	Viseu city, at the entrance of Terminal Rodoviário de Viseu (Viseu Bus Station Entrance)
Place Address:	Avenida Dr. António José de Almeida, nº 242, 3510-054 Viseu (Phone number: +351 232 422 822)
Emergency contact:	+351 938494599 (Marta Pontes- workcamp leader)

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Oporto- Francisco Sá Carneiro Airport
Closest Train Station:	There is no train station in the meeting point (Viseu) or in the workcamp. Volunteers must travel by bus.

Travelling from Oporto to Viseu (by bus)

Oporto Francisco Sá Carneiro Airport or Campanhã Station to Viseu Bus Station (Terminal Rodoviário de Viseu)

Volunteers can travel directly from Oporto Francisco Sá Carneiro airport to the meeting point in Viseu city (Terminal Rodoviário de

Viseu- Viseu Bus Station). Several buses are available at the airport between 09:00 a.m. and 17:00 p.m. Search for the bus companies Rede de Expressos and Flixbus at the airport. To know the schedules and ticket prices, check their websites <https://rede-expressos.pt/> and <https://global.flixbus.com/>.

If they prefer, volunteers can travel from Oporto airport to Campanhã Bus Station (<https://terminais.porto.pt/pt/web/terminal-intermodal-de-campanh%C3%A3>) by underground. This journey lasts between 30 and 40 minutes. There's available underground every 30 minutes. Please check the Metro do Porto (Porto Underground) website: <https://en.metrodoporto.pt/>. In Campanhã Station, there are several buses available to Viseu Bus Station (Terminal Rodoviário de Viseu), from 08:00 o'clock a.m. Please, check the bus companies websites Rede de Expressos and Flixbus to know the schedules and ticket prices: <https://rede-expressos.pt/> and <https://global.flixbus.com/>.

Travelling from Lisbon to Viseu (by bus)

Lisbon Airport or Lisbon Gare do Oriente Station to Viseu Bus Station (Terminal Rodoviário de Viseu)

There are a few buses available at Lisbon airport between 04:00 and 16:00 to travel directly from the airport to the meeting point in Viseu city (Terminal Rodoviário de Viseu- Viseu Bus Station). Please, check Rede de Expressos and Flixbus bus companies websites, to know the schedules and ticket prices: <https://rede-expressos.pt/> and <https://global.flixbus.com/>.

However, in Lisbon it's preferable to catch the bus to Viseu in Gare do Oriente Bus Station, since there are more buses and better schedules available there. It's only a five minutes underground journey from the airport, through the red line towards São Sebastião (<https://www.metrolisboa.pt/en/>) to get from Lisbon airport to Gare do Oriente Bus Station. In Gare do Oriente, search for the bus companies Rede de Expressos and Flixbus. Please, check these bus companies websites, to know the schedules and ticket prices: <https://rede-expressos.pt/> and <https://global.flixbus.com/>.

It's important to choose the most suitable schedules, so that volunteers are at the meeting point until 18:00. They can book and buy their tickets online through the bus companies websites.

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

There isn't any train station in Viseu. Volunteers must travel to Viseu by bus.

Special recommendations

On the meeting day (19th July 2025), volunteers should be at the meeting point- the entrance of Viseu Bus Station (Terminal Rodoviário de Viseu)- until 18h00. The organization will be there at that time to take you to the workcamp by bus. Every volunteer should be there at 18h00. If anyone can't be at the meeting point until 18h00, please contact the organization (Marta Pontes- +351 938494599. Email: martampontes@gmail.com).

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	12
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sunny and hot during the day; might be cold at night
Local Host organization address:	Grupo Desportivo e Recreativo da Granja, Rua de São Brás, Nº 50, 3600-427 Mões
Local Host organization phone:	+351 938494599
Local Host organization email:	martampontes@gmail.com
Local Host contact person:	Marta Pontes
Camp Leader Name:	Marta Pontes
Camp Leader mobile phone:	+351 938494599
IPDJ Regional address:	IPDJ Viseu- Rua Dr. Aristides Sousa Mendes, 3500-151 Viseu
IPDJ Regional phone number:	+ 351 232 483 810

WORKCAMP CODE	PT-VR-20-25	
CAMP NAME*	CLOSER - Art & Solidarity	
DATES	From 01-07-2025	to 12-07-2025

LOCAL HOST (<i>organization name, aims, main activities, internet address, you can add a small logo of your organization</i>) – Maximum - 130 words	
WAVEMOMENT - Associação Juvenil promove musical, cultural, sporting, nature protection and solidarity activities. We promote musical workshops, musical expression courses, musical talent competitions, among others. We founded several musical groups such as: a guitar orchestra, a rock band and a regional youth tuna. We promote the "Solidarity Mission" project, visiting homes and the Vila Real prison with musical groups, offering music and basic food and hygiene items. We also develop nature protection activities with innovative projects, using the global idea of geocaching and coordinate school awareness raising in secondary schools in Vila Real on this topic.	

