



SEEDS

VOLUNTEERING FOR ICELAND

About SEEDS

SEEDS Iceland was founded in 2005 as a non-governmental, non-profit volunteer organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through voluntary work on social, cultural and environmental projects in Iceland.

We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform and share with them about the world in which we live and to take an active role in its future development.

SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.



SEEDS Projects & Activities

SEEDS works closely with local communities, local authorities and other Icelandic associations both to develop projects in partnership, aimed at fulfilling an identified need, and to give vital assistance to established initiatives. Projects are designed to be mutually beneficial to all involved: the volunteers and participants, the local hosting communities and Iceland as a whole.

By having a diverse array of projects and bringing together people from different backgrounds, creating more opportunities; we try to fulfil our vision and build on our founding ideas.

Activities developed by SEEDS include:

- Voluntary service
- International learning camps and exchanges
- Internships and lifelong learning programmes
- Awareness-raising initiatives and campaigns
- Seminars and training sessions
- Cultural, artistic and educational exhibitions

Our projects in Iceland are funded and supported by:

- Contributions from volunteers and participants in the projects
- The Erasmus+ Programme of the European Commission
- Engagement of our long-term volunteers and interns
- Additional non-financial contributions in kind from the local hosts of the projects

We are members of the Icelandic National Youth Council (LÆF), the Icelandic Environment Association (LANDVERND), the Senior European Volunteers Exchange Network (SEVEN) and work actively as partner organisation of the Alliance of European Voluntary Service Organisations (The Alliance) and Service Civil International (SCI).

During 2019 we organised 95 different projects located in every corner of Iceland; we hosted nearly 1000 International volunteers from 47 different countries! During 2020, despite the pandemic, SEEDS managed to organise 39 camps (10 of which virtual) and we had a total of 472 participants from 42 different countries, whereas in 2021, 55 camps took place (plus 14 virtual camps) with 515 participants from 41 countries.

Volunteers performed different types of tasks. For instance, ecological research, removing invasive plant growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of buildings, monuments and artistic heritage. In cultural/festival/sports related projects, SEEDS came into action by helping in the organisation of the events and also by taking an active part in them. SEEDS also works to promote sustainable tourism in local communities, supporting the local economy and helping to keep small and remote towns alive.

SEEDS' Philosophy

We bring together volunteers and hosts from different nationalities and backgrounds, aiming at building up intercultural understanding and encouraging peace, while working for an identified need within a community.

We enable our participants and volunteers to get to know Iceland from a different perspective, to meet the locals and have an insight into Icelandic culture, learn new skills, gain intercultural understanding, make new friends all over the world, and give something back to the environment.

Through our Environmentally Aware programme, SEEDS shares environmental messages with the international and local participants in our projects.

The rewards for the volunteers, participants, communities and ecosystems are massive, while interacting with local and foreign participants, they learn about various cultures, have the opportunity to build friendships, while they develop new skills working in challenging and unfamiliar surroundings.



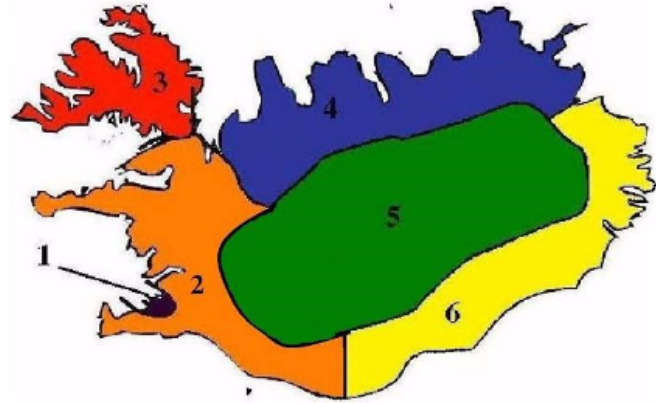
SEEDS Iceland - List of camps for 2022

For easy browsing and navigation, you can click the hyperlink of each project name/location in the table to go directly to the workcamps' description. To return to this table, you can click on each description's title.

