

# SUSTAINABILITY AND YOUTH WORK SAY W!

**TRAINING COURSE**

**2 – 6 December 2019 ALPIGNANO (italy)**

**Partners:**

**ARCUM - Portugal**

**ESTYES - Estonia**

**Jaunatne Smaidam - Latvia**

**Green Spirit - Greece**

**Altrochè - Italy**





# OBJECTIVES & PROGRAM

Learning for sustainability is a process involving the cognitive, affective and psychomotor dimensions. This means that we need to involve participants in a transformative process as individuals, by engaging each of these three elements. We can think of this as involving Head (thinking), Heart (feeling) and Hands (doing).

Uniting these three domains helps young people acquire the knowledge, skills and attitudes that are needed to build a more sustainable, peaceful and just world. Among the impacts of the project we want to create a sort of handbook that can be used and replicated in all international exchange experiences.

Topics we want to address:

- environmental sustainability: what is it?
- what we can do: responsible behavior and choices in everyday life
- one more step: changing habits outside of us (how to spread and raise awareness)
  - the strategic role of the youth worker as a process facilitator of change in the lifestyles of young people and in the choice of conditions to be able to carry out the exchanges in the most sustainable way possible: choice of means of transport, locations, menus, training materials, etc.

# PARTICIPANTS' PROFILE

- The Training Course will gather youth workers, youth leaders, educators, who are:
- active in their local organisations/communities;
- able to work in English;
- able to multiply the effect of the project in the local communities.

Number of participants for each organizations: 3 participants.

All participants will be asked to complete an Application Form.



## COSTS

Hosting costs will be entirely covered - Travel costs will be reimbursed, submitting all original tickets and receipts, up to the maximum amount of 275 euro.

The costs will be reimbursed within 2/3 weeks from the end of the Training

# VENUE

The Training Course will take place in Cascina Govean, our center for environmental education, located in Alpignano, a small town next to Turin, easily reachable by public transport.

## HOW TO REACH ALPIGNANO

FROM MILANO MALPENSA: Bus Sadem → Porta Susa Station → Metro → Porta Nuova Station

FROM BG ORIO AL SERIO: Bus Sadem → Porta Susa Station → Metro → Porta Nuova Station  
OR Orio Shuttle to Milano Centrale → train to Torino Porta Nuova

FROM TORINO CASELLE: Bus Sadem → Porta Nuova Station

FROM TORINO PORTA NUOVA : Train to Alpignano station.

## WHAT TO BRING

Comfortable clothes to stay out and walk in the woods, materials and information about the capacity and dissemination of sustainable practices in one's own country, particularly related to youth mobility. Original travel receipts.

# METHODOLOGY

This project foresees a Training course and a Young Exchange, with instruments suitable to the territorial context, around the themes of sustainability and youth work. The aim of every generation should be to leave it in better, or at least in no worse, condition than when it found it. Youth work can play an important role in ensuring that this happens: in addition to the family and the formal education system, youth workers exert a strong influence on young people's transition to adulthood, and it can help in promoting their participation in society.

## NFE

The methodological framework will be Non Formal Education, with an inductive-deductive approach aimed to discovery and knowledge. The participants will be guided to search, understand and construct. The foreseen activities will be workshops, inspections, excursions, field observations, pictures, interviews, hand works, drama activities, games: vehicles to interest and motivate.





# THANK YOU!

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