

INEX Slovakia Workcamps 2023



THE LIST OF WORKCAMPS 2023 OF INEX SLOVAKIA

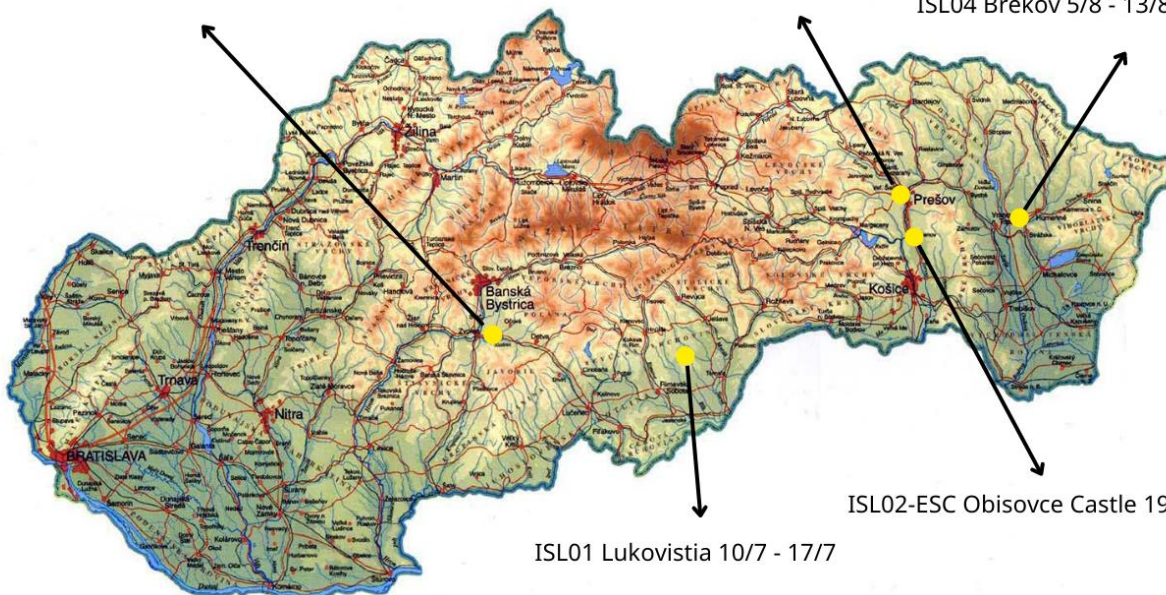
| CODE | NAME | LOCATION | TYPE | FROM | TO | AGE LIMIT | VOLS | Remarks |
|-----------|-----------------|------------|-----------|-------|-------|-----------|------|--------------|
| ISL01 | Lukovistia | Lukovistia | RENO/ENVI | 10.7. | 17.7. | 18+ | 6 | |
| ISL02-ESC | Obisovce Castle | Obisovce | RENO/ARCH | 19.7. | 3.8. | 18 - 30 | 10 | Only EU |
| ISL03-ESC | ECO Slatinka | Slatinka | ENVI | 21.7. | 5.8. | 18 - 30 | 10 | Only EU |
| ISL04 | Brekov Castle | Brekov | RENO/ARCH | 5.8. | 13.8. | 18+ | 4 | No pairs |
| ISL05-ESC | Barlicka | Presov | DISA/SOCI | 7.8. | 22.8. | 18 - 30 | 10 | Only EU, MOT |



ISL03-ESC ECO Slatinka 21/7 - 5/8

ISL05-ESC Barlicka 7/8 - 22/8

ISL04 Brekov 5/8 - 13/8



ISL02-ESC Obisovce Castle 19/7 - 3/8

ISL01 Lukovistia 10/7 - 17/7



ABOUT US

INEX Slovakia (**IN**ternational **EX**changes) is a non-profit and non-governmental organisation offering remarkable experiences, personal development and meaningful free time activities for young people through international voluntary activities and non-formal education.

We have been encouraging young people in recognition of new cultures, creation of new friendships from all around the world and getting new skills and experiences since our establishment in 1993. We are members of **Alliance for European Voluntary Service Organisations** and partners of **Service Civil International**.