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

<p>Camp Description and Aims</p> <p>The main objectives for the "CLOSER Art & Solidarity" are:</p> <ol style="list-style-type: none"> 1) Socio-community activities with the population of the Parish of Vila Real, involving young people in the preparation of two main solidarity events; 2) Support the highlighted families in this parish with solidarity food baskets; <p>Participants will be staying in a Residencial provided by the Local Host</p> <p>You can watch a movie/resume on Youtube of a previous International Camp about Nature theme: https://www.youtube.com/watch?v=p0g6Ey-kY44&ab_channel=EscolaMusic%27sCool</p>
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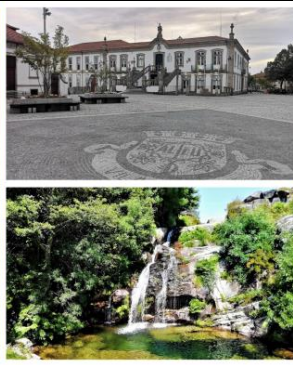
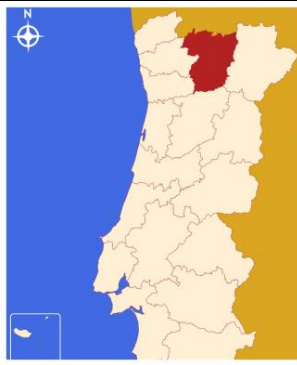
<p>Voluntary Work and Main Tasks of the Camp</p> <p>Event: Solidarity Concert</p> <ul style="list-style-type: none"> • Photography and Editing Team: Take and edit photos during the event, then publish them. • Multimedia Team: Design posters and flyers for the musical event and charitable purposes. • Stage Assembly Team: Support in setting up the stage (lights, cables, microphones, instruments) and changing lyrics and scores during the show. • Food Collection Team: Prepare food baskets, place informational posters, and collect food items from attendees. <p>Event: Multicultural Solidarity Fashion Show</p> <ul style="list-style-type: none"> • Clothing Design Team: Brainstorm ideas, collect recycled fabrics, and sketch and illustrate clothing. • Clothing Construction Team: Sanitize fabrics, gather sewing materials, and set up a sewing workshop. • Scenic Team: Create an engaging environment with lights, projections, and sound (light testing, background music...). • Dressing Room Team: Prepare the space, assist with makeup, and help with clothing changes. • Food Team: Prepare and organize food baskets during the event. • Multimedia Team: Design posters and flyers for the event, focusing on recycling, responsible consumption, and reusing materials. • Photography and Editing Team: Organize a photoshoot and take pictures during and after the event.
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<p>What the volunteers can Learn in this Camp? (study part)</p> <p>Besides the participants being aware of spirit of solidarity and being CLOSE to people, they will gain new "skills" that will contribute to their personal development, acquiring new communication skills, socialization skills, knowing how to organize and execute a event, larger spirit of initiative and entrepreneurship, greater self-empowerment and self-esteem, more active participation in society, greater awareness of interculturality, among others.</p> <p>All the tasks and learnings of this project will be documented in a final diploma, delivered by the organisation to each of the young people.</p>
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<p>Free Time, Leisure Time and Visits preview</p> <p>During leisure time and free time, participants can visit Vila Real, visit churches, museums, walk and explore the city's parks, go to the waterfall, go shopping, do some sports or relax.</p> <p>The group will also be able to visit several green places where they can appreciate the natural beauty that surrounds Vila Real.</p>

LOGISTICAL ARRANGEMENTS

<p>Description of the Camp Location (<i>if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location</i>)</p> <p>The camp will take place in Vila Real City.</p> <p>The participants will be hosted in a small Residencial for the local host.</p> <p>Participants will be able to wash their clothes in industrial machines in the city.</p> <p>The small trips in the city and village will be made on foot. Bigger distances will be made by Van.</p>
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Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

- Kind of lodgement: A small Residencial Has 5 rooms: 2 bathrooms, showers with hot water, and a large meeting room/kitchen.
- Number of meals: 4 (Breakfast, Lunch, break and dinner).

