

About SEEDS

SEEDS Iceland was founded in 2005 as a non-governmental, non-profit volunteer organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through voluntary work on social, cultural and environmental projects in Iceland.

We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform and share with them about the world in which we live and to take an active role in its future development.

SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.



SEEDS Projects & Activities

SEEDS works closely with local communities, local authorities and other Icelandic associations both to develop projects in partnership, aimed at fulfilling an identified need, and to give vital assistance to established initiatives. Projects are designed to be mutually beneficial to all involved: the volunteers and participants, the local hosting communities and Iceland as a whole.

By having a diverse array of projects and bringing together people from different backgrounds, creating more opportunities; we try to fulfil our vision and build on our founding ideas.

Activities developed by SEEDS include:

- Voluntary service
- International learning camps and exchanges
- Internships and lifelong learning programmes
- Awareness-raising initiatives and campaigns
- Seminars and training sessions
- Cultural, artistic and educational exhibitions

Our projects in Iceland are funded and supported by:

- Contributions from volunteers and participants in the projects
- The Erasmus+ Programme of the European Commission
- Engagement of our long-term volunteers and interns
- Additional non-financial contributions in kind from the local hosts of the projects

We are members of the Icelandic National Youth Council (LÆF), the Icelandic Environment Association (LANDVERND), the Senior European Volunteers Exchange Network (SEVEN) and work actively as partner organisation of the Alliance of European Voluntary Service Organisations (The Alliance) and Service Civil International (SCI).



During 2019 we organised 95 different projects located in every corner of Iceland; we hosted nearly 1000 International volunteers from 47 different countries!

Volunteers performed different types of tasks. For instance, ecological research, removing invasive plant growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of buildings, monuments and artistic heritage. In cultural/festival/sports related projects, SEEDS came into action by helping in the organisation of the events and also by taking an active part in them. SEEDS also works to promote sustainable tourism in local communities, supporting the local economy and helping to keep small and remote towns alive.

We bring together volunteers and hosts from different nationalities and backgrounds, aiming at building up international understanding and encouraging peace, while working for an identified need within a community.

We enable our participants and volunteers to get to know Iceland from a different perspective, to meet the locals and have an insight into Icelandic culture, learn new skills, gain international understanding, make new friends all over the world, and give something back to the environment.

Through our Environmentally Aware programme, SEEDS shares environmental messages with the international and local participants in our projects.

The rewards for the volunteers, participants, communities and ecosystems are massive, while interacting with local and foreign participants, they learn about local and foreign cultures, have the opportunity to build friendships, while they develop new skills working in challenging and unfamiliar surroundings.





For easy browsing and navigation, you can click the hyperlink of each project name/location in the table to go directly to the workcamps' description. To return to this table, you can click on each description's title.

* Camp types or themes:

AGRI (Agriculture) ARTS (Cultural, arts) CONS (Construction) CULT (Cultural) ENVI (Environment - Nature) FEST (Festival) HERI (Heritage) LANG (Language learning) RENO (Renovation, construction, restoration) SPORTS (Sports events and healthy lifestyle) Location/Area in the Icelandic map:



Code	Name/Location	Dates	Type*	Vols.	Age	Area
SEEDS 001.	Environment & Photography in the New Year	07.01 - 16.01	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 002.	<u>Environment & Photography - January</u>	19.01 - 28.01	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 003.	<u>Environment & Photography - Winter in Reykjavík</u>	02.02 - 11.02	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 004	Environment & Photography - February	16.02 - 25.02	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 005.	Environment & Photography - March	02.03 - 11.03	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 006.	Environment March & Photography in Reykjavík	16.03 - 25.03	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 007.	Environment & Photography - Easter in Reykjavík	30.03 - 08.04	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 008.	Environment & Photography - April	13.04 - 22.04	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 009.	Environment & Photography - Spring in Reykjavík	27.04 - 06.05	ENVI/ARTS/CULT	8 - 12	18+	1
SEEDS 011.	Environmentally Aware & Trash Hunting in Reykjavík	11.05 - 19.05	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 014.	Environmentally Aware & Trash Hunting in Reykjavík	25.05 - 02.06	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 016.	Environment & Art - Reykjavík Arts Festival	29.05 - 12.06	ARTS/ENVI/EDU	8 - 12	18+	1
SEEDS 019.	Environmentally Aware & Trash Hunting in Reykjavík	08.06 - 16.06	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 020.	Midnight Sun & Photography in Reykjavík	08.06 - 16.06	ARTS/CULT	8 - 12	16-20	1
SEEDS 027.	Environmentally Aware & Trash Hunting in Reykjavík	22.06 - 30.06	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 028.	Summer Solstice & Photography in Reykjavík	22.06 - 30.06	ARTS/CULT	8 - 12	16-20	1