GENERAL CONDITIONS FOR PARTICIPATION IN OUR WORKCAMPS

Age limit: 18 – 99 for regular workcamps, 18 – 30 for ESC Volunteering Teams

Common language used in the camps: English

Insurance: Please notice that INEX Slovakia does not provide any insurance. To join the workcamp in Slovakia you have to be insured. Do not forget to take your insurance with you.

CONTACTS:

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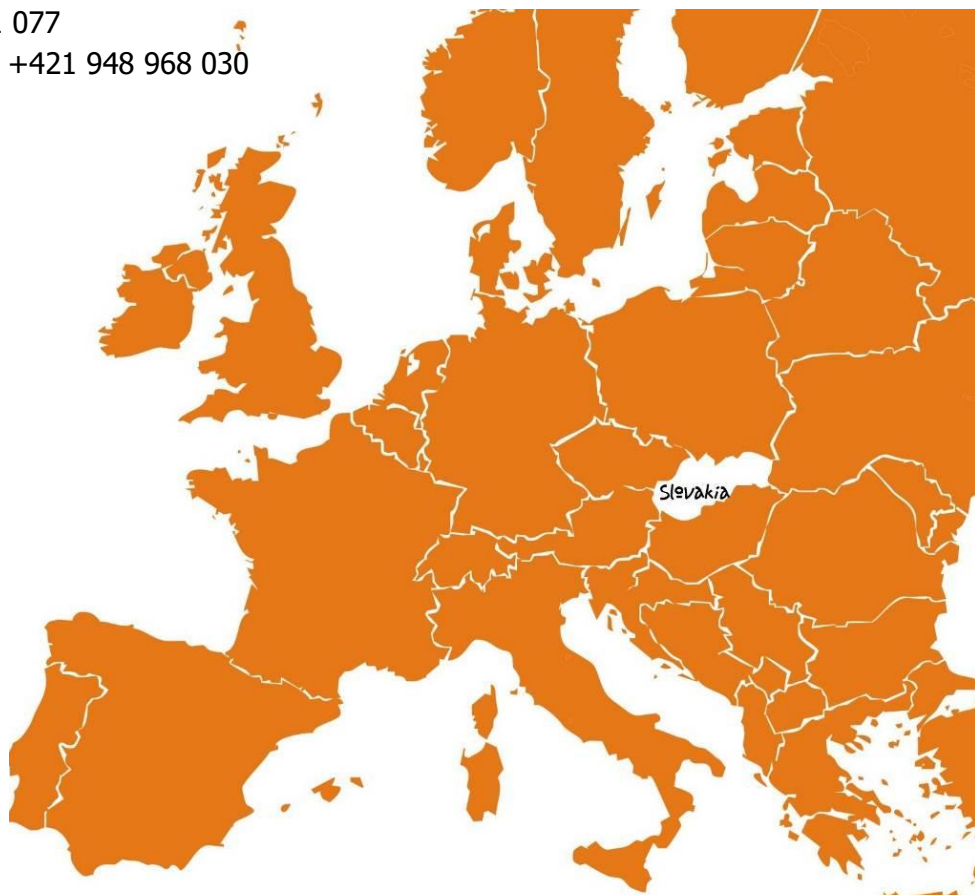
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Emergency contacts: In case of emergency, please contact the office.

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Slovak volunteers on your camps: +421 948 968 030



ISL 01 LUKOVISTIA

LUKOVISTIA, reg. RIMAVSKA SOBOTA

10/07/2023 - 17/07/2023

Type: RENO/ENVI

Vols: 6

Language: English

Age: 18+



Partner: The Association *NOX ET SOLITODO* was founded to support and initiate artistic activities in the village Lukovistia, the place where Slovak poet Ivan Krasko was born. One of the first activities of the association is the renovation of the historical building of the school. The main aim is to create the Regional Art Center.

Work: Help with renovation of the old school building. The school was founded in 1928 as a part of the construction of many schools in Bohemia and Slovakia on the 10th anniversary of the establishment of first Czechoslovak Republic. Currently, the building has been abandoned for 20 years. Volunteers will help with easy demolition work, cleaning the walls and cleaning building material and area around the historical building. Volunteers will help also with environmental work, such as building fence of the tree garden and cleaning the forest. The working hours are from Monday to Friday divided as follows: 3 hours in the morning and 2,5 hours in the afternoon. There are no special skills required. By participating to this project you contribute to protecting the local cultural heritage (UN SDG 11).

