





#### IKIGAI TRAINING COURSE

25TH SEPTEMBER (ARRIVAL) - 4TH OCTOBER (DEPARTURE)



# What is IKIGAI?

IKIGAI is an educational programme developed with EduEra NGO (Slovakia) and Coobra (Austria) whose aim is to create the profile of a 2.0 youth worker/educator equipped with multiple tools to develop skills adaptable to contextual needs, being able to use

#### FACILITATION, GRAPHIC TOOLS, COACHING APPROACH, AND MENTORSHIP SKILLS

We expect that all youth workers involved in the project will have been able to employ coaching approach and graphic facilitation techniques to empower young people, with a specific focus on youth empowerment, and implement these techniques in follow-up activities.



Develop **skills** to support youth empowerment in the role of trainers, educators, and leaders with the use of coaching and graphic tools, implementing local activities, and working on **community support and empowerment**.

Prototype an innovative youth work approach for educators, youth workers, facilitators, and mentors that is based on multidisciplinarity.

Develop coaching approach and graphic facilitation skills necessary to meet the needs of their target audience, to engage, and communicate effectively.

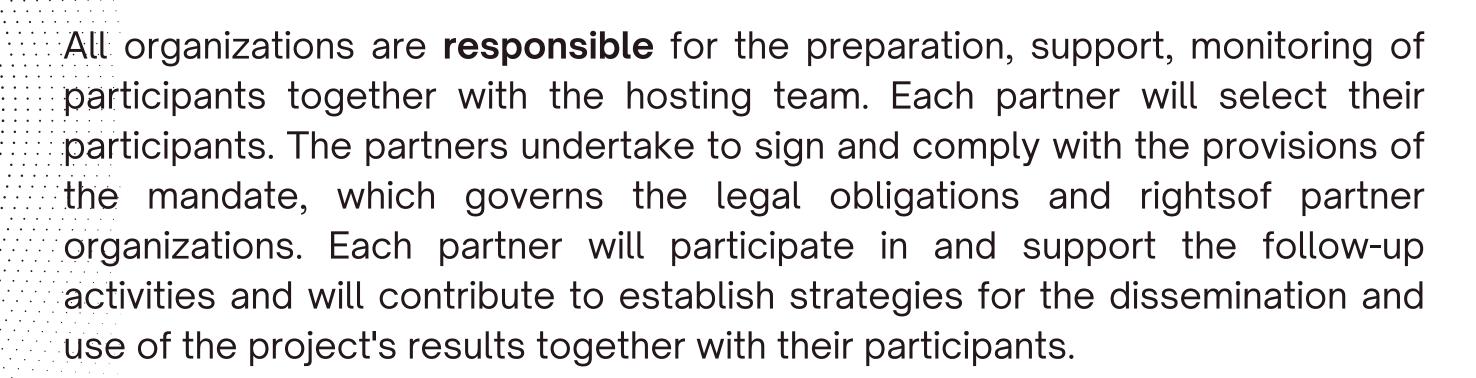


#### How, and who?

IKIGAI will be based on a wide **mix of non-formal education methods** to explore coaching approach, graphic tools, and youth empowerment.

Activites will be in English. The training team will be made by MarCus Vrecer (Austria), Petra Papierníková (Slovakia), and Evelyn De Luca (Italy).





#### Who are we?

Association was founded in 2017 and its main office is in the province of Verona, Italy, but it's active all over Italy.

The **mission** of the association is to promote the active participation of young people in their local communities and to give them the chance and the tools to exploit fully their potential and to provide them a support in discovering their path and to develop their skills by using non-formal education and intercultural learning methods.

To pursue these goals we organize cultural events, seminars, workshops and study lessons. We provide several training courses in the local community and we work with different European grants, like Erasmus+.

### Partnership Gardina Per la Gioventù





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+	EDUERA		FUNDACIÓN EUSEBIO SACRISTÁN
	COOBRA - COOPERATIVA BRACCIANTI		TEGYÜNK EGYÜTT AZ IFJÚSÁGÉRT ALAPÍTVÁNY
	YOWO POLAND		MTÜ NOORED MAAILMA
	FOOD REFORMERS		

Participants from IKIGAI are expected to be active and with at least some experience in working with young people, as facilitators, youth workers, trainers, educators, mentors, youth leaders, community leaders, etc. They need to have a good command of the English language, and motivated to commit to the Training Course and to the local activities afterwords.

