



ERASMUS+/Youth in Action – Key Action 1  
Mobility of Youth Workers

## Participants' INFO PACK for the Training Course

### ”Share the Right Story”



from **Thursday 25/07 till Thursday 01/08/ 2019**  
(travel included)

in Brioude – Central France

## Practical information

Dear participants,

It will be a pleasure for us to meet you in France in July 2019.

***Please read carefully the following information in order to facilitate our work and for you to have a pleasant travel and stay:***

1. Please don't forget to bring with you your **identity card** (Schengen countries) or **passport**.
2. Please bring with you your printed tickets (plane & other) and boarding pass.
3. **INVOICE:** if possible get an invoice for the plane ticket with your name on it
4. For your **health** safety is the **European Health Card** that is valid for all EU countries. Please ask it to your health insurance service and bring it you.  
Additionally if you wish you can contract at you own charge a package of travel insurance. It is not expensive and sometimes very useful. Some insurance companies ask for the address of residence which is:  
La Visitation  
Parc de la Visitation  
43100 BRIOUDE – FRANCE
5. **Third liability insurance:** Musikado in insured for third liability matters.  
You have to manage your **own insurance** for: loss or stealing of objects & luggage.
6. Very important information: in France **it is strictly forbidden to import, to carry or to consume any kind of drugs** (hashish and marihuana included).
7. **Seminar Place**  
The seminar will take place at the centre “La visitation” in the center of the town of Brioude.  
Sheets & blankets are provided. **Towels are NOT provided.**
8. We provide breakfasts, lunches & dinners. So, you need only some euros pocket money for your personal expenses. Taxis are NOT reimbursed.
9. The currency in France is the **EURO**.

### ***WHAT TO BRING with YOU?***

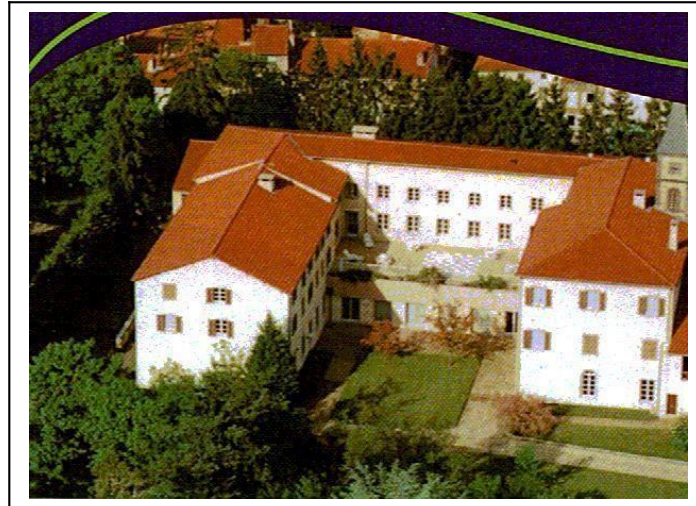
- **towel(s), slippers** (worn-out shoes), **sports shoes, summer clothes, hat, one light jacket** for the evenings, a **raincoat** (in case of rain) and a **swimming** suit;

**In addition, there are 4 things that we invite you to bring in order to reduce your ecological impact during the week:**

- Your own pen and notebook, if you would like to take some notes ;
- A reusable water bottle/flask (to avoid using the plastic glasses available at the venue) ;
- A fabric napkin (to avoid using the paper napkins available at the venue) ;
- A small hand towel to dry your hands (instead of using the paper towels available).

## SEMINAR PLACE: Centre “La Visitation”

**We will work, eat, sleep and relax in the residential centre “La Visitation”.**



It is situated nearby a park in the center of Brioude.

### **Lodging:**

- ◆ in 2 – 4 beds rooms with bathroom and toilets. This is usually a school residential place, not as comfortable as an hotel, but very nice place.
- ◆ There are only small pillows, if you need bigger one please bring your own.
- ◆ At the same time of the seminar, there might be in the same building, a summer camp for young people.

**Board:** mainly at the centre “La Visitation” and few times in restaurants of Brioude.

**Internet:** the building has WI-FI internet access.

# Travel arrangements

You will arrive in Brioude on Thursday 28/07/2019 **from 14:00 on** and **preferably before 19:00**.

## Airports:

The best options are:

- \* **Paris** (500 km from Brioude)
- \* **Lyon** (200 km from Brioude)

## Transport budget (from your place to Brioude):

Estonia: **360€** / participant;

Portugal, Hungary, Italy, Romania, Czech Rep., Germany, Spain: **275 €** / participant.

## Tips:

- ➔ Plane should arrive (25/07) **EARLY** at the airports and **BEFORE 12:00** (noon);
- ➔ Plane should depart (01/08) **AFTER 15:00**;
- ➔ you can arrive 1 or 2 days earlier & leave 1 or 2 days later (extra accommodation at your charge);
- ➔ if you can buy your train tickets in advance [ [www.sncf.com](http://www.sncf.com) ] it is cheaper; full prices are around 140 € (Paris -Brioude- Paris) and around 90 € (Lyon-Brioude-Lyon).

## Airport transfer means & costs

For Paris airports (CDG or Orly) by **Surburban train & Metro** // Costs = around 10 € one way [ [web](#) ]

For Lyon airport by **Tram** // Directly to the train station // Costs = around 16 € one way [ [web](#) ]

## Trains' Timetable PARIS <=> Brioude

<i>Arrival: Thursday 25/07/19</i>			<i>Departure: Thursday 01/08/2019</i>	
Paris BERCY	Brioude		Brioude	Paris BERCY
<b>9:01</b>	<b>13:49</b>		<b>7:04</b> (first)	<b>11:59</b>
<b>13:01</b>	<b>17:36</b>		<b>9:16</b>	<b>13:53</b>
<b>14:01</b>	<b>18:54</b>		<b>12:13</b>	<b>16:57</b>
<b>17:57</b> (last)	<b>22:51</b>			

*All trains change in CLERMONT-FERRAND.*

## Trains' Timetable LYON <=> Brioude

<i>Arrival: Thursday 25/07/19</i>			<i>Departure: Thursday 01/08/2019</i>	
Lyon PART-DIEU	Brioude		Brioude	Lyon PART-DIEU
<b>11:43</b>	<b>15:50</b>		<b>4:15</b> (first)	<b>9:22</b>
<b>12:54</b>	<b>17:15</b>		<b>6:03</b>	<b>10:06</b>
<b>14:39</b>	<b>18:19</b>		<b>6:41</b>	<b>10:26</b>
<b>16:24</b>	<b>20:18</b>		<b>7:26</b>	<b>11:20</b>
<b>18:38</b> (last)	<b>22:51</b>		<b>9:16</b>	<b>14:26</b>

*Change in CLERMONT-FERRAND. Change in Saint-Étienne Châteaureux & Le Puy-en-Velay*

**=> We will pick-up participants by car (3') at the train station <=**

**Any question? Please contact us at [musikadointerculturel@yahoo.fr](mailto:musikadointerculturel@yahoo.fr) .**

- MUSIKADO TEAM -