*** Camp types or themes:**

AGRI (Agriculture)
 ARCH (Archeology)
 ARTS (Cultural - Arts)
 CONS (Construction)
 CULT (Cultural)
 EDU (Education - Teaching)
 ENVI (Environment - Nature)
 FEST (Festival)
 HERI (Heritage)
 LANG (Language learning)
 MANU (Manual work)
 RENO (Renovation, Restoration)
 SOCI (Social)
 SPORT (Sports events, Healthy lifestyle)
 STUD (Study theme, Discussion, Research)
 VIRT (Virtual camp)

Location/Area on the map of Iceland:



Code	Name/Location	Dates	Type*	Vols.	Age	Area
SEEDS 001.	Environment & Photography in the New Year	11.01 - 20.01	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 002.	Environment & Photography - Winter lights	25.01 - 03.02	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 003.	Environment & Photography - February	08.02 - 17.02	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 004.	Environment & Photography - Winter in Reykjavik	22.02 - 03.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 005.	Environment & Photography - March	08.03 - 17.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 006.	Environment March & Photography in Reykjavik	22.03 - 31.03	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 007.	Environment & Photography - Easter in Reykjavik	05.04 - 14.04	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 008.	Environment & Photography - April	19.04 - 28.04	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 009.	Environment & Photography - Spring in Reykjavik	03.05 - 12.05	ENVI/ARTS/STUD	8 - 12	18+	1
SEEDS 013.	Island of Viðey (1/2)	09.05 - 18.05	ENVI/CONS/RENO	8-12	18+	1
SEEDS 022.	Hitting the Slopes - Blue Mountains & Skálafell (1/2)	18.06 - 28.06	CONS/ENVI/RENO	8 - 12	18+	2
SEEDS 026.	Hitting the Slopes - Blue Mountains & Skálafell (2/2)	28.06 - 09.07	CONS/ENVI/RENO	8 - 12	18+	2
SEEDS 052.	Island of Viðey (2/2)	22.08 - 31.08	ENVI/CONS/RENO	8-12	18+	1
Code	Name/Location	Dates	Type*	Vols.	Age	Area

Practical information about our projects:

1. Participation Fees

Participation fees are required in order to take part in our camps. These help to support the ongoing work of SEEDS. Please be aware that your entire fee might not necessarily go towards your particular camp and can instead be used to:

- Bear the administrative expenditures of the association: Salaries, rent, office bills (energy, phone, electricity, insurance, heating), personnel, external representation, mail, website, postage, equipment, supplies, banking costs, legal formalities, etc.
- Provide financial support and resources to aid the development of some of our other activities, to pay for food or accommodation in some of the projects, where the hosts do not provide it, co-funding for our long-term voluntary service projects and the development of particular sessions in the camps.
- Cover other costs associated with your camp, e.g. food, accommodation, transportation, and administrative costs
- Support the costs of the long-term volunteers and project coordinators.

SEEDS works with partner sending organisations in many countries around the world and most of them raise funds by sending volunteers abroad and charging outgoing volunteers a registration fee. However, in Iceland we face a particular challenge for two reasons: voluntary service is not very popular among Icelanders yet, and the Icelandic population is very small, so the number of volunteers sent by SEEDS overseas does not represent sufficient income to run our association.

Furthermore, SEEDS does not receive any regular government funding, or financial support from our local, regional or national authorities or government. Thanks to the fees contributed by our participants we are able to run the association and to offer the program of varied projects all year round.

The amount of the fees will be stated in each camp's description. The fees we charge are different depending on the season of the year and the demand for particular projects; during the summer they are higher as we have a greater demand for this short period and it is the time when SEEDS raises most of its income to sustain the association for the whole year.

SEEDS is a non-profit organisation; all funds go back into improving the quality and service we provide to our participants, volunteers and hosts, expanding the range of SEEDS projects and carrying out projects in areas where funds are not available or to provide food and accommodation to the volunteers.

2. Insurance

Volunteers and participants in our camps need to obtain health and accident insurance for the whole duration of their travel, prior to their arrival to Iceland and bring with them all necessary documents, contact numbers, etc.

European volunteers are advised to take with them the European Health Insurance Card (EHIC). Iceland is part of the European Economic Area (EEA), so volunteers residing in a member country of the EU or of the EEA and Switzerland benefit from the use of the EHIC here, having access to the Icelandic healthcare system as in any European country with the same conditions as Icelandic citizens and will be treated on the same basis as residents of Iceland.

