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Erasmus+ Programme  
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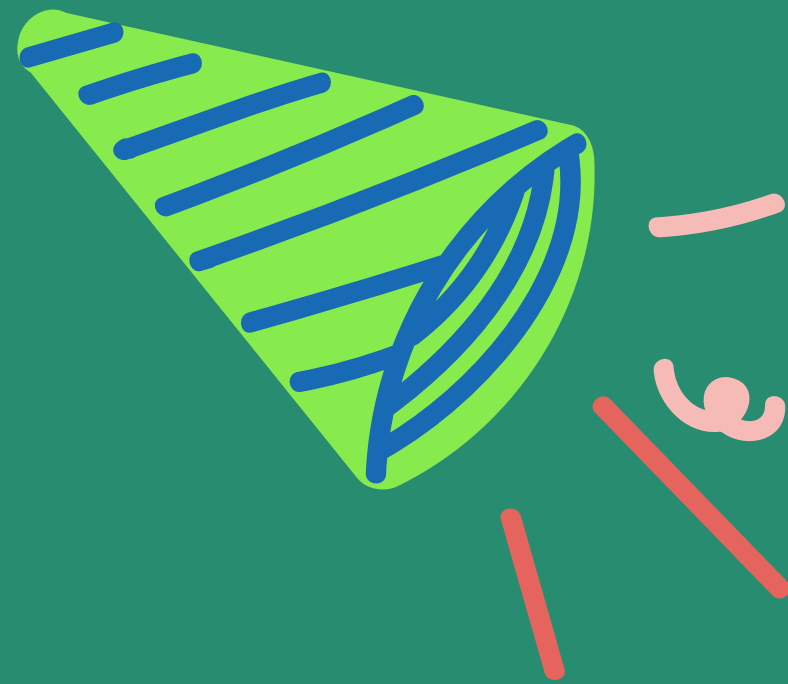
**YOUTH EXCHANGE**

# Be heard, be liked!

Summer camp Tunarica, Istra, Croatia  
20.-26.06.2022.







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## ABOUT US

Youth exchange is organized by Association Alfa Albona . Association Alfa Albona was established in the year of 2011 and since then is working in the field of: youth information (regional youth information centre, Eurodesk multiplicator), mobility of young people and youth workers (evs/esc, ye, tc, study visits, international youth and children summer camps) and social entrepreneurship (proud owners of 3 national awards).







# ABOUT THE YOUTH EXCHANGE

**DATE:** 20.-26.06.2022.

- 20.06.2022. – arrival late afternoon at the bus station in Labin (transport to the camp will be provided)
- 26.06.2022. – departure after breakfast (transport to the bus station in Labin will be provided)

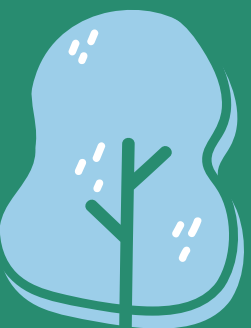
**VENUE:** Summer camp **Tunarica**, Istra, Croatia

**WORKING LANGUAGE:** English

**PARTICIPATING COUTRIES:**

- ROMANIA / LITHUANIA / SPAIN / ESTONIA
- FRANCE / CROATIA

**PARTICIPANTS:** 5 young people aged 18-30 + 1 group leader without the age limit from each of the participating countries.







## ABOUT THE PROJECT

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The growth of media literacy is not following the growth of the amount of information and disinformation people receive and/or produce every day. Due to non recognition of disinformation and fake news, young people are not properly informed, and they spread disinformation and fake news by sharing the content. Enhancing media literacy and critical thinking is one of priorities of Mobility for young people and youth workers under the E+ Programme and it will be the main topic of the youth exchange.

Objectives: to provide young people, especially those with fewer opportunities, with skills and tools for recognition of disinformation and fake news and with skills and tools for credible information access and critical evaluation and production of media content; To support youth advocacy and activism within youth empowerment as an outcome in which youth, as change actors gain the media skills to impact own lives and lives of other young people and the communities as whole; To experience multiculturalism through meeting and working with youngsters coming from different cultural and linguistic backgrounds; To discover new approaches in non-formal learning influencing youth participation; To become aware of European community and to use opportunities of Erasmus + programme as a tool for learning about media literacy, how to access, critically evaluate, and create media.





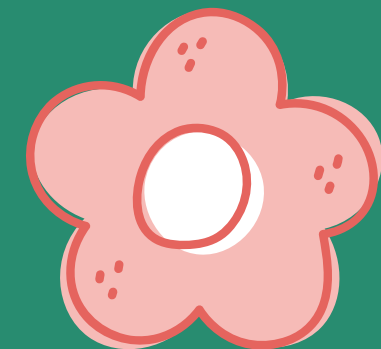
## PROFILE OF PARTICIPANTS

- 35 people all together (5 participants + 1 group leader per country)
- people who are interested in the topic of media literacy

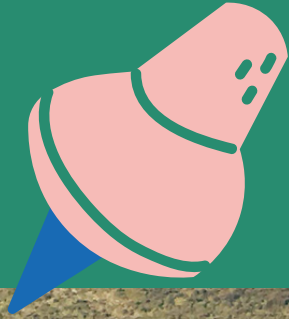
YOUNG, MOTIVATED, CHEERFUL PARTICIPANTS WITH A SMILE ON THEIR FACES AND A LOT OF GOOD MOOD!!

