



INFOSHEET



A Sustainable break From 07/08 to 22/08/18

WHO ARE WE?

Solidarités Jeunesses (SJ) is an association from a movement of non formal education which places in its core values solidarity, voluntary commitment and a strong political will. Our choices and our actions are influenced by our vision of the society, in which the progress is social, where the respect of human being and the environment is a fundamental and shared value, where freedom to choose, to dream and to resist is innate or fostered.

Our activities is organised for all, do not matter about gender, social and cultural background, nationalities. SJ, since its creation, participates concretely to Peace construction, fostering intercultural meeting here in France and abroad. SJ works through participative pedagogy which encourages initiatives, commitment valuation and gathers forces and intelligences from all, volunteers, employees, etc.

Solidarités Jeunesses is composed by one National Secretary based in Paris, seven Regional Delegations, and one partner association. Our delegations host time to time or all year long time volunteers, from France and from all around the world. Furthermore, those delegations and partners monitor and host also youngsters with fewer opportunities, as part of inclusion and solidarity actions. All those friendly delegations and partners are situated in singular and original sites (castle, former camp-site, isolated villages in the heart of mountains, former factory, etc.). Those places have been all renovated thanks to volunteers and people involved on those projects. People live, meet and enjoy together there.

Do you know it ? The first workcamps were organised after the First World War, in Verdun region, in France. Several citizens-volunteers, from former opposed countries, decided to join their forces and wills in order to work together on Peace construction in the interest of the communities.

ASSOCIATION CENTRE DE BEAUMOTTE

The Center of Beaumotte is an association of youth and popular education created in 1979. Our association works to support and to teach youngsters, specially those with less opportunities. By proposing a place of exchange and sharing where each one can take the time to rebuilt himself, and They can learn how to assume responsibility of themselves. Our center is an alternative place based on co-education (intercultural, intergenerational, of sex and beliefs) hence, on the collective life and the responsabilisation of the people in charge of welcoming.

For 35 years, we have set up international projects convinced of the wealth these bring.

VOLUNTEERING

Volunteering is a exchange, a meeting, between one person who wishes to offer his/her time, energy, views to a general interest project. It is also an intercultural ground of learning (apprenticeship), experiments and personal construction. At SJ, volunteering does not mean

humanitarian action because we do not deal with emergency. Voluntary service exists almost everywhere around the world and it is a commitment which can be really different regarding countries, cultures, fields, etc. It gathers different types of persons and entities, local associations, men, women, local authorities and private entities. **Volunteering is above all a personal commitment, which invites you to a deep discovery.**

SJ International workcamps gather volunteers from different countries and backgrounds, who participate, together, to the realisation of a useful project for the local community. It can last from one to three weeks. Those workcamps are based on collective life and collective work. The aim is to bring rural and urban areas together, to mix locals with “strangers” and to permit their encounter. Workcamp projects are here to facilitate group dynamism and discovery. Languages are mainly English and French. Volunteers organise their daily life by themselves (budget, schedule, work and also cleaning). **Bring with you recipes, music and everything that could show to the others about your country and what you like.**

PROJECT

At the beginning, we will do many team building activities to get to know and understand each other better.

After:

Mornings will be dedicated to manual activities :

During 4 hours, youngsters will be divided and placed on several workshops : gardening, cooking, bread making ...

Participants will create their own resources for the stay.

During afternoons, they will participate to :

- Intercultural exchanges workshops, debates
- Free time based on local discoveries and getting to know each other
- Workshops on the reuse of clothing, on building board games...

Additional activities :

- Canoeing, tree top climbing,
- Concert
- Discover the region
- Activities proposed by the participants
- International dinner where our partners and the local community will be invited.
- Enjoying the collective life

We don't ask any qualification to be able to participate but motivation !

You will decide on the activities within the group and plan them together with the workcamp leaders.

If you feel like it you can propose activities such as games, energizers or artistic workshops to the group. Please let us know in advance if you need any specific material so that we can make sure to have what you need before your arrival.

Our pedagogy is a popular and not-formal education: young people get the chance to “create, act and live together” and each participant will be responsible for the daily life of the group. We work as much as possible with creative and playful methods.

LEISURE ACTIVITES

Solidarités Jeunesses considers workcamps as an experimentation of collective lifestyle. That is why volunteers will organise their free time and leisure activities in a way that fits to the group and enhances its team spirit, always regarding budget, time and available leisures.

Those possibilities can be really diversified (regional tourism, local events, activities with the locals, green tourism, etc.). It is the responsibility of all volunteers to organise their free time and to participate to the good dynamism of the group/workcamp.

