

## LEGAMBIENTE 2022

### WHO ARE WE?

Legambiente is a non-profit leading environmental organisation in Italy that works for the safeguarding and enhancement of natural resources; environment; common health; animal and plant species; historical, artistic and cultural heritage; territories and landscapes. It is formed by 20 regional committees and around 1000 local groups. Since its foundation in 1980, Legambiente's hallmark is the **scientific environmentalism**, which is the willingness to build every environmental protection project on a solid base made of scientific data.

Legambiente's mission is to **make environmental culture at the centre of a new kind of development and diffused well-being**. Important values for the association are the improvement of environmental quality, the fight against all forms of pollution, a wise use of natural resources, the construction of a more balanced relationship between human beings and the nature. Spreading those values could be an effective way to respond to the challenges of our time: the modernization of the economy, the commitment to beat unemployment, the struggle for peace and against all forms of discrimination and social injustice, the effort to consider globalization not only as a mere trading of goods but also as a means to improve quality of life and to give rights to billions of men and women forced to live in poverty.

### LEGAMBIENTE'S WORKCAMPS

Legambiente has been organising volunteering campaigns since 1991, promoting summer-camps in many protected areas both in Italy and abroad.

Voluntary work camps have three main objectives:

- safeguard and **enhance the Italian environmental, historical, cultural and artistic heritage**;

- raise the awareness of local communities and foreign volunteers about the **value of the natural and cultural heritage** and spread **sustainable and responsible lifestyles**;
- build **peace** through **cultural exchange**.

Voluntary projects also help in promoting **green tourism**, developing **sustainable economy**, stimulating people to be active citizens and **participate in decision-making processes** that shape their future as communities.

**Work organization.** Each workcamp can be differently organized according to its specific needs.

Volunteers will be working approximately 30 hours/week. Sometimes they may be asked for working over the weekend or early in the morning in case of high temperature.

Volunteers are expected to be open-minded, flexible, and adaptable to different situations. Moreover, they need to be inclined to face either lacks or unexpected events with a positive attitude.

Not elsewhere specified, special skills are not required. Nevertheless, participation, enthusiasm and motivation are welcome!

Usually volunteers sleep in mixed rooms. Single or double rooms are not available. Shifts for cooking and cleaning are scheduled during the first day.

Each volunteer is responsible for all aspects of the daily life on the work camp.

**Food.** In the most part of our workcamps food will be almost vegetarian and based on local products. Volunteers will eat meat a very few times.

**Language:** English is the official language of the workcamp. Nonetheless, in some workcamps implemented in remote villages, local communities can only speak Italian.

Each workcamp will host a maximum of 2 volunteers for each country, in order to create a heterogeneous group and to foster a real cultural exchange.

**Participation fee:** The participation fee is required and is to be brought in cash directly to the camp; the whole amount is addressed to the local group organising the camp and will be totally used to cover part of the expenses of the camp itself. For adult workcamps extra fee is 70 Euros, for teenage workcamps is 150 Euros.

**Insurance:** volunteers are insured for permanent damages caused by accidents and third person liability. For non-European volunteers, it is recommended to be provided with a health insurance.

### **Leg01 A path between nature and history\_Bomba**

**Bomba, Chieti, Abruzzo region**

**02/08/2022 12/08/2022**

**Environmental**

**Vol 7**

**Participation fee 70,00 Euros**

The volunteers will help Legambiente cleaning the route from Bomba to Monte Pallano. The planned interventions concern the arrangement and cleaning of the path and the recovery of some sections interrupted by vegetation. Finally, appropriate signs and tables will be put along the route in place to allow a better use of the path.

#### **Legambiente local group**

The Legambiente Geo A.P.S. association was born in Atessa in 1989 thanks to the enthusiasm and the care of a group of young volunteers. Since 30 years our association deals with the improvement of the environmental and cultural quality in our area in order to satisfy the need of participation, cohesiveness, knowledge and identity of people. During the last years we have fought against waste trade, land consumption, for the Sangro river safeguard and the Val di Sangro environmental quality. Thanks to our devoted and determined work, we set up the SIC Monte Pallano and Lecceta d'Isca d'Archi area. It is a place where environmental and archaeological excellences coexist. Legambiente, in this area, manages Casanatura Fontecampana center, a place where people of any age can meet each other and share their love for nature and environment and broaden their knowledges about them through various activities. Since 2017, tanks to volunteers, Legambiente runs the recycling center in Atessa.

