

INFOSHEET SJV 1711

TRADITIONAL NEW YEAR FOR POOR CHILDREN AND FAMILIES



CODE NUMBER AND DATE

SJV 1711 03/02/2018 – 10/02//2018

LOCATION OF THE PROJECT

The working places are in different places in Hanoi.

Fisherman Village and Phuc Tue center for disable children in Long Bien district

+ Fisherman Village: Over 100 years old and designed by Gustave Eiffel (of Eiffel Tower fame), Long Bien Bridge has a long, important and even glorious history. But these days it has fallen into disrepair and there are more convenient points to cross the Red River. Less people are using this bridge and, not surprisingly, even fewer take the time to look at what lies underneath.

In fact there are approximately 50 poor families spreading across two villages, who live in the shadow of the bridge. Residing in small boathouses, they just manage to eke out a living doing the itinerant work of day labourers, sidewalk hawkers or rubbish collectors and recyclers.

+ Currently, Phuc Tue center has 80 disabled children with ailments including Down's syndrome, Cerebral Palsy, Autism, children who have been victims of Agent Orange, as well as other mental illnesses. The mission of Phuc Tue Center is to help disabled children become more independent in their daily life by building their self-confidence. At the center we aim to help educate and improve mental health, as well as provide development and vocational skills training to help integrate these individuals back into employment. This does not only allow these individuals to feel independent in their daily life but this will also lessen the potential burden on the family and society.

WELCOME WORDS FROM OUR CAMPLEADER

Dear volunteers,

Firstly, it is a great honor for me to be able to welcome you here in Vietnam. I would like to express how happy I feel to have the opportunity to manage and meet a group of people like you who have travelled from different countries. I believe we can do our best to utilize an environmentally conscious attitude, bring a smile to the children of there serve, and become closerby working together on this project.

Welcome toVietnam, I am sure you will be inspired by the country, the local people and, Vietnamese food. Finally,I would like to thank you for yourinterest in volunteering inVietnam.Were spect you and your kindness. I look forward to meeting you inVietnam.

Best Wishes,

Do Minh Duc
Tong Quang Nam
Workcamp Coordinators

ABOUT VIETNAMESE LUNAR NEW YEAR

In 2009, we officially had 5000 local members aged between 15 and 35 years old. SJVietnam hosts around 500 short and long term internationalvolunteer every year.

Vietnamese Lunar New Year, more commonly known by its shortened name Tết, is the most important and traditional holiday and festival in Vietnam. It is the Vietnamese New Year derived from the Chinese New Year based on the Lunar calendar, alunisolar calendar. The name Tết Nguyên Đán is Sino-Vietnamese for Feast of the First Morning, derived from the Kanji characters節元旦.

Tết takes place from the first day of the first month of the Lunar calendar (around late January or early February) until at least the third day. Many Vietnamese prepare for Tết by cooking special holiday foods and decorating their houses. There are a lot of customs practiced during Tết, like visiting a person's house on the first day of the new year, ancestral worshipping, wishing New Year's greetings, giving lucky money to children and elderly people, and opening a shop.

Tết is also an occasion for pilgrims and family reunions. During Tết, Vietnamese visit their relatives and temples, forgetting about the troubles of the past year and hoping for a better upcoming year. They consider Tết to be the first day of spring and the festival is often called Hội xuân (spring festival).

InVietnam, to celebrate Tết is to “ăn Tết”, literally meaning "Tết eating", showing the importance of food in its celebration. Some of the prepared foodsare eaten year-round, while others are unique to the festival and only eaten during Tết. Also, some of the food is prepared vegetarian as it is believed to be good luck to eat vegetarian on Tết. Some traditional food on Tết are:

“Bánh chưng” (Chungcake) and “bánh dầy”: essentially tightly packed sticky rice with meat or bean filling swrapped in banana leaves. Bánh chưng (rectangular) and bánh giầy (circular) are symbolically connected with Tết and are essential in any Tết celebration. Preparation is time-

consuming, and can take days to cook. The story of their origins and their connection with Tết is often recounted to children while cooking them overnight.



Spring festival Chung cakes

ROLES AND TASKS

Making Chung cake and give it to poor children/families.

Organizing event (music, games) for children.