Volunteers residing outside the EEA must seek private medical/travel insurance for the duration of the stay. It is strongly advised that this be obtained before leaving the country of residence, as the cost of insuring in Iceland will be much higher.

Volunteers without insurance will not be allowed to participate in our projects.

3. Travel to Iceland

We suggest our volunteers research travelling with different airlines/alternatives as fares for different companies may vary significantly according to the dates of travel. There are currently 5 airlines flying to Keflavik (Reykjavik) International Airport all year round (though please be advised that due to the pandemic crisis, the situation may change):

1. **Icelandair:** www.icelandair.net
2. **Wizzair:** www.wizzair.com
3. **Lufthansa:** www.lufthansa.com
4. **Air Baltic:** www.airbaltic.com
5. **Air Greenland:** www.airgreenland.com

To check the **map routes** and destinations for **Icelandair**, please see the [Icelandair route map](#).

Wizz Air often has cheap flights from more destinations around Europe.

Apart from these 5 airlines, there will be a few others flying to Iceland:

- a. **Air Iceland Connect:** www.airicelandconnect.com
- b. **American Airlines:** www.aa.com
- c. **Atlantic Airways:** www.atlantic.fo
- d. **Austrian Airlines:** www.austrian.com
- e. **British Airways:** www.ba.com
- f. **Czech Airlines:** www.csa.cz
- g. **Delta Airlines:** www.delta.com
- h. **EasyJet:** www.easyjet.com
- i. **Finnair:** www.finnair.com
- j. **Jet2:** www.jet2.com
- k. **KLM:** www.klm.com
- l. **Norwegian:** www.norwegian.no
- m. **Scandinavian Airlines (SAS):** www.scandinavian.net www.flysas.com www.flysas.is
- n. **Smartwings:** www.smartwings.com
- o. **ThomsonFly:** www.edreams.com
- p. **Transavia France:** www.transavia.com
- q. **Vueling:** www.vueling.com

Volunteers might find good deals and help with connecting flights and general trip planning at:

www.skyscanner.net www.dohop.com www.edreams.com www.ebookers.com
www.opodo.com www.kayak.com www.kiwi.com

Lastly, for when volunteers have plenty of time to spare, the **Smyril Line** operates a ferry service to the east of Iceland. This is a four to seven day sea adventure for travellers and stops at the Faroe Islands on the way. (<http://www.smyrilline.com/>)

4. Arrival and Departure dates (Pandemic times)

Due to the COVID-19 pandemic, travel restrictions have affected travelling to Iceland too. Volunteers coming to join our camps need to be aware of everything that needs to be taken into account when planning a trip to Iceland under these circumstances.

Because the situation is subject to frequent change, we have compiled a document with all the relevant information that will be updated regularly. Please find the document under the following link.

(When opening the document at a later time, please make sure to refresh your browser's cache, so that it will show you the latest version.)

https://seeds.is/files/2020/SEEDS_Iceland_Travel_Information_COVID.pdf

5. Arrival and Departure dates (Regular times)

Volunteers participating in our projects taking place **outside Reykjavík should arrive to Iceland the latest one day before the camp starts**, as travel to the project, if arranged by SEEDS (see point 6 below), will leave Reykjavík on the first day of the camp in the morning.

If volunteers choose to travel by different means, they might need more than one day to reach the destination by public transportation services. In the same way, volunteers shall not book their **return journey** the day the camp ends, but **the earliest one day after the camp finishes**. In this way volunteers ensure they will be able to join the camp for its full length.

Participants in our camps in Reykjavík do not need to arrive one day earlier to Iceland as they can reach the accommodation the same day of their arrival.

Looking at our previous experience with volunteers, you could consider staying longer in Iceland; either before and/or after the project. Volunteers may group together and decide to travel the country and visit different areas to those of the project itself.

6. Domestic transport - Minibus

SEEDS organises shared transport from Reykjavík to the projects' sites for all of the camps outside the city. The meeting point will be in Reykjavík on the first day of the camp, in the morning.

The minibus option is offered by SEEDS to volunteers in order to provide them a more convenient way to reach the camp, to allow them to meet their fellow participants and leaders earlier, and to have a relaxed trip to the camp location, with the opportunity to visit particular sites on the way and stop wherever possible (e.g. to take pictures or take a short walk).