Accommodation & Food: Accommodation will be in the house in village Lukovistia. Volunteers will be sleeping in two rooms with mattresses, but a **sleeping bag** is required. Showers, toilet facilities and fully equipped kitchen are provided in the house. The volunteers divided in the kitchen teams will cook together, the groceries will be provided. On demand, vegetarian meals can be provided. There is possibility to sleep in tents for those who would like to try this experience.

Location and leisure: Lukovistia is a village close to Rimavska Sobota in southern Slovakia. The village is the birthplace of Slovak writer Ivan Krasko. The house where he was born in is now used as a small museum. In Lukovistia there is a baroque church with a painted ceiling from 1794. Close to the village, there is Teply vrch, known for the warmest geothermal lake in Slovakia (27 °C, 80 F).

Terminal: There are multiple options to come by plane, bus and train to Budapest, Bratislava or Kosice. When you arrive at one of the cities mentioned, you have to go by bus or train to Rimavska Sobota. The local partner will arrange the transport from Rimavska Sobota to Lukovistia. Please keep in mind that the journey from Bratislava to Rimavska Sobota takes around 5 hours. The best is to plan your journey to arrive in the morning in Bratislava or try to find flight connection directly to Kosice.

Meeting point: Rimavska Sobota, on 10.07.2023 around **5 pm**. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

Remarks: Sleeping bags, mat, working clothes, warm clothes, raincoat, strong boots, flashlight, cap and good spirit :) are needed. You can also bring some games from your country.

Study Part: The volunteers will prepare the "Feast of cultures" - an international food evening and will join the "volunteering footprint" workshop. Our camps will follow the rules of the Sustainability campaign.

Summary: Take the opportunity to do and experience amazing and unusual things that you would not normally get to do in your everyday life.

ISL 02 - ESC OBISOVCE CASTLE

OBISOVCE, reg. KOSICE
19/07/2023 – 03/08/2023
Type: RENO/ARCH
Vols: 10
Language: English
Age: 18 – 30



Partner: The Civil Association *Rakociho cesta* carries the idea of a touristic path that would connect places related to the history of the Rakoci's family tree. The aim of the movement is to preserve and renovate historical monuments and traditions. They would like to continue with the original "Rakoci's path" goal which was to contribute to the development of the region. Rakociho cesta is currently involved in the renovation of the following castles: Saris, Kapusany, Sebes, Solnohrad (Salt Castle), Lipovce and Obisovce. The workcamps are organized with the association since 2008.

Work: Volunteers will be helping with revitalizing the old ruins of the small Obisovce Castle in Slovak Carpathians. The Obisovce Castle was the first completely uncovered castle in Slovakia. Almost no information has been preserved about the history of the castle. After its discovery in archeological research in 1961 it was not preserved. Only many years later, in 2012 Association Rákociho cesta prepared plan to restore the castle to save this heritage for future generations. The volunteers will be involved in renovation work, cleaning the area, help with masonry work using the traditional techniques, transport of the material (like sand, rocks, and water.) The volunteers will learn about the history of the castles in Eastern Slovakia. No building and archeological experience are needed. The working hours will be from Monday to Friday, approximately 8:30 – 15:00, including a lunch break. By participating to this project you contribute to protecting the local cultural heritage (UN SDG 11).

Accommodation & Food: The volunteers will stay in the village Obisovce (21 km from Presov, 23 km from Kosice) in the eastern part of Slovakia. The volunteers will sleep in the local cultural house that's why **sleeping bag and mat are necessary**. Meals will be prepared by the volunteers themselves. Volunteers will be divided in the kitchen teams and cook together; the groceries will be provided. Vegetarian catering is possible. Showers, toilet facilities and fully equipped kitchen are provided in the house.

Location and leisure: Obisovce is a small village in eastern part of Slovakia, that is located between Kosice (second biggest city in Slovakia) and Presov (third biggest city in Slovakia). There is possibility to visit other castles in the area – Slat Castle, Sebes Castle. The village is surrounded by beautiful nature with many touristic routes and hiking opportunities, for example Licartovske skaly.

Terminal: Airport – Bratislava, then train or bus to Kysak. Please keep in mind that the journey from Bratislava to Kysak takes around 5 hours. So please plan your journey to Bratislava with arrival in the morning or try to find the flight connection directly to Kosice and then bus/train to Kysak. The best way to get from Kysak to Obisovce is to walk. It will take around 30 minutes.

