



COCAT
2025



INTERNATIONAL WORK CAMPS

GENERAL PROGRAMME



THINK GLOBAL,
ACT LOCAL!



INDEX

About us	1
Alliances	2
Core Values	3
Catalonia	4
This year COCAT proposes	5
Work camps	6
<i>Beyond Borders</i>	8
Group Projects	9
Building Community in <i>La Riba</i>	10
<i>Sant Antoni's</i> Tower	11
Ebrefolk Festival	12
Ancient Trails Museum	13
Contacts	14



ABOUT US...

COCAT is a Catalan non-governmental organization and non-profit coordinating platform created to represent Catalonia's international organizations.

COCAT links the international and the national (local) levels of voluntary movement. Our work camps are real-world volunteering experiences at the local and global levels.

Every year, more than 500 young Catalans carry out volunteer projects abroad, and more than 150 young people from all over the world participate in the international work camps that are carried out in Catalonia and organized by Catalan youth associations.



ALLIANCES: GLOBAL LEVEL



COCAT is a member of two international networks promoting International Voluntary Service. Thanks to this membership COCAT can work with partner organizations from different countries.



ALLIANCE is a European Voluntary Service organization that for 30 years has been promoting volunteering among youngsters in Europe. It has 50 members from 30 countries in Europe, America and Asia.

CCIVS is an International Voluntary Service platform made up of organizations from all over the world. CCIVS has been coordinating the IVS for more than 75 years and consists of 80 organizations nowadays. CCIVS bases all its actions on human rights principles and mutual cooperation, participation, respect and non-discrimination.



ALLIANCES

NATIONAL AND LOCAL LEVELS

CATALAN ORGANIZATIONS - MEMBERS OF COCAT:

These organizations design projects for the community and youngsters in different areas. They organise and prepare the work camps, care for the needs of the community and ensure the educational value of the camps.



FUNDACIÓ ESCOLTA
**JOSEP
CAROL**



Fundesplai



Generalitat de Catalunya
Departament de Treball,
Afers Socials i Famílies

DIRECCIÓ GENERAL DE JOVENTUT, this area of the Catalan government is involved in the development of workcamps held in Catalonia. It offers financial support to the organizations.

FOCIR, The Federation of Internationally Recognised Catalan Organizations, is a Catalan civil society platform founded in 1995, with the mission of promoting Catalan organizations' participation in the international world.



F O C I R

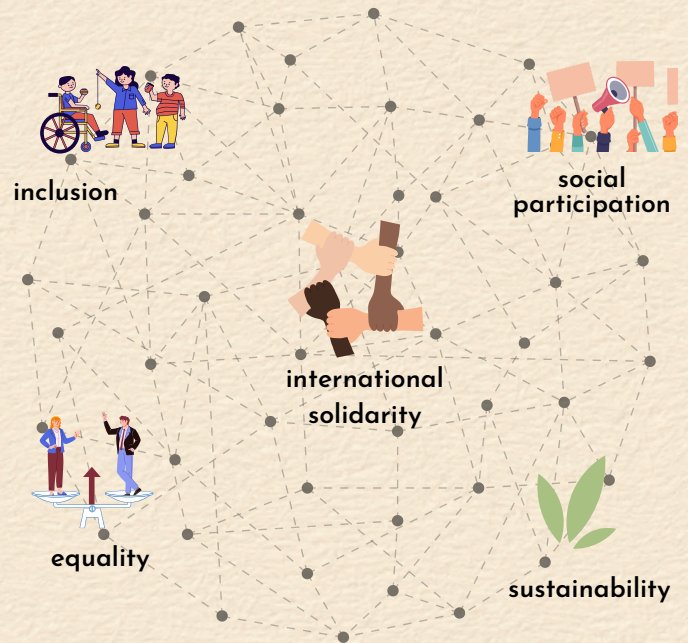


Lafede.cat, this federation made up of 128 entities fosters global justice and works actively to eradicate inequalities everywhere, through cooperation, the defense of human rights and the promotion of peace.



CORE VALUES

We aim to develop work camps and other volunteer projects as a tool for personal, collective, and community development, with the central values of interculturality, peace, social justice, and equality.