#### **LOCATION AND LEISURE**

The area of Monte Pallano and Lecceta d'Isca d'Archi is full of charm, thanks to its natural and archaeological treasures. Its strategic position and the presence of water sources have favored the settlement of man in the area: as evidenced by the remains of the settlement of the ancient Pallanum and the imposing Megalithic Walls, traces of human presence from the Palaeolithic to the Neolithic and to the Hellenistic-Roman period have been found by archaeologist.

#### **WORK**

The renovation of the path requires manual labor. Volunteers will work for 6 hours a day. The work will mainly take place during the early hours of the morning. The volunteers will help Legambiente cleaning the route from Bomba to Monte Pallano. The planned interventions concern the arrangement and cleaning of the path and the recovery of some sections interrupted by vegetation. Finally, appropriate signs and tables will be put along the route in place to allow a better use of the path.

#### **STUDY PART**

Guided tour of the Megalithic Walls and the archaeological area of Pallanum.

#### **ACCOMODATION AND FOOD**

Volunteers will be hosted in apartments, with self-managed kitchen. There will be an environmental friendly diet with local products and little meat. No wi-fi available.

#### **TERMINAL**

From Rome (Ciampino Airport, Fiumicino Airport, Tiburtina Bus Station): By bus (<https://klikbus.sotrap.it/home>) - Arrival in Pescara train station. Then by bus from Pescara train station to Bomba (Ch). The volunteers will wait for you in Bomba. Departure from Rome at 9.50am. Arrival in Pescara where you can take the bus to Roio del Sangro, which stops in Bomba at 2 pm. Alternatively, it is possible to take a bus from the Fiumicino airport at 8:20 am that arrives in Pescara at 12:20 am and there take the connection to Roio del Sangro. null

#### **SPECIFIC REQUIREMENTS**

Volunteers have to be interested in working in group.

#### **LANGUAGE**

English

**Leg02\_teen Go biking eastern Veneto\_teen**  
**San Stino di Livenza, Venezia, Veneto region**  
**15/07/2022 25/07/2022**  
**Environmental, renovation**  
**Vol 6**  
**Participation fee 150,00 Euros**

Go biking in Eastern Veneto...discovering nature and slow tourism.

The project includes some local actions about: - restore and adding cycle paths billboards; - planning and building up a new path through the San Stino forest; - cleaning of the trails among trees in the wood; - promotion of local products through the involvement of associations and companies of this territory.

#### **Legambiente local group**

Legambiente "Pascutto-Geretto", as local group, was born almost twenty years ago at the urging of Geretto Franco, a native of Torre di Mosto, which also identifies the territory of the Eastern Veneto the need for a critical environmental and purposeful presence that vigilant about a territory in the process of rapid transformation. The club is named after the Romano Pascutto important dialect poet and writer born in S. Stino di Livenza. Later, after the death of the founder, the members decided to assign to the club the surname of Geretto.

#### **LOCATION AND LEISURE**

The town of San Stino di Livenza, where the Green Station is located, is a rich area in terms of environmental values, historical and landscape, as well as being a central node in the system of mobility infrastructure such as highway, railway and waterway, features that make it an crucial junction for the tourist itineraries. The whole area surrounding S. Stino is full of traces left by the past , from ancient roman to medieval periods, where we can find interesting things to see especially in Portogruaro, Concordia Sagittaria and Pramaggiore.

#### **WORK**

Volunteers will be required to carry out forest maintenance, for example: 1-cutting herbaceous and shrubby plants 2- collecting garbages 3- to create informative billboards in the wood One

of the task is creating a signpost for bike lanes in the surrounding area. Furthermore they will be involved in events promotion related to the local cyclotourism.

#### **STUDY PART**

Involving in authorities and local technicians interconnection on strategic planning cycle tourist infrastructure.

#### **ACCOMODATION AND FOOD**

The Green Station is equipped with 2 rooms with bunk beds, a kitchen, a bathroom with shower, a laboratory for the bike repairing, a dining room and Internet access.

#### **TERMINAL**

Nearest: Venice airport Marco Polo and Treviso Airport Nearest railway Station San Stino di Livenza, train from Trieste or Venice null

#### **SPECIFIC REQUIREMENTS**

Ability to ride a bike!