SEEDS 033.	Environmentally Aware & Trash Hunting in Reykjavík	05.07 - 13.07	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 034.	Midnight Sun & Photography in Reykjavík	05.07 - 13.07	ARTS/CULT	8 - 12	16-20	1
SEEDS 039.	Environmentally Aware & Trash Hunting in Reykjavík	13.07 - 21.07	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 043.	Environmentally Aware & Trash Hunting in Reykjavík	21.07 - 29.07	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 047.	Environmentally Aware & Trash Hunting in Reykjavík	29.07 - 06.08	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 050.	Environmentally Aware & Trash Hunting in Reykjavík	06.08 - 14.08	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 052.	<u>Botanical Gardens in Reykjavik</u>	08.08 - 21.08	ENVI/NATU	6 - 8	20+	1
SEEDS 053.	Environmentally Aware & Trash Hunting in Reykjavík	14.08 - 22.08	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 056.	Environmentally Aware & Trash Hunting in Reykjavík	22.08 - 30.08	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 058.	<u>Botanical Gardens in Reykjavik</u>	22.08 - 04.09	ENVI/NATU	6 - 8	20+	1
SEEDS 061.	Environmentally Aware & Trash Hunting in Reykjavík	30.08 - 07.09	ENVI/SUST/EDU	8 - 12	18+	1
SEEDS 065.	Environmentally Aware & Trash Hunting in Reykjavík	07.09 - 15.09	ENVI/SUST/EDU	8 - 12	18+	1
Code	Name/Location	Dates	Type*	Vols.	Age	Area



Practical information about our projects:

1. Participation Fees

Participation fees are required in order to take part in our camps. These help to support the ongoing work of SEEDS. Please be aware that your entire fee might not necessarily go towards your particular camp and can instead be used to:

- Bear the administrative expenditures of the association: Salaries, rent, office bills (energy, phone, electricity, insurance, heating), personnel, external representation, mail, website, postage, equipment, supplies, banking costs, legal formalities, etc.
- Provide financial support and resources to aid the development of some of our other activities, to pay for food or accommodation in some of the projects, where the hosts do not provide it, co-funding for our long-term voluntary service projects and the development of particular sessions in the camps.
- Cover other costs associated with your camp, e.g. food, accommodation, transportation, and administrative costs
- Support the costs of the long-term volunteers and project coordinators.

SEEDS works with partner sending organisations in many countries around the world and most of them raise funds by sending volunteers abroad and charging outgoing volunteers a registration fee. However, in Iceland we face a particular challenge for two reasons: voluntary service is not very popular among Icelanders yet, and the Icelandic population is very small, so the number of volunteers sent by SEEDS overseas does not represent sufficient income to run our association.

Furthermore, SEEDS does not receive any regular government funding, or financial support from our local, regional or national authorities or government. Thanks to the fees contributed by our participants we are able to run the association and to offer the program of varied projects all year round.

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SEEDS is a non-profit organisation; all funds go back into improving the quality and service we provide to our participants, volunteers and hosts, expanding the range of SEEDS projects and carrying out projects in areas where funds are not available or to provide food and accommodation to the volunteers.

2. Insurance

Volunteers and participants in our camps need to obtain health and accident insurance for the whole duration of their travel, prior to their arrival to Iceland and bring with them all necessary documents, contact numbers, etc.

European volunteers are advised to take with them the European Health Insurance Card (EHIC).

Iceland is part of the European Economic Area (EEA), so volunteers residing in a member country of the EU or of the EEA and Switzerland benefit from the use of the EHIC here, having access to the Icelandic healthcare system as in any European country with the same conditions as Icelandic citizens and will be treated on the same basis as residents of Iceland.

Volunteers residing outside the EEA must seek private medical/travel insurance for the duration of the stay. It is strongly advised that this be obtained before leaving the country of residence, as the cost of insuring in Iceland will be much higher.

Volunteers without insurance will not be allowed to participate in our projects.



3. Travel to Iceland

We suggest our volunteers research travelling with different airlines/alternatives as fares for different companies may vary significantly according to the dates of travel. There are currently 4 airlines flying to Keflavík (Reykjavík) International Airport all year round (though please be advised that due to the pandemic crisis, the situation may change):

- 1. Icelandair: <u>www.icelandair.net</u>
- 2. Air Greenland: <u>www.airgreenland.com</u>
- 3. Air Baltic: <u>www.airbaltic.com</u>
- 4. Wizzair: <u>www.wizzair.com</u>

To check the **map routes** and destinations for **Icelandair**, please see the <u>Icelandair route map</u>. **Wizz Air** often has cheap flights from more destinations around Europe.