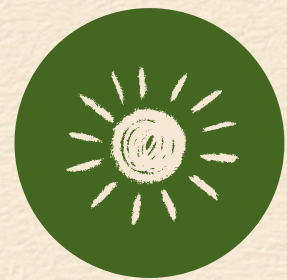
IN THE CAMPS THESE VALUES ARE REFLECTED IN ...



The cooperation with other volunteers and the local people!



The respecting of cultural and social diversity of participants and locals.



The contributing with energy and actions as a group member to the camp day life.



CATALONIA



All our work camps take place in small towns and villages of Catalonia. It is a good chance for volunteers to learn more about the country, to see its picturesque landscapes, and to experience its traditions.

Catalonia is in the northeast of the Iberian Peninsula. It has a territory of 32.114 km² and close to 8 million inhabitants. The Catalan landscape is varied from Pyrenean mountains to coastal regions, all under beautiful Mediterranean tones.

Culturally, there are vibrant customs and celebrations that we are proud to exhibit. The historical invasions and political conquests gave Catalonia the awareness to open its doors to intercultural dialogue and to live old and new traditions of the Catalan community and values.

PARLES CATALÀ?

The language of the country is Catalan, one of the western neo-latin languages. Even though everyone learns Spanish and English at school, and, thus, there is no problem for non-Catalan-speaking visitors, Catalan is a living language studied at schools, colleges, and universities. It's used in the everyday life of a lot of people, as well as on radio, television, and newspapers

Catalan speaking communities span beyond Catalonia, going into France, Andorra, and Italy.



THIS YEAR COCAT PROPOSES...

4

work camps
for adults

2

work camp
for teens

4







group
projects



WORK CAMPS IN A NUTSHELL

In work camps, you and other people from all over the world collaborate with an entity for 15 days. They are non-formal learning experiences for young people coming from different places. Through the work camps, you support non-profit projects, develop the local community's traditions, and promote ideals of solidarity and inclusion. This year we propose 4 work camps for adults and 2 for teenagers (14-17 y.o) **WITHOUT EXTRA FEE.**

Here is a **provisional** list of the camps we offer this year:

Code	Camp (to be confirmed)	HO	From	To	📍	Type	Pax.
CAT02 25	Beyond the vineyard: the stone heritage	Fundesplai	19/07	02/08	Barcelona		24
CAT03 25	Reading life in the rocks	CRUC	Second 2 weeks	July	Lleida		15
CAT04 25	St. Iscle's Castle: looking for a past	Grup d'Esplai Vidrerenc	17/08	31/08	Girona		15
CAT08 25	Estany de Sils: management and restauration of a protected Catalan wetlands	Fundació Emys	02/08	16/02	Girona		24
CAT09 TEENS 25	Nature path in the Siarb Valley 1	Balmes Blancs	First 2 weeks	July	Lleida		15
CAT21 TEENS 25	Nature path in the Siarb Valley 2	Balmes Blancs	01/08	15/08	Lleida		15



enviromental



cultural/
heritage



archeological



"BEYOND BORDERS" ACCESS FOR ALL PROJECT

Inclusion and diversity are one of the fundamental values of our organization. That is why our work camps are open for whoever wants to participate in a project.

For people with fewer opportunities, we offer the chance to **5 volunteers** to partake in one of our short-term work camp projects in Catalonia. This can be a perfect chance to meet new friends and experience new adventures! For these participants, we propose:



Fully covered travel expenses



Pocket money: 6 euros/day



Henner health insurance



*"Strength lines in differences,
not in similarities."*



GROUP PROJECTS

Group projects are for those who want to participate in a voluntary activity with a group of people who share a similar motivation and have the same goal to make this world a better place to live.

The organization offers a group several accommodation and meal options for any budget. Its price also depends on the number of participants in the group.

THIS YEAR WE PROPOSE



**BUILDING
COMMUNITY
IN LA RIBA**



**SANT
ANTONI'S
TOWER**



**ANCIENT
TRAILS
MUSEUM**



**EBREFOLK
FESTIVAL**



IMPORTANT TECHNICAL INFORMATION



- **The group should bring a camp leader.**
- **The hosting organization will provide a technical camp leader** (included in the accommodation price).
- There are several catering options as the group can self-organise for food, or, in some camps, there is food provided at a cost.
- **Payment details after group confirmation:** a single payment is due to COCAT, no later than 2 months before the project begins.
- **Cancellation policy after payment:** a fee from the total payment will be considered as a deposit and is **non-refundable in case of cancellation.**





FUNDACIÓ ESCOLTA
JOSEP
CAROL

BUILDING COMMUNITY IN LA RIBA

La Riba is a youth camp managed by the *Fundació Escolta Josep Carol* for the *Generalitat de Catalunya*, designed to allow various youth groups and educational entities to access nature. It is a natural space set up as a camping ground, open year-round for children and youth, with facilities including a kitchen, shelter, swimming pool, showers, and toilets. Over 1,000 people camp here annually and the wear and tear of some spaces is evident.