We try to research all possible transportation to the projects and then offer a fair price for transportation compared with the public transport options available. We recommend that you take the minibus, but please feel free to investigate your own transport.

7. SEEDS' Accommodation in Reykjavík

Volunteers do not need to book any accommodation for the period of the camp, as SEEDS provides accommodation and food during the project, but you will need accommodation on the days before or/and after the workcamp.

8. Language

Knowledge of Icelandic is not needed in our projects. English is the language used by our leaders and messengers. Therefore, basic knowledge of English is expected from participants, even though it is not a requirement to fulfill.

9. Age

While most of our volunteers are aged 18 or over, we also offer projects specifically for participants 16 to 20 years old. Volunteers under the age of 18 need to apply through a slightly different procedure, which involves parental/guardian authorisation.

We do not have any upper age limit. So far our youngest volunteer was 15 and the oldest 70!

10. Conditions of Participation

In order to be fully aware of volunteers' and participants' responsibilities during the camps, please read carefully the following:

- Participants are expected to be active members of the group and contribute to work, housekeeping and free time activities.
- Volunteers are expected to work seven to eight hours per day, five days per week, on a voluntary basis.
- Your independence will be respected during the camp but the camp leader has the ultimate responsibility for you and your safety during our camp in Iceland thus they will have to sort out the problems if you get lost or injured. If you wish to do an activity independently of the group, you must discuss it with the camp leaders and they must be fully aware of your plans.
- Participants are expected to inform the camp leader in case they want to spend the free time away from the camp. However, they should not spend the night away, nor host other people at the camp.
- SEEDS camp leaders have been trained to run the camps; they are responsible for organising work, food, contacts with local authorities and many other things. Do not forget that they are volunteers as well, so try to cooperate with them at work and during free time activities. Camp leaders are not fully responsible for organising volunteers' free time and they expect their ideas and contribution to do so.
- Smoking is not allowed in the accommodation areas. Use of alcohol should be moderate with consideration and only during free time.
- Participants are expected to stay for the whole duration of the camp. If they MUST leave early or arrive late, they should contact SEEDS in advance.
- Keep in mind that the use of any kind of drugs is strictly forbidden.
- Volunteers without insurance will not be allowed to participate in our projects.
- SEEDS does not accept any kind of discrimination in our camps and such cases will be strictly dealt with.
- Individuals participating in SEEDS camps acknowledge and agree that they are solely responsible for determining their ability, fitness and suitability to participate. If there are any physical problems or conditions that would impair volunteers' ability to participate in the camps, they should let SEEDS know in advance.
- SEEDS, or any third party that SEEDS works with, such as hosts and municipalities, is not accountable for any damages, losses, injuries and liabilities. Participants agree not to file any claims.
- Participants in SEEDS projects hereby release, discharge, hold harmless and indemnify SEEDS, its affiliates and their respective members, employees, projects hosts and representatives from all damages, losses, injuries, liabilities, claims demands and causes of action for personal injury, death or damage to personal property.

We would like to remind you that SEEDS is **NOT** an alternative travel agency; our projects are not cheap holidays. Therefore we expect a high level of motivation from every participant, cooperation, flexibility and open-mindedness! Our camps are based on self-organisation and self-management and this is also what makes them unique and enriching! Please do not expect the leader to organise everything for the group, but be ready to contribute with your own ideas and personality.

11. Additional information

For more details and up to date information please visit us at www.seeds.is

Or contact us via email at: contact@seeds.is

Or at our phone number: [+354 7713300](tel:+3547713300)

If you want to see pictures from our projects in the last years, please visit our website:

<http://www.seeds.is/galleries>

or our Instagram:

<https://www.instagram.com/seedsiceland/>

You can also follow SEEDS on Facebook at:

<https://www.facebook.com/seedsiceland>



SEEDS 001. Environment & Photography in the New Year

11.01 - 20.01

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on January 11 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 002. Environment & Photography - Winter lights

25.01 - 03.02

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on January 25 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 003. Environment & Photography - February

08.02 - 17.02

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

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ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

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LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

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EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on February 8 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 004. Environment & Photography - Winter in Reykjavík

22.02 - 03.03

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on February 22 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 005. Environment & Photography - March

08.03 - 17.03

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on March 8 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 006. Environment March & Photography in Reykjavík

22.03 - 31.03

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on March 22 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 007. Environment & Photography - Easter in Reykjavík

05.04 - 14.04

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on April 5 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 008. Environment & Photography - April

19.04 - 28.04

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on April 19 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 009. Environment & Photography - Spring in Reykjavík

03.05 - 12.05

ENVI / ARTS / STUD

8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and its attractions, as stunning natural attractions in other possible excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. **Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.**

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available and the night photography workshop & aurora hunting excursion.