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Respect for all participants; Integrate work and group activities with joy; Accomplish with schedules; Get to know the city of Vila Real and have fun

Special remarks or requirements of the Camp

- Be an active and helpful member;
- Be a positive member in the group;
- Be willing to accept changes that the group democratically decides;
- Bring new ideas to the group;

INSURANCE (kind of covers)

Personal accident insurance (Kind of covers: death, permanent disability, treatment costs, funeral costs and repatriation).

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag, sleeping blanket;

Toiletries, bath towels.

A typical food of the locality of each young person that awakens some senses to use in the intercultural night.

Pocket Money for the needs of each young person.

MEETING TIME AND MEETING POINT

Arrival date: 01-07-2025

Timetable or period: 16:00 – 18:00

Place Name: Vila Real City Hall

Place Address: Av. Carvalho Araújo 10, 5000-651 Vila Real

Emergency contact: (+351) 967 111 725

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport: Porto Airport (OPO)

Closest Train Station: Regua's Train Station

Travelling from the Airport to (bus or train)

Vila Real is located 50 minutes distance from the **Porto airport**.

1 - You land in the **Porto airport**

2 - Take the bus to Vila Real, the ticket price is about 10,00€.

The main bus company in Portugal is "**Rede Expressos**".

Bus company website:

<https://www.rede-expressos.pt/>

3. When you arrive in Vila Real, you have to go to the city hall (5 minutes walking distance).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Take the bus to Vila Real, the ticket price in "**Rede Expressos**" is about 21,00€ (Lisbon to Vila Real) or 30,00€ (Faro to Vila Real).

When you arrive in Vila Real, you have to go to the city hall (5 minutes walking distance).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

We don't have train station in Vila Real but if you want, you can take a train to Régua or Porto (if traveling from Lisbon or Faro) and then take a bus to Vila Real.

Special recommendations

Please be aware that the cost of a taxi to Vila Real is much more expensive than traveling by bus.

Usually, bus trips take 1h30 from Porto to Vila Real, close to 5h from Lisbon to Vila Real and almost 10h from Faro to Vila Real

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
Weather expected during the camp:	Sun and heat (between 22º and 30ºC) but it can rain at any time
Local Host organization address:	Rua Nova, Bloco A, 9, R/C
Local Host organization phone:	(+351) 259 322 733
Local Host organization email:	tiagoquinteiracosta@gmail.com
Local Host contact person:	Tiago Costa
Camp Leader Name:	Tiago Costa
Camp Leader mobile phone:	(+351) 967 111 725
IPDJ Regional address:	R. Dr. Manuel Cardona, 6
IPDJ Regional phone number:	(+351) 259 309 640

WORKCAMP CODE	PT-VR-21-25	
CAMP NAME*	Culture & Solidarity	
DATES	From 13-07-2025	to 24-07-2025

LOCAL HOST (*organization name, aims, main activities, internet address, you can add a small logo of your organization*) – Maximum - 130 words

Associação Ger Emergente develops projects essentially in four main areas: **culture, solidarity, environment and entrepreneurship**.
The main activities developed over the years include: promoting **solidarity** and **cultural events**, where **music, theater and urban arts** are present, developing **environmental programs to defend nature and the forest**, making Vila Real known and being a pillar for young people entrepreneurs.

WORKCAMP DESCRIPTION (*After WorkCamp description you can add 1 or 2 photos from previous camps, if the same*)

Camp Description and Aims
The main goals for the “CULTURE & SOLIDARITY” project are:
1) Socio-community activities with the population of the Parish of Vila Real, involving young people in the preparation of two main solidarity events;
2) Support the entity “Borboletas aos Montes” – Association supporting breast cancer patients.
Participants will be staying in a Residencial provided by the Local Host
You can watch a movie/resume on Youtube of a previous International Camp about Nature theme:
https://www.youtube.com/watch?v=p0g6Ey-kY44&ab_channel=EscolaMusic%27sCool

Voluntary Work and Tasks of the Camp
Some tasks to be performed by young participants:

EVENT Solidarity Concert:
Photography and Editing Team: Take and edit photos during the event and publish them.
Multimedia Team: Design posters and flyers for the musical event and charitable purposes.
Stage Assembly Team: Assist in setting up the stage, including lights, cables, microphones, and instruments, and help with lyric and score changes during the event.
Food Collection Team: Prepare food collection baskets, place posters, set up a collection table, and gather food from attendees.