GROUP LIFE

The group will consist of 24 volunteers from four different countries (Estonia, Greece, Germany, Italy and France). The participants are between 15 and 17 years old.

There will be three camp leaders who will take care of the volunteers, organise activities and make sure to create a good atmosphere within the group. They will support the daily life such as managing the budget and the schedules, organising activities outside of the workcamp, etc.

The group is responsible for cooking and cleaning so do not forget to bring your traditional recipes!

Which language will be used depends on the group and the capacities of each volunteer, but English and French are the common languages on such projects.

BEWARE ABOUT



Even if the workcamp takes place in a beautiful region, this is not a tourist journey! If you wish to visit places and cities nearby or travel through France, you must do it before or after the project. Feel free to stay 1 or 2 days longer in France to explore it, but during the project you will stay with all the volunteers and inhabitants to enjoy local leisure activities and live an intercultural experience.

ACCOMMODATION

Volunteers will stay in large tent, on camping beds (girls and boys will be separated). The kitchen is located inside the house of the association. Volunteers need to bring a good **sleeping bag, rain clothes (we never know), and, of course, a lot of motivation!**

You will participate to the collective life: kitchen, cleaning, shopping, organisation of activities ... **WE HAVE A WASHING MACHINE. WE HAVE WIFI BUT IT'S LIMITED TO 1H30 PER DAY.**

DO NOT FORGET TO BRING

- a sleeping bag (and a pillow if you wish)
- rain clothes and warm clothes
- Sun cream, laundry detergent
- Instruments, games, recipes, pictures, postcards from your region
- A swimming suit
- Your student card if you have one



Volunteers will have the possibility to put their valuable items in a safe place to secure it. Nevertheless, if there is no necessity to bring those items with you, we invite to leave them at home.
Each volunteer is responsible for its personal belongings.

INSURANCE

Solidarités Jeunesses takes an insurance regarding “Civil responsibility and Accident” during the workcamp but the health insurance is at your charge. Thus, if you don’t have one, we invite you to contract a complementary insurance. French participants must bring with them their Social Security number. For EU residents, you should ask for the European social insurance card and bring it with you. At last, for non-EU residents, bring with you a document to confirm that you have a social security cover. Don't forget to be updated regarding vaccination.

You will also need to provide a parental authorization and health record. Please scan the documents to workcamp.in@solidaritesjeunesses.org and bring the original documents with you to the project.

MEETING POINT

Monday 7th of August
« Besançon Franche Comté TGV » train station
At 18.00
(Meeting point is next to the piano inside the train station)

Do not hesitate to contact us, if you have any problems during your trip

Orane GHIDINELLI
Centre de Beaumotte
03/84/68/33/41

HOW TO COME

The airports with the best train connections are:

- **PARIS (CHARLES DE GAULLE OR BEAUVAIS).**

There are buses connecting the airport and the train-station.

- To go to **Besançon TGV** : Take a TGV from Paris “Gare de Lyon”.

Paris gare de Lyon	Besançon Franche Comté TGV
11h23	13h28
14h53	17h05
16h53	19h06
17h23	19h28
19h23	21h28

- BASEL MULHOUSE FREIBURG AIRPORT :

- Take the **bus number 11** from Basel airport to **Saint Louis Train-Station**. Bus every 20 minutes.
- Next, Saint Louis Train-Station to Besançon Franche Comté Station (by Miuhouse station)

Gare Saint Louis	Besançon Franche Conté TGV
14h30	16h55
16h30	18h36
16h50	19h43
18h30	20h37
19h	20h54

BY TRAIN / BY BUS

You can check out the timetable and book your tickets Here:

<https://www.oui.sncf/billet-train/resultat?hid=1BWI>

You have to get off the train at the station Besançon Franche Conté TGV.

Be careful, train tickets can be very expensive in France. It's better to book them in advance.

BY CAR

If you are coming by car or hitch-hiking, do not forget to bring a map!
The meeting point will be

Association du Centre de Beaumotte
1 chemin du Saussoir
70190 BEAUMOTTE AUBERTANS
Téléphone : 0033 (0) 3 84 68 33 41
mail : chex.beaumotte@orange.fr

To find out the best route, you can use the following website: www.mappy.fr

ADDRESSES

Workcamp address Association du **Centre de Beaumotte**
1 chemin du Saussoir
70190 BEAUMOTTE AUBERTANS

Téléphone : 0033 (0) 3 84 68 33 41
Email : chex.beaumotte@orange.fr
Person in charge : **Orane GHIDINELLI**

(If you have questions about the workcamp, **please do not contact the person in charge before the beginning of the workcamp**, but rather our colleagues from the national office who are available by mail or phone 00 33 1 55 26 88 77 or workcamp.in@solidaritesjeunesses.org)

Emergency contact

Emergency contact of **Solidarites Jeunesses** in Paris if you cannot get in touch with the regional delegation: **0033 6 99 94 84 04**.