#### **LANGUAGE**

English

**Leg03Altogether for a safer country**  
**Chiaverano, Torino, Piemonte region**  
**01/08/2022 13/08/2022**  
**Environmental, manual**  
**Vol 8**  
**Participation fee 70,00 Euros**

This workcamp is aimed at preventing the hydrogeological instability and at protecting the territory. In addition to measures of environmental restoration, by supporting AIB PC (Anti Woodland Fires and Civil Protection) volunteers, you will be involved in trips and insights of AMI's territory, and in opportunities of discussion and reflection about themes such as fair economy, the food chain, the relevance of a correct waste sorting. Social activities also aim to the inclusion of young people with disabilities.

### **Legambiente local group**

Legambiente Dora Baltea (LDB) Odv operates in the Eporediese territory. In the latest years, there have been various actions which made our association grow: the interest and the desire to get involved, the courage to undertake battles to protect our environment, the authority we managed to build in interacting with the institutions, the open dialogue with citizen's committees and the others associations which operates locally. Our mission is that of preserving and enhancing the natural and cultural resources, defending the legality, the rights and the health of citizens, promoting prevention, involvement and solidarity, in order to fight food waste and to build awareness, through an extensive work of information and awareness-raising actions.

### **LOCATION AND LEISURE**

Chiaverano, situated on the hills of the Serra Morena, offers an amazing view of all the morainic arch, and arises from an ancient medieval village, of which you can still find track in the shelter and in the ruins of the castle. Along lanes among the vineyards, trails in the woods, paved mule-track and rural alleys, walks wind through different scenarios where the wonders of nature alternate with human works. The area of the Five Lakes, one of the most beautiful of Canavese territory, is of a significant geological, naturalistic and faunal interest Chiaverano, 55 km from Turin.

### **WORK**

The work activities consist of clean-up and restoration of the trails and the wooded areas by cutting brambles, weeding, stacking twigs, raking. Trips to Turin and Aosta are also planned.

### **STUDY PART**

Activities and moments of discussion and reflection about themes such as the fair economy, the food supply chain, the importance of recycling and the integration and reception of asylum seekers, will be organized.

### **ACCOMODATION AND FOOD**

Volunteers will be hosted in a guest house of the Municipality, which is equipped with beds, toilet services and a kitchen.

### **TERMINAL**

The nearest airport is Turin Caselle Airport. Other airports are Milan Malpensa, Milan Linate, Milan Orio al Serio, in Lombardia region. The nearest train station is in Ivrea. There are buses and trains from Turin airport to Turin city centre, and then buses and trains from Turin to Ivrea. A bus from Ivrea gets to Chiaverano. Additional information will be provided in the infosheet. null

### **SPECIFIC REQUIREMENTS**

Willingness to take care of the green. Italian volunteers will also participate to this workcamp.

### **LANGUAGE**

English

### **Leg04A path between nature and history\_Tornareccio**

**Tornareccio, Chieti, Abruzzo region**

**08/08/2022 18/08/2022**

**Environmental, manual**

**Vol 12**

**Participation fee 70,00 Euros**

Volunteers will help Legambiente to clean the path from the Lago Grande area to the Megalithic Walls of Monte Pallano.

The planned interventions concern the arrangement and cleaning of the path and the recovery of some sections interrupted by vegetation.

### **Legambiente local group**

The Legambiente Geo A.P.S. association was born in Atesa in 1989. Since 30 years our association deals with the improvement of the environmental and cultural quality in our area in order to satisfy the need of participation, knowledge and identity of people. During the last years we have fought against waste trade, land consumption, for the Sangro river safeguard and the Val di Sangro environmental quality. Thanks to our determined work, we set up the Monte Pallano area. It

is a place where environmental and archaeological excellences coexist. Legambiente, in this area, manages Casanatura Fontecampana center, a place where people of any age can meet each other and share their love for nature and environment and broaden their knowledges about them through various activities. Since 2017, thanks to volunteers, Legambiente runs the recycling center in Atessa.

#### **LOCATION AND LEISURE**

The area of Monte Pallano and Lecceta d'Isca d'Archi is full of charm, thanks to its natural and archaeological treasures. Its strategic position and the presence of water sources have favored the settlement of man in the area: as evidenced by the remains of the ancient Pallanum settlement, the imposing Megalithic Walls and the traces of human presence from the Paleolithic to the Neolithic up to to the Hellenistic-Roman period. In Tornareccio there is an outdoor mosaic museum.