	5 participants 18+	C*	2 participants 18+
#	3 participants 18+		2 participants 18+
	3 participants 18+		2 participants 18+
	2 participants 18+		2 participants 18+
	2 participants 18+	PAX's Profile (	

The maximum **TRAVEL COST** reimbursement is based on the distance calculator supported by the European Union.

We will NOT reimburse the amounts that get **over the maximum budget** for each participant, or the tickets that did not receive **previous APPROVAL** from the Italian NGO.

	_	C*	275 EUR (500 - 1999 KM)
#	275 EUR (500 - 1999 KM)		275 EUR (500 - 1999 KM)
	180 EUR (100 - 499 KM)		275 EUR (500 - 1999 KM)
	275 EUR (500 - 1999 KM)		275 EUR (500 - 1999 KM)
	275 EUR (500 - 1999 KM)	E	TRAVEL

# Costs

For the **TRAVEL**, according to the restrictions of the E+ Programme, **we can** only refund if:

Your travel route is **from your hometown to the venue** in Italy and back (check for exceptional cases with the coordinator);

You have chosen **reasonable and economic means** of transportation (e.g. APEX or student fares for flight tickets, cheap airlines, 2nd class trains);

Your **travel dates** are according to the programme (2 days before OR after the project dates is allowed, but lodging during these days is on your own expenses);

You have a **receipt or invoice** for the cost of your plane ticket and the boarding cards or the train/bus tickets. Tickets with dates longer than 1 day after/before the dates of the training will NOT be reimbursed, if not agreed previously with the coordinator. If you would like to stay longer in Italy, you can book flights up to 1 day before/after arrival/departure of the TC.

# Costs

**BOARD, LODGING, and PROGRAMME** costs will be provided and paid 100% by grant from the Italian Erasmus+ National Agency.

3 meals (breakfast, lunch, dinner) and 2 coffee breaks will be provided.

For the management and the implementation of the activities, we will ask each participant for a **symbolic solidarity fee** for the participation in the project, that will be of **50€ each**.



#### How to arrive to Verona



There are several options to arrive in Verona.

