

ENCORE

TOOLS AND SKILLS TO ENHANCE CROSS-
SECTORAL COMMUNICATION



Communication Training

We invite you to improve the quality of daily and business connections by sharing and exchanging tools and practices from different sectors and different fields of communication!

**NOV 23 - DEC 2, 2017,
HUNGARY**

Bulgaria, Czech Republic, Estonia, Greece, Hungary, Italy, Latvia, Lithuania, The Netherlands, Italy, Slovakia, Spain, Turkey, United Kingdom



Identify your usual communication patterns and create new ones for new situations!

PREPARATION

If you are selected you will get a preparation task before the training. It is there to support you to create awareness of your actual life (both personal and professional) situation.

TRAINING

We are going to work from morning till late evening.

The program is super intense and very well packed. Participants will have opportunities to experience and explore different methods from the basics of NLP, through the 4 different communication styles till some art therapy.

Activities what are planned for the course are all from non-formal educational activities and by which you are learning by experience. Meaning that we are going to do and do things. Every day, every session is going to use the knowledge/experience of the previous ones and build on it, every step is going to be a bit more difficult, in order that we keep our brain, body and state alive and fresh and ready all the time.

Your enterprise or project will be the main focus. We will have a look from many different angels. From the point of a grant agency, from the point of a business company, from the point of the target group.

With the activities we are going to share with you tools to reshape, reframe and reform your idea if it is needed to reach the dreamed goal/destination/target/aim.

DISSEMINATION

If you decide to come you also commit yourself that you are going to disseminate the results of the training with an activity back home. This is the most important part of the project. During this dissemination event you can measure how much practical knowledge you actually implement in your life.

Program

DAY 1.

Creating the base

We are going to set the frame of the training and create together the playground of the group.

DAY 2-5.

Preparation phase

You will have a chance to go through processes, which support you to see your own ways and to experience how they work in a group context. All the activities are designed in a way that they prepare you to be able to do a presentation on day 6.

We are going to deal with the topics of:

- 4 different styles of communication**
- assertive communication**
- intercultural conflicts**
- VARKOG modalities**
- body awareness**
- body language**
- state management**
- presentation skills**

DAY 6.

MY big day

During this day participants are going to be outdoor. Each and every participant is going to receive an individual challenge plus they are going to have a chance to present what they prepared for.

DAY 7.

OUR big day

From the individual challenges we move one level upper and we accomplish a group challenge together.

DAY 8.

Planning and closing

The last day is dedicated to finalise the master plans of disseminations. it is also there to close the relationships between each other and to evaluate the program.

After the training we continue the communication online to share how the acquired tools support you to develop your idea. Trainers are going to be available for online consultation.



Target group

We target people who are willing to learn and experience something new, something different. If you decided to apply and you are selected, for sure you will have the chance to explore and expand your usual ways of communication and connection.

We are looking for: people from the area of youth work, or people who are working with people. Trainers, coaches, group leaders, and everybody who are above 18, and who have a strong will to implement and work for their own idea and mission.

From the moment that you are selected you will have a job to do with the project until the point that you are done with your dissemination event. It is not only the training course, when you apply, you apply for all the phases: preparation - training - dissemination.

If one of them is not in your focus, then this course is not for you.

if you want to visit Hungary and meet new people as a main mission of your participation, this course is not for you.

If you want to learn, if you are willing to learn, if you are ready to learn, then yes, this training course is for You!

If you want to work hard for your dreams and your vision, then yes, apply.

If you feel you are almost ready to step on the market, and you only miss a few details, but you don't know what it is, in this training you might find it out!

if you have done a basic synergy training and you are planning to assist on another one, our suggestion is to click on the button and apply!

Selection will be based on background, interest and motivation.

We will have constant communication with your sending organisations and their suggestions will be taken into consideration. General answers are not accepted in the application form, trainers might ask you some specific questions after the selection, in order that they can shape the training for the profile of participants.

What are you going to get out?

We will take care to challenge you with activities and to offer you the chance to be all the time in the state of learning . This training is like a sport training, it is going to train your stamina from many different points: we will constantly work and work and work. We are going to ask you every day to do a bit more than the day before. We are going to support your learning by creating the maximum space for you to learn and offering a safe learning environment, where everything is possible.

If at least one tool, activity, process catches your attention and you learn something new from it, then your training was successful. If you manage to build it into your daily life, then it means that you managed to master that technique and you are the master of something new.

What you got out of this course you will tell us after you have been going through the whole length of the process (preparation - training - dissemination). The outcomes can be very different for everyone, because as mentioned before a huge variety of things are offered to pick.





CREATE

About us

You are going to have 2 trainers to facilitate the learning process of each people, who are also there to learn and discover something new. They are going to be assisted by a small international team who are there to learn and experience connection and communication from a different point of view.

Norbert Hochstein

Norbi is working as a freelance trainer, self-care coach and consultant. His main field is personal development and communication. He is trained to use different methods such as synergy method, body movement, communication styles and he is an NLP Master Practitioner. he has experience with different target groups, lately he is focusing on EVS volunteers (to support their integration process) and trainers, youth workers (to support their skills' development)

His main motivation to be on this training is to decrease the gap between sectors and to offer an opportunity to people to change. His way of guiding the learning is to offer the maximum space and he strictly keeps the frames of the playground. Most important vales for him are care, inspiration, flexibility, and spontaneity.

Anna Sipos

Sipi is a Co-Founder of ReCreativity Social Enterprise, she is working as a trainer and a designer of the company's up-cycled bag brand called, Cimbi. She has more than 5 years experience as a trainer, mainly working with youth, using non-formal educational methods, in the fields of communication, personal development, social entrepreneurship and sustainability.

In this training she is eager to share her own experience of starting a non- and for-profit company and managing it over the past 4 years, as well as sharing the enthusiasm what keeps her enterprise running. Her current motivation is to raise awareness in the importance of cross-sectoral cooperations, and to bring together representatives of different fields and sectors.

Practicals

Arrival day: 23rd November 2017

Program starts: 24th November

Program finishes: 1st of December

Departure day: 2nd of December

What is covered:

- accomodation
- meals
- travel reimbursement up to the limit

What you cover:

- 70 euros participant contribution
- travel above the limit

Reimbursement info

- Bulgaria - 275 €/person - 3 people
- Czech Republic - 180 €/person - 2 people
- Estonia - 275 €/person - 2 people
- Greece - 275 €/person - 4 people
- Hungary - 0 €/person - 4 people
- Italy - 275 €/person - 2 people
- Latvia - 275 €/person - 3 people
- Lithuania - 275 €/person - 3 people
- Netherlands - 275 €/person - 2 people
- Romania - 275 €/person - 2 people
- Slovakia - 180 €/person - 2 people
- Spain - 275 €/person - 2 people
- Turkey - 275 €/person - 2 people
- United Kingdom - 275 €/person - 2 people

Application and confirmation

To apply click on the button and fill out the application form.

Application deadline is the 30th of September!

Everyone who filled out the application form will receive an answer after selection. If you are not selected but a place opens up, we will let you know! Do not book any tickets before having a confirmation letter from Qualitimpact Informal Group.

Apply here!



Contact: encore.qualitimpact@gmail.com

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Erasmus+