#### **WORK**

The renewal of the route requires manual work. The volunteers will work for about 6 hours a day. The works will take place mainly in the early morning hours. Volunteers will help Legambiente to clean the path from Lago Grande to the megalithic walls of Monte Pallano. The planned interventions concern the arrangement and cleaning of the path and the recovery of some sections interrupted by vegetation. Along the way, new signs will be prepared to allow better use of the route.

#### **STUDY PART**

Volunteers will visit the Megalithic Walls of Monte Pallano, the archaeological excavations of the ancient city of Pallanum. They will visit a beekeeping and the historic center of Tornareccio with the open-air mosaic museum.

#### **ACCOMODATION AND FOOD**

Volunteers will be housed in a former school building, with self-managed kitchen. There will be an eco-sustainable diet with local products and little meat. No wi-fi available.

#### **TERMIMAL**

From Rome (Ciampino Airport, Fiumicino Airport, Tiburtina Bus Station): By bus: from Rome you can get from Tiburtina

station to Tornareccio (buy tickets on: <https://klikbus.sotrap.it/home>) By train: arrival at Pescara train station. Then by bus from Pescara train station to Tornareccio (Ch) or by train to Fossacesia - Torino di Sangro station and then by bus to Tornareccio. Alternatively, you can take a bus to Atessa (the city before Tornareccio) and contact the Legambiente volunteers to make the last stretch by car.

#### **SPECIFIC REQUIREMENTS**

Volunteers have to be interested in working in group.

#### **LANGUAGE**

English

### **Leg05 Love the mountains in Orobie Park Castello dell'acqua, Sondrio, Lombardia region**

**31/07/2022 13/08/2022**

**Environmental, manual**

**Vol 8**

**Participation fee 70,00 Euros**

The Orobie Valtellinesi Mountains Park (<http://www.parcorobievalt.com/>) covers the northern side of the Orobie Alps chain. It is a particular area, which needs maintenance and cures in order to keep it the beautiful place that it is today.

Volunteers will be asked mostly to take care of pathways, which are very culturally important in the area because each of them leads to old mills and ethnographic sites. Castello dell'Acqua is a very small country area. The population is very traditional and loves seeing people taking care of their land.

#### **Legambiente local group**

Legambiente Lecco is made up of young and dynamic people, mostly under 30. The main activity of this Legambiente group is the management of an hostel; moreover, it has campaigned against food waste and for the correct waste management.

Take a look at: <https://it-it.facebook.com/legambiente.lecco>

for details. We also have a new English website:  
<http://www.legambientelecco.it/en/>.

#### **WORK**

Volunteers will be asked to clean pathways, eliminate infested plants and take care of the woods. They will be working with the constant help of experienced voluntary people (local administrations volunteers) that will provide all the necessary tools.

#### **STUDY PART**

Volunteers will learn about biodiversity and its conservation.

#### **ACCOMODATION AND FOOD**

Volunteers will be hosted in the city hall house. Volunteers will be taking turns cleaning all the rooms they will have access to and also cooking for all the group members.

#### **TERMINAL**

Nearest airport: "Orio al serio" or "Milano Malpensa" Nearest train station: Sondrio null

#### **SPECIFIC REQUIREMENTS**

Predisposition to live, walk and work in the mountains. A project-related motivation letter is not mandatory but preferable.

#### **LANGUAGE**

English

### **Leg06 Love the mountains in Alpe Dosso**

**Delebio, Sondrio, Lombardia region**

**03/07/2022 16/07/2022**

**Environmental, Manual**

**Vol 12**

**Participation fee 70,00 Euros**

The Orobie Valtellinesi Mountains Park (<http://www.parcorobievalt.com/>) covers the northern side of the Orobie Alps chain. It is a particular area, which needs

maintenance and cures in order to keep it the beautiful place that it is today.

Alpe Dosso is located at 1600 meters over sea level surrounded by breathtaking landscapes. It is a place full of woods which are in need of constant maintenance. Volunteers will take care of pathways, woods, plants and different other things in order to keep the park clean and beautiful.

#### **Legambiente local group**

Legambiente Lecco is made up of young and dynamic people, mostly under 30. The main activity of this Legambiente group is the management of an hostel; moreover, it has campaigned against food waste and for the correct waste management. Take a look at: <https://www.facebook.com/legambiente.lecco> for details. We also have a new English website: <http://www.legambientelecco.it/en/>.