Meeting time will be 18:00 (6:00 pm) on May 3 at SEEDS' office in Reykjavík. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. to the Golden Circle, South Shore, Fagradalsfjall volcano, Reykjanes and/or Snæfellsnes Peninsula) can be arranged at discount fares if there is free time after the camp workshops/sessions.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.

SEEDS 013. Island of Viðey (1/2)

09.05 - 18.05

ENVI / CONS / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 17th year in a row with our host, the city of Reykjavík. Viðey is a popular destination during the summer among Icelandic and foreign visitors. Volunteers will help prepare the island for the summer season. Volunteers will beautify the surroundings by cleaning up the area, especially along the coastline, for instance by hand-picking garbage or collecting trash blown by the wind or brought by the sea to the shores and surroundings.

SEEDS volunteers may carry out some gardening activities as well and possibly make and maintain walking paths. Well maintained paths enable people to visit the area without damaging it and this important work also helps to improve safety for visitors. Depending on the advance of the project and weather conditions, volunteers may have other possible tasks such as checking up and repairing garden furniture.

The working day normally runs from 09:00 - 17:00 with breaks for lunch and coffee; however, please be prepared for some flexibility due to the nature of Iceland's changeable weather, as we may not be able to perform some of the tasks or activities planned. The temperature in May can drop during the evenings. Volunteers should have motivation to work outside and work in all kinds of weather, as it can get cold and rainy. The working plan is flexible and it will depend on the needs of our host. No previous experience is necessary.

The camp takes place around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The bright nights are magical and staying awake and enjoying the beautiful surroundings is a unique experience. During the time of the camp participants will have the opportunity to experience the midnight sun as there are 24 hours of light even if the sun does set for short periods of time.

ACCOMMODATION: SEEDS volunteers will be lodged in a local house on Viðey Island, in shared rooms. The facilities are equipped with a kitchen, shower, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Viðey or "Wood Island" is the largest (1.7 km²) island in the Kollafjörður Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here. Viðey was inhabited soon after the settlement of Iceland in the 10th century. In the beginning of the 20th century, around 100 people lived there. Today the island is uninhabited.

There is a regular ferry connection between the island and the harbour of Reykjavík. The island is only a few hundred metres away from the city and the trip takes a few minutes. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital. There are hiking and cycling paths around the island and there is no motor traffic allowed. It also features intriguing sculptural artwork, amongst them all nine pairs of basalt pillars that comprise Richard Serra's work "Áfangar" and Yoko Ono's "Imagine Peace" column, a tower of light, which is supported by the widow of John Lennon. Other places of interest on Viðey are related to archaeological research.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

Meeting time is 15:00 (3:00 pm) on May 9, at SEEDS' Office located at Grettisgata 3a, 101 Reykjavík.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and a whale watching trip. We will have rides with the ferry during free time; subject to its schedule.

Other excursions (Golden Circle, South Shore, Hot River or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as most of the activities take place outdoors.

SEEDS 022. Hitting the Slopes - Blue Mountains & Skálafell (1/2)**18.06 - 28.06****CONS / ENVI / RENO****8 Volunteers****Age: 18+**

WORK/PROJECT: SEEDS volunteers will again be working with the Reykjavík municipality in two of the main outdoors skiing and recreational areas in the capital region, Bláfjöll (or the Blue Mountains) and Skálafell.

In Skálafell the ski slopes are turned into a bike park during summertime and mountain bike enthusiasts can nourish their passion. The main tasks will include renovation and maintenance work on the bike trails; mainly raking and scraping them up. Other possible tasks may be related to general cleaning of the area.

In the Blue Mountains, the main tasks will be maintaining the slopes and preparing them for the next ski season. The municipality and several sports associations run lodges and mountain huts there and they may also need some renovation jobs, such as painting and/or cleaning.

