

EU SPARKS training course

31.03.2025 - 07.04.2025 Recoaro Terme (VI), Italy



Aim of the project

To train youth workers to the capability of inventing and using creative and innovative youth work methods and tools in order to increase the knowledge, understanding and awareness among young people regarding the importance of the EU and to contribute to combating populist movements.



Objectives of the training course

Getting acquainted with the European Youth Strategy “**Engaging, Connecting, Empowering young people**”

Understanding the work of the European Union Agency for Fundamental Rights and get acquainted with the ‘**Charter of Fundamental Rights of the European Union**’

Exploring the **four fundamental freedoms** in the European Union

Non-formal learning methods and tools on **fighting populism** among young people

Meaning and importance of **media literacy** and how it contributes to maintain democracy

Partnership-building and **project-initiation**



Methodology

The training will be designed based on **non-formal learning methodology** and according to the needs of participants and partner organisations. It will be learner-centred. The experienced international trainers' team will offer an **active participatory programme** where participants can explore and reflect on the broad variety of non-formal learning methods used. Participants will improve their citizenship competence and cultural awareness and expression through different non-formal learning methods such as individual reflection, pair and group work, theatre, montage, field visit, open space methodology, etc.



Who can participate

- 21+ (no upper age limit)
- **Youth workers and leaders directly working with marginalised young people** (e.g. immigrants, minorities, Roma, etc.)
- Those who are able to participate for the **entire training course**
- Have organizational support for **further activities with young people**
- **English speakers**

Eligible countries: **EU member states**



Programme

Hours	Day 1 Arrival day	Day2 Getting to know day	Day 3 Day of European Youth Strategy	Day 4 Day of Fundamental Rights of the EU	Day 5 Day of study visits	Day 6 Day of fighting populism	Day 7 Day of future steps	Departure day
14.00 - 15.30 Session 3	Welcome to the participants Introduction of participants Warm Up activities	Team building challenges – Treasure hunt	Members of the European Union – meta reflection	Fundamental Rights of the European Union	Cultural afternoon	Fighting populism and promoting EU: presenting the NFL tools and methods Feedback and follow up plans for the tools	Finalise Youthpass	Departure of participants
15.30 – 16.00			Coffee break				Coffee break	
16.00 - 18.00 (Including coffee break) Session 4			Importance of the EU – meta reflection				Evaluation of the TC	
18.00-19.00	Family group	Rainbows	Rainbows	Rainbows	Rainbows	Rainbows	Rainbows	
19.00-20.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20.00-	Social evening	International evening	NGO party	Fairy-tale evening	Cultural evening	Movie evening	Farewell Evening	

What to bring:



- **First of all, YOURSELF:)**
- **Laptop/tablet** (optional, but recommended)
- **Something from your country for the Intercultural Evenings**

Accomodation

Participants will be accomodated in:

HOTEL TRETTENERO

Via Vittorio Emanuele, 16 - 36076 Recoaro Terme (VI), Italia

To get more information about the accommodation you can look through the website of the hotel:

<https://www.hoteltrettenero.it/>



Financial Conditions

All **accommodation and food costs** will be covered by the project. **Travel costs** will be **reimbursed** according to the distance band fixed by the European Commission. You will receive back your travel costs up to the amount stated by the European Commission according to the distance band (see the **table** below), The reimbursement will be paid **ONLY** by bank transfer after receiving all the tickets, boarding passes and bills related to the travel.

DISTANCE BAND	AMOUNT OF REIMBURSEMENT	GREEN TRAVEL*
Between 100 and 499 KM	211 €	285 €
Between 500 and 1999 KM	309 €	417 €
Between 2000 and 2999 KM	395 €	535 €
Between 3000 and 3999 KM	580 €	785 €

*GREEN TRAVEL: travel that use low-emissions means of transport for the main part of the travel, such as bus, train or car-pooling (instead of plane) receive a bigger amount of reimbursement.) receive a bigger amount of reimbursement.

TRAVELLING

The Training Course will take place in **Recoaro Terme**, a town known its mineral spring waters, located in the province of Vicenza, Veneto, in northern Italy.