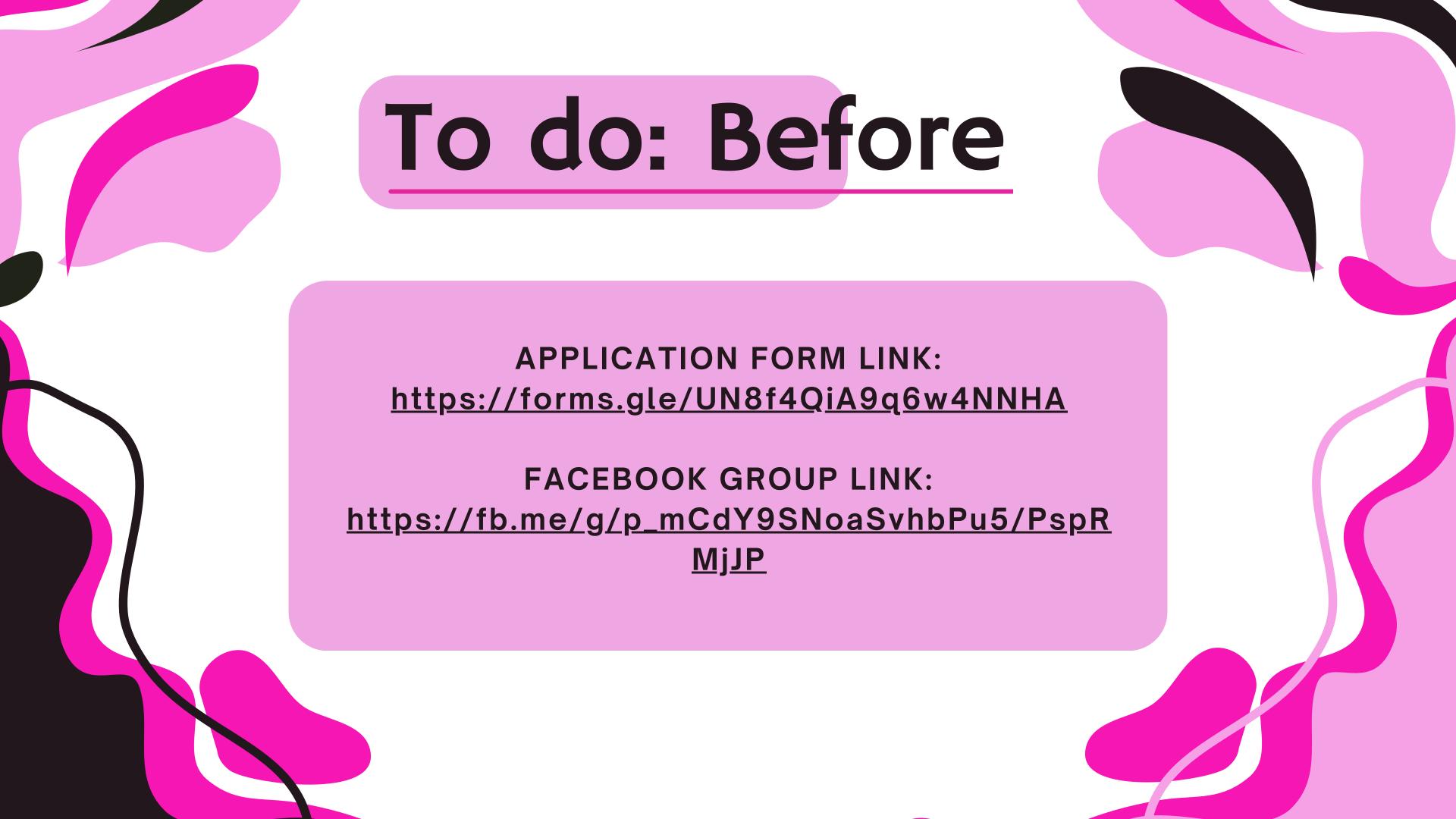
Most cheap arrival flight points are in the airports of Milano Malpensa, Milano Bergamo, Venezia Marco Polo, Venezia Treviso and Bologna. (Very rarely Verona itself).

NOTE! Before booking please confirm the tickets with the project coordinator Sillian (by email, contact details below)! We will then check the available domestic connections in Italy.



During the project we will stay in the countryside of North-Italy in Camposilvano, Roverè Veronese, Verona. We will be accommodated in the **DON** CALABRIA house in rooms of 3-4 people (divided by gender). 3 meals per day (breakfast, lunch, dinner) + 2 coffee breaks will be provided. Bed sheets are provided. Towels are NOT provided, please bring your own. WIFI is available.

If you want to check the accomodation, you can find **more info here**: https://ospitalitareligiosa.it/en/structures/ad/casa-don-calabria-rovere-veronese,6401





All the participants, with the support from the sending associations, are supposed to disseminate the project outcomes and results, organising a local practice to transfer the gained competences to more youth workers, educators, and youth. The team of the TC will give further information and support participants in any phase. It will be necessary to provide the proofs of dissemination and local practice.

# What to bring

Clothes: we don't have any dressing code. Keep in mind that it will probably be cold, and check the weather forecast before travelling. Feel free to take whatever clothes make you feel comfortable!

**Towels, water bottle, medications** and all the needed supplies. There will not be the chance to go shopping everyday.

Ideas, music, snacks, drinks etc. for the **Intercultural Evening**!





# Contacts

Our website: www.orielassociation.com

Follow us on **Facebook**: www.facebook.com/orielassociation

Join our **Facebook** official group:

www.facebook.com/groups/orielassociation

Follow us on Instagram: www.instagram.com/orielassociation

If you have any questions concerning the organisation of the project, please contact the project coordinator Sillian Ferrari by email: orielassociation@gmail.com or phone/whatsapp:+39 3471682976









WE LOOK FORWARD TO MEETING AND HOSTING YOU!