Apart from these 4 airlines, there will be a few others flying to Iceland:

- a. Air Iceland Connect: <u>www.airicelandconnect.com</u>
- b. American Airlines: <u>www.aa.com</u>
- c. Atlantic Airways: <u>www.atlantic.fo</u>
- d. Austrian Airlines: <u>www.austrian.com</u>
- e. British Airways: <u>www.ba.com</u>
- f. Czech Airlines: <u>www.csa.cz</u>
- g. Delta Airlines: www.delta.com
- h. EasyJet: <u>www.easyjet.com</u>
- i. Finnair: <u>www.finnair.com</u>
- j. Jet2: <u>www.jet2.com</u>
- k. KLM: <u>www.klm.com</u>
- I. Lufthansa: www.lufthansa.com
- m. Norwegian: <u>www.norwegian.no</u>
- n. Scandinavian Airlines (SAS): www.flysas.com www.flysas.com www.flysas.com www.flysas.com www.flysas.com www.flysas.com www.flysas.com <b href="http://www.flysas.com"/>www.flysas.com"/>www.flysas.com <b href="http://www.flysas.com"/>www.flysas.com <b href="http://www.flysas.com"/>www.flysas.com"/>www.flysas.com <b href="http://www.flysas.com"/>www.flysas.com <b href="http://www.flysas.com"/>www.flysas.com <b href="http://www.flysas.com"/>www.flysas.com"/>www.flysas.com <b href="http://www.flysas.com"/>www.flysas.com <b href="
- o. Smartwings: <u>www.smartwings.com</u>
- p. ThomsonFly: <u>www.edreams.com</u>
- q. Transavia France: <u>www.transavia.com</u>
- r. Vueling: <u>www.vueling.com</u>

Volunteers might find good deals and help with connecting flights and general trip planning at:

www.skyscanner.net www.ebookers.com www.kiwi.com www.dohop.com www.opodo.com www.edreams.com www.kayak.com

Lastly, for when volunteers have plenty of time to spare, the **Smyril Line** operates a ferry service to the east of Iceland. This is a four to seven day sea adventure for travellers and stops at the Faroe Islands on the way. (<u>http://www.smyrilline.com/</u>)

4. Arrival and Departure dates (Pandemic times)

Due to the COVID-19 pandemic, travel restrictions have affected travelling to Iceland too. Volunteers coming to join our camps need to be aware of everything that needs to be taken into account when planning a trip to Iceland under these circumstances.

Because the situation is subject to frequent change, we have compiled a document with all the relevant information that will be updated regularly. Please find the document under the following link.



https://seeds.is/files/2020/SEEDS_Iceland_Travel_Information_COVID.pdf

5. Arrival and Departure dates (Regular times)

Volunteers participating in our projects taking place **outside Reykjavík should arrive to Iceland the latest one day before the camp starts**, as travel to the project, if arranged by SEEDS (see point 6 below), will leave Reykjavík on the first day of the camp in the morning.

If volunteers choose to travel by different means, they might need more than one day to reach the destination by public transportation services. In the same way, volunteers shall not book their **return journey** the day the camp ends, but **the earliest one day after the camp finishes**. In this way volunteers ensure they will be able to join the camp for its full length.

Participants in our camps in Reykjavík do not need to arrive one day earlier to Iceland as they can reach the accommodation the same day of their arrival.

From our previous experience with volunteers, you could consider staying longer in Iceland; either before and/or after the project. Volunteers may group together and decide to travel the country and visit different areas to those of the project itself.

6. Domestic transport - Minibus

SEEDS organises shared transport from Reykjavík to the projects' sites for all of the camps outside the city. The meeting point will be in Reykjavík on the first day of the camp, in the morning.

The minibus option is offered by SEEDS to volunteers in order to provide them a more convenient way to reach the camp, to allow them to meet their fellow participants and leaders earlier, and to have a relaxed trip to the camp location, with the opportunity to visit particular sites on the way and stop wherever possible (e.g. to take pictures or take a short walk).

We try to research all possible transportation to the projects and then offer a fair price for transportation compared with the public transport options available. We recommend that you take the minibus, but please feel free to investigate your own transport.

7. SEEDS' Accommodation in Reykjavik

Volunteers do not need to book any accommodation for the period of the camp, as SEEDS provides accommodation and food during the project, but you will need accommodation on the days before or/and after the workcamp.

