

**VolTra Hong Kong**  
**Virtual Cultural Exchange Programme (for University students)**

The international situation this year may limit the possibilities of departing for an exchange semester aboard nor travelling to different countries, but there are still many chances for us to connect with individuals and cultures all around the world!



This “Virtual Cultural Exchange Programme” is a virtual workcamp **tailor-made for University students around the world**. In this programme, you would have chance to **make friends with University students and youth from various countries**. You can form team with them and experience a mission challenge journey.

This programme is a **one-week virtual workcamp** from 30 Dec 2020 to 6 Jan 2021.

Join us to **explore the unique culture and school life of different countries** in this winter break!

## Programme Timeline



30 Dec 2020  
20:00 – 22:00  
HK Time  
(GMT+8)



30 Dec 2020  
-  
6 Jan 2021



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HK Time  
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- |   |  |   |
|---|--|---|
| <ul style="list-style-type: none"><li>● <b><u>Intercultural Kick-off Session</u></b></li><li>● Build networks and get to know the international fellows</li></ul> | <ul style="list-style-type: none"><li>● <b><u>International Mission Challenge</u></b></li><li>● Choose your best timing to explore yourself and the world through individual and group tasks</li></ul> | <ul style="list-style-type: none"><li>● <b><u>Virtual Intercultural Festival</u></b></li><li>● Cultural sharing and mission review with other group members</li></ul> |
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### Eligibility:

- University students currently studying in undergraduate/ master programme are welcomed to join!
- Priority would be given to students living in/ lived in students dormitory /students residential hall

### Application Method:

- Please fill in the following enrolment form to apply (<https://bit.ly/3nAF3La>)
- We welcome enrolment from individual applicants or group nomination from organization
- **Quotas are limited!** We would select suitable students base on the information on the form

**We are looking forward to see you in this remarkable journey in the coming winter break!**

Feel free to contact VolTra ([info@voltra.org](mailto:info@voltra.org) / +852 2683 5900) if you have any questions!

### Some of the missions would facilitate your understanding of hall life/ campus life in other countries:

- **Virtual Campus Tour:** Did you imagine you can “visit” other participants residential hall/ campus even we don't travel aboard? This mission will lead you to experience this special virtual journey.
- **University Slang:** Do you know the meaning of "chur", "A0" or "O camp"?  
Language is the most effective tools to know the culture of a country. Especially in an University campus, sometimes we may use "slangs" that only local students understand to communicate. Try to share the unique slang of your country with others.
- **Unique Course Challenge:** Different Universities would have different characters and unique courses to offer. Some of the courses maybe extremely interesting / only unique in your country. Share with others a very special course that your school is offering!
- **One Thing Can Say All:** Let's look at your room in your home/ dormitory, is there any things that you think that only people in you country would put it at home (e.g. special food ingredients, traditional toys or declarations)? Share with us that item and the culture/ stories behind that item.

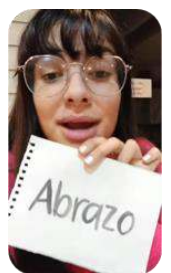
### Some of the missions could also create positive impact to the “Glocal” community:

- **Vegetarian Vision (1.3 life saved on a veggie diet every day)**  
Try to make 1 vegetarian meal with other countries cooking style. Ask your groupmates to share the recipes from their home town with you!
- **Bloodthirsting (3 patients saved every time you donate blood)**  
Do you know that you can help save 3 people every time you donate your blood? In addition, blood banks are always facing shortage problems. Try to convince 5 family and friends (including yourself and your groupmates) to donate blood together!
- **A peace of mind (Promote Wellbeing):** The journey promote wellbeing and it encourages you to have some “Me-time” with other participants around the world.
- **Date @ Dawn (Friendship established worldwide):** As a way to bring your group together, seeing the sunrise on the same day from your dormitory/ home countries!

### Feedback from previous participants:

“ This journey has brought me a lot of positive new knowledge, more understanding from other cultures, and it has touched my heart.I loved completing the tasks which were fun, interesting, and challenging. I have raised awareness, learned a lot, and adopted new sustainable habits after this programme.”

(Bazan Walker Eva Assul, Mexico)



“ I hope to continue having extraordinary experiences like this programme again. Some tasks are really inspiring for my life-style as a Glocal Citizen, such as conserving water, taking good care of plants, exercising and so on. I am very proud to be in this programme so far, especially when I get lots of friends from various countries in the world. It really broaden my insight and make myself more open-minded.”

(Gianty Mita Rengganis, Indonesia)



“ I am very happy to have gotten a chance to work with individuals from different nationalities. I have learnt so much about culture in the respective countries. I have been able to learn values like team-work, patience, endurance, humility, honor and respect while on this wonderful journey. ”

( Victor Kibuga Mwankik, Kenya)