EVENT Solidarity Walk:
Logistics Team: Plan the route (distance, difficulty, landmarks), ensure accessibility, organize hydration stations, and coordinate with a first-aid team.
Organization Team: Set up an online registration platform, gather participant info, prepare promotional materials, create a schedule, and define the method for collecting donations (money, food, clothes). They also coordinate the distribution of donations, capture images along the route, and ensure equipment works well. They will photograph key moments, including participants’ arrival and interactions, and edit and share a digital album with the photos.

What the volunteers can Learn in this Camp? (study part)
Besides the participants being aware of spirit of solidarity and being CLOSE to people, they will gain new "skills" that will contribute to their personal development, acquiring new communication skills, socialization skills, knowing how to organize and execute a event, larger spirit of initiative and entrepreneurship, greater self-empowerment and self-esteem, more active participation in society, greater awareness of interculturality, among others.
All the tasks and learnings of this project will be documented in a final diploma, delivered by the organisation to each of the young people.

Free Time, Leisure Time and Visits preview
During leisure time and free time, participants can visit Vila Real, visit churches, museums, walk and explore the city's parks, go to the waterfall, go shopping, do some sports or relax.
The group will also be able to visit several green places where they can appreciate the natural beauty that surrounds Vila Real.

LOGISTICAL ARRANGEMENTS

Description of the Camp Location (*if its urban, rural, isolated, population, etc. Add geo referencing, you can also add a map or a photo of the camp location*)
The camp will take place in Vila Real City. The participants will be hosted in a small Residencial for the local host.
Participants will be able to wash their clothes in industrial machines in the city.
The small trips in the city and village will be made on foot. Bigger distances will be made by Van.



Accommodation/Food (describe the kind of lodgement, hygiene facilities, number of meals, kind of food, other services available or not – laundry, kitchen, internet, etc)

- Kind of lodgement: A small Residencial Has 5 rooms: 2 bathrooms, showers with hot water, and a large meeting room/kitchen.
- Number of meals: 4 (Breakfast, Lunch, break and dinner).

CONDITIONS OF PARTICIPATION (if there is any specific information that is important volunteers to know about the camp)

Internal rules of the Camp

- Respect for all participants;
- Integrate work and group activities with joy;
- Accomplish with schedules;
- Get to know the city of Vila Real and have fun

Special remarks or requirements of the Camp

- Be an active and helpful member;
- Be a positive member in the group;
- Be willing to accept changes that the group democratically decides;
- Bring new ideas to the group;

INSURANCE (kind of covers)

Personal accident insurance (Kind of covers: death, permanent disability, treatment costs, funeral costs and repatriation).

WHAT VOLUNTEERS HAVE TO BRING

Sleeping bag, sleeping blanket;
Toiletries, bath towels.

A typical food of the locality of each young person that awakens some senses to use in the intercultural night.
Pocket Money for the needs of each young person.

MEETING TIME AND MEETING POINT

Arrival date:	13-07-2025
Timetable or period:	16:00 – 18:00
Place Name:	Vila Real City Hall
Place Address:	Av. Carvalho Araújo 10, 5000-651 Vila Real
Emergency contact:	(+351) 967 111 725

HOW TO GET TO THE MEETING POINT/CAMP? (Please add addresses, timetables, itinerary trip, ticket prices and internet address)

Closest Airport:	Porto Airport (OPO)
Closest Train Station:	Regua’s Train Station

Travelling from the Airport to (bus or train)

Vila Real is located 50 minutes distance from the **Porto airport**.

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Bus company website:
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3. When you arrive in Vila Real, you have to go to the city hall (5 minutes walking distance).

Travelling by Bus from (Lisbon, Porto or Faro) to the Meeting point

Take the bus to Vila Real, the ticket price in “Rede Expressos” is about 21,00€ (Lisbon to Vila Real) or 30,00€ (Faro to Vila Real).
When you arrive in Vila Real, you have to go to the city hall (5 minutes walking distance).

Traveling by train from (Lisbon, Porto or Faro) to the Meeting Point

We don't have train station in Vila Real but if you want, you can take a train to Régua or Porto (if traveling from Lisbon or Faro) and then take a bus to Vila Real.

Special recommendations

Please be aware that the cost of a taxi to Vila Real is much more expensive than traveling by bus.

Usually, bus trips take 1h30 from Porto to Vila Real, close to 5h from Lisbon to Vila Real and almost 10h from Faro to Vila Real

PRACTICAL INFORMATION AND CONTACTS

Nº of volunteers:	17
Working language:	English
Country currency:	Euro
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