Meeting point: Obisovce, on 19.07.2023 around **5 pm**. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

Remarks: Bring a **sleeping bag and mat**, working clothes and gloves, warm clothes, raincoat, strong boots, swimming suit, insect repellent and a smile on your lips :) You can also bring some games from your country.

Study Part: The volunteers will prepare the "Feast of cultures" - an international food evening for the local community and will join the "volunteering footprint" workshop. Our camps will follow the rules of Sustainability campaign.

Important: This project is supported by the program European Solidarity Corps (ESC) for young people between 18 and 30 years. It is open to all volunteers that fit the ESC criteria. Volunteers will receive a financial support for their travel, according to a maximum amount established in accordance with their travel distance and upon the presentation of original tickets; volunteers need to enrol in the PASS, the ESC Portal; then INEX Slovakia will organise their matching, on the online system, with the volunteering project. Volunteers will receive pocket money once they arrive on the project in Slovakia.

Summary: Would you like to spend 2 weeks helping with the renovation of a castle in the middle of the beautiful nature in Slovakia? Get ready for the adventure, open your mind and develop yourself!

ISL 03 - ESC ECO-SLATINKA

SLATINKA, reg. ZVOLEN

21/07/2023 – 05/08/2023

Type: ENVI

Vols: 10

Language: English

Age: 18 - 30



Partner: *The Slatinka Association* was established in 1993 as a reaction to the construction of the Slatinka water dam on the Slatina River. The association's mission is to work at the basin of the Slatina River, to protect the environment and preserve natural areas while spreading consciousness of the project's effects on nature. One of their main aims is to bring life back to the village of Slatinka, since many people had to leave due to the dam construction. Workcamps like this one have been organized in Slatinka since 2011.

Work: The work will be done around and in the village of Slatinka and in the city park in Zvolen. The volunteers will help with cleaning the area in Slatinka: cutting the grass, taking care of the trees, cleaning the educational trail. They will be helping also at the park of Lanice, close to the town of Zvolen. The working hours are from Monday to Friday divided as follows: 4 hours in the morning and 2 hours in the afternoon. There are no special skills required. By participating to this project you contribute to protecting sustainable use of terrestrial ecosystems (UN SDG 15).

Accommodation & Food: Volunteers will stay at a local school called the Eco Center. The center has an outdoor shower that requires participants to manually heat the water before each shower, and the toilets are dry (outhouses). There will not be access to running water, so water will be delivered or taken from a well pump for showers. Drinkable water will be provided by the local partner. On-site access to electricity and mobile signal is available. There are two bedrooms with mattresses, but a **sleeping bag** is required. Meals will be prepared by the volunteers themselves. Volunteers will be divided in the kitchen teams and cook together; the groceries will be provided. The food will be mostly vegetarian.

Location and leisure: Slatinka is a little village near Zvolen located in the Central part of Slovakia. The village is surrounded by beautiful nature with many touristic routes and hiking opportunities. The volunteers may visit Zvolen, where they will find a castle, a historical center and other interesting sites.

Terminal: Airport – Vienna or Bratislava; then train or bus to Zvolen. Please keep in mind that the journey from Bratislava to Zvolen takes around 3 hours. So please plan your journey to Bratislava with arrival in the morning.

Meeting point: Bus station in Zvolen, on 21.07.2023 around 5 pm. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

Remarks: Bring a sleeping bag, working clothes, warm clothes, cap, raincoat, strong boots, swimming suit, headlamp and a smile on your lips :) You can also bring some games from your country.

Study Part: The workcamp will have a rich environmental study part as the local partner is an ecologically-focused organization. Volunteers will learn about environmental protection efforts in Slovakia and all the issues related to the dam construction. Participants will also learn about the history of Slatinka and Zvolen. The volunteers will prepare the "Feast of cultures" - an international food evening, and will join the "volunteering footprint" workshop. Our camps will follow the rules of Sustainability campaign.

Attention: The camp is for nature and ecology lovers! Mostly vegetarian food and eco camp!

