**Experimental Movement Centre**

**Introduction**

Experimental Movement Centre is a non-profit organization which has been introducing new circus and performing art to children, youngsters and grown-ups already for 15 years. The training rooms are located in the near center of Tallinn, the capital of Estonia but performances, events, shows, and camps have traveled all over Estonia and many other countries. The main purpose of the organization is to teach,  unite and develop young people to be independent and creative through dance, circus, acrobatics, acting, and music.

There is a friendly and easy-going collective of trainers and students. The trainers have grown out from the same school so they have the best overview of the school policy and know-how. It’s a school where one can learn for your whole life. The target group is mainly children aged between 2 – 16, but also have several training groups for grown-ups. There are approximately 150 children and 20 grown-up students. The school is opened for everyone who has a wish to learn acrobatics and circus tricks.

More about the organization can be found at http://www.omatsirkus.ee/eng.

**Location**

The project environment is located in the capital of Estonia – Tallinn. Experimental Movement Center has very decent and well-equipped rooms in Kopli which is near Tallinn city center, 10 minutes by public transportation.

**Work tasks and Proposed activities**

* Assisting in trainings as an assistant coach (holding the jump rope, hold the unicyclists’ hand, helps the children with somersaults)
* Helping to bring the requisites
* Preparing the room for training and carry out the training with the coach
* Being present in performances, camps (city camp, summer camp)
* Helping to organize the competitions (coffee table, receptor, printing the diplomas, enters the data of the judges, helps in rewarding)

In addition, the volunteer could help to organize the events (communicating with people, spreading advertisement, selling and checking tickets, organizational activities, assisting).

If the volunteer wishes he/she can help with creative work (organizing the performances and programs, choreography, music, costumes etc).

It depends on the strong sides of the volunteer - if the person has a hobby or a strong knowledge of for example photography, design or filmmaking he/she is very welcome to take photos, tape the performances or trainings or design the costumes or whatever he/she does the best.

**Benefits of volunteering**

* Possibility to participate in the trainings and through that develop his/her athletic side and acrobatics and circus skills
* Learning how to work and communicate with children and other people
* Improving teaching skills

**Requirements for the volunteer**

* Sports and art-minded attitude
* A physically active and healthy lifestyle is a big plus
* Easy to communicate with
* Likes dealing with children and youngsters
* Accurate and punctual
* Adaptable and prepared for changes
* Basic knowledge of computer skills is very much helpful

Experience in dealing with children, circus, acrobatics or other stage or creational activity is very much appreciated