Aims for this project are:

- To create a chance for disadvantaged children to participate in the Tet holiday festival by making Chung cakes.
- To provide an opportunity for international volunteers to experience Vietnamese culture.
- To expose the children to different cultures and people from around the world by working within international volunteers
- To promote friendship between local people and international volunteers during workcamp (share experiences, skills, things in life etc).

Work description

Local and international volunteers will work together every day during the week in SJ Vietnam's Volunteer centre to make Chungcakes and prepare a special performance for the children at the Center.

Leisure and exchange activities

As you know the workcamp is not only to help the disadvantaged people but is also a chance to meet new friends, learn about local people, and share your experiences with other people.

Volunteers have freetime during their lunch break time, and in the evening, as well as on weekends. This is an opportunity to you and other volunteers to arrange different activities to share details about their life, family, country, and experiences.

Some planned activities for volunteers include:

Welcome party with all local and international volunteers

Meeting for a daily evaluation and cultural exchange activities each night: To share ones emotional experiences, to discuss results and find solutions for the project, to hold workshops on hot to pics and to understand more about each other.

Vietnamese night: Local volunteers will arrange one night to introduce you to Vietnamese food and music in addition to a Vietnamese lesson.

Your cultural day: Each volunteer from the workcamp will prepare something special to share from their country and their culture.



Tentative schedule

Working time start at 8:30 am

Lunch time from 11:30 am to 13:30 pm.

Working time in the afternoon from 13:30 pm to 17:00 pm

Usually you have to get up before 8:00 am. Please ensure you are up and ready to get to work on time!

3) DAILYLIFE

Accommodation:

Depending on the number of participants, volunteers will sleep in the [SJ Vietnams office](#).

Food:

Food will cook by the volunteers themselves or they will have meals in nearby local restaurant. Vietnamese food is considered as easy to eat but if you have any special dietary needs please inform us in advance.

Daily transportation:

All volunteers will go by public bus from the accommodation to the project site.

Day off and holidays:

You will have freetime during the evenings and the weekends to spend as you please. During those free moments you can travel to discover further wonders of Vietnam! Located in northern Vietnam, Hanoi is the capital of the country with a population of seven million. The city is a thousand years old and follows the banks of the Red River. Hanoi counts many colorful districts including the French styled Old Quarter near Hoan Kiem lake, the modern New Quarter, and the more touristy TayHo area.

To find out more about Hanoi, you can refer to [LonelyplanetHanoi'slink](http://LonelyplanetHanoi.slink).

4) SPECIAL CONDITIONS AND RESPONSIBILITIES

- Ability to do manual work.
- Willing to work and stay in Hanoi
- Strong inter-personal skills, and experience in working with a wide variety of people, cultural sensitivity.
- Commitment to volunteerism
- Highmotivation and come ready to live as the locals do (basic accommodations, transport by bus or bicycle, localfood). Be ready to face many difficulties such as language barriers, culture differences, low budgets, etc.
- Be patient and empathetic with the disabled children
- Follow the rules of the SJ Vietnam Office

WHAT TO BRING:

- Sleeping bag
- Pillow
- Mosquitospray
- Mosquito net
- Basic pharmacy kit
- Pictures of your hometown and family
- Craft materials for your project, if possible



In Hanoi there are four seasons: spring, summer, autumn, and winter. But it is possible to divide the climate in to two main seasons: there in y season from May to September (it's hot, heavy

rain), and the dry season is from October to April (it is cold, little rain fall). Please bring clothes according to the season.

5) MEETING TIME AND MEETING POINT

Meeting time: 9:00 AM the first day of workcamp

Meeting point: Suit 903 – Building N01 – 282 Linh Nam – Vinh Hung ward – Hoang Mai district - Hanoi.

In Vietnamese: Phòng 903, nhà N1, 282 Lĩnh Nam, Phường Vĩnh Hưng, quận Hoàng Mai, Hà Nội.

Please inform the work camp coordinator if you arrive late.

This is the Google map's link of our office: <http://g.co/maps/84hn5>

6) HOW TO GET TO MEETING POINT

SJ Vietnam can arrange a taxi to pick you up at Noi Bai airport and bring you to our office. There will be a taxi driver at the entrance gate of the Noi Bai airport with a board with “your name” on it. Normally the taxi fare is around 19 USD (400.000 VND) to come to our office.

