

INFOSHEET



YOUTH EXCHANGE SOLIDARITY THROUGH GENERATION

ARRIVAL : 21/10/2018

DEPARTURE : 04/11/2018



WHO ARE WE ?

Solidarités Jeunesses (SJ) is an association and a movement of informal education which places in its core values of solidarity, voluntary commitment and a strong political will. Our choices and our actions are influenced by our vision of the society, in which the progress is social, where the respect of human being and the environment is a fundamental and shared value, where **freedom to choose, to dream and to resist is innate or fostered**.

Our activities are organised for all, no matter what gender, nationality or social and cultural background. SJ, since its creation, participates concretely in Peace construction, promoting **intercultural meeting here in France and abroad**. SJ works through participative pedagogy which encourages to take the initiative, to recognize the commitment of everybody and gathers forces and intelligences from all, volunteers, employees, etc.

Solidarités Jeunesses is composed by one **National Secretary based in Paris, seven Regional Delegations and one partner association**. Our delegations host temporarily or all year long volunteers, from France and from all around the world. Furthermore, those delegations and partners monitor and host also youngsters with fewer opportunities, as part of inclusion and solidarity actions. All delegations and partners are situated in singular and original sites (castle, former camp-site, isolated villages in the heart of mountains, former factory, etc.). Those places have been all renovated with the aid of volunteers and the people involved on those projects. People live, meet and enjoy together there.

***Did you know?** The first workcamps were organized after the First World War, in Verdun region, in France. Several citizens-volunteers, from former opposed countries, decided to join their forces and wills in order to work together on Peace construction in the interest of the communities.*

ASSOCIATION RÉSEAU D'ENTRAIDE VOLONTAIRE (REV)

Languedoc Roussillon Regional Delegation of Solidarités Jeunesses is called REV, for "Réseau d'Entraide Volontaire", REV like a dream in French (rêve!). Founded in 1974, the association became a delegation of Solidarités Jeunesses in 1979. Hosting youngsters with fewer opportunities was since the beginning in the core of the structure. REV wants to give back this central place to this public. The implication of the association within local projects of inclusion and education bring forward the exchanges between local and international volunteers/participants. For several years, REV is settled in a old and stylish house, in Beauvoisin village.

This building allows to host more than 10 volunteers from abroad and also temporary groups which come to participate to REV's life and activities. An office and a flat allow the employees of the association to live there.

If some of the workcamps and youth exchange are organised in the house itself like some renovation camps, there is no full year camp in it. Indeed, the association organises workcamps around Beauvoisin, in different places to work on local and regional heritage. It is often the case that volunteers go to other villages to work and discover other places, in partnership with locals and inhabitants. During summer time, life in REV gets more intense due to the rhythm of international workcamps (that go on for some weeks or even some months). Those workcamps foster a lot the

territorial impacts of the association in summertime, in cooperation with some local authorities and associations.

VOLUNTEERING

Volunteering is an exchange, a meeting between a person who wishes to offer his/her time, energy and views to a project of general interest. It is also an intercultural ground of learning (apprenticeship), experimentation and personal construction. At SJ, volunteering does not mean humanitarian action because we do not deal with emergency. Voluntary service exists almost everywhere around the world and is a commitment which can be really different depending on countries, cultures, fields, etc. It gathers different types of persons and entities, local associations, men, women, local authorities and private entities. **Volunteering is above all a personal commitment that invites you to a discovery.**

SJ International workcamp gathers generally 8 to 15 volunteers from different countries and backgrounds, who participate, together, in the realization of a useful project for the local community. It can last from one to three weeks. Those workcamps are based on collective life and collective work. The aim is to bring rural and urban areas together, to mix locals with "strangers" and to permit their meetings. Workcamp projects are here to facilitate group dynamism and discovery. Languages are mainly English and French. Volunteers organize themselves their daily life (budget, schedule, work and also cleaning). **Bring with you recipes, music and everything that could show to the others your country and what you like.**

PROJECT

The REV has been funded by Erasmus + to organize a project questioning the meaning and the concrete realisation of Solidarity throughout different generations.

In this project, participants will be led to participate in workshops with elders and childrens in order to discuss the topic. A professional Art-therapist will also be conducting creativity workshop to accompany participants in an artistic approach of the subject. These exchanges and workshops shall help the participants in building their own mind on the true meaning of solidarity, and its different understanding according to cultures and/or ages.

The program will also propose a few excursion to discover the local culture and environment. The project take place in Camargue, an area rich in tradition and with its specific local culture.

Finally, the collective life is also a main component of this project. By inviting 25 participants to our association for this project, we also wish to engage participants in a collective experience, where the management of daily life is made by the group as a whole. This means that the collective rules and the way the project goes will be discuss together. That also means that each and every participants will at some point have to participate in the daily tasks of such collective live (cooking, cleaning, and such). It is our belief, in REV and at Solidarités Jeunesses, that the collective management of the daily life is a great way to make people work together and exchange, no matter their culture and age.

GROUP LIFE

The group will consist of 25 participants, that'll share the daily life with the volunteers of the association. These volunteers comes from different countries, lives in the association for a few month before the project, and will accompany the participants in the project and in the management of daily life.

You will also be in charge of cooking as household. Remember to bring recipes from your country !

Most of the workshops will happen in English. In some case, like when working with elders of the children, the workers of REV association will assure French/English traductions so everyone can fully understand what's going on.

FREE TIME

Solidarités Jeunesses considers Youth Exchanges as an experimentation of collective lifestyle. That is why volunteers will organise their free time and leisure activities that could fit to group experiment, regarding budget, time and available leisure.