8. Language

Knowledge of Icelandic is not needed in our projects. English is the language used by our leaders and messengers. Therefore, basic knowledge of English is expected from participants, even though it is not a requirement to fulfill.

<u>9. Age</u>

While most of our volunteers are aged 18 or over, we also offer projects specifically for participants 16 to 20 years old. Volunteers under the age of 18 need to apply through a slightly different procedure, which involves parental/guardian authorisation.

We do not have any upper age limit. So far our youngest volunteer was 15 and the oldest 70!



10. Conditions of Participation

In order to be fully aware of volunteers' and participants' responsibilities during the camps, please read carefully the following:

- Participants are expected to be active members of the group and contribute to work, housekeeping and free time activities.
- Volunteers are expected to work seven to eight hours per day, five days per week, on a voluntary basis.
- Your independence will be respected during the camp but the camp leader has the ultimate responsibility for you and your safety during our camp in Iceland thus they will have to sort out the problems if you get lost or injured. If you wish to do an activity independently of the group, you must discuss it with the camp leaders and they must be fully aware of your plans.
- Participants are expected to inform the camp leader in case they want to spend the free time away from the camp. However, they should not spend the night away, nor host other people at the camp.
- SEEDS camp leaders have been trained to run the camps; they are responsible for organising work, food, contacts with local authorities and many other things. Do not forget that they are volunteers as well, so try to cooperate with them at work and during free time activities. Camp leaders are not fully responsible for organising volunteers' free time and they expect their ideas and contribution to do so.
- Smoking is not allowed in the accommodation areas. Use of alcohol should be moderate with consideration and only during free time.
- Participants are expected to stay for the whole duration of the camp. If they MUST leave early or arrive late, they should contact SEEDS in advance.
- Keep in mind that the use of any kind of drugs is strictly forbidden.
- Volunteers without insurance will not be allowed to participate in our projects.
- SEEDS does not accept any kind of discrimination in our camps and such cases will be strictly dealt with.
- Individuals participating in SEEDS camps acknowledge and agree that they are solely responsible for determining their ability, fitness and suitability to participate. If there are any physical problems or conditions that would impair volunteers' ability to participate in the camps, they should let SEEDS know in advance.
- SEEDS, or any third party that SEEDS works with, such as hosts and municipalities, is not accountable for any damages, losses, injuries and liabilities. Participants agree not to file any claims.
- Participants in SEEDS projects hereby release, discharge, hold harmless and indemnify SEEDS, its affiliates and their respective members, employees, projects hosts and representatives from all damages, losses, injuries, liabilities, claims demands and causes of action for personal injury, death or damage to personal property.

We would like to remind you that SEEDS is **NOT** an alternative travel agency; our projects are not cheap holidays. Therefore we expect a high level of motivation from every participant, cooperation, flexibility and open-mindedness! Our camps are based on self-organisation and self-management and this is also what makes them unique and enriching! Please do not expect the leader to organise everything for the group, but be ready to contribute with your own ideas and personality.



11. Additional information

For more details and up to date information please visit us at <u>www.seeds.is</u>

Or contact us via email at: <u>contact@seeds.is</u>

Or at our phone number: <u>+354 7713300</u>

If you want to see pictures from our projects in the last years, please visit our website:

http://www.seeds.is/galleries

or our Instagram:

https://www.instagram.com/seedsiceland/

You can also follow SEEDS on Facebook at:

https://www.facebook.com/seedsiceland





SEEDS 001. Environment & Photography in the New Year 07.01 - 16.01 ENVI / ARTS / CULT 8 -12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 7 January at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats), good walking shoes, as some of the activities take place outdoors.



<u>SEEDS 002. Environment & Photography - January</u> 19.01 - 28.01 ENVI / ARTS / CULT 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

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Meeting time will be 18:00 (6:00 pm) on 19 January at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 003. Environment & Photography - Winter in Reykjavík</u> 02.02 - 11.02 ENVI / ARTS / CULT 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

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ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

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LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 2 February at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



SEEDS 004. Environment & Photography - February 16.02 - 25.02 ENVI / ARTS / CULT 8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 16 February at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 005. Environment & Photography - March</u> 02.03 - 11.03 ENVI / ARTS / CULT 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 2 March at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 006. Environment March & Photography in Reykjavík</u> 16.03 - 25.03 ENVI / ARTS / CULT 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 16 March at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 007. Environment & Photography - Easter in Reykjavík</u> 30.03 - 08.04 ENVI / ARTS / CULT 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 30 March at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



SEEDS 008. Environment & Photography - April 13.04 - 22.04 ENVI / ARTS / CULT 8 - 12 Participants

Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 13 April at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 009. Environment & Photography - Spring in Reykjavík</u> 27.04 - 06.05 ENVI / ARTS / CULT 8 - 12 Participants Age: 18+

PROJECT: During this camp, participants can share their love for (and learn more about) global & local environmental issues, as well as photography. If you are interested in topics such as climate change, waste management, animal protection and sustainability, and you also love taking photographs or want to develop your photography skills, then this project is for you!