#### **LOCATION AND LEISURE**

Orobie is the first alpine chain in the north of Lombardia's plain and pre-alpine reliefs. Since the alpine hut is quite isolated, leisure trips will be arranged inside the park itself, which has breathtaking landscapes and lots of pathways that volunteers will be free to visit to enjoy fully the Orobie Valtellinesi mountains park.

#### **WORK**

Volunteers will clean pathways, eliminate infested plants and take care of the woods. They will be working with the constant help of experienced voluntary people (Consorzio Montagna Viva - <http://www.cmviva.it>) that will provide all the necessary tools.

#### **STUDY PART**

Volunteers will learn about biodiversity and its conservation.

#### **ACCOMODATION AND FOOD**

Our alpine hut at 1600 meters over sea level is quite isolated and has bad line reception. It takes 2 hours on foot to reach the alpine hut, which is provided with a kitchen, beds, and toilets. There will be an eco-sustainable diet with local products and little meat.

#### **TERMINAL**

Nearest airports: Orio al serio/Milano Malpensa Nearest train station: Colico null

### **SPECIFIC REQUIREMENTS**

Predisposition to live, walk and work in the mountains. A motivation letter is not mandatory but preferable.

### **LANGUAGE**

English

### **Leg07Green Community**

**Borgo Val di Taro, Parma, Emilia Romagna region**

**18/06/2022 02/07/2022**

**Environmental**

**Vol 8**

**Participation fee 70,00 Euros**

The camp is located on a Site of Community Importance (SIC) in Italia West Appennins. A nature trail suitable for everyone will be created. This project will allow to promote slow tourism and increase knowledges about the biodiversity of the oasis, thanks also to new signs along the path. This camp is realized within the regional project Green Community - Together to stop climate change funded by the Emilia-Romagna region

### **Legambiente local group**

Legambiente Alta Val Taro performs its activities on a mountains area. It promotes initiatives against the abandonment of inland areas, alternative tourism and for the conservation of the natural heritage. The members are involved in awareness-raising, information, education, scientific issues.

### **LOCATION AND LEISURE**

The Regional Natural Reserve's Ghirardi, a WWF Oasis, preserves about 400 hectares of mountain landscape in the upper Taro valley, province of Parma. The territory is characterized by meadows, shrubs, woods and monumental specimens of downy oak. The environmental variability favors the development of a very rich flora, including 36 species of

orchids and other protected species. The reserve is a safe haven for many animals, such as 70 species of nesting birds, ungulates and at the top of ecological chain, the wolf. Even humans with their farm coexist peacefully.

### **WORK**

The work will be in collaboration with the park associations, such as wwf, and other local associations. The volunteers will make a new pathway walk in a Site of Community Importance (SIC) of Appennins, to permit visitors to recognize variety of species by themselves, walking through the Oasis. The objective is to make known, enhance and increase the biodiversity of the area. In the Oasis there are also some farm and volunteers will be able to experience a way of living in harmony with nature

### **STUDY PART**

The volunteers will participate in workshops and trainings about wolf ethology, biodiversity, orienting and horse meditation.

### **ACCOMODATION AND FOOD**

Volunteers will be hosted in two rural houses, with wi-fi, self managed kitchen. Meals mainly include local products from nearby farms and organic meat from the Val Taro consortium.

### **TERMINAL**

Meeting point is Parma station where a bus will wait for them to take them to the Oasi for accomodation. Further travels have been preview and we'll use bus and the train from Borgo Val di Taro null

### **SPECIFIC REQUIREMENTS**

Aptitude for mountain walks is required

### **LANGUAGE**

English

**Leg08 Together for a better world**  
**Gaiba, Rovigo, Veneto region**  
**18/07/2022 30/07/2022**  
**Environmental, manual, refugees**  
**Vol 8**  
**Participation fee 70,00 Euros**

Together for a better world! A project of safeguard and valorization of our cultural and natural common goods strictly connected with the inclusion of third-country nationals. This workcamp aims to contribute to create more sustainable, cohesive and inclusive societies through volunteering. Therefore, the main project activities are in the areas of environmental protection and social and cultural heritage. The objective is to demonstrate that doing voluntary activities together provides opportunities for social exchange, civic engagement and for learning and growing as a community and society.

