



Erasmus+

## Training Course - Infosheet



**Bubbles for sexual  
education:  
Comics and visual  
facilitation**

**Training Course 2  
France - 2 to 10 June 2022  
(2 days travel included)**

## CONTACTS

**Before/after the project**

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**During the project**

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## LOCATION

The training will take place at the mountain chalet of Super-Besse, France. It is situated 1 hour from Clermont-Fd, in the Massif Central natural Park area.



## ACCOMODATION

Situated approximately 50 km from Clermont-Ferrand, it is located at an altitude of 1350 m. The chalet is composed of an accommodation area, two activity rooms and a dining room.



The participants will be hosted in rooms of 1, 2 or 3 persons with all supplies included.



Note that there is no wifi connection in the accommodation but it is possible to use 4G with your phones !

The ideal location of the chalet in the heart of the volcanic massif of Sancy will allow you to enjoy outdoor activities such as hiking in the mountains and around lakes and waterfalls..

Meal will be prepared by the staff and adapted to different diets.



## TRANSPORT - SUGGESTED ITINERARY

### DAY 1 - MEETING POINT

Thursday 2nd June

Train Station of Clermont-Ferrand between 3pm and 6pm

Someone will be waiting for you at the Train Station.



**From Aulnat Airport:**

Take the Train TER or the bus (line 10)

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**From CDG Airport (Paris):**

Take the underground to Train Station "Gare de Bercy"

(RER B + Métro 14, approx. 70 mins).

Take the train to Clermont-Ferrand



12:57 Paris Bercy		dès
16:31 Clermont Ferrand		38 €
3h34 Direct INTERCITÉS		
13:57 Paris Bercy		dès
17:33 Clermont Ferrand		35 €
3h36 Direct INTERCITÉS		

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**From Airport St Exupéry (Lyon)**

Take the flixbus

14:00	3:00 h	17:00	11 <sup>99</sup> €
Aéroport de Lyon		Clermont-Ferrand	
Bus Direct			
Réserver 1 siège			

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By flixbus or Blablabus, you will probably arrive to the bus station of Clermont-Fd "gare routière - Les Salins".

Take the bus 4 or 8 to go to the train station "Gare SNCF" (1€40, 10 mins) or go walking (30 mins approx)



In accordance with the values defended by our association and the Erasmus + program, we encourage the participants to use, whenever possible, soft and green means of transportation that are more respectful of the planet, such as train or bus.



## DAY 9 - DEPARTURE

Friday 10th June

From the village of Super-Besse to train or bus station of Clermont-Fd :

> By bus from Besse to Clermont-Fd (1€60, approx 1h30)

Arrival to train station at 11:20am

Arrival to bus station at 11:30am

**If possible, book transport from Clermont-Fd after 12:00**

If it is not possible, contact Concordia Auvergne as soon as possible in order to find an other option to go to Clermont-Fd earlier in the morning by car.

### WHAT TO BRING WITH YOU ?



Small backpack + a drinking bottle

Rain Wear and warm clothes

Confortable cloths and sport cloths  
(we might have the possibility to go climbing...)

Flashlight



A dish from your country to share with others during  
the international evening!

Don't forget your music instruments !



## PARTICIPATING ORGANISATIONS