While developing artistic and technical photography skills, you will be focusing on environmental and sustainability issues through non-formal activities such as workshops, discussions, presentations and visits facilitated by SEEDS. One of our aims is to help create more environmentally aware consumers & travellers!

You will visit local projects on environment and conservation. These may include hands-on activities or guided visits. Some examples include outdoor cleanup tasks, a community dinner or a visit to a recycling centre, a geothermal power plant, a museum or exhibition. Some of these activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

You will also have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

SEEDS' programme combines learning, sharing, hands-on activities, getting to know Iceland, its culture, having fun, exploring the city and stunning natural attractions in the Golden Circle or other excursions. Participants should prepare to share environmental issues from their countries and should be ready to spend time outdoors walking medium distances during activities and sightseeing.

Note this project is a learning/sharing camp and not a standard workcamp. This project has a smaller work part and puts a bigger emphasis on the personal learning process than on the community impact.

In this project SEEDS will organise a night photography and aurora hunting (Northern Lights) workshop in the countryside near Reykjavík. This will take place during late evening and possibly into the night. Northern lights are a natural phenomenon depending on solar activity and meteorological conditions; we cannot guarantee you will see northern lights, but the night photography workshop will be organised anyway.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; intermediate conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available, the Golden Circle excursion and the night photography & aurora hunting workshop.

Meeting time will be 18:00 (6:00 pm) on 27 April at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 011. Environmentally Aware & Trash Hunting in Reykjavík</u> 11.05 - 19.05 ENVI / SUST / EDU 8 - 12 Participants

Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 11 May at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 014. Environmentally Aware & Trash Hunting in Reykjavík</u> 25.05 - 02.06 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 25 May at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 016. Environment & Art - Reykjavík Arts Festival</u> 29.05 - 12.06 ARTS / ENVI / EDU 12 Volunteers Age: 18+

PROJECT: This volunteer and arts project is an organised cooperation between the Reykjavik Art Festival and SEEDS. With the support of the volunteers we will run one of the biggest environmental art pieces of the year: Sun & Sea (Marina). The work is a Lithuanian opera performance, winner of the Golden Lion at the Venice Biennale 2019. It is a live opera installation without beginning or end that takes place on a well-visited beach under an artificial sun. The show addresses some of the most pressing issues of sustainability and ecology of our time and gives a shocking picture of today's consumer society.

The work will be set up in the Reykjavík Art Museum that is located in the center of Reykjavík. The volunteers will help to set up the beach that will be made of black Icelandic sand in the museum and to take it down after the event. The volunteers will be invited to watch the show and will have the opportunity to participate as actors.

Volunteers will also have the chance to join other environmental-related activities, through non-formal means such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting/collecting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two following options is also included in this camp as a hands-on volunteering activity day: either a day trip combining a guided tour to the Hellisheiði power station, a trash collection action in the area and the Hot River Hike (a hike up a valley filled with hot springs where one can bathe); or a day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations. This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on 29 May at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own. Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp work/sessions. It may be very cold and/or rainy, so we recommend bringing warm and waterproof clothes (underlayers, overcoats, scarves, gloves and hats) and good walking shoes, as some of the activities take place outdoors.



<u>SEEDS 019. Environmentally Aware & Trash Hunting in Reykjavík</u> 08.06 - 16.06 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 8 June at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions. The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. Weather may however be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 020. Midnight Sun & Photography in Reykjavík

08.06 - 16.06 ARTS / CULT 8 - 12 Participants Age: 16 - 20

PROJECT: This is the fourteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography the participants explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camps. One of our objectives is to deliver environmental as well as cultural messages and draw the attention through pictures made in the camp.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20 years. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather. The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The nights are magical and staying awake enjoying the surroundings is a unique experience.