#### **Legambiente local group**

Legambiente mission is to denounce any abuse and damage to our ecosystem, the thoughtless use of resources and any pollution. We combat nuclear and favour clean and renewable energies. We oppose GMO and propose new life styles with less hothouse effects. We protect the land's Heritage of Art and Culture and propose alternative ways in schools to raise more aware and informed generations. We stand against any form of discrimination and social injustice and promote the values of solidarity and peace. Our local group Legambiente Rovigo was born in 2017 and has carried out many environmental information and awareness activities and participated in integration projects that involved foreign people and local citizens, committees and other local associations. In collaboration with other local associations we take care of the management of Parco Langer, the historic park in Rovigo city, where citizens have been able to cultivate their own vegetable garden by adopting a small part of it. We also carry out environmental education activities in schools and promote citizen science actions.

#### **LOCATION AND LEISURE**

Gaiba is a small and ancient center on the left bank of the Po river, in the part of Polesine which included in the Po Grande UNESCO Reserve, recognized in 2019, and it is near the Po Delta Biosphere Reserve, recognized by UNESCO in 2015, a unique place for the richness of biodiversity. The country is also close to famous cities such as Venice and Ferrara.

#### **WORK**

We welcome volunteers to help with the maintenance of the Po river floodplain, an area rich in biodiversity to preserve. Volunteers will also help local associations and other neighboring municipalities in the environment protection through awareness-raising actions such as the collection of floating waste with boats, the arrangement of paths and information signs in the green areas. Moreover the presence of second generation people and migrants will require attitude in supporting them and in socializing during the working activities and during free time.

#### **STUDY PART**

Climate change and environmental migration: during the camp the volunteers can explore the theme of climate change and its effects, which are also visible on the Po river and in the municipality of Gaiba which in 1951 was affected by a tragic flood. Volunteers will have the opportunity to train on the topics of scientific environmentalism and citizen science with Legambiente experts.

#### **ACCOMODATION AND FOOD**

Volunteers will be hosted in a library with camp beds. In the center sport near the structure there are a kitchen, showers and an open space for volunteers. There will be an eco-sustainable diet with local products and little meat.

#### **TERMINAL**

Venice Marco Polo and Bologna Marconi are the nearest airports. Volunteers can arrive at Rovigo train station or Ferrara train station and then go by car to Gaiba with local volunteers.

#### **SPECIFIC REQUIREMENTS**

The presence of second generation people and migrants will require attitude in supporting them and in socializing during the working activities and during free time. Volunteer will be able to ride a bike, cause all the movements will be made by bicycle.

### **LANGUAGE**

English

### **Leg09 San Rossore summer, between biodiversity and history**

**San Rossore, Pisa, Toscana region**

**01/08/2022 14/08/2022**

**Environmental**

**Vol 10**

**Participation fee 70,00 Euros**

The camp will see volunteers engaged in projects aimed at preserving and restoring the natural environment of one of the most important wetlands in the Tyrrhenian Sea, the San Rossore estate, part of the MSRM Regional Park. Get ready to pedal!

The residential camp will see the volunteers involved in various projects that together aim to preserve, and in some cases restore, the natural environment of one of the most important wetlands in the Tyrrhenian Sea. The San Rossore estate, which is part of the MSRM regional park, after having been used as a hunting lodge for monarchs and presidents, has since 1989 been the central nucleus of a large coastal park that is a real gem both in terms of fauna (especially birdlife, which finds an oasis of tranquillity here, whether sedentary or migratory), and in terms of plant species, including various relicts and endemic species, which have found an environment here in which to survive and develop. Even in the protected environment of the park, however, interventions are sometimes necessary.

Legambiente local group

Legambiente Pisa is a local group that has been active on the territory for 26 years. We organise campaigns, monitor environmental policy, and are active in environmental education. The activities we organise are the result of the commitment of volunteers who, with tenacity and creativity, work daily for a healthier and more pleasant environment, knowledge and conscious choices, social equity, peace and legality..

### **LOCATION AND LEISURE**

The San Rossore estate, in the MSRM regional park, after having been used as a hunting lodge for monarchs and presidents, has since 1989 been the central nucleus of a large coastal park that is a real gem in terms of both fauna and plant species, including several relicts and endemic species, which have found an environment here in which to survive and develop. The estate is within cycling distance of the cities of Pisa, and Lucca, two centres that need no description; from the camp it is also easy to reach other centres of interest, such as Livorno, Calci, Massaciuccoli and the Apuan Alps.

