

Hong Kong Winter Bootcamp 2023
Proposed Time Arrangement



Workamp Topic: Community and Marathon in Hong Kong (VTWC23-02)
Date: 13 Dec 2023 (Wed) - 18 Dec 2023 (Mon)

Imagine the feel and unique experience of “Olympic volunteers,” this bootcamp will provide you with an opportunity to support the “RunOurCity” STREETATHON campaign in Hong Kong as a cheering team. This campaign is organized by a local non-profit charitable organization with the mission of promoting running activities to assist underprivileged communities and to foster a harmonious and inclusive society!

In this camp, you can also organize a Christmas Party for local primary students, host a “cultural booth” in the creative market, and visit the local farmers and local community in Hong Kong. Let’s join us to feel the heartbeat and response to the community needs of Hong Kong!

Highlighted Activities:

- 🏃 **Support the STREETATHON event:** Play a supporting role and cheering team in Hong Kong's bustling “RunOurCity” STREETATHON events.
- 🎄 **Christmas Party for Primary student:** Bring festive joy to students by leading a cherished game/ cultural sharing from your home country
- 🌐 **Showcase Your Culture:** Host your unique “Cultural Booth” in a creative market, and share with the public in Hong Kong with stories and culture from your city.
- 🏠 **Community Needs of Hong Kong:** Connect with local farmers and visit to the underprivileged community of Hong Kong to truly understand their needs and stories.
- 🌟 **Meet new friends:** Team up with passionate people from around the globe to root for and uplift the spirited runners!



Accommodation Location: Mei Ho House Youth Hostel, Sham Shui Po

Partner:

This project is actively working for SDG 3 (Good Health and Well-being), SDG 4 (Quality Education) and SDG 1 (No Poverty), organized together with the local charity and NGO partners of VolTra.

One of the main partner of this bootcamp is RunOurCity, the organizer of the STREETATHON campaign. RunOurCity believes RUN can transform lives. They organise STREETATHONS, hong kong ladies run and other themed running events to nurture fun and compassionate running culture in Hong Kong. Since 2013, they have organized running events for almost 140,000 participants, and raised funds for over 30 charities.



Another significant partner of this programme is the SKH St. Joseph's Church & Social Centre. The centre was established in the early 1969 by the Hong Kong Sheng Kung Hui St. Joseph's Church, to provide services for the Ethnic Minorities, youths and their families of Kam Tin and Pat Heung district. In this bootcamp, they helped to connect the local farmers and the local Primary School “Tung Tak School” for the volunteer service experience.



Work:

- Support the **STREETATHON event**: Play a supporting role and cheering team in Hong Kong's bustling "RunOurCity" STREETATHON events.
- **Christmas Party for Primary student**: Bring festive joy to students by leading a cherished game/ cultural sharing from your home country
- Showcase Your Culture: Host your unique "**Cultural Booth**" in a creative market, and share with the public in Hong Kong with stories and culture from your city.
- Explore the **community needs of Hong Kong**: Connect with local farmers and visit to the underprivileged community of Hong Kong to truly understand their needs and stories.



Accommodation and Food:

Participants will be staying in the "YHA Mei Ho House Youth Hostel". Mei Ho House is the only surviving Mark I H-shaped resettlement block built in 1954, the hostel provides rooms which are renovated from the original units. The hostel is equipped with nostalgic themed rooms, pet-friendly cafe and a heritage museum to introduce you to the district's unique culture.

Participants will enjoy breakfast in the café every morning. Lunch and dinner will be arranged based on the location and activity of the day. Participants won't need to cook or wash dishes themselves.



Location & leisure:

Our camp is located right in the heart of Hong Kong, making it an excellent base for exploration. When participants have some free time, they can easily wander around the city. They'll get to see everyday life in local communities, marvel at the bright lights during nighttime, and maybe find some cool stuff in the shops. There's a lot to see and do, and this camp gives everyone a chance to experience the best of Hong Kong during their stay.

Brief Timetable (subject to change):

	13 Dec (Wed)	14 Dec (Thur)	15 Dec (Fri)	16 Dec (Sat)	17 Dec (Sun)	18 Dec (Mon)
Day Time	4pm: Meeting Time in Mei Ho House	- Guided Tour in "Heritage of Mei Ho House" Museum - Poverty Community Visit in Sham Shui Po	- Farming Experience @ Autocamper Valley - Volunteer Service @ Tung Tak School (Christmas Party)	- Preparation of cultural booth - Cultural Booth @ "Running Expo" in Zero Carbon Building - Mission Challenge in Kwun Tong	- Support Stations of STREETATHON in the morning (as Cheering Team) - Free Time to explore Hong Kong in afternoon	Departure (after Breakfast)
Night Time	Welcome Session	Service Preparation	Free Time to explore HK	Runners Party in Kowloon (early dinner)	Final Sharing Session	

Requirement:

- Aged above 18
- Be curious about different cultures and communities
- Eager to share your culture in public event (like Cultural Booth & Christmas Party with children)

Meeting Point:

Mei Ho House Youth Hostel (Sham Shui Po)
13 December (Wed) 16:00

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