The working plan is flexible and it will depend on the needs of our local hosts. No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoor work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as, depending on the weather, we may not be able to perform some of the tasks or activities planned. The landscape is raw and volunteers need to be motivated to work outdoors and to experience isolated mountain areas.

The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The bright nights are magical and staying awake and enjoying the beautiful surroundings is a unique experience. During the time of the camp participants will have the opportunity to experience the midnight sun as there are 24 hours of light even if the sun does set for short periods of time.

ACCOMMODATION: SEEDS volunteers will stay in one of the ski lodges in the mountains and sleep in a shared dormitory. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The skiing areas of Bláfjöll and Skálafell are both about 30 minutes driving away from the city. The Blue Mountains are south-west of Reykjavík and Skálafell is located to the east of the city. Both areas have great slopes for downhill skiing and snowboarding as well as tracks for cross-country skiing. Bláfjöll has 16 lifts and Skálafell has 4 lifts. The sports area in Skálafell is situated at an elevation between 380 and 700 m.

The Blue Mountain range is situated near the ring road and stretches from the capital area to the south-western lowlands. The highest mountain in the range reaches 600 m and in 1968 the district became a very popular skiing resort among Icelanders. The areas are excellent for recreation, not only for alpine and cross country skiing, but for other outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something to their liking, but it's important to be careful crossing the rugged lava fields because of the numerous caves underneath.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300** (Euros). The fee can either be transferred in advance via bank transfer, or paid for on arrival. The fee includes the transport from Reykjavík to the campsite and back (on the first and last day of the camp).

Meeting and departure time to the camp will be 16:00 (4 pm) on June 18 from the meeting point at SEEDS' office in Reykjavík. After the camp we will return to Reykjavík in the afternoon of June 28.

Volunteers shall be prepared for physical outdoors work and should bring good working shoes and clothes. In the mountains, the weather can change quickly and drastically. Even if it is summer, the weather can be cold or rainy. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats) as most of the tasks and activities take place outside.

The locations of the camp are remote and isolated, even though still close to the city. Free-time activities in the surroundings are mostly hiking and trekking.

Some excursions (Golden Circle, South Shore, Hot River Hike, Vesturland Trip or Snaefellsnes) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.

SEEDS 026. Hitting the Slopes - Blue Mountains & Skálafell (2/2)

28.06 - 09.07

CONS / ENVI / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will again be working with the Reykjavík municipality in two of the main outdoors skiing and recreational areas in the capital region, Bláfjöll (or the Blue Mountains) and Skálafell.

In Skálafell the ski slopes are turned into a bike park during summertime and mountain bike enthusiasts can nourish their passion. The main tasks will include renovation and maintenance work on the bike trails; mainly raking and scraping them up. Other possible tasks may be related to general cleaning of the area.

In the Blue Mountains, the main tasks will be maintaining the slopes and preparing them for the next ski season. The municipality and several sports associations run lodges and mountain huts there and they may also need some renovation jobs, such as painting and/or cleaning.

The working plan is flexible and it will depend on the needs of our local hosts. No previous experience is necessary, but the work is demanding and requires a good physical condition. As it is outdoor work, volunteers shall be ready to adapt and be flexible with the working and free-time schedule, as, depending on the weather, we may not be able to perform some of the tasks or activities planned. The landscape is raw and volunteers need to be motivated to work outdoors and to experience isolated mountain areas.

The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The bright nights are magical and staying awake and enjoying the beautiful surroundings is a unique experience. During the time of the camp participants will have the opportunity to experience the midnight sun as there are 24 hours of light even if the sun does set for short periods of time.

ACCOMMODATION: SEEDS volunteers will stay in one of the ski lodges in the mountains and sleep in a shared dormitory. Please bring your own sleeping bag.

Volunteers will receive food supplies and be in charge of the cooking and cleaning activities. Do not forget some traditional/typical food, drinks, music and recipes from your country for the intercultural evening.

LOCATION: The skiing areas of Bláfjöll and Skálafell are both about 30 minutes driving away from the city. The Blue Mountains are south-west of Reykjavík and Skálafell is located to the east of the city. Both areas have great slopes for downhill skiing and snowboarding as well as tracks for cross-country skiing. Bláfjöll has 16 lifts and Skálafell has 4 lifts. The sports area in Skálafell is situated at an elevation between 380 and 700 m.