### **WORK**

The volunteers will use simple tools such as shears, axes and saws to remove invasive vegetation, record data to compare the present situation and check the effectiveness of the action. At the request of the Park, interventions will be possible for easy maintenance operations in areas of naturalistic interest further inland. Restoration of the paths in the naturalistic areas of the estate and biomonitoring activities within the Park will also be carried out. All movements will be made by bicycles, which the volunteers will also maintain, with the help of the local bicycle workshop.

### **STUDY PART**

Maintenance and minor repairs of bicycles (by the cycle workshop); guided tours in the park (by park employees); guided tours in the city of Pisa and surrounding areas (by the Club); education to biomonitoring

### **ACCOMODATION AND FOOD**

Flat in a farmhouse on the San Rossore Estate. There will be an eco-sustainable diet with local products and little meat.

**TERMINAL**

International airport of Pisa Pisa Central Station or Pisa S. Rossore Station

**SPECIFIC REQUIREMENTS**

Knowing how to ride a bike (you ride a few kilometres a day)

**LANGUAGE**

English

**Leg10 The labyrinth of waters****Pretoro, Chieti, Abruzzo region**

29/08/2022 10/09/2022

**Environmental, renovation, Archeological****Vol 13****Participation fee 70,00 Euros**

The restoration of an ancient fountain to tell the story of women and men of the Maiella in Abruzzo. From the recovery of monuments and paths to revive culture, solidarity and sustainability.

The project of the restoration of Fonte Cese, asks volunteers to work for the recovery of a historical artifact destined for the collection of water for men and animals in a place rich in history and biodiversity in the Maiella National Park. We will also work along the access paths to the valley of Fonte Cese. The volunteering will develop under the technical direction of the National Park Authority of Maiella, with the help of experienced workers and the collaboration of young volunteers and members of local associations..

Legambiente local group

The Environmental Education Center and Experience "Il Grande Faggio" is an agency for the sustainable development that addresses local communities, tourists, schools, groups and families. Recognized by the Abruzzo region as "Regional Centre of Interest", it is listed on the National System INFEA

and belongs to the National Network of Environmental Education Centres of Legambiente. The Centre offers activities ranging from teaching-scientific laboratory to hiking and mountain tourism also including voluntary experiences in environment...

**LOCATION AND LEISURE**

The town of Pretoro, of Roman origins (Praetorium), has nowadays a typical medieval structure. Among the most interesting signs of the past are the cave mills, located in the valley, where the millers worked with ancient methods until a few decades ago. Within the walls of Pretoro, the art of wood carving is still alive, although very downsized compared to the past, which results into valuable artifacts, as forks, mortars, sticks. Pretoro is the north gate of the Majella National Park. The environment is rich in ecological peculiarities and popular ancient and fascinating traditions.

**WORK**

We will make a valuable work of recovery and enhancement of an ancient fountain destined in the past to the gathering of flocks, now a place of appointment with wolves, bears, deer, roe deer, foxes, wild boar etc... Also improving the paths E4 and D2 of the Park we will reconnect the population of Pretoro a place of memory, discovering interesting places such as the source Fontenuova, Colle Tondo, Mattioli Farm (Zi Luca), the church of Madonna della Mazza (Sec. XII) and the Abbey of San Liberatore in Maiella (Sec. X). It will not only be a building job but a historical and cultural enterprise to mend the plots that bind the people of Abruzzo with nature and its past..

**STUDY PART**

The recovery of a spring will allow us to deepen our knowledge, through educational and research laboratories, on water quality (Extended Biotic Index - I.B.E.), plant biodiversity and climate change through the study of bioindicators (G.L.O.R.I.A. -Global Observation Researches in Alpine Environment). There are also moments of deepening of historical and anthropological through excursions and guided tours.

**ACCOMODATION AND FOOD**

The hostel is located in the town of Pretoro. It is composed by four rooms. The baths, in common, are two, for women and for men. There are many common spaces, multimedia equipment and internet. There will be an eco-sustainable diet with local products.

#### **TERMINAL**

Nearest train stations are Pescara and Chieti; nearest airports are Pescara and Rome. Bus Pescara - Chieti - Pretoro only on weekdays We offer shuttle service 8 places to and from Chieti and Pescara.

#### **SPECIFIC REQUIREMENTS**

Aptitude for the mountain environment and trekking, outdoor work with minimal manual skills. They are important: the good will, the availability and the spirit of collaboration

#### **LANGUAGE**

English