

**CALL FOR PARTICIPANTS – Erasmus+ Mobility:  
“From Awareness to Action: A Journey Towards Diversity and Inclusion”.**

**Duration: 5 days 18.-22.11.2024 (excl. arrival and departure-day)**



## Background of the project

Grenzenlos is a non-profit and independent association, established with a profound commitment to promoting intercultural exchange, international training and fostering local initiatives centred on integration and inclusion. With a legacy spanning 75 years, Grenzenlos has collected extensive experience in connecting diverse cultures and empowering individuals through education programs and international projects. In the last years, we dedicated our trainings to the topics of civil courage, human rights, peace-work and crisis management. In this training, we want to address the issue of diversity and inclusion to raise awareness on the topic while also empowering youth workers to understand diversity and be able to address inclusion in their work.

Plurality and diversity characterize our society. As part of the seminar, participants will reflect on their own experiences and expand their knowledge of diversity (e.g. diversity dimensions, intersectionality, prejudice, inclusion). They reflect on their own (group) identity, address discrimination and exclusion mechanisms and develop strategies for dealing with diversity. In this training setting, we want to empower youth workers to open dialogue spaces around diversity in a transformative way.

The training focuses on the participants, aiming to engage them through their interests and ideas in a participatory learning process. This approach ensures that all participants can engage

meaningfully, regardless of their prior knowledge, skills, or abilities. The goal is to create an inclusive environment where everyone can contribute and learn through direct experience and collaboration.

The training will apply a non-formal learning approach. We want to enable the personal and social development for all participants through different interactive methods. The training consists of a mix of theoretical input, participatory and transformative methods, as well as group work.

## Aims and Objectives

The training aims:

- to promote dialog and understanding of diversity
- to create a supportive and inclusive environment
- to share methods on how to encourage volunteers, mentors, and youth workers to seek ways of recognising and working with people with fewer opportunities
- to recognize internal and external impact
- to offer a practical step by step guide on how to implement an inclusive activity

## Who can participate?

We invite participants from organisations from partner and program countries to the training. We intend to host 2 to 3 participants/country.

**We are happy to host participants with a physical disability or from other marginalized groups. Please reach out to see how we can make sure you can participate.**

Please note that we are looking for **participants who are active in your organization** (youth workers, volunteers, staff, trainers). All participants should be

- 18+ (**no upper age limit!**).
- Engaged in the work of your organisation (as volunteers, staff member, youth workers or as part of the organisation's board).
- Able to attend the whole duration of the training course.
- Able to work in English (if this is not possible, please let us know, so we can arrange an interpreter).
- Ready to pass the knowledge on in your organisation and train colleagues after the training.

**The main working language will be English.**

## Venue/Date

The training will take place in Vienna from **Monday, 18.11. to Friday, 22.11.2024 (ARRIVAL DAY 17.11.2024 DEPARTURE DAY 23.11.2024)** at the Vienna Youth Hostel Brigittenau: <https://www.oejhv.at/en/youth-hostels/vienna/1200-vienna/youth-hostel-brigittenau/>

The venue is **accessible for wheelchair users!**

\*Vienna is well connected by train or bus. If possible, please use sustainable means of transport to reach our venue.

## FINANCIAL CONDITIONS

Boarding and lodging, local transports (if parts of the programme), materials and the content of the activities are covered. Travel costs to and from the venue are covered according to the Erasmus+ (Key Action 1) scheme, based on the travel distance per participant. Travel distances must be calculated using the distance calculator supported by European Commission ([Distance Calculator | Erasmus+ \(europa.eu\)](#))

Travel distance	Travel by plane	Green travel
100 – 499 km	211 €	285 €
500 – 1999 km	309 €	417 €
2000 – 2999 km	395 €	535 €

We will refund the real costs up to the maximum lumpsum according to the travel distance band.

We request from each participant a participation fee of 50 Euro. The costs will be reduced from your travel reimbursement. Participants with disabilities, or financial difficulties won't need to pay the participation fee.

Please note that the refund process can take around 3-4 months (in case we have received all needed invoices and boarding passes and after you have completed your mobility report), and it will be done directly to the sending organisations bank account.

## INSURANCE

Please make sure to buy a travel health insurance.

## Registration and Deadline

Please send us your applications latest by **20.10.2024**. We are looking forward to receiving your expressions of interest!

For the registration, we kindly ask you participants to fill out the registration form: <https://forms.gle/LXmwcxwpRDohJURm7>

## For questions

**please contact:**

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