ACCOMMODATION: SEEDS' participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. They need to bring their own sleeping bags. Participants from other camps may also stay in the house.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 500** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first), with the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of 8 June at the BSÍ bus station or at SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 027. Environmentally Aware & Trash Hunting in Reykjavík</u> 22.06 - 30.06 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 250 (Euros). The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 22 June at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions. The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. Weather may however be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 028. Summer Solstice & Photography Reykjavík 22.06 - 30.06

ARTS / CULT 8 - 12 Participants Age: 16 - 20

PROJECT: This is the fourteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography the participants explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camps. One of our objectives is to deliver environmental as well as cultural messages and draw the attention through pictures made in the camp.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20 years. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather. The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The nights are magical and staying awake enjoying the surroundings is a unique experience.

ACCOMMODATION: SEEDS' participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. They need to bring their own sleeping bags. Participants from other camps may also stay in the house.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 500** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first), with the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of 22 June at the BSÍ bus station or at SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 033. Environmentally Aware & Trash Hunting in Reykjavík</u> 05.07 - 13.07 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 300 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 5 July at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions. The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. Weather may however be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 034. Midnight Sun & Photography in Reykjavík 05.07 - 13.07

ARTS / CULT 8 - 12 Participants Age: 16 - 20

PROJECT: This is the fourteenth year (since 2008) that SEEDS organises a series of International Photo marathons, while we started organising camps open for teenagers in the year 2010.

Throughout the year participants from all over the world come to Iceland for an immersive photography-related learning camp. SEEDS coordinators help the participants to develop their unique photographic skills through workshops and feedback sessions on technical settings, compositional considerations as well as developing conceptual frameworks which progress the participants' individual style.

Participants will have time to put the theory about photography into practice, walking around and exploring the city. At the end of the camp, the best photographs from each participant are selected for an online exhibition on SEEDS' social media. Participants should bring their own digital cameras, lenses, tripods and laptops if possible.

While learning about photography the participants explore Icelandic culture by taking part in it, capturing it and also by displaying their work during the camps. One of our objectives is to deliver environmental as well as cultural messages and draw the attention through pictures made in the camp.

Participants should be ready to spend time outdoors walking medium distances during activities and working within a flexible time schedule. Participants will be photographing in their free time outside of workshop hours with images to be discussed at group feedback sessions.

This camp is open to participants aged 16 to 20 years. During their stay SEEDS organises a programme that combines learning, sharing, getting to know Iceland and its culture, and having fun while exploring the city and some of the most stunning natural attractions in the Golden Circle and South Shore excursions.

Note this project is a learning/sharing camp and not a regular workcamp; it has a smaller work part and puts more emphasis on the personal learning process than on the community impact. We may be able to organise some outdoor voluntary work, but it depends on our partners and the weather. The camp happens around the summer solstice, when the sun hardly sets and the nights are almost as bright as the days. The nights are magical and staying awake enjoying the surroundings is a unique experience.

ACCOMMODATION: SEEDS' participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms. They need to bring their own sleeping bags. Participants from other camps may also stay in the house.

Participants will receive food supplies and be in charge of the cooking and cleaning activities. Participants should bring food, music, games or films and such from their own culture to share at the international evening.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 550** (Euros), which needs to be transferred to SEEDS the latest one month before the camp starts to confirm the placement of the participant/s. The fee includes transportation from the meeting point to the camp (on the first), with the Golden Circle and South Shore excursions (1 full day trip each). We will visit spectacular waterfalls, geysers, a glacier, impressive coastline, a volcano crater, the Thingvellir National Park and much more.

Meeting time will be 18:00 (6:00 pm) in the afternoon of 5 July at the BSÍ bus station or at SEEDS office. Participants that cannot arrive on time (later flights) will be sent information on how to reach the camp.

Additional excursions (eg. Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares in case there is additional free time after the workshops and sessions of the camp.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 039. Environmentally Aware & Trash Hunting in Reykjavík</u> 13.07 - 21.07 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on 13 July at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

Weather may however be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 043. Environmentally Aware & Trash Hunting in Reykjavík</u> 21.07 - 29.07 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on 21 July at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

Weather may however be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 047. Environmentally Aware & Trash Hunting in Reykjavík</u> 29.07 - 06.08 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on 29 July at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

Weather may however be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



<u>SEEDS 050. Environmentally Aware & Trash Hunting in Reykjavík</u> 06.08 - 14.08 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 300 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes).

Meeting time will be 18:00 (6:00 pm) on 6 August at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (e.g. Golden Circle, the South Shore, Reykjanes and/or Snæfellsnes) can be arranged at discount fares if there is additional free time after the camp workshops/sessions.

Weather may be cold or rainy, so we recommend bringing warm and/or waterproof clothes.