For those of you who can come earlier, please follow the instruction:

If you come to Hanoi early, you can stay at a backpackers' hostel for a price of from 5-10 USD/person/per night or a hotel from 15-30 USD/room/night.

Hostel: <http://www.hanoiyouthhostel.com>

Hotel: <http://www.joyjourneyhotel.com>

*From Noi Bai Airport to Hanoi Center(about 30 km):

1.1 By taxi: This is the most convenient way if you carry bulky luggage and it takes 45 minutes or 60 minutes depending on traffic. Taxi price: around 17 USD. (There are 6 taxi companies that can legally work at Noi Bai airport which you can see at the taxi desks near the luggage belts where you pick up your bags). They have a fixed rate of 400,000 VND (20 USD) to go to the city center.



Noi Bai airport taxi



Total journey costs 20 USD

1.2. By public bus: Only available after 6.30 AM and before 6 PM. It is quite complicated and takes around 2 hours to reach to city center.

When you get out of the airport, find the white electrical bus in which runs to the bus station (around 3 minutes). It costs 5,000 VND (around 0.4 USD)

Electric bus at Noi Bai airport

Then take the bus numbered 17 (all public buses in Hanoi are red and yellow) to the last stop (Long Bien station). It is around 15,000 VND (around 0.7 USD) (sometimes you will be charged more for your luggage)



Public bus in Ha Noi

Then please take a taxi to your hotel which is 2-3 km more. Taxi costs 11,000-18,000 VND/km (it costs around 50,000-60,000 VND until reaching your hotel)

Please use the Mai Linh taxi company which is a green color or green and white color (see the

picture below). Otherwise there is a high possibility you will get overcharged.



Total



journey costs around 4 USD

1.3. By minibus: When you get out of the airport, turn right and cross the lane to find the minibus (12-seats bus) (35,000 VND, around \$1.7 USD), which only stops at the center of Ha Noi and takes around 1 hour.

Then take a taxi, which costs around 50,000 VND (3 USD). (Take Mai Linh taxi only) and show the driver your address.

Total journey costs 5 USD

➔ We recommend you to take the taxi from the airport if you go in a group because it's less complicated and the safest way to get to our office without any trouble.

When you get off the taxi:

Address: room 903, N1 Building, 282 Linh Nam street, Hoang Mai district, Hanoi.	The opposite side of the building is a petrol s
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You will see Argi bank office on 1st floor of N1 building



Please turn right and go to the back of the building you will see the entrance gate.



Congratulations, you are in front of the entrance gate now!

Go to the 9th floor and knock at the door. *Welcome to SJ Vietnam!!* ☺



In case of an emergency or you need assistance please contact our coordinators

Mr. Duc: +84 (0) 984150584.

Mr. Nam +84 (0) 965640571.

Our Office: +84 (0) 24362845535/ +84 (0) 2422154993

FINANCIAL MANAGEMENT AND CONDITION

The total fee is 5,000,000VND/participant which includes transportation to and from the project site, food, basic accommodation and materials for the project. Volunteers will pay all their participation fees in a single payment to their sending organizations or directly to SJ Vietnam at least 2 weeks before their arrival in Vietnam. Volunteers must send a scanned copy of the receipt and bring it to SJ Vietnam. If they want to pay on arrival, they will be charged 500,000 VND more plus the fee. Participation fees enable SJ Vietnam to take care of you during your stay and to fund their projects. Volunteers' activities in the evenings or on the weekends are their own expense.

Address to transfer fee:

Bank name: Vietcombank

Account name: Solidarites Jeunesses

Account number:

- **0931004181280 (Currency: VND)**
- **0931374181283 (USD)**
- **0931144181282 (Euro)**

Bank address: Hoang Mai, Hanoi, Vietnam

SWIFT code: BFTVNVX093

CONTACT

SJ Vietnam office:

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Tel: +84.24.62845535/+84.24.22154993

Fax: +84.24.62845535

Work camp coordinator: Mr. Do Minh Duc/ Mr. Tong Quang Nam

Cell phone number for emergency: +84.984 150584/ +84 965 640571

Email: workcamp@sjvietnam.org

Feel free to contact us anytime if you want more information. We look forward to meeting you soon in Vietnam.

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