For more info and pictures about the project please see: www.slatinka.sk,

<https://www.facebook.com/zdruzenieslatinka> or <https://www.instagram.com/slatinkaassociation/>

You can also watch video from workcamp in Slatinka:

<https://www.youtube.com/watch?v=hgtH03v7310&t=>

Important: This project is supported by the program European Solidarity Corps (ESC) for young people between 18 and 30 years. It is open to all volunteers that fit the ESC criteria. Volunteers will receive a financial support for their travel, according to a maximum amount established in accordance with their travel distance and upon the presentation of original tickets; volunteers need to enrol in the PASS, the ESC Portal; then INEX Slovakia will organise their matching, on the online system, with the volunteering project. Volunteers will receive pocket money once they arrive on the project in Slovakia.

Summary: Live in peace with nature and learn about other cultures at Eco-Slatinka! Don't miss your adventure in Slovakia!

ISL 04 BREKOV CASTLE

BREKOV, reg. HUMENNE
05/08/2023 - 13/08/2023
Type: RENO/ARCH
Vols: 4
Language: English
Age: 18+



Partner: *The Association for the rescue of the Brekov Castle* is concerned with the conservation of the Brekov Castle, and renovating some of its parts. Besides this, the association is involved in collecting information about the Brekov castle, guide activities (from archives, literature, inhabitants), fundraising, providing information to the wide public and organizing cultural events connected with the castle. Workcamps have been organized on the Brekov Castle since 2009.

Work: Volunteers will help with reconstruction work in the ruins of medieval castle Brekov from the 13th century. The castle has become an important military castle for the Hungarian empire and the whole region. Its history has been long and rich, from its very origin to present day. Lots of the work will involve manual masonry works. The volunteers will help with the archaeological research on the castle. Cleaning and environmental activities will be also part of the work. The volunteers will learn the old techniques of masonry. No building and archeological experience are needed. The volunteers will be helping from Monday to Friday for 6 hours, including a lunch break. By participating to this project you contribute to protecting the local cultural heritage (UN SDG 11).

Accommodation & Food: Accommodation will be provided in the house in the village Brekov. In the house with showers, toilet facilities, hot water and fully equipped kitchen are provided. Meals will be prepared by the volunteers themselves. Volunteers will be divided in the kitchen teams and cook together; the groceries will be provided by local partner. Vegetarian catering is possible.

Location and leisure: Brekov is a village near Humenne in the Presov Region of north-eastern Slovakia. The ruins of the Brekov Castle are located on the hill above the village and are in fairly good shape. Brekov Castle was built around 650 AD by the Slavonic nations. The area offers several possibilities for hiking or visiting several ruins of other castles.

Terminal: Airport, bus, train in Bratislava, or Kosice; then train or bus to Brekov, train stop. Please keep in mind that the journey from Bratislava to Brekov takes around 6 hours. Plan your journey to Bratislava with arrival in the morning, or try to find flight connection directly to Kosice.

Meeting point: Brekov – train stop, on 05.08.2023 around 5 pm. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

Remarks: Working clothes, warm clothes, raincoat, strong boots and good spirit :) are needed. You can also bring some games from your country.

Study Part: The volunteers will prepare the "Feast of cultures" - an international food evening for the local community, and will join the "volunteering footprint" workshop. Our camps will follow the rules of the Sustainability campaign.

Attention: The camp is for history and nature lovers.

For more info about volunteer organization see the website: <http://www.brekov.eu/>

You can watch video from last year workcamp Brekov 2019:

<https://www.youtube.com/watch?v=IPFgupn5qko&t=3s>

Summary: Explore nature and history while helping with archaeological research and reconstruction of a 13th century castle in the east of Slovakia!

ISL 05 - ESC BARLICKA

PRESOV

07/08/2023 – 22/08/2023

Type: DISA/SOCI

Vols: 10

Language: English

Age: 18 - 30



Partner: Association Barlicka (Little crutch) has been working with young people with physical disabilities since 1999 by establishing a centre to help them live independently. The association has been offering: activities in a social centre on a daily basis; practical school; courses (theatre, dance, music, PC, etc.). Later, they also build a centre for mothers and services for elderly people. The workcamps have been organized in Barlicka centre since 2013.