SEEDS 052. Botanical Gardens in Reykjavík 08.08 - 21.08 ENVI / NATU 6 - 8 Volunteers Age: 20+

WORK/PROJECT: This is the eleventh year in a row SEEDS offers projects in the Botanical Gardens in Reykjavík. The Botanical Gardens are an outdoor collection of living plants, founded in 1961 and it will celebrate its 65th anniversary in 2021. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. The garden is open to the public and free of charge.

SEEDS volunteers will be doing general park maintenance and assisting the horticultural staff tending to the collection of perennials, alpine trees and shrubs in the garden. The garden organises guided tours and events throughout the summer and some groups of volunteers will assist in the preparation and practical work related to some of these events. The group of volunteers will be able to join them. These special events are all related to the general aim and work of the garden and some of them are carried out at short notice.

The work can be repetitive as general gardening tasks tend to be and most of it is outdoors. The project starts early every weekday: working hours are from 8:00 - 15:00, except on Fridays, when work finishes at 12:00 as a part of an ongoing research into shortening the working week. Volunteers have to be motivated to start work early in the morning, but in compensation they will have more free time in the afternoon.

No previous experience is necessary. As it is outdoors work, volunteers must be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting in the Botanical Gardens of Reykjavík, which are located about 4 kilometres from the centre of the city. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Please note that participants from other projects may also be staying in the same house. Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources such as geothermal power. About two thirds of the population of Iceland live in Reykjavík including the metropolitan area; over 200,000 people.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. Visitors easily experience the pure energy at the heart of Iceland's capital, whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ)

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the Golden Circle excursion

Meeting point will be at the SEEDS office in Reykjavík at 18:00 (6:00 pm) on 8 August. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (South Shore, Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekends.

Participants in this camp will have a free pass to access one of the largest swimming pools in Iceland, situated within walking distance from the camp's accommodation.

Weather may be cold or rainy, so we recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats) as most of the tasks and activities take place outside.



<u>SEEDS 053. Environmentally Aware & Trash Hunting in Reykjavík</u> 14.08 - 22.08 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 300 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 14 August at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 056. Environmentally Aware & Trash Hunting in Reykjavík</u> 22.08 - 30.08 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 300 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 22 August at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



SEEDS 058. Botanical Gardens in Reykjavík 22.08 - 04.09 ENVI / NATU 6 - 8 Volunteers Age: 20+

WORK/PROJECT: This is the eleventh year in a row SEEDS offers projects in the Botanical Gardens in Reykjavík. The Botanical Gardens are an outdoor collection of living plants, founded in 1961 and it will celebrate its 65th anniversary in 2021. The garden's main role is to conserve plants for education, research and delight. It conserves some 5000 plant species in eight plant collections. The collections give an idea of the enormous diversity of vegetation in the northern temperate zone. The garden is open to the public and free of charge.

SEEDS volunteers will be doing general park maintenance and assisting the horticultural staff tending to the collection of perennials, alpine trees and shrubs in the garden. The garden organises guided tours and events throughout the summer and some groups of volunteers will assist in the preparation and practical work related to some of these events. The group of volunteers will be able to join them. These special events are all related to the general aim and work of the garden and some of them are carried out at short notice.

The work can be repetitive as general gardening tasks tend to be and most of it is outdoors. The project starts early every weekday; working hours are from 8:00 - 15:00, except on Fridays, when work finishes at 12:00 as a part of an ongoing research into shortening the working week. Volunteers have to be motivated to start work early in the morning, but in compensation they will have more free time in the afternoon.

No previous experience is necessary. As it is outdoors work, volunteers must be ready to adapt and be flexible with the working and free-time schedule, as depending on the weather, we may not be able to perform some of the tasks or activities planned.

ACCOMMODATION: SEEDS volunteers will stay in an equipped house, in a beautiful setting in the Botanical Gardens of Reykjavík, which are located about 4 kilometres from the centre of the city. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Please note that participants from other projects may also be staying in the same house. Volunteers will receive food supplies and be in charge of cooking and cleaning. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources such as geothermal power. About two thirds of the population of Iceland live in Reykjavík including the metropolitan area; over 200,000 people.

The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. Visitors easily experience the pure energy at the heart of Iceland's capital, whether from the boiling thermal energy underground, the natural green energy within the city and around it, or the lively culture and fun-filled nightlife.

LANGUAGE: English will be the official language in the camp; high proficiency is not a requirement.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ)

EXTRAS / SPECIAL REMARKS: Participation fee **EUR 350 (Euros)**. The fee can either be transferred in advance via **bank transfer**, or paid **in cash** on arrival. It includes transportation from the meeting point to the camp (on the first day) and the Golden Circle excursion

Meeting point will be at the SEEDS office in Reykjavík at 18:00 (6:00 pm) on 22 August. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

Other excursions (South Shore, Hot River Hike, Snæfellsnes or Reykjanes Peninsula) can be arranged at discount fares for SEEDS participants in case there is additional free time after work or during the weekends.