MORE INFORMATION**About the region**

<https://www.bourgognefranche-comte.fr/>

Travel reimbursement

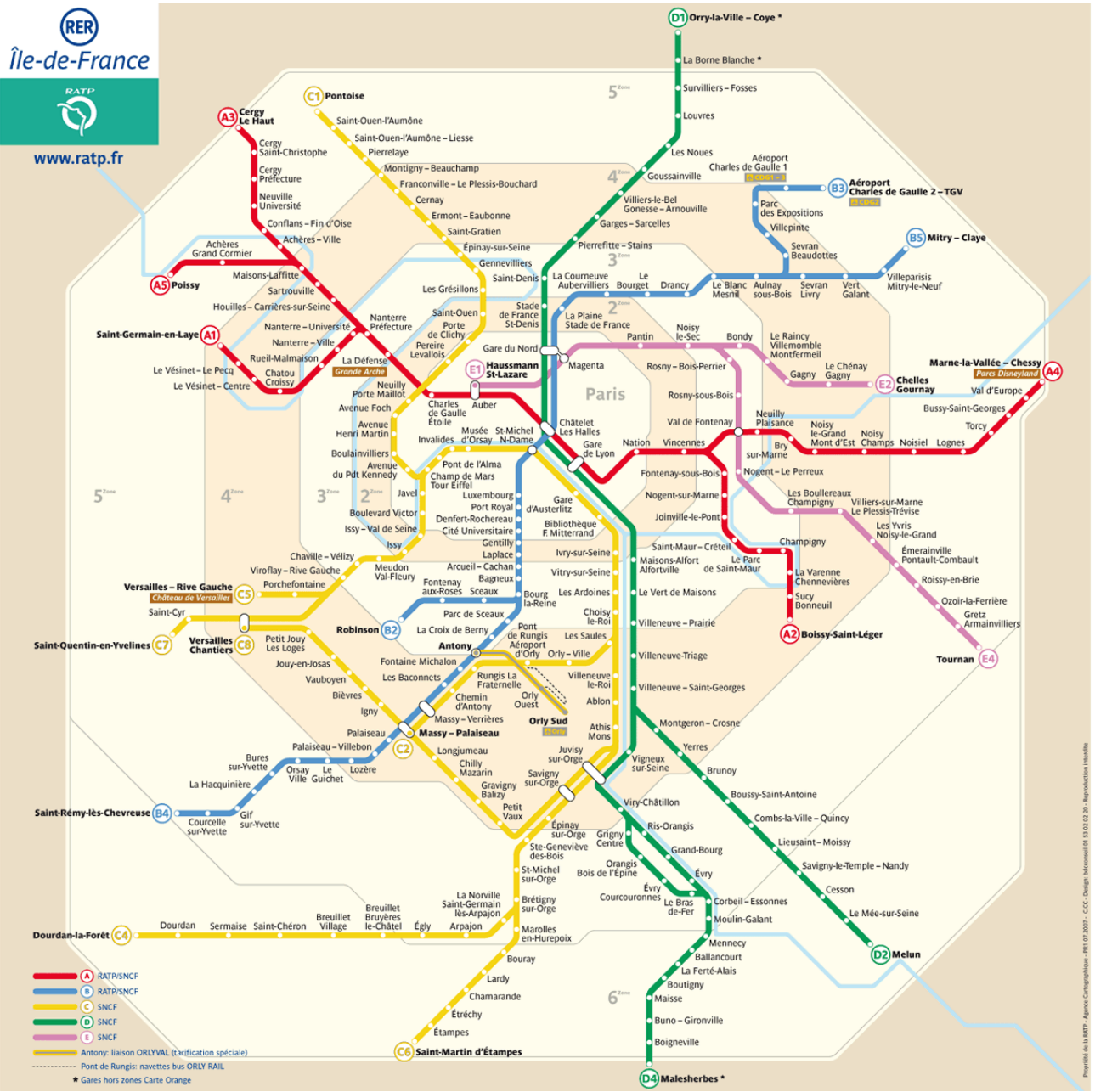
Estonia/Spain/Italie : 275 € per person maximum

WOULD YOU LIKE TO KNOW MORE?

www.solidaritesjeunesses.org



See you soon!
Solidarités Jeunesses team



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