Work: The volunteers will organize free time activities for young people with disabilities and seniors from the NGO Barlicka. The young people from Barlicka are 18+ years old. The centre has been working with people with disabilities and seniors for 16 years, trying to help them to live independently. The activities for young people with physical disabilities and seniors will be organized during the daily summer camp – summer activities, trips, competitions, and games. Most of the seniors and young people are on the wheelchairs. On the first work day volunteers will have short training how to manage the wheelchair and they will get information about young people and seniors from Barlicka. There are no special skills required. Important is motivation and empathy. The staff of social centre will be guiding the volunteers during the work. The working hours are from Monday to Friday divided as follows: 9:00 – 12:00 and 13:00 – 15:30. By participating to this project you contribute to reducing inequality within and among countries (UN SDG 10).

Accommodation & Food: Lodging will be provided in the centre of the NGO Barlicka. Volunteers will sleep on beds in two rooms based on gender. However, they need to bring their **sleeping bag**. Kitchen facilities and bathrooms are provided. Volunteers divided in the kitchen teams will be in charge of preparing the food for breakfast and dinner, the groceries will be provided. The lunch will be provided by local partner. On request, vegetarian meals can be provided. Wifi is available.

Location and leisure: The camp will be organized in the city of Presov – the 3rd biggest city in Slovakia located in the Eastern part of the country. The volunteers can enjoy the old historical centre, the castles around Presov and the cultural life in the city.

Terminal: Airport – Vienna, Bratislava, or Kosice; then train or bus to Presov. Please keep in mind that the journey from Bratislava to Presov takes up to 6 hours. So please plan your journey to Bratislava with arrival in the morning or try to find flight connection directly to Kosice (40 minutes from Presov by train or bus).

Meeting point: Social centre NGO Barlicka, on 07.08.2023 around 5 pm. More info will be provided to accepted volunteers in the infosheet sent at least 4 weeks before the start of the workcamp.

Remarks: Bring a sleeping bag, a swimming suit, some info materials and pictures of your country, materials which could be used in your workshop with people from Barlicka, musical instrument to play nice music, some ideas for games with the young people, your enthusiasm and a smile on your face :)

Study Part: The volunteers will prepare the "Feast of cultures" - an international food evening, and will join the "volunteering footprint" workshop. Our camps will follow the rules of the Sustainability campaign.

Attention: MOTIVATION LETTER IS NEEDED – write why you want to participate and how you want to contribute on this workcamp on at least ¾ A4.

For more info about BARLICKA: <https://barlicka.sk/>

Important: This project is supported by the program European Solidarity Corps (ESC) for young people between 18 and 30 years. It is open to all volunteers that fit the ESC criteria. Volunteers will receive a financial support for their travel, according to a maximum amount established in accordance with their travel distance and upon the presentation of original tickets; volunteers need to enrol in the PASS, the ESC Portal; then INEX Slovakia will organise their matching, on the online system, with the volunteering project. Volunteers will receive pocket money once they arrive on the project in Slovakia.

Summary: Pack your backpack, have an open mind and come to Slovakia where you can really bring happiness to the lives of people with disabilities and seniors!

Workcamps Programme - Brief description, size of programme & important features

Adult camps: **5**

ARCH/RENO camps: 3
ENVI camps: 1

DISA/SOCI camps: 1
RENO/ENVI camps: 1

*Total number of **incoming volunteers: 40**

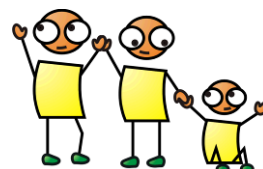
*We accept **4–10 international volunteers per camp** (Slovak volunteers in some camps)

*Every workcamp is led by **one or two leaders**, who are trained by INEX Slovakia

*Working hours vary widely among the camps – depending on type of work (e.g. – camps with kids, or disabled people could have longer working hours – due to spending the free time with them). Usually volunteers work **6 hours a day**.

*Camp language is **English**

*INEX workcamps are CAMPS – camps in every aspect – accommodation, location, catering, work, wifi and free time.



What else is important...

We are looking forward to receive your volunteers, don't hesitate to send them!

We are open to all volunteers 18+, which means that those who are over 30 are also very much welcome at our workcamps :).

Volunteers will also join the **"volunteering footprint" workshop**. The workshops are prepared and organized by our leaders on all of the camps.

The volunteers in our camps will also organize and participate in an intercultural event - **"Feast of cultures"**. The volunteers will prepare national food and presentations about their culture/country.

Our camps will follow the rules of the **Sustainability campaign**.

The study parts are very important in our camps and we will be preparing leaders for them thoroughly. We are looking forward to hosting volunteers who are interested in learning something new :).