You will find all the information on how to reach Recoaro from all the nearest airports in the following pages.

We recommend you to buy all the **tickets** you need **online**, especially the train ones, **before the arrival**.

Let's make it simple and divide your trip in **3 fundamental steps**:

01

from: AIRPORT
to: VICENZA
TRAIN STATION

02

from: VICENZA
STATION
to: RECOARO BUS
STATION

03

from: RECOARO
BUS STATION
to: HOTEL
TRETTENERO



Airports

The nearest airports are:

- **Verona** www.aeroporto.verona.it/passeggeri_t5
- **Venice** www.veniceairport.it
- **Venice-Treviso** www.trevisoairport.it

A bit farther but still fine:

- Milano-Bergamo www.sacbo.it/Airpor/portalProcess.jsp
- Milano-Malpensa www.milanomalpensa-airport.com/it
- Milano-Linate www.milanolate-airport.com/it
- Bologna www.bologna-airport.it/en

Send us the options you find, we will tell you if it is manageable to reach the venue!



VERONA "CATULLO" AIRPORT (VRN)

From VERONA airport you have to take the **bus to Verona Porta Nuova** (railway station). The Aerobus service from the airport to the train station runs every 20 minutes, every day of the week. To check the bus connections to the train stations of Verona Porta Nuova:

www.aeroporto.verona.it/en/aerobus_t2

The ticket costs **6€**.

Once you are in Verona train station, there are trains from **Verona to Vicenza** every hour.





VENICE TREVISO “CANOVA” AIRPORT (TSF)

OPTION 1 (cheaper!):

From TREVISO airport you have to take the **bus** to the **train station Treviso Centrale**.

Here you can find more information:

<https://mobilitadimarca.it/p/linee-e-orari/treviso-airbus>

Then you will take a **train** from **Treviso Centrale** to **Vicenza** (it comes approx. once an hour). Anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: <https://www.trenitalia.com/en.html>

Prices go from **6,35€**.

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VENICE TREVISO “CANOVA” AIRPORT (TSF)

OPTION 2:

From TREVISO airport you can take the **bus** to the **train station** of **Venezia-Mestre**:
http://www.atvo.it/index.php?lang=en&area=23&menuid=36&view_pc#

The ticket costs **12€** one way (return ticket 22€ with 10 days validity).

You can buy it online, (it costs the same as in the automatic ticket machine), or on board Ryanair flights or in the ticket machine/ticket office in the airport.

Then you will take a **train** from **Venezia-Mestre** to **Vicenza**.

There are trains from Mestre to Vicenza very often, you can check the site of the Italian railway station: <https://www.trenitalia.com/en.html>

Prices go from **6,35€** up to 22,00€... The regional trains are cheaper than Frecciarossa, and it takes about 30 minutes more.

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VENICE “MARCO-POLO” AIRPORT (VCE)+

From Venice airport you have to take the **bus** to the **train station** of **Venezia-Mestre**:

www.atvo.it/index.php?lingua=en&area=menustandard&idpadre=23&idmenu=35

The ticket costs **€10** (€ 18 round trip). You can buy it online (you can have a discount but only if you buy more than one ticket), or in the automatic ticket machine/ticket office in the airport.

Then you will take a **train from Venezia-Mestre to Vicenza**.

There are trains from Mestre to Vicenza very often, you can check the site of the Italian railway station: <https://www.trenitalia.com/en.html>

Prices go from **6,35€** up to 22,00€... The regional trains are cheaper than Frecciarossa, and it takes about 30 minutes more.

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MILANO-BERGAMO “ORIO AL SERIO” AIRPORT (BGY)

OPTION 1: Once a day there is a direct **Flixbus** from **Bergamo Airport** to **Vicenza**.