\* **ERASMUS+** is a programme that supports young people. So we want to open our Project also for these young people. The accommodation is not suitable for people in wheelchairs, but all other impairments are welcome. If you have a young person in your group with any disability please let us know so that we can make any preparations

\* **LANGUAGE** English is our working language. In case of additional help no worries, we are here to help!



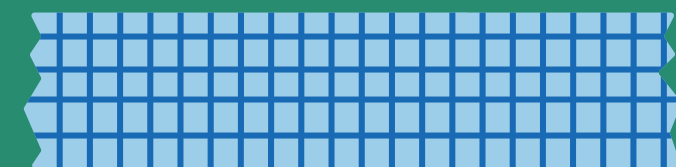




## LOCATION AND ACCOMODATION

The location of our youth exchange is summer camp Tunarica. It's Alfa Albona camp that has 2000 m<sup>2</sup> in the nature, just 1 minute walking to the sea. It offers a nice place for the project with plenty space to do all activities but also to relax and simple enjoy the sea and the nature. There are some rules to be applied here though: as we will be spending time in the nature and as close there are also some other facilities and touristic camp, from 23 till 06 o'clock there needs to be silent time in the camp. So we will tend to finish all our activities till 23 o'clock. The schedule will be organized and planned together, we will make sure that you explore our culture, organize for you a trip to Labin and also one hiking trip, so prepare yourself for an different adventure.

Participants will be accommodated in the tents, from 2 till 4 people max from the same country group. Our tents are comfortable and waterproof.





# TRAVEL REIMBURSEMENT

- Organizer (Alfa Albona) covers travel costs, accommodation, food and program activities. Please, pay attention, that there are the ceilings for the travel costs per every country that we can't go above (if your ticket is more expensive, you need to cover the difference on your own)
- IMPORTANT: We reimburse the transport money ONLY if the participant will ACTIVELY take part during the whole project. You have to keep all the bills, boarding passes and every type of ticket transport with you, so that we are able to reimburse you the costs. We will reimburse you the cost here in Croatia on the last day of the activity, so make sure you take with you all receipts and necessary invoices for the costs you had. Youth leaders are obligated to fill out the final report in behalf of the whole group which they represent.

YOU GOT THIS!



IMPORTANT!

- The travel budget is approved by the Distance calculator from the Erasmus + programme. The distance calculator you can find on this link:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

By this calculator you can find the distance and then know how much money you are entitled to have for your travel. If it's up to 500 km then you have the right to spend an amount of 180 euro, if it's between 500-1999 km then you can spend the amount of 275 euro, and if it's more than 2000 km then 360 euro. Please notice that if you spend more then it's approved by the project, then this cost is on you.



# TRAVEL REIMBURSEMENT

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SPAIN - 275 EUR  
ESTONIA - 275 EUR  
LITHUANIA - 275 EUR  
CROATIA - 20-180 EUR  
ROMANIA - 275 EUR  
FRANCE - 275 EUR



DON'T FORGET

For entering Croatia, if coming from EU countries you don't need to have A Covid passport or to be vaccinated, as Croatia doesn't have the measures anymore. But in case, you need to take the quick test or PCR test to return back to your countries as this is obligated, then we will organize it for you here, no worries. Quick test cost is around 7 euro, while the PCR around 50 euro per test.

We will work outdoors and pay attention all participants are safe and comfortable.





# TRANSPORT

There are several places in which you can come close by plane: Pula (Croatia), Ljubljana (Slovenia), Trieste or Venice (Italy) so check out low costs airplane companies that are operating in mentioned cities. After you can continue your trip (bus/train) to the location. Or we can organise a taxi to pick you up.



## NOTES

PLEASE **contact us BEFORE** you buy your tickets.

Look for the best options and send it to us for approval. The best would be if the whole group by each organisation is travelling together.

Finally, we will need all the information about your arrival and departure details in the moment you buy all the transport tickets.

Please keep the original transport tickets from your travel and copies of your return tickets so you can pass it to us once you arrive to the project and be reimbursed. Some tickets you will have only when you return home, but then will send to us by regular post. Please notice to keep all your invoices as if you loose something, this can't be reimbursed.





# MEAL PLAN

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Meals will be provided by the organizers. Please when filling up the application form don't forget to mention if you have some allergies or dietary needs, so that we can pass this information to the restaurant. Additionally there will be coffee breaks containing also some healthy and refreshing snacks.

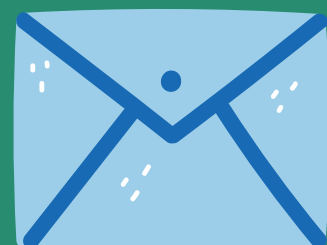


## REMEMBER!

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Don't forget to bring:  
Typical food / clothes / music / games or other great ideas for intercultural evening.  
Comfortable clothes for staying in the nature / Sport shoes  
Things for personal hygiene / Towel / Medicines (if you are taking something) / Sun cream / Mosquito repellent / hat  
Good mood and energy to be active!





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