

Info about the Camp Organization (name, aims, main activities, internet address, you can add the organization logo)

This camp will be organized by [APRISOE](#), an environmental NGO focused in the protection of rivers in the district of Porto, Portugal. We promote volunteering activities, environmental training and education.

The camp will be organized in close collaboration with the [Municipality of Lousada](#) that are implementing a ground-breaking sustainability agenda in Portugal, and also with colleagues from the [Associação BioLiving](#), an award-winning environmental NGO which motto is "Nature and Education for All".

As a group, these three entities have been working together in Lousada and Gondomar to Promote sustainability; Encourage environmental citizenship and public participation in the defence of natural values; Boosting the social economy; Promote inclusion, peace and solidarity, using education, natural resources and the protection of nature as their trigger.

Info about the Camp (aims, tasks and activities – work, leisure and visits)

This camp integrates the Municipality of Lousada's sustainability agenda, that includes many environmental projects, always in cooperation with local communities. This camp will be organized by a team of biologists experienced in both science and animation. Participants will have the opportunity to learn about environmental management and nature conservation, and engage in conservation-training activities in the rivers Sousa and Mezio, which need cleaning and ecological restoration in some parts. Volunteers will also get to see and learn about our flora and fauna, local culture, food, etc.

General objectives:

- Promotion of sustainability, environmental awareness, and biodiversity protection;
- Promotion of intercultural relationships, good environmental practices, and citizenship;
- Promotion of specific skills in the field of environmental management, nature protection and biodiversity.

Tasks and activities:

- Ecological training;
- River restoration activities;
- Control of alien invasive species;
- Restoration of riparian forest with litter cleaning, and trees plantation;
- Beneficiation of local fauna, flora, and landscape;
- Encouragement of international exchange and exchange of experience;
- Presentation and discussion of the natural and social reality of the regions of origin of the participants;
- Promotion of environmentally and socially responsible attitudes and values;
- Development of action-training actions focused on individual and collective learning.

Leisure and visits:

- Visit to Guimarães, a UNESCO world heritage city.
- Sketch'n Fun (*Pictionary*), music, environmental movies night, traditional games, sports, quiz night, talks, cultural and environmental tours, fauna (bats, amphibians, birds) and flora observation, visit to [museums](#), visit to [Mata de Vilar](#).

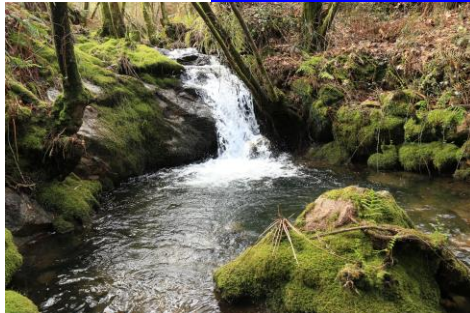
Accommodation/Food (kind of lodgement, number of meals, other services)

Participants will sleep in a school of Lousada, in shared rooms with (good) sleeping mattresses. There will be several separated rooms for boys and for girls. The school has a sports locker room with hot water showers also separated by gender.

Participants have to bring their own towels and hygiene products, sleeping bag or sheets+blanket, and pillow. The organization will provide breakfasts, lunches, break snacks, and dinners. Lunches and dinners are prepared/cooked by the municipality's staff and served at the school's canteen, but some lunches will be served in the field (sandwiches, fruits, etc.). There's a vegetarian option.

Location (you can add a map or a photo of the city)

Discover Lousada: <http://www.cm-lousada.pt/pt/descobrir>; <http://www.cm-lousada.pt/pt/parques-e-jardins>



Practical Information

- Arrival date – 02/09/2019
- Nº of volunteers – 17
- Work language – English
- Insurance (kind of covers) – Death and permanent disability, work accidents, treatments, funeral, basic travel assistance.
- What to Bring (personal things) – Music and food from your region, working clothes and shoes, sun screen, hat, a presentation on the nature of your region, towels and all needed hygiene products, sleeping bag or similar solution.

No Fees**Conditions of participation** (*internal rules of the camp*)

- High sense of citizenship and environmental protection.
- Will to work for nature protection and improvement.
- Will to learn and share nature protection techniques and good practice.
- Language skills (English preferable, but also Portuguese and Spanish).
- Always be punctual.
- Always respect others' opinions.
- Will to interact with local community and culture.

Meeting point (*day, time, period and place*)

- Penafiel Train Station
- 02/09/2019 – at 11:00 AM.
- Contact numbers: Milene Matos (+351)964712455; Rafael Marques (+351)917391689; Pedro Sá (+351) 918 222 355

How to reach to....? (*by plane, by bus, by train - timetables, itinerary trip, ticket prices, useful internet address*)

- Lousada is not far from Porto, where there is the international airport Francisco Sá Carneiro and a very good train system. Just outside the airport take the metro (subway <http://en.metroporto.pt/>) to Porto – Campanhã main station (30min). At Campanhã, take the train to Penafiel station (35min; line to 'Caíde) – timetables and prices for Portuguese trains at www.cp.pt.
- If coming from Lisbon, take a train at Lisboa - Oriente main station directly to Porto – Campanhã (2.5h), and then change train to Penafiel.
- The organization will provide transportation from the train station of Penafiel to Lousada.
- Transportation between the camp base school and fieldwork or leisure activities will be provided by the organization.

Useful Contacts (*organisation address, phone, mobile, mail, contact person name*)

biolousada@cm-lousada.pt
 Milene Matos (+351) 96 471 2455
 Pedro Sá (+351) 918 222 355
 Rafael Marques (+351) 917 391 689

Workcamp Address (*address, mobile phone and mail of the responsible, coordinator or animator, contact person name*)

biolousada@cm-lousada.pt
 Milene Matos (+351) 96 471 2455
 Pedro Sá (+351) 918 222 355
 Rafael Marques (+351) 917 391 689

Emergency Support (*address, phone, fax, email of IPDJ in the District*)

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