The Blue Mountain range is situated near the ring road and stretches from the capital area to the south-western lowlands. The highest mountain in the range reaches 600 m and in 1968 the district became a very popular skiing resort among Icelanders. The areas are excellent for recreation, not only for alpine and cross country skiing, but for other outdoor activities as well such as hiking and mountain biking. Nature lovers are certain to find something to their liking, but it's important to be careful crossing the rugged lava fields because of the numerous caves underneath.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300** (Euros). The fee can either be transferred in advance via bank transfer, or paid for on arrival. The fee includes the transport from Reykjavík to the campsite and back (on the first and last day of the camp).

Meeting and departure time to the camp will be 16:00 (4 pm) on June 28 from the meeting point at SEEDS' office in Reykjavík. After the camp we will return to Reykjavík in the afternoon of July 9.

Volunteers shall be prepared for physical outdoors work and should bring good working shoes and clothes. In the mountains, the weather can change quickly and drastically. Even if it is summer, the weather can be cold or rainy. We recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats) as most of the tasks and activities take place outside.

The locations of the camp are remote and isolated, even though still close to the city. Free-time activities in the surroundings are mostly hiking and trekking.

Some excursions (Golden Circle, South Shore, Hot River Hike, Vesturland Trip or Snaefellsnes) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.

SEEDS 052. Island of Viðey (2/2)

22.08 - 31.08

ENVI / CONS / RENO

8 Volunteers

Age: 18+

WORK/PROJECT: SEEDS volunteers will have the opportunity to work on the historical island of Viðey for the 17th year in a row with our host, the city of Reykjavík. Viðey is a popular destination during the summer among Icelandic and foreign visitors. Volunteers will help prepare the island for the autumn/winter season. Volunteers will beautify the surroundings by cleaning up the area, especially along the coastline, for instance by hand-picking garbage or collecting trash blown by the wind or brought by the sea to the shores and surroundings.

SEEDS volunteers may carry out some gardening activities as well and possibly make and maintain walking paths. Well maintained paths enable people to visit the area without damaging it and this important work also helps to improve safety for visitors. Depending on the advance of the project and weather conditions, volunteers may have other possible tasks such as checking up and repairing garden furniture.

The working day normally runs from 09:00 - 17:00 with breaks for lunch and coffee; however, please be prepared for some flexibility due to the nature of Iceland's changeable weather, as we may not be able to perform some of the tasks or activities planned. The temperature in late August can drop during the evenings. Volunteers should have motivation to work outside and work in all kinds of weather, as it can get cold and rainy. The working plan is flexible and it will depend on the needs of our host. No previous experience is necessary.

Since most of the work will take place outdoors, it is recommended to bring warm and/or waterproof clothes (overcoats, scarves, gloves and hats) walking shoes/boots.

ACCOMMODATION: SEEDS volunteers will be lodged in a local house on Viðey Island, in shared rooms. The facilities are equipped with a kitchen, shower, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the intercultural evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Viðey or "Wood Island" is the largest (1.7 km²) island in the Kollafjörður Bay, just outside Reykjavík, the capital of Iceland. The island is covered by many species of plants and at least 30 species of breeding birds have been counted here. Viðey was inhabited soon after the settlement of Iceland in the 10th century. In the beginning of the 20th century, around 100 people lived there. Today the island is uninhabited.

There is a regular ferry connection between the island and the harbour of Reykjavík. The island is only a few hundred metres away from the city and the trip takes a few minutes. This makes Viðey so special; it is a peaceful place, very close to the busy city life of the capital. There are hiking and cycling paths around the island and there is no motor traffic allowed. It also features intriguing sculptural artwork, amongst them all nine pairs of basalt pillars that comprise Richard Serra's work "Áfangar" and Yoko Ono's "Imagine Peace" column, a tower of light, which is supported by the widow of John Lennon. Other places of interest on Viðey are related to archaeological research.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

Meeting time is 15:00 (3:00 pm) on August 22 at SEEDS' Office located at Grettisgata 3a, 101 Reykjavík.

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and a whale watching trip. We will have rides with the ferry during free time; subject to its schedule.

Other excursions (Golden Circle, South Shore, Hot River or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekend.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as most of the activities take place outdoors.