The technical work that will be carried out is:

Painting: *La Riba* area has three buildings: the kitchen, the porch, and the caretaker's house. Over time and due to weather conditions, the paint has worn off, and it is necessary to repaint these facilities. Additionally, in the shower and toilet area, a coat of paint will also be required in some external and internal zones.

Clearing: to help prevent forest fires in the nearby wooded area, participants will clear the underbrush in collaboration with forest rangers.



SANT ANTONI'S TOWER

The young volunteers will participate in the maintenance of the *Sant Antoni's Tower* space in the municipality of *Jesús*.

This is a meeting place for young people from different international programs; Young people are not only accommodated in this space, but workshops, exchanges, and long-term stays have also been held since 2021.

The tents are placed in the exterior areas of *Sant Antoni* which will be conditioned so that they can be used for different purposes: an ecological garden to employ young people, leisure areas, ornamental plant areas, etc.

With this project, the young participants assist with the maintenance of the tower: repainting doors, building stone walls, painting fences, and making stone constructions, as well as getting to know the local community where the project is developed in collaboration with other local partners. Volunteers will conduct many tasks, such as: the identification and selection of plants, the construction of walls, the repainting of different structures in the area, and the identification and cleaning of watering cans.



EBREFOLK FESTIVAL



The EBREFOLK project promotes the ethnomusical heritage of the coastal regions of the Ebre River and its tributaries—a shared area between Aragón, Catalonia, and the Valencian Community. Over the course of four days in July, Móra d'Ebre hosts a variety of workshops, celebrations, musical performances, and exhibitions.

The project focuses on workshops taught by a specialist from the field, designed for anyone interested in deepening their understanding of the traditional musical culture of this region. The main focus of the project is to provide a fresh perspective on the ethnomusical and ethnocoreological heritage of these territories. The volunteers participate in the events of the Ebrefolk festival and are involved in daily activities such as cleaning up the town and they will become part of the community's life.

The tasks will be related to the promotion of the festival, organizing and preparing all the logistics and assembly of the stage, monitoring the entry of the public, preparing and setting up the festival space, conducting and participating in the workshops, food preparation, and cleaning and recycling.



The purpose of this work camp is to participate in the recovery of old paths and to learn about the history of the Pyrenees, its culture and nature, and to participate in different activities of preservation and conservation.

The technical work of the projects involves the conservation of old paths in the Valley of Siarb and consists of physical tasks.



The following are the main tasks:

- Road clearing: mowing grass, bushes that grow in the spring to keep the roads comfortably passable on foot.
- Remove stones from the road: pick up stones that have fallen onto the road and place them neatly at the edges to ensure safe passage.
- Rebuild the simplest sections of dry stone walls: repair those walls that have fallen and are easily reconstructible.
- Improve signage with paint: review the tracking marks of the paths with paint according to the instructions provided by the *Alt Pirineu* Natural Park.
- Reconstruction of dry stone walls.



CONTACTS



C/Calàbria 120 baixos, 08015, Barcelona.



E-mail: cocat@cocat.org

Tel.: 0034 93 425 40 64



Emergency contact: 0034 686 336 379 - 0034 622 312 051

INCOMING/A4A/ESC

Ariadna Casajuana Sagués: incoming@cocat.org

Incoming ESC volunteer: Isaura Simas Pereira



OUTGOING

Valentina Campomori: outgoing@cocat.org

Outgoing ESC volunteer: Eline Brakel

ESC sending

Laia Vila Xirinachs: esc@cocat.org

ESC volunteer: Mar Osó Lledó

Communication officer:

Iona Crusat: comunicacio@cocat.org

General coordinator:

Rosa Garcia Fruitós: rfruitos@cocat.org





TAKE A STEP TOWARDS YOUR
BRIGHT FUTURE WITH US!