OPTION 2: take a **Flixbus** to **Verona** and from Verona take a **train** to **Vicenza** (Flixbus stop is very near to the train station). <https://global.flixbus.com/>

OPTION 3: From Milano-Bergamo airport you have to take the **bus “Orio shuttle”** to **Milano Centrale train Station**. The bus leaves from Arrivals, Platform 2, every half an hour and it takes about 50 minutes to arrive in the Milano Centrale train Station. The ticket costs **10€**. You can check the timetable and buy the ticket online at: http://www.orioshuttle.com/_eng/

There are trains from **Milano** to **Vicenza** every hour, you can check the site of the Italian railway station: <https://www.trenitalia.com/en.html>

Prices go from **15,95€** up to 42,00€... The regional trains are cheaper than Frecciarossa and it takes about 50 minutes more.



MILANO "MALPENSA" AIRPORT (MXP)

From Malpensa airport you have to take the **Malpensa express train** to Milano Centrale train station. The ticket costs **13€** one way (round trip 20€ with 30 days validity). You can check the timetable and buy it on line at:

<http://www.malpensaexpress.it/en/>

choosing "on-line ticket" from "Milano Aeroporto" to "Milano Centrale".

There are trains from **Milano** to **Vicenza** every hour, you can check the site of the Italian railway station: <https://www.trenitalia.com/en.html>

Prices go from **15,95€** up to 42,00€... The regional trains are cheaper than Frecciarossa and it takes about 50 minutes more.

Ition is to take a **Flixbus** to **Verona** and from Verona take a **train** to **Vicenza** (Flixbus stop is very near to the train station). <https://global.flixbus.com/>



MILANO "LINATE" AIRPORT (LIN)

Milano Linate you have 2 options to get to **Milano Centrale**:

OPTION 1 is to take **Linate shuttle**: <https://www.milano-aeroporti.it/linate-shuttle/index.html> The ticket will cost you **7,00€**.

OPTION 2 is to take a **metro** and go till **San Babila** stop, then you can change and take the red line or you can have a short walk enjoying the street view of Milan and arrive to **Duomo**, then you have to take the yellow line using the same ticket and arrive to **Milano Centrale**.

There are trains from **Milano** to **Vicenza** every hour, you can check the site of the Italian railway station: <https://www.trenitalia.com/en.html>

Prices go from **15,95€** up to 42,00€... The regional trains are cheaper than Frecciarossa and it takes about 50 minutes more.

Another option is to take a **Flixbus** to **Verona** and from Verona take a **train** to **Vicenza** (Flixbus stop is very near to the train station). <https://global.flixbus.com/>



BOLOGNA "MARCONI" AIRPORT (BLQ)

From Bologna airport you have to take **Marconi Express** that, in 7 minutes, will take you to **Bologna Centrale Station**.

More information here:

<https://www.bologna-airport.it/en/from-and-to-the-airport/transfer-from-and-to-the-airport/train-to-the-city-centre/?idC=62594>

Once in Bologna you have to take a **train to Vicenza**.

There are trains from **Bologna to Vicenza** every hour, you can check the site of the Italian railway station: <https://www.trenitalia.com/en.html>

Prices go from **14,20€** up to 50,00€... The regional trains are cheaper than Frecciarossa and it takes about one hour more.

You can also check **Flixbus** for better options.

once you are in VICENZA

1. GO TO THE BUS STATION

you have to take a bus to **Recoaro**. Walk out the train station and go to the **left** and walk about 150m to reach the bus station.

The bus leaves almost every half hour, and takes less than 1,5 hour to arrive in Recoaro.

2. BUY THE TICKET

either online, at the ticket machine, at the ticket's office or in the shop inside.

To check the timetable and buy Tickets online: <https://www.mycicero.it/svt-vi/TPWebPortal/en>

To ask for the ticket you can try to ask it in Italian saying “Vorrei un biglietto per Recoaro per favore”, or just use English, they usually get it.

3. DEPART

The bus that you are going to take is **Linea 1 to Valdagno/Recoaro Terme** and will leave from **box 5**.

once you're in RECOARO

Reach the HOTEL TRETTENERO. The hotel is located in

Via Vittorio Emanuele 16/E - 36076 Recoaro Terme (VI) · 0445 780380,

so just **walk around 350m** (6 minutes according to Google maps!) **straight ahead** and you will find a passage on the **right**.



Thank you!