Those possibilities can be really diversified (regional tourism, local events, inhabitants meetings, green tourism, etc.) It is the responsibility of all the volunteers to organise their free time and to participate to the good dynamism of the group.

BE AWARE ABOUT...



Even if the project takes place close to some hotspots to visit, this is not a tourist journey ! If you wish to go to visit places, cities around and travel through France, you must do it before or after the workcamp. Feel free to take more days thus in France but not during your project. During it, you will stay with all the volunteers and inhabitants to enjoy local leisure and intercultural experience.

Moreover, REV is not an holiday center, and its workers are not at the service of participants, but at the service of the project. This means that participants will have to engage in each and every planned activity, either it is organised by the association or by the group. Also, participants should not rely on REV workers to help them organize their private trip or accommodate them in a more comfortable way (but we can try and do our best in case of specific needs – food regime, allergies, etc).

ACCOMODATION AND FOOD

All the participants will be hosted in REV house, as it is important for the project to have collective life. In order to have everyone under the same roof, some beds will be installed using camping beds, and all the rooms will be shared rooms.

REV house is an old house, located at the center of Beauvoisin Village. It is a place full of life, with inhabitants visiting it regularly, and trying to make everyone feel a bit « at home ». This also means that we'll expect the participants to respect this place and take care of it.

As Solidarités Jeunesses is willing to protect the environment, you may not eat meat everyday. Of course, if you have any dietary restrictions or needs, don't forget to tell us about it so that meals can be adapted.

DON'T FORGET TO BRING WITH YOU...

- Sleeping bag (and a pillow if you wish)
- clothes against rain and cold
- bathing suit, flashlight, sun and mosquito protection
- music instruments, recipes, pictures, souvenirs from your country
- student card if you have one



The volunteers can have the possibility to lock away their valuables, but we ask you not to bring along anything of value if you don't think it is really necessary. **Everyone is responsible of his/her own things !**

INSURANCE

Solidarités Jeunesses takes an insurance regarding "Civil responsibility and Accident" during the workcamp but insurance regarding illnesses is at your charge during it. We invite you to contract a

complementary insurance for it if you haven't one. French participants must bring with them their Social Security number. For EU residents, you should ask for European social insurance card and bring it with you. At last, for non-EU residents, bring with you a document to confirm that you have a social security cover. Don't forget to be updated regarding vaccination.

MEETING POINT

**Sunday 21st of October
3:30 pm and 8:30 pm
at the train station « Vergèze Codognan»**

Please let us know by mail (sjrev@orange.fr) at what time you will arrive with the code or number or name of the youth exchange. Don't hesitate to contact us as well if you have problems during your travel.

Find the relevant phone numbers in the section addresses and contacts.

Please note that the Vergèze Codognan is a train station easily connected to Nîmes and Montpellier. If you have time to spare on your travel in order to be there at one of the two appointments, we strongly advise you to use this time in Nîmes or Montpellier better than in Vergèze train station (where there is not much to see and to do).

HOW TO GET THERE ?

The airports with the best connections are those in Marseille, Montpellier, Lyon, Perpignan and Narbonne. There are bus connections between the airports and train stations.

Vergèze train station is directly connected to Nîmes, Montpellier, Perpignan and Narbonne. If you arrive in Marseille or Lyon, you'll have to switch train at the some point (probably in Nîmes or Montpellier). You can check out the timetable and book your tickets on the following website: <http://en.voyages-sncf.com/en/train-ticket>

If you organize a collective trip with other participants from your country, let us know at what time you arrive, we might be able to come and pick you up at the exact time of your arrival.

For the departure: Please try and organize your travel in order to leave from Vergèze train station between 2:30pm and 8:00pm, on Sunday the 4th of November.

Travel Conditions and reimbursements

Travel fees will be partially reimburse according to Erasmus + distance calculator. Please, get in touch with your sending organization to have the details.

The reimbursement will transit through your sending organizations, and will arrive several weeks after the project is completed. In order to be reimbursed, we need you to keep all of your travel documents (including boarding passes if you take the plane) and to give us the originals during the project (or send it to us after the project).

The reimbursements lump sum of Erasmus + for this project goes as follow. The amount indicated is for both trip (way to the project and from the project)

From Estonia: 360€
From Spain: 275€
From Germany: 275€
From Turkey: 360€

BY CAR

If you come by car or hitch hiking, take a map! You can come to the REV directly by car (please inform us as well if you're going to arrive there directly), check the address in the following chapter.

Check out the advice roads on : www.mappy.fr .

ADDRESSES

Work camp municipality	adress/ Association REV 8 Rue de la Chapelle 30640 Beauvoisin To avoid any difficulties, contact us when you arrive for us to show you where you can park your car
Contact Information	Phone number : 0033 9 79 38 26 68 Email : sjrev@orange.fr Responsible : Victor NOUIS / Tel : 00 33 6 48 13 65 73
Emergency contact	Solidarités Jeunesses Paris, if you can't contact Regional Delegation: +33 6 99 94 84 04.

SPECIFIC INFORMATION

Accommodation before or after the work camp • Not possible

Information on the region

- The Languedoc-Roussillon region is very interesting for its diversity. You can find mountains, with the Pyrenees, the Mount Lozère and the Cevenne Mountains, but also the mediterranean sea. It has a rich patrimony with fortified cities and the romain vestiges. It is also known for its rich occitan culture and its bull traditions. On walks, visits, encounters – your stay in Languedoc-Roussillon will be very enriching !

YOU WANT TO KNOW MORE ?

www.solidaritesjeunesses.org

<http://rev-next.solidaritesjeunesses.org/>

**See you soon !
The team of Solidarités Jeunesses**

