APV | 10-11 September 2019 YE | 9-18 November 2019 Olde Vechte Foundation Ommen





Olde Vechte Foundation





Using dance and body movement as a **universal language** which overcomes differences and brings **people together** 

Opportunity for people from different backgrounds to **connect** and to **inspire** each other

Platform for sharing **ideas** and new **forms** of dance and body movement as a tool of **self-expression**  Learn, explore and discover together with 60 people from 10 countries!

learn

new forms of dance & new styles
to connect with yourself and others without words
to create and organise workshops and dance
performances

explore

+ your joy, spontaneity & creativity
+ your body as a tool of self-expression
+ new ideas & visions

discover

+ how to be aware of your body and express your emotions through movement

hew ways of organising and promoting dance events

+ what is your role in a group and in your community and how to create an impact in society

as a group leader, you are:

- 21-30 years old experienced in dance & body movement committed to participate in all phases of the project
- active, enthusiastic & eager to deliver a workshop during the APV and YE
  - willing to support your national group during the whole project

as a participant, you are:

- 21-28 years old interested in dance & body movement
  - active & creative
- curious to learn more about new forms of dance & body movement
  - willing to actively participate in YE and follow-up activities

timeline

apy

Arrival day 9th of September afternoon Start of the program 9th of September at 18.00 End of the program 11th of September at 20.00

**Departure day** 12th of September until 10.00

Culine preparation

Before we meet in Ommen in November, we will get to know each other on Facebook through online tasks!



Youth Exchange

Arrival day 8th of November afternoon Start of the program 9th of November at 14.00 End of the program 18th of November at 20.00

**Departure day** 19th of November until 10.00



After the YE you will have a chance to spread what you learnt through workshops and activities that you will organise in your home country!

travel reinbursement

You will get full amount of travel reimbursement at the end of the APV and YE according to your country:

Bulgaria, Croatia, Czech Republic, Estonia, Germany, Greece, Italy, Portugal, Spain | 275 € Netherlands | 0 €

participation fee

There is **participation fee of 75 € for the YE** which you can pay from the travel reimbursement.

for example

Marko is traveling from the Czech Republic to Ommen, Netherlands. His travel expenses are 175€. He will receive 275€ at the end of the training. With 100€ that has left, Marko can pay the participation fee of 75€.

about us

Olde Vechte is a non-profit organization, based in Ommen, the Netherlands. It has been functioning as a training centre for non-formal education, personal development, coaching, social and cultural work for 40 years now. The Foundation is open to everyone and its vision is to create a world that works for each one of us out of love, care and cooperation.

The project will take place in a group accommodation with a spacious training hall. It is located in a small city Ommen surrounded by nature. The sleeping rooms can host from 2 to 6 people. The house will be our home for the entire Exchange which means that we will take care of it by ourselves and clean it daily. Catering will be provided by the Foundation.

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Danc IN with us!

For more information contact our partners!

In case you are selected you will receive a confirmation email with more details.



Country



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Bulgaria	Active Bulgarian Society	absociety.info@gmail.com
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