

# CHANGEMAKER 3.0

## Phase 1

29th March – 8th April   Hollókő, Hungary  
organized by Egyesek Youth Association

Changemaker is a 9 days training course for those already leading either groups or volunteers who want to improve their performance, based upon the principles of **self-awareness, resourcefulness and accountability.**

The main methodology used will be **personal development or self-reflection**, which means that we will be focusing mainly on your mindset/attitudes rather than providing you practical skills or models.





## The training is here for you to

- 1 Reflect on what leadership means for you, by focusing on your mindset: attitudes, values and beliefs
- 2 Realize how your mindset influences your behaviors, the results you get and the relationships you have with other people in your working context
- 3 Acquire models and tools to align yourself with your core values, while being more inclusive towards others and unexpected situations
- 4 Put your experience into practice and exchange best practices with other participants



## **The training is intended for participants, who**

- have experience in leading workcamps or other type of projects involving groups
- have participated at least in 1 workcamp
- will lead a volunteer project or workcamp in 2020 and ideally go to workcamp leader within 5 months after the TC
- are at least 18 years and able to communicate easily in English
- want to develop themselves by reflecting on how they usually function
- are able to participate fully at the programme from the beginning till the end

# What experience can you expect?

## 1. Self-Reflection (Day 1 to 5)

During these days the participants will have the opportunity to get a better and deeper understanding on how and why they lead people and how this affects the results they obtain, and they can maintain what works and improve what doesn't. Shortly: the participants will have the opportunity to look into the relationship between beliefs, concepts, automatic behaviours, teamwork and decision making. They will do so through input, activities and reflection spaces.

## 2. Submersion/Real life implementation/Outdoor (Day 5 to 8)

The best way to put knowledge from to theory is to practice in a real-life situation or context. Participants will have several assignments to complete in the local communities around the venue where they can put into practice the knowledge, skills and attitudes acquired throughout the previous days of the TC.

## 3. Final steps (Day 8 & 9)

These last 2 days are there to wrap up the learning experience of the TC, in such a way that the insights can be taken home in a structured manner, to plan follow-up steps and close the TC together.



## Methodology / approach of the training

Changemaker 3.0 is not a regular training you might be used to when it comes to non-formal education/Erasmus+.

**We ask you to read the description of the methodology used, before applying!**

[Click here to read about the methodology](#)

## Trainers

**Petra Nová**



Petra has been involved in various international voluntary projects since 2004. Since 2009 she has been trainer for future workcamp leaders and has gained lot of experience in the field of non-formal education. She has experience from international volunteering in Georgia.

**Afonso Bértolo**



Afonso is a worldwide freelance educator, with a Master Degree in Clinical Psychology. Since 2009 he has been actively involved in non-formal education, youth work and community building in Europe and West Africa. His main areas of work are personal development, coaching with a strong focus on body awareness, EVS mentoring, inclusion of fewer opportunities, communication, media as an educational tool and project management.

# Practicals

The program will be in Creative Space training center and group accommodation in Hollókő. Hollókő is a small village located in North-Hungary, by 100km from Budapest. It is part of the UNESCO World Heritage. In Creative Space you will be accommodated in 4-5-6 bedded rooms which all have its own showers and toilets. In the building of the group accommodation, you can find the training room, dining area, common social areas. A big garden around the accommodation is also available. More detailed information on the venue and on how to reach the place will be included in the confirmation letter that will be sent to participants after their acceptance.



# Dates

29 March - Arrival  
30 March - Start of the program  
7 April - Closing of the program  
8 April - Departure

Country	Limit	Nr. of participants
Hungary	0 EUR	5
Latvia	275 EUR	3
Republic of North-Macedonia	275 EUR	3
Czech Republic	180 EUR	4
Estonia	275 EUR	3
France	275 EUR	4
Spain/Catalonia	275 EUR	3
United Kingdom	275 EUR	3
Germany	275 EUR	3

We ask you to NOT book your ticket until you get the confirmation on your application!

- Accommodation, food, training materials are provided.
- There is a contribution of 60 € to be paid in cash upon arrival.
- Travel reimbursement is provided up to the limit.

# Partners

If you want to receive more details about the project before applying, feel free to contact our partner organization from your country of residence.

<b>Hungary</b>	Egyesek Youth Association	Ildiko Kocsis	ildiko.kocsis@egyesek.hu
<b>Latvia</b>	Jaunatne smaidam	Renārs Manuilovs	renars.manuilovs@jaunatnesmaidam.lv
<b>Republic of North-Macedonia</b>	Association for volunteerism volonterski centar skopje	Nikola Stankoski	nikola@vcs.org.mk
<b>Czech Republic</b>	Inex - SDA. z s	Veronika Marková	veronika.markova@inexsda.cz
<b>Estonia</b>	MTÜ Noortevahetuse Arengu Ühing Estyes	Annikki Rimmelgas	estyes@estyes.ee
<b>France</b>	Solidarites Jeunesses MCP	Elodie Caille-bonnot	workcamp.in@solidaritesjeunesses.org
<b>Spain/Catalonia</b>	Coordinadora d'organitzadors De Camps De Treball Internacionals De Catalunya	Rosa Garcia Fruitós	coordinacio@cocat.org
<b>United Kingdom</b>	Concordia UK Ltd	Victor Petersson	victor.petersson@concordiavolunteers.org.uk
<b>Germany</b>	Internationale Begegnung In Gemeinschaftsdiensten	Janina Hansmeier	projekte@ibg-workcamps.org

# APPLY HERE!

**Application deadline: 25th February**

In case of questions, contact us:

Ildiko Kocsis - project coordinator  
[ildiko.kocsis@egyesek.hu](mailto:ildiko.kocsis@egyesek.hu)