Participants in this camp will have a free pass to access one of the largest swimming pools in Iceland, situated within walking distance from the camp's accommodation.

Weather may be cold or rainy, so we recommend bringing good walking shoes/boots, warm and/or waterproof clothes (underlayers, overcoats, scarves, gloves and hats) as most of the tasks and activities take place outside.



<u>SEEDS 061. Environmentally Aware & Trash Hunting in Reykjavík</u> 30.08 - 07.09 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

This camp allows participants to learn about global and local environmental issues, through non-formal activities such as workshops, discussions, presentations and visits, as well as to contribute directly to environment protection by joining outdoor cleanup tasks.

These cleanup tasks may be arranged in partnership with the abovementioned organisations or organised solely by SEEDS. We aim to also involve the local community, so some of our events may be open to the public. We hope participants will also learn how to plan and do their own trash hunting projects back home. This project is based on similar activities around the world, where outstanding results have been achieved with volunteers. One of the two options below is also included in this camp as a hands-on volunteering activity day:

- 1. A day trip combining a guided tour to the Hellisheiði power station, a trash hunt in the Blue Mountains area; and the Hot River Hike, a hike up a valley filled with hot springs where one can bathe.
- 2. A day trip to the Reykjanes peninsula, combined with a coastal cleanup in the area.

Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

LOCATION: Reykjavík is a dynamic, modern city which lives in harmony with nature, using renewable energy sources. The world's northernmost capital bridges the Atlantic, between Europe and North America. Reykjavík is spread across a peninsula with a panoramic view of the mountains and the Atlantic. It is an international city with a lively cosmopolitan cultural scene surrounded by beautiful nature.

LANGUAGE: English will be the language in the camp; basic conversational skills are needed.

TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 300 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 30 August at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.



<u>SEEDS 065. Environmentally Aware & Trash Hunting in Reykjavík</u> 07.09 - 15.09 ENVI / SUST / EDU 8 - 12 Participants Age: 18+

PROJECT: The Environmentally Aware & Trash Hunting project is part of a series of camps organised by SEEDS in cooperation with different partners. SEEDS works with The Blue Army, an organisation dedicated to the cause of coast cleaning; Sea Shepherd Iceland, an organisation dedicated to defend, conserve and protect the oceans; Whales of Iceland, an exhibition of life size models of whales and porpoises aiming at educating about their lives and human impact on their existence, and SORPA, the organisation in charge of waste collection & management in the Reykjavík area.

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Furthermore, participants may be able to visit the recycling centre SORPA, where a tour of the facilities and a lecture regarding waste management in Reykjavik will be provided. The mentioned activities are dependent on conditions such as weather, pandemic-related restrictions, as well as availability of our partner organisations.

This camp combines learning, sharing, hands-on work and fun. No previous experience is needed. Volunteers should prepare to share environmental issues from their countries and be ready to spend time outdoors, walk medium distances during the cleanups, as during other activities and sightseeing. As part of the project happens outdoors, volunteers should be ready to adapt and be flexible with the work and free-time schedule, as depending on the changeable weather, we may not be able to perform some of the activities planned.

ACCOMMODATION: SEEDS participants will stay in a house in Reykjavík. The facilities are basic with a kitchen, showers, and a washing machine. Everyone is expected to show consideration for their companions. Participants will sleep in shared rooms or dormitories. Please bring your own sleeping bag.

Volunteers will receive food supplies and will be in charge of cooking and cleaning. Please note the food SEEDS provides will be **vegetarian**. Do not forget to bring some traditional/typical food, drinks, recipes, music, games or movies from your country for the international evening. Please be aware some items or ingredients may be expensive in Iceland and you will need to buy them yourselves or bring them from your country.

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TERMINAL: Closest international Airport: Keflavík/Reykjavík (KEF). Bus station: Central Reykjavík (BSÍ).

EXTRAS / SPECIAL REMARKS: Participation fee EUR 300 (Euros). The fee can either be transferred in advance via bank transfer, or paid in cash on arrival. It includes transportation from the meeting point to the camp (on the first day), the visits available; and one trip combined with the trash collection activity (Hot River or Reykjanes). Meeting time will be 18:00 (6:00 pm) on 7 September at SEEDS Office in Reykjavik. Participants that cannot arrive on time (later or delayed flights) will be sent information on